INTERVIEW NOTES: 5240

Donor 5240 is a charismatic, intelligent goof. I immediately noticed that not only did he exude a carefree confidence, but also engaged in a theatrical manner. To the interview, he wore a baby blue, long- sleeve cotton shirt that was rolled up at the sleeves, blue jeans with a light tan wash, and black tennis shoes. The baby blue of his shirt brought out the glacier blue in his eyes which gleamed under thick, dark, curly lashes and symmetrical thick eyebrows. His hair is dark brown, thick and a bit curly. He had the rugged mountain man look with facial stubble around his cheeks and chin, and unruly thick hair.

Donor 5240 grew up in Alaska mostly as an only child until the age of 8 when his half-brother moved in. He cleverly describes his brother as *modelesque* and the popular one while donor 5240 described himself as *a shy, sweatpants kid until the age of 15, when he discovered jeans.* Donor 5240 grew up having a great relationship with his parents and enjoyed wrestling matches with his brother. His mother describes him as *the smartest and best blue-eyed boy in the world!* 5240 proved to be an accomplished student that devoured books. In fact, his school had to create awards just for him because he would beat his own previous records of number of pages read! He jokes that the awards first started as paper certificates, escalated to metal awards, and finally a plaque was given to him with the declaration that there was nothing more they could give to him in recognition of his reading accomplishments. His mother arranged for him to play with other neighborhood children. This is where he met his best friend, who to this day continues to be his best friend. 5240 played soccer early on as a child and was considered the best in the state. With his mother's encouragement, he became an accomplished swimmer during middle school and high school, ranking at the top of his state's student swimmers. 5240 also excelled in Dramatic Arts and Debate during high school.

5240 is a man of varied interests. He plays the piano and likes composing music. He described a time when he unknowingly recreated a scene from Twilight when he played Clair De Lune for a friend just as Edward Cullen did for Bella. When we talked about his love of reading, 5240 also admitted an equal, if not greater, love for writing. At age 22 he was quite embarrassed that he was not published yet. So, naturally, he worked to get some of his science fiction short stories published, which he eventually accomplished. He would love to take a year off to just write if he only had the money do so. He sheepishly admitted to aspiring to be a Dungeon Master for the game Dungeon and Dragons, *weave narratives for people to play characters and just have a great time/ outcome.* His ultimate goal is to specialize in Psychology. For now, though, he is taking a break from graduate school as he has feels somewhat burned out from working as a suicide counselor. In his current hiatus, he is working in a start-up as a programmer. He does not particularly enjoy being a programmer, but he is good at it!

Donor 5240 is very diverse and accomplished, yet humble and laid back. He is a sarcastic joker with a genuine desire to do great things. He engages in entertaining, intelligent banter with theatrical gusto.

Interviewed by Maribel L. and Lauren A.

Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

DONOR PROFILE: 5240

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **5240 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in October, 2016**

PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **March, 1989**
- Education: **B.S Psychology, pursuing graduate degree in psychology**
- Current occupation: **Operations team member at research institute**
- Ethnic origin: **English, Polish, German, Jewish**
- Religion: **None**

PHYSICAL CHARACTERISTICS

- Height: **6'2''**
- Weight: **201lbs**
- Hair color: **Dark brown**
- Hair type: **Curly**
- Eye color: **Blue**

- Complexion: **Fair/rosy**
- Body type: **Medium**
- Blood group/Rh: **O+**
- Baby photo available: **Yes**
- Other distinguishing features: **Long lashes**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother <u>PGF paternal grandfather</u> PGM paternal grandmother

