



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 6266

Donor 6266 was very relatable and easy going during their interview. He was dressed perfectly for the wintry weather. Donning a beige sweater beneath a black jacket, paired with jeans, and black and white shoes. Thick dark blonde brows framed his almond-shaped hazel eyes which were emphasized by his long dark blonde lashes. His blonde hair was shaven on the sides with the top grown longer. His face was symmetrical with a proportional nose and bright smile. Our staff feels he resembles Max Riemett from *Sense 8*.

He has two older stepbrothers, two younger half-sisters and one younger half-brother. As Donor 6266's parents divorced when he was a baby, he split his time between his parents' households until he was an adult. As a kid, he loved exploring the outdoors. He enjoyed playing with the other children in both his parents' neighborhoods. Biking, playing with frogs, riding dirt bikes and quads were some of his favorite things to do with friends. As a teen, he and his father worked on an older BMW together, fixing the car up little by little. Donor 6266 said he enjoyed learning new things with his father, especially when they were learning hands-on together. He was genuinely surprised when his dad gave him the car for his birthday once they completed the restoration. Donor 6266 is also a huge dog lover, growing up with dogs in both households of varying sizes and breeds.

During school, Donor 6266 said that the courses that resonated with him the most were liberal arts classes. He was able to express himself in classes like English or art, whereas math and science courses were too rigid. Growing up his parents wanted him to try a variety of sports, so he played basketball, football, baseball, and soccer. He shared that soccer ended up being his favorite and he was on a soccer team from the second grade until sixth grade. When he entered the seventh grade, he discovered wrestling and fell in love with the sport, completely changing his life. It helped him stay active while also challenging him. He mentioned it also helped him make friends and keep a healthy mindset by helping with his confidence and self-esteem. He still frequents the gym and stays active today. During middle school, he also played the acoustic guitar in a band with his friends. While he still plays guitar today, he now prefers the electric guitar. Some of his favorite songs to play are from Jimi Hendrix, Nirvana, and John Mayer.

Donor 6266 decided to stop wrestling his Senior year due to the intense time commitment. He had practice 6 days a week, a tournament every Friday, and wrestling camp during the summer. It turned out to be a wonderful choice since he was able to enjoy that free time with friends right before COVID struck and was forced to stay indoors. Growing up, his father would take the family on vacations, no matter how small or extravagant they may have been. From local trips to Tahoe and Reno to trips to Mexico and Hawaii, his family was able to spend time together during the summers.

After high school, Donor 6266 decided to move to Southern California with friends for college and to network for future career opportunities. Due to COVID and the inability to meet others, he decided to move back home

and started working as an agent for his stepdad who owns his own broker company. Growing up, both his dad and stepdad worked in real estate which gave him insight into the career. He now enjoys helping others find their home or commercial properties while also being able to create passable income for himself. When asked what a perfect weekend off would be, he said starting early in the morning on a Saturday he would go to a car meet then have a nice brunch afterward, ending the weekend with either hiking or relaxing next to the river.

In 10 years, Donor 6266 sees himself still in the real estate industry managing investment properties while building upon his real estate portfolio. He hopes to be able to start building his own family down and one day he wants to own his own home.

We are happy to add Donor 6266 to our catalog and are excited to have him in our program!

Interviewed by Simone W. and Sinead O. on 2/2/2024.



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DONOR PROFILE: 6266

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 6266 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in March 2024.

PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **August 2002**
- Education: **Real estate certification**
- Current occupation: **Real estate agent**
- Ethnic origin: **German, Irish**
- Religion born into: **Christianity**
- Religion practicing: **None, believes in a higher power**

PHYSICAL CHARACTERISTICS

- Height: **6"1"**
- Weight: **163 lbs**
- Hair color: **Blonde**
- Hair type: **Straight**
- Eye color: **Hazel**
- Complexion: **Fair/rosy**
- Body type: **Muscular**
- Blood group/Rh: **O-**
- Baby photo available: **Yes**
- Other distinguishing features: **Long lashes, left-handed**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother **PHS** paternal half sibling **PHB** paternal half brother
MHS maternal half sister **MHB** maternal brother

Allergies: **D:** Allergic to peas, soy and most nuts except pecans and walnuts at 1, treated with avoidance, managed.

MHS: Allergic to almonds, soy, shrimp at 14, treated with avoidance, managed.

Gastrointestinal: **PHS:** Celiac disease, treated by avoiding wheat and gluten, managed. Genital/Reproductive:

MGM: Endometriosis at 36, treated with a hysterectomy, resolved.

