

The Sperm Bank of California
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Donor # 4454 Interview Notes

Donor 4454 is a tall and handsome young man. He has a thin and lanky frame, with straight dark brown hair and dark features. Dressed in a pair of khaki shorts and a polo shirt of a similar color, I could see that most of his height comes from his very long legs. During the interview, 4454 was guarded but engaged, interested and maintained great eye contact.

Donor 4454 moved to California from Armenia in 2005. His favorite things about living in the Bay Area are the people and the weather. He is here to go to college and is currently pursuing an education in Civil Engineering. School is very important; he studies a lot and works hard to get good grades. He proudly told me of his 3.5+ GPA. 4454 has one sibling, an older brother, and admitted to following his brother to California and spoke easily of their relationship. When I asked if they were close, he said *very* and that in many ways his brother is best friend. He explained that they are not complete, unless there is a reason- like helping to push each other to do better. The word he likes to use, he says, when describing their relationship is *supportive*.

Donor 4454 grew up playing football and piano. He said he was very active and broke things a lot and often tried to get away with playing football in the house. He also played piano for 7 years and not because he wanted to, but because he had to. After many years though, he grew to like it- especially after playing a solo in his elementary school's annual concert. Donor 4454 was raised in Armenia and although he misses it, he is really enjoying life in California. He spends time backpacking and hiking locally as well as taking trips to Yosemite with his brother and other friends. He enjoys travel in general, both within the United States and internationally. He said one of his favorite places so far has been Poland- he describes it as beautiful- especially all of the architecture and the old buildings. Donor 4454 loves all kinds of music- jazz, classical and blues- he specifically named Ray Charles as one of his favorites.

Donor 4454 spoke mindfully about privacy, loyalty, intention and friendship. He said he has a clear understanding of the differences between a "buddy" and a "friend". He said a buddy is someone you just hang out with versus a friend- *If I call someone my friend it means this is someone that will be there, someone I can trust and depend on*. I was very impressed with the thought and clarity he had on this subject. I could tell that it meant a lot to him to be able to trust and rely on the people in his life.

Donor 4454 has chosen to be an Identity Release[®] Program Donor and he came to this decision after great thought and discussion. Much of our interview was spent discussing the details of the IDR[®] Program and what it would mean for him in the future. Because he describes himself as very private and guarded about his personal life, he wanted to make sure he was making the decision for the right reasons. Based on the answers in his Narrative- I am confident that he did.

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DONOR PROFILE: 4454

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **4454** is eligible and approved for semen donation at The Sperm Bank of California. This profile was prepared in **August 1010**.

PERSONAL INFORMATION

Identity-Release® Program: **Yes**
Month/year of birth: **03/1985**
Education: **Undergraduate in Progress, Civil Engineering**
Current occupation: **Math and Physics Tutor**

PHYSICAL CHARACTERISTICS

Height: **6'1/2"**
Weight: **178**
Hair color: **Dark Brown**
Hair type: **Straight**
Eye color: **Green/Hazel**
Complexion: **Fair/Creamy**
Body type: **Medium**
Ethnic origin: **Armenian/Russian**
Religion: **Christian**
Blood group/Rh: **A+**
Baby photo available: **Yes**
Other defining features: **Cleft Chin**

FAMILY MEDICAL HISTORY KEY:

D donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather
MGM maternal grandmother **PGF** paternal grandfather **PGM** paternal grandmother

FAMILY MEDICAL HISTORY

Heart: **MGF, High Blood Pressure, onset at 76, medication and dietary changes, condition managed.**
MGM: High Cholesterol onset at 74, medication, condition managed. PU#1: Irregular Heartbeat onset at 64, medication, condition ongoing.
Muscles/Bones/Joints: **F: Calcium Deficient, onset at 60, supplements and diet condition is managed.**
MGM: Osteoarthritis onset at 72, exercise and diet, condition managed. PGM: Osteoarthritis onset at 67, exercise and diet, condition managed
Sight/Sound/Smell: **D: R 20/13, L 20/13. MGF: age related hearing loss at 80, no treatment, condition is ongoing.**