Allergies: **D: Certain antibiotics at 14, treated with avoidance, ongoing. M: Sensitivity to MSG at 34, treated with avoidance, managed. F: Penicillin at 25, treated with avoidance, managed.**
Gastro-intestinal: **M: Gallbladder disease at 61, treated with surgery, resolved.**
Heart: **F: High blood pressure at 55, treated with diet and medication, ongoing, managed.**
Mental Health: **MU#2 Suicide around 40, cause of death at 40.**
Metabolic/Endocrine: **PGF: Type 2 diabetes at 50, treated with diet and medication, ongoing until death at 67. MGM: Hyperthyroidism at 81, treated with radiation therapy, managed**
Muscles/Bones/Joints: **MGF: Rheumatoid arthritis at 80, treated with medication, managed.**
Neurological: **D: Speech problem (lisp) at 4, treated with speech therapy, resolved at 6.**
Sight/Sound/Smell: **Right eye: 20/200, left eye: 20/200**
Substance Abuse: **PA#1 drug dependency in 40's, treated at rehabilitation program, recovered.**
Urinary: **MGM: Bladder cancer at 75, treated with surgery, resolved.**
Cancer (see above): **MGM: Bladder cancer**Other: **MU#2 PTSD (Vietnam) at 37, no treatment, ongoing until death. F: Cataracts at 60, treated with surgery, resolved. MGF: Cataracts at 80, treated with surgery, resolved.**

DONOR LAB RESULTS

Chlamydia: **Not Detected**   Gonorrhea: **Not Detected**   Syphilis: **Non-Reactive**
HIV 1 & 2: **Non-Reactive**   CMV total antibody: **Negative**
Hepatitis B: **Non-Reactive**   Hepatitis C: **Non-Reactive**   HTLV 1 & 2: **Non-Reactive**
Urinalysis: **Normal**   Chem panel: **Normal**   CBC: **Normal**

GENETIC SCREENING RESULTS: ALL TEST VALUES IN <u>NORMAL RANGE</u>

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations)   **No mutation detected**
Spinal Muscular Atrophy (SMA):   **Two copies of SMN1 detected**
Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);**
                                         No evidence of thalassemia
Bloom Syndrome: **No mutation detected**
Canavan Disease: **No mutation detected**
Familial Dysautonomia: **No mutation detected**
Fanconi Anemia Group C: **No mutation detected**
Gaucher Disease: **No mutation detected**
Niemann-Pick Disease Type A: **No mutation detected**
Mucolipidosis Type IV: **No mutation detected**
Tay-Sachs Disease: (73 mutations)   **No mutation detected**

DONOR NARRATIVE: 5240

The content of this narrative has not been altered by TSBC staff and therefore reflects original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

Oh, I'm...
I'm a lot of things to a lot of different people. Some common ones are "confidante" or "co-conspirator".
I'm tremendously laid back. I have literally never yelled at a person in my life.
I am dang near the happiest person you'll ever meet.

What are your interests and talents?

I do improv! And I write! And I am a firm believer in trying every single thing (which is a shame because I am limited by my stupid not-immortal lifespan). So I've ended up racking up a whole bunch of strange hobbies and skills, screen-printing and bike repair and scuba diving and animation and dungeon mastery and mentalism.

Gosh, you want me just to list ambitions? But... I want to do every single thing, and many of the things sound … kind of insane.

I'd like to get published a few more times. I want to get a crazy-high-paying programming job so I can donate almost all of my salary to really effective charities. I'd like to become a venture capitalist, a startup incubator, so

I can just put a bounty on a product and the market will realize it. So I can just say "I'll give a hundred grand to anyone who can create a tiny, inexpensive tracking device which resides inside a bike frame," and then I get to be the Jonas Salk of bike theft.

I'd like to combine my passions for programming and writing and publish a game. I'd like to popularize a couple different Japanese storytelling mediums in the West. I want to play with transcranial magnetic stimulation devices and see if we can't find a better treatment for depression.

I'd like to apologize for the field of evolutionary psychology. It had the same problem as Communism: a beautiful and straightforward idea that humans took in unintended directions.

I'd like to deploy camera drones over North Korean internment camps so we can expose human rights violations in a way the U.N. can't ignore.

Math: I made it through calculus and find algebra oddly relaxing, but don't particularly love it.

Mechanical: I've built a couple engines, but honestly, they were terrible, and make me embarrassed to have been my past self. I thought is was a good idea to get lateral motion with an oscillator. *An oscillator!*

Athletic: I played a lot of soccer as a child. Nowadays I swim and do Krav Maga.

Musical, Artistic, Creative: I play piano like an ivory-twinkling angel. I draw like a Middle Ages monk, which might sound impressive, but I promise, is not.