Heart: **MGM:** High blood pressure at 55, treated with medication, managed. High cholesterol at 42, treated with medication, managed. **PGF:** High blood pressure at 50, treatment unknown, managed.

Mental Health: **D: ADHD (Juvenile) at 11, treated with medication and lifestyle changes, managed. F: ADHD at 40, treated with medication, managed. MHS: Depression at 13, treated with medication, managed.**

Metabolic/Endocrine: **MGM: Diabetes type II at 42, treated gastric bypass surgery and medication, managed.**

Muscles/Bones/Joints:

Neurological: **M: Lyme disease at 28, treated with medication, managed.**

Respiratory (Lungs): **D: Asthma at 2, treated with medication and inhaler, resolved by 11.**

Sight/Sound/Smell: **D: R:20/40, L:20/40**

Skin: **D: Eczema at birth, treated with over the counter cream, managed. MGM: Skin cancer at 68, treated with surgery, resolved.**

Substance Abuse: **MGF: Alcohol use disorder at 28, treated with a program, resolved.**

Urinary: **MGF: Bladder cancer at 56, treated with bladder and radiation, resolved.**

Cancer (see above): **MGM: Skin cancer**

Other: **M: Chronic fatigue syndrome at 32, treated with medication, managed. Pco#2: Williams syndrome at birth, treated with speech and physical therapy, managed.**

DONOR LAB RESULTS

Chlamydia: Not Detected	Gonorrhea: Not Detected	Syphilis: Non-Reactive
HIV 1 & 2: Non-Reactive	CMV total antibody: Negative	
Hepatitis B: Non-Reactive	Hepatitis C: Non-Reactive	HTLV 1 & 2: Non-Reactive
Urinalysis: Normal	Chem panel: Normal	CBC: Normal

GENETIC SCREENING RESULTS

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Expanded carrier screening for 525 autosomal recessive conditions was completed by Invitae and reported on 2/07/2024.

The results were **POSITIVE** for **BBS1-related conditions and Glycogen storage disease type II (GAA)** . Donor 6266 is a carrier for these conditions.

It is strongly recommended that recipients who use this donor's sperm undergo carrier screening for these specific conditions.

Testing was negative for the remainder of genes screened.

Disease	Result	Residual risk to be a carrier (based on European ancestry)
BBS1-related conditions	POSITIVE	n/a
Glycogen storage disease type II (GAA)	POSITIVE	n/a
Cystic Fibrosis	Negative	1 in 4,400
Spinal Muscular Atrophy	Negative: 2 copies exon 7 c.*3+80T>G variant not detected	1 in 880
HBB Hemoglobinopathies & Thalassemia	Negative	1 in 4,800
Alpha Thalassemia	Negative	Reduced

Please refer to the donor's Invitae expanded carrier test report for more information on the testing completed and the donor's results.

DONOR NARRATIVE: 6266

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor.

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

funny, goal-oriented, witty, negotiable, extrovert, relaxed. I'm usually the one making jokes, but not to be confused with the class clown type. People seem to be naturally drawn to me for reasons surrounding fitness, or real estate. I care very much about my career and love that I'm constantly getting better every day that I grind. I like to take good care of myself, and have high self-esteem. I deliberately check my ego often, and I've drawn clear lines around the difference of "confidence" and "arrogance".

I'm extremely easy going. I don't cause friction with someone else's plans at work or how to spend the weekend, but I do like to know 'why'

I'm a curious person. I don't like small talk. I love small details.

I love to talk to people. I also love to people-watch, I find most people very interesting. I'm not overly judgmental, but I analyze people more carefully than they would assume.

I'm someone who is level headed in intense situations, and solves problems better under pressure. I'm considerate of how I talk depending on the circle I'm in. I'm very self aware in most situations. I hold my own in conversation and adapt appropriately to new circles.

I love to connect with people, and it gives me energy when I meet someone special or interesting.

What are your interests and talents?

martial arts, physical fitness & nutrition, entrepreneurial learning, cars/automotives, guitar,

I'm naturally talented/quick to learn sports and exercise. I've been told by trainers that I catch on fast and can mirror movements exactly as they were just shown to me, especially in the gym.

I am extremely interested in prolonging my lifespan-more importantly, my health span. I have no interest in slowing down or stopping the momentum I've built towards maintaining a healthy and dialed physique for my entire life. I'm very interested in making sure I stay up to date with high quality research and shop for food based on the highest quality available. I KNOW you don't have your health, you have NOTHING.

My biggest talent is my ability to connect with people. I feel as if I am a magnet to those I want to attract, and people want to have conversations with me (even at 21y/o, often people ask me for practical/love/sales/discipline/life advice). I'm a leader naturally and have been from a young age. From the playground, to my friend circles, and within the work office.