DONOR LAB RESULTS

Chlamydia: Negative	Gonorrhea: Negative	Syphilis: Nonreactive
HIV 1 & 2: Negative	CMV total antibody: Non-Reactive	
Hepatitis B: Negative	Hepatitis C: Negative	HTLV 1 & 2: Negative
Urinalysis: Normal	Chem panel: Normal	CBC: Normal
Cystic Fibrosis: Negative	Tay Sachs: N/A	Sickle cell anemia/thalassemia: N/A

DONOR NARRATIVE: Donor # 4454

(The content of this narrative has not been altered by TSBC staff and there for reflects original written work of the Donor)

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I would say that I am neither introvert not extrovert because I'm somewhere in-between. Moreover, I'm an outgoing person among my friends and those people that I am comfortable with. However I need time to adjust and explore the new environment. I have a sense of humor and prefer people with a sense of humor too. Though, during class or work I am serious Also I believe that a person should have both near-term and long term goals and he or she should work hard to achieve those goals.

What are your interests and talents?

I have a broad array of interest starting from engineering, science, technology, cosmology, politics, etc. I like both classical music (Vivaldi's *The Four Seasons*, Bach's *Cello Suite No. 1*, Debussy's *Clair de Lune*, etc.) and rock music (System of A Down, Rammstein, and Evanescence). Also I collect coins and bank notes from around the world. I play piano, good at poker and chess, pool. I play soccer, tennis and love my bike.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I don't like this type of question, but...In 10 years I see myself as a professional engineer working with plans to open my engineering firm. By that time I hope that I will have a wife and two kids. Also a house, and there is a pool table in it. Yeap. I like to play Russian billiards.

How would you describe your skills and interests in the following areas?

Math: good skills. Got all A's in my math classes. I like linear algebra and differential equations the most. Math is the language of science and engineering.

Mechanical: I can fix stuff around the house. I fixed my bike couple times.

Athletic: I do not have great athletic skills but I exercise every morning for 15-20 mins. Also I kike to school every day - 3 miles each way. I play tennis and soccer sometimes too.

Musical, Artistic, Creative: I play the piano. I am interested in art, mostly renaissance.

Language (what languages besides English do you speak?): Armenian and Russian.

Writing: My handwriting is awful so thank you Microsoft.

Literature: I read when I have time. Favorites are Hemingway, Garcia Marquez, Raft (Armenian novelist) Gogol, Arthur Conan, Doyle's Sherlock Holmes, J.D. Salinger

Science: I am good at physics. I like chemistry too. Cosmology fascinates me.

If you were stranded on a deserted island and could only have one book, one movie and one album, what would they be?

Movie: Eyes Wide Shut

Book: Homer's Odyssey

Album: Verve Remixed Deluxe Box

DONOR NARRATIVE: Donor # 4454

What are some of your reasons for becoming a sperm donor?

I am helping someone to have the family they want.

Did you choose to be an Identity-Release® Program donor? Yes No

Why did you make this choice?

After thinking about this and reading other Donor's comments I think it only fair that offspring have a choice to know more about his/her biological father.

Would you like more information on our Identity-Release® Program? Yes No

Is there anything else you would like to share with participating families and offspring?

Good Luck.

Donor #4454

Family Member	Health Problem	Treatment/Resolution
Father	Calcium Deficient	Age at onset/diagnosis: 60 Treatment: supplements and diet Outcome: managed
Maternal Grandmother	High Cholesterol	Age at onset/diagnosis: 74 Treatment: medication Outcome: managed
	Osteoarthritis	Age at onset/diagnosis: 72 Treatment: exercise, diet Outcome: managed
Maternal Grandfather	High Blood Pressure	Age at onset/diagnosis: 76 Treatment: medication, diet, exercise Outcome: managed
	Age Related Hearing Loss	Age at onset/diagnosis: 80 Treatment: none Outcome: ongoing
Paternal Grandmother	Osteoarthritis	Age at onset/diagnosis: 67 Treatment: exercise, diet Outcome: ongoing
Paternal Grandfather	Died in a construction accident at 37	
Paternal Uncle	Irregular Heartbeat	Age at onset/diagnosis: 50 Treatment: diet and medication Outcome: resolved