

Making the dream of family a reality since 1982

# **TSBC Newsletter: Updates and Appreciations**

We wish everyone in the TSBC community health, peace, and joy in 2024. Our team continues our unwavering commitment to the well-being of intended parents, donor-conceived families, donor-conceived people, and donors in all our work. We look forward to another year providing ethical family-building services, conducting timely research, and advocating best practices in donor conception.

#### **Topics**

- FUTURE: Sustaining Circle
- UPDATE: 2023 Advocacy & Research
- VOLUNTEER: Seeking Board Members
- EQUITY: <u>Seeking Donor Applicants</u>
- THANK YOU!

### **FUTURE: Sustaining Circle**

We invite you to join our *Sustaining Circle* with a donation to TSBC, the only nonprofit sperm bank in the US. **Donations fund critical programs and advocacy** to support TSBC families and other families created with donor-assistance.

**Partner with us to keep this going with a <u>monthly donation</u>.** Can't afford a monthly contribution or prefer to give annually? A <u>one-time donation</u> helps, too!

- **Can you put a value on what your family has gained** from contact with others who share your donor, assistance with second parent adoption, resources on our website, or notification of new medical information?
- How much do you value advocacy that looks out for everyone in the TSBC family—supporting both increased legal protections for non-gestational parents and the ability for adults to learn their donor's identity?

• What is it worth for donor-conceived adults to receive support in learning more about the donor and for donor-conceived children to know they have the option to learn who the donor is when they turn 18?

Thank you to all our financial supporters! So far in 2023 we have raised over \$17,000 (including \$6000 from the first year of monthly donations to our Sustaining Circle). With your help, in 2021 and 2022 we raised \$18,000 towards our new website that went live a few months ago. The new site has improved navigation and updated resources and education (for intended parents, donor-conceived families, and donor-conceived people).

### UPDATE: 2023 Advocacy & Research

In the last two years, donor conception has become a hot topic for state and federal policy. Executive Director, Alice Ruby, and Research Director, Joanna Scheib, informally became TSBC's policy team. We've joined longstanding LGBTQ+ advocacy organizations and newer coalitions of donor-conceived people to provide perspectives grounded in TSBC research and experience. Thanks to the generosity of donor-conceived adults, TSBC research includes some of the only known information about the experiences of donor-conceived people who were raised in openness.

Our findings – from people born in the 1980s and 1990s –are relevant today. Young families built through donor conception today are most similar to families we have always served, with a majority of LGBTQ+ and single parents. Joanna presented findings at the American Society for Reproductive Medicine conference last month and was awarded the Mental Health prize paper.

Our small, community-based, nonprofit organization provided donor assistance differently from day one. Our thoughtful approach is now key to current policy debates about openness in donor conception and protecting LGBTQ+ families' parentage rights. At the request of intended parents, we started innovative programs that continue today. The "before-their-time" programs from decades ago (Identity-Release® Program, Family Contact List, low family limit, and educational approach to donor-assisted family building) are now backed by published research. TSBC's research and example have changed how donor conception is practiced across the country and around the world.

We look forward to continued research and advocacy efforts in 2024—efforts that are supported by <u>donations</u>. Your contribution ensures that the experiences of donor-conceived people and parents in LGBTQ+ and single parent families are

**centered in policy discussions.** We know that mutual consent openness and opportunities to connect, like our Identity-Release<sup>®</sup> Program and Family Contact List, benefit donor-conceived people and parents from all family types, and benefit donors as well. We will keep you updated on our progress to support TSBC families and all families like ours!

### **VOLUNTEER: Seeking Board Members**

*Want to help make the dream of family a reality?* The Sperm Bank of California seeks new Board members to guide our longstanding community organization as we face new challenges and opportunities in 2024 and beyond.

As a 501(c)(3) non-profit organization TSBC is governed by a volunteer Board of Directors who set policy, provide financial oversight, and supervise the Executive Director. The Board of Directors upholds the mission to provide ethical family building options to our diverse community with an unwavering commitment to the well-being of parents, donor-conceived people, and donors and their families. Board discussions often focus on the impact that societal, medical, and technological advances have on intended parents, donor-conceived families, and donors.

Our Board meets 5 times a year (4 quarterly Zoom, plus one in person retreat in the Bay Area). Time commitment is about 1-2 hours a month outside of meetings.

We are currently seeking new board members with any of the following experience:

- Donor Conception: donor-conceived adults, sperm or egg donors, parents through donor-conception, professionals who work with donors or intended parents/donor-conceived families
- Legal: family law, contracts, or employment law
- Human Resources: HR or management
- Financial: nonprofit or small business
- Medical: assisted reproduction, genetics, pediatrics
- Mental Health/Counseling: assisted reproduction, family counseling
- Organizational Development: strategic planning, board development
- Marketing/recruitment

We also seek to diversify the Board perspectives and encourage interest from candidates who are people of color, people with trans\* and non-binary experience, donor-conceived adults, men, and people under 40.

The most important quality we seek is an interest in supporting donor-conceived families and donors through TSBC's unique, inclusive programs. Our programs are grounded in a thoughtful approach to openness in donor conception taking the concerns of all parties into account.

For more information email: <a href="mailto:boardrecruitment@tsbca.org">boardrecruitment@tsbca.org</a>

# EQUITY: Seeking Donor Applicants

We need help getting the word out! Do you know anyone in the Bay Area age 21-39 who is interested in donating sperm to help others have families? Please <u>share</u> <u>our donor website</u> with them!

We seek donor applicants of all ethnic backgrounds. Most intended parents want a sperm donor who shares their ethnic ancestry. Inclusive donor recruitment means inclusive services to our community.

### THANK YOU!

We take seriously the trust placed in us by intended parents, families, donorconceived adults, donors, storage clients, and all members of our TSBC community. TSBC's Senior Healthworker, Sinead, speaks for all of us, "I am truly struck by the bravery of our younger storage clients and their supportive parents. I am so proud of our entire team for always going above and beyond for our clients and recipients!" Thank you for being a part of the TSBC family and trusting us to help make your dream of family a reality!

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