I have a few dream cars to add to my garage, such as a McLaren & Rolls Royce. I plan to expand my Real Estate business and continue making money so I can afford to buy more rental properties. These rental properties will provide me with passive income while I continue to scale. I look forward to buying a home in San Diego within the next 10 years and living part time there, raising my own children and enjoying days on the beach with my future wife. I want to live the best possible healthy life I can, and money will help me afford to take care of my body and family for a long time.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I have a few dream cars to add to my garage, such as a McLaren & Rolls Royce. I plan to expand my Real Estate business and continue making money so I can afford to buy more rental properties. These rental properties will provide me with passive income while I continue to scale. I look forward to buying a home in San Diego within the next 10 years and living part time there, raising my own children and enjoying

days on the beach with my future wife. I want to live the best possible healthy life I can, and money will help me afford to take care of my body and family for a long time.

How would you describe your skills and interests in the following areas?

Math: iffy. I've never been very quick with math, but I understand the fundamentals and I have to use it in my line of work ex: regarding interest rates, % of purchase price a client would like to put down.

Understanding new math concepts isn't always the easiest.

Mechanical: I'm pretty good at understanding the mechanics of most things, although I learn this best through experience/having my hand held in person. for example, my dad taught me how to work on my car. I couldn't replicate everything he taught me, but I have an understanding of what we did together.

Athletic: Very much so. The older I get, the more physically fit I become. I was a wrestler for 4 years from 7th grade, was enrolled in BJJ during 2022, and have been training in the gym since 2018. I really ramped things up to my peak after 2020 and up until now, and forever moving forward.

Musical, Artistic, Creative: I took art class and guitar class as a senior in HS & really enjoyed it. I still play guitar and own 3

Language (what languages besides English do you speak?): Studied Spanish but not fluent

Writing: I never enjoyed the rules of writing/formatting in a class setting, but I love to write and be creative with storytelling. I am a great story teller, and I learned how to write strong emails and messages through Real Estate. **Literature:** I like to read, although I don't do it often anymore. I can read very well and have a relatively large vocab.

Science: I understand fundamental concepts of science and physics, but much of chemistry and biology was too much for me to take in and not interesting enough to hold on to. Not really my scope of interest.

Please list a few of your favorite:

Movies: Kingsman, The Hangover, TV Show "Friends", 10 Things I Hate About You, Breakfast Club, Oceans 11

Books/Authors: Ender's Game/Orson Scott Card, Think & Grow Rich, Robert Kiyosaki

Albums/Musicians/Performances: Pearl Jam, Travis Scott, Red Hot Chili Peppers, Nirvana, Metallica, Don Toliver, Future, ye, The Smashing Pumpkins

What are a few of your reasons for becoming a sperm donor?

For me, having children in the future is a huge reason why I'm alive, and why I wake up every day to do my best and treat my body so well. I'm trying to set a good example for my future children and give them the best chance possible in everything I do.

I cannot actually imagine how I would feel if it came time to have a baby with my wife, and I couldn't. For someone else, I want to be the best solution available.

I hope that with how well I take care of myself and my relatively clean medical background I can give what I have to someone in need- I would want the same, and especially access to high quality donors. I think it's

only getting harder to find people willing, but also eligible to make this happen. I feel like this is one of the best ways to do a good deed, but also create a win-win scenario for all people involved.

You have joined the Identity-Release® Program . What appeals to you about this program?

I like that a child who is birthed from my sperm can, once an adult, reach out to me. I think it's the perfect combination of keeping me anonymous but also giving the child a resolution. Whatever the child ends up wanting to do is more than okay with me, I just want to be here if they need me once of age! :)

Is there anything else you would like to share with participating families and future donor conceived children?

I'm a family man, and I hope you know I wish the best for you in your situation. I'm just happy to help. I understand that any child conceived through my donation may never want to know me, or they may want just the opposite. I'm an open book when the time is right.

Although I'm mostly Irish/white, I was raised almost my entire life by 4 parents, including an Arab-Syrian/Honduran step- father and a Filipino step-mother, so there's more culture than meets the eye ;)

THANK YOU!



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HEALTH PROBLEMS LIST DONOR 6266

DONOR

Problem/Diagnosis: ADHD (Juvenile)

Age of Onset: 11

Treatment: Concerta for five years and lifestyle improvements

Outcome: Managed

Problem/Diagnosis: Eczema

Age of Onset: birth

Treatment: OTC cream

Outcome: Managed

Problem/Diagnosis: Asthma

Age of Onset: Age 2

Treatment: Flovent and Albuterol

Outcome: Resolved by age 11

Problem/Diagnosis: Allergic to peas, soy and most nuts except walnuts and pecans

Age of Onset: 1

Treatment: Avoid those foods

Outcome: Managed

MOTHER

Problem/Diagnosis: Lyme Disease

Age of Onset:28

Treatment: Nuvigil

Outcome: Managed

Problem/Diagnosis: Chronic Fatigue Syndrome

Age of Onset: 32

Treatment: Medication

Outcome: ongoing

FATHER

Problem/Diagnosis: ADHD

Age of Onset: 40
Treatment: Concerta
Outcome: Managed

PATERNAL HALF SISTER

Problem/Diagnosis: Celiac Disease

Age of Onset: 14
Treatment: Avoids eating wheat and gluten
Outcome: Managed

MATERNAL HALF SISTER

Problem/Diagnosis: Depression

Age of Onset: 13
Treatment: Prozac
Outcome: Managed

Problem/Diagnosis: Allergic to Almonds, Soy and Shrimp

Age of Onset: 14
Treatment: Avoids eating almonds, soy and shrimp
Outcome: Managed

MATERNAL GRANDMOTHER

Problem/Diagnosis: Diabetes Type 2

Age of Onset: 42
Treatment: Gastric Bypass, Metformin
Outcome: Managed

Problem/Diagnosis: Endometriosis

Age of Onset: 36
Treatment: hysterectomy
Outcome: Resolved

Problem/Diagnosis: Skin Cancer

Age of Onset: 68
Treatment: Surgery
Outcome: Resolved

Problem/Diagnosis: High Blood Pressure

Age of Onset: 55

Treatment: Losartan
Outcome: Managed

Problem/Diagnosis: High Cholesterol

Age of Onset: 42
Treatment: Lovastatin
Outcome: Managed

MATERNAL GRANDFATHER

Problem/Diagnosis: Bladder Cancer

Age of Onset: 56
Treatment: bladder removal and radiation
Outcome: Resolved

Problem/Diagnosis: Alcohol Use Disorder

Age of Onset: 28
Treatment: Program
Outcome: Resolved

PATERNAL GRANDFATHER

Problem/Diagnosis: High Blood Pressure

Age of Onset: 50
Treatment: unknown
Outcome: Managed

PATERNAL COUSIN #2

Problem/Diagnosis: Williams Syndrome

Age of Onset: Birth
Treatment: Speech and Physical Therapy
Outcome: Managed

CONCLUSION:

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us. As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Attention deficit hyperactivity disorder: The donor and his father are diagnosed with ADHD. The risk for a first degree relative to also be affected with ADHD is 4-8 times higher than the general population risk. The general population risk is estimated to be between 4-10%. ADHD is a multifactorial disorder; how severe an offspring may be affected cannot be predicted. While this donor and his brothers appear to have well-managed cases of ADHD, it is not possible to predict if an offspring would have the same course if affected.

Eczema & Allergies: Donor 6266 is affected with eczema and/or allergies. Eczema is a prevalent condition and is often associated with allergies. While a multifactorial disorder, eczema has a strong genetic component inherited in an autosomal dominant pattern with variable expressivity. For offspring of individuals affected with eczema, the chance to develop eczema or another type of allergy may be as high as 50

Chronic fatigue syndrome: Myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS) is a multifactorial condition where genetics as been implicated as a possible component of the development of the condition. People with ME/CFS experience extreme fatigue that lasts at least six months. Infections are a known trigger this condition. ME/CFS has been demonstrated to run in families. Offspring of donor 6266 are second-degree relatives to the affected family member. Research estimates the risk for a second-degree relative to also develop ME/CFS is about 2.5 times the general population risk of 1 in 250-450. While higher than the general population risk, the absolute risk is estimated at 1% or less.

Celiac disease: The donor's paternal half sister is affected with celiac disease. Offspring of donor 6266 are third degree relatives. A positive family history is a risk factor for the development of celiac disease however as a third-degree relative this risk is likely at or near the general population risk of 1 in 133. This medical condition is managed by diet modification to restrict the intake of gluten. When well controlled, people with celiac have typical, healthy lives.

Williams syndrome: Williams syndrome is a genetic condition that is present at birth. People with Williams syndrome often have intellectual deficits, congenital cardiac disease and learning challenges. While a genetic condition, it is not typically inherited, rather occurring sporadically when a person is born with a deletion in chromosome 7. The risk for offspring of this donor to be affected with Williams syndrome is not increased and exited to be the same as the general population risk.

Sincerely,

Janine Gessner Mash, LCGC Certified Genetic Counselor
San Francisco Genetic Counseling