Language (what languages besides English do you speak?): Spanish, and I can swear in seven more.

Writing: I write science fiction. I'm published in a lot of places—magazines and SF journals, but... it was a real giddy thrill to see my book in Barnes and Noble.

Literature: Boy howdy do I ever read books.

Science: I grew up a pretty remote area. There wasn't much to do. So I built a backyard trebuchet.

Movies: Men In Black, Madoka Magica, Cabin in the Woods
Books/Authors: Margaret Atwood, Lev Grossman, Patrick Rothfuss, Neil Gaiman, Greg Egan, Eliezer Yudkowsky, Andrew Hussie, Oliver Sacks.
Albums/Musicians/Performances: Dessa, Deadmau5, Toby Fox, Chopin, Massive Attack, Maxence Cyrin.

What are a few of your reasons for becoming a sperm donor?

I've been unusually fortunate, in the roll of my genetic dice and in my family upbringing. It would be awesome if everyone had that. I have an opportunity to help everyone have that.

So of COURSE I'm going to! What kind of moustache-twirling cartoon villain wouldn't?

Did you choose to be an Identity-Release® Program donor?

☒Yes ☐No

Why did you make this choice?

Well studies DO show that offspring of donor programs like this prefer it...

While I wouldn't say that I've been particularly impacted by knowing my grandparents or uncles (or other people biologically similar to me but not *parents*), I can see how it would be obnoxious *not* to know. A constant itch of curiosity. I wouldn't want to do that to anyone.

Plus... I mean, I'll be curious to meet them too! It seems stranger to remain a stranger, than to at least say hi someday.

Is there anything else you would like to share with participating families and offspring?

You know a few things about me, from all of my published stats.

(I feel like I'm a Pokemon. Hopefully, future youth, you will get that reference).

Yet, I don't know much about you. Any of you, parents, or child alike.

And maybe that's as it should be. I am not a parent, after all. I am just a catalyst for you to have the family you desire.

This is a strange situation, and there's no Miss Manners etiquette guide for this. So let me default to my first and last resort, the truth.

I am... tremendously honored. And I wish you well. All of you.

THE SPERM BANK OF CALIFORNIA

HEALTH PROBLEMS DONOR 5240

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Speech problem *Lisp*	Age at onset/diagnosis: Treatment: Speech therapy Outcome: Resolved at 6
	Allergies *Certain antibiotics*	Age at onset/diagnosis: 14 Treatment: Avoidance Outcome: Ongoing
Mother	Allergies *Sensitivity to MSG*	Age at onset/diagnosis: 34 Treatment: Avoidance Outcome: Managed
	Gallbladder disease	Age at onset/diagnosis: 61 Treatment: Surgery Outcome: Resolved
Father	Allergies *Penicillin*	Age at onset/diagnosis: 25 Treatment: Avoidance Outcome: Managed
	High blood pressure	Age at onset/diagnosis: 55 Treatment: Diet & medication Outcome: Ongoing, managed
	Cataracts	Age at onset/diagnosis: 60 Treatment: Surgery Outcome: Resolved
Maternal Grandfather	Cataracts	Age at onset/diagnosis: 80 Treatment: Surgery Outcome: Resolved
	Rheumatoid arthritis	Age at onset/diagnosis: 80 Treatment: Medication Outcome: Managed

Maternal Grandmother	Bladder cancer	Age at onset/diagnosis: 75
		Treatment: Surgery
		Outcome: Resolved
	Thyroid disease	Age at onset/diagnosis: 81
	Hyperthyroidism	Treatment: Radiation therapy
		Outcome: Managed
Paternal Grandfather	Type 2 diabetes	Age at onset/diagnosis: 50
		Treatment: Diet & medication
		Outcome: Ongoing until death at 67
Maternal Uncle #2	Post-traumatic stress disorder	Age at onset/diagnosis: 37
	PTSD (Vietnam)	Treatment: None
		Outcome: Ongoing until death
	Suicide	Age at onset/diagnosis: 40
		Treatment: None
		Outcome: Cause of death
Paternal Aunt	Drug dependency	Age at onset/diagnosis: 40s
		Treatment: Rehabilitation program
		Outcome: Recovered

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor