



Reproductive Technologies, Inc.

# THE SPERM BANK OF CALIFORNIA

## INTERVIEW NOTES: 4703

Donor 4703 is a tall, handsome, well spoken, intelligent man. I really enjoyed meeting and talking to him. He came to our interview wearing fitted dark grey chinos, a denim button-up shirt with the long sleeves rolled neatly to his elbows, and brown loafers. He has beautiful medium brown skin and a clear, smooth complexion. He has a striking resemblance to a young, slightly lighter-skinned, Laurence Fishburne with subtler facial features and smooth skin. I think it is but would more accurately be described as the better looking younger brother. He has a physique more like Damon Wayans Jr—tall and physically fit. He has a perfect afro that was neatly pulled back by a navy blue jersey-knit headband with every hair piece of hair perfectly in place. Like most donors, he was a little shy at the beginning of our interview and I was pleased when he opened up once he got comfortable.

Donor 4703 is originally from North Carolina and later moved to Maryland near the DC border. He told me that he loved the DC-metropolitan area and *just felt better once he drove over the state line*. He just moved to the Bay Area after landing a prestigious internship immediately after graduating from college. He told me he is enjoying his time in California and is trying to experience all that it has to offer. For example he participated in the *Bay to Breakers* and had a blast saying that yes, other places he has lived in have had fun festivities, *but nothing quite as weird*. Being in an entirely new state has been an adjustment and even though he misses his friends from school and family at home he is busy branching out and meeting people and forming a new home base here. 4703 intends on visiting his family a couple times a year and talks to them at least once a week. Both of his parents were constantly working throughout his upbringing and even still 4703 found moments to always go to his dad for advice. The donor has one younger sister. He described himself as a typical protective older brother... *until she turned 15*. When I asked if he backed off because she was becoming embarrassed by his protective ways, he laughed and explained *No, we just got to that age where for me girls were just annoying and unbearable to be around*.

Donor 4703 is so personable and easy-going that I was surprised when he described himself as a loner during high school. He explained that he transferred from a private, all-boys Catholic school to a public school for his junior year. He told me the experience was almost like a movie—he went from a straight-edge school with little diversity that required a suit and tie, to a large place *filled with different groups of people, people smoking cigarettes outside class, and people making out in the hallways*. After he settled in he still remained on the *outskirts with a small group of friends*. He told me he is grateful for the experience and is a better man for it *because he was surrounded by diversity and he learned to love meeting new people*.

Donor 4703 is passionate about film and a lot of our conversation surrounded television shows, screen adaptations of books, and soundtracks. He told me he likes to read the books which had horrible film adaptations so he can compare and see what went wrong. In the donor's free time, he enjoys browsing film catalogs and checking out new independent films. I could see him get into the zone when describing how a soundtrack can make or break a film because it *really sets the pace and tone of the film*. His favorite soundtrack is from "Soul Food" because he vividly remembers borrowing it from his dad's collection when he was 8 or 9 and listening to it over and over again. He told me his path to film studies was a process. He started college as a Political Science major and immediately changed to Economics, which he kept as his major until the middle of his sophomore year. He got a job in the industry and though the money was good, he saw too many people going home unhappy and unfulfilled. When he re-grouped to figure out his future, he was determined to study something that he was passionate about—so he decided to follow his dream of being a sales agent of independent films – an ideal job with a lot of travel. His family has been completely supportive of his career choice.

A few random fun facts about donor 4703 is that his favorite holiday is Christmas, his favorite type of food is Chinese food, and he one day hopes to be a proud owner of a pot-belly pig that he will name Wellington. When asked if he is a cat or a dog person, he said he is both. He explained he owned dogs throughout his childhood and actually used to hate cats until he decided to get one a few years ago (his apartment had a no-pet policy, so he figured a cat would be easier to hide). Donor 4703 was a real pleasure to get to know; he is so thoughtful, intelligent, and easy on the eyes. I came out of the interview with a huge smile on my face, as well as a list of movies to watch and books to read.

Interviewer: Nora L.

Date: June 14, 2012



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## DONOR PROFILE: 4703

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **4703** is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in October 2012 and updated in November 2014

### PERSONAL INFORMATION

- Identity-Release<sup>®</sup> Program: **Yes**
- Month/year of birth: **September 1989**
- Education: **BA in Film Studies**
- Current occupation: **Software data person/doorman/barback**
- Ethnic origin: **African American**
- Religion: **None**

### PHYSICAL CHARACTERISTICS

- Height: **6'1"**
- Weight: **189.5**
- Hair color: **Dark brown**
- Hair type: **Thick/curly**
- Eye color: **Dark brown**
- Complexion: **Light brown**
- Body type: **Large**
- Blood group/Rh: **A+**
- Baby photo available: **Yes**
- Other distinguishing features: **Birthmark on forehead**

### FAMILY MEDICAL HISTORY

**KEY:** **D** donor    **Ch** child    **F** father    **M** mother    **S** sister    **B** brother

**Co** cousin    **A** aunt    **U** uncle    **MGF** maternal grandfather    **MGM** maternal grandmother    **PGF** paternal grandfather    **PGM** paternal grandmother

Allergies: **M: Allergies, childhood onset, treated with OTC medication, managed.**

Breast Cancer: **PA: Breast cancer at 40, treated with surgery, recovered.**

Gastro-intestinal: **D: Mild lactose intolerance at 12, avoids milk products, managed.**

Genital/Reproductive: **MGF: Prostate cancer in 50's, surgery, recovered.**

Heart: **D: High blood pressure at 23, medication, managed M: High blood pressure at 35, medication, managed. F: High blood pressure at 36, medication, managed. F: High cholesterol in late 30's, medication, managed. PGM: Heart attack at 74, no treatment, cause of death. PGF: Heart attack at 46 (smoker), no treatment, cause of death. PU#2: Enlarged heart, no treatment, died in sleep at age 12. PU #1: Heart attack at 49, no treatment, cause of death.**

Mental Health: **Mat Half-aunt: Bipolar disease, medication, death at 41 due to complications of MS.**

Metabolic/Endocrine: **F: Diabetes Type 2 in mid-30's, medication and diet change, resolved.**

Muscles/Bones/Joints: **F: Arthritis late 40's, no treatment, managed. F: Gout mid-30's, diet change, resolved.**

**PC#2: Lupus at 30, treatment unknown, death in 30's. PGM: Gout 30, no treatment, managed**

Neurological: **Mat Half-aunt: Multiple sclerosis in 30's, no treatment, death at 41.**

Respiratory: **M: Allergies, childhood, OTC medication, managed. Sight/Sound/Smell: D: 100/20 100/20**

Skin: **M: Eczema, childhood onset, treated w OTC lotion, managed. S: Eczema, since childhood, treated with OTC lotion, managed.**

Cancer (see above): **PA: Breast cancer at 40, MGF: Prostate cancer in 50's.**

## DONOR LAB RESULTS

Chlamydia: **Not Detected**

HIV 1 & 2: **Non-Reactive**

Hepatitis B: **Non-Reactive**

Urinalysis: **Normal**

Gonorrhea: **Not Detected**

CMV total antibody: **\*Positive**

Hepatitis C: **Non-Reactive**

Chem panel: **Normal**

Syphilis: **Non-Reactive**

HTLV 1 & 2: **Non-Reactive**

CBC: **Normal**

*\*CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non- infectious*

## GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

*Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.*

Cystic Fibrosis: (> 500 mutations)

**No mutation detected**

Spinal Muscular Atrophy (SMA):

**Two copies of SMN1 detected**

Hemoglobinopathies/Thalassemia:

**No abnormal hemoglobin detected (including sickle hemoglobin);**

**No evidence of thalassemia**

## DONOR NARRATIVE: 4703

*The content of this narrative has not been altered by TSBC staff and therefore reflects original written work of the Donor*

## Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I would describe myself as an introvert but not overly shy, funny but also serious and very goal oriented. I've always tried to be confident and not cocky and slow to anger. I don't have any problems with public speaking or being part of a large group but I'd much rather be in a more personal situation where I can listen and speak to people one on one. I have a very broad sense of humor, and while I'd consider myself to be professional, I try to never take myself too seriously.

## What are your interests and talents?

I am interested in films, music, and sports. I am a decent writer, having completed a short screenplay and some other works. I'm fairly tech-savvy and an avid reader. Always eager to learn new things. I'm fairly flexible and have always been resistant to colds and germs. I also am good at remembering random trivia. I'm good at solving puzzles and thinking critically. I love travelling and trying new foods. I also like nice clothing and despite my best efforts, I'm becoming a bit of a beer snob.

### What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

My one true goal is to leave some sort of lasting impact on this world. I would like to run my own company and be about to settle down in 5 years. I want to lay down at night and sleep peacefully knowing that I am satisfied with my life. I haven't really thought about 10 years from now; my mind doesn't work like that, I want to live, to enjoy my time on this earth, and really take advantage of the opportunities given to me.

### How would you describe your skills and interests in the following areas?

**Math:** I've always been good at math, not exceptional but alright.

**Mechanical:** Pretty adept at figuring out how things worked.

**Athletic:** Played sports in high school, still work out. Played volleyball. Lettered in volleyball and wrestling. Still work out fairly frequently.

**Musical, Artistic, Creative:** Love music. Tinkered with the guitar and drums. Have a massive collection of music, movies, and television shows.

**Language (what languages besides English do you speak?):** I speak Latin and some rudimentary French and Spanish.

**Writing:** A strong writer. I've written a short screenplay and a ton of film reviews. I'm also a reluctant blogger.

**Literature:** Always enjoyed reading. I was reading adult books at around 6 or 7. I used to go to the library and fill a wheel barrow up with books and finish them over the course of a week.

**Science:** Like science but not especially proficient in any particular discipline. Always had a fascination with biology and astronomy.

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### Stuck on an island, what one book, one movie and one album would you wish for?

**Movie:** Any

**Book:** Great Expectations

**Album:** Off the Wall- Michael Jackson

### What are some of your reasons for becoming a sperm donor?

Initially I was motivated by the money but after I thought about the opportunity to help people start their own families, I wanted to do it even more.

### Did you choose to be an Identity-Release® Program donor?



Yes



No

### Why did you make this choice?

I made this choice because I want to give any potential offspring the chance to find out about their origin. I know it can be tough when you don't know your family history so I have no issue with giving them the opportunity to find this information out from me.

### Is there anything else you would like to share with participating families and offspring?

Donor did not provide a response



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## HEALTH PROBLEMS DONOR 4703

### FAMILY MEMBER

### HEALTH PROBLEM

### TREATMENT/RESOLUTION

**Donor**

Mild lactose intolerance

Age at onset/diagnosis: 12  
Treatment: Avoid milk products  
Outcome: Managed

High blood pressure

Age at onset/diagnosis: 23  
Treatment: Medication  
Outcome: Managed

**Sister**

Eczema

Age at onset/diagnosis: Childhood  
Treatment: OTC lotion  
Outcome: Managed

**Mother**

Allergies, eczema

Age at onset/diagnosis: Childhood  
Treatment: OTC meds, lotions  
Outcome: Managed

Age at onset/diagnosis: 35

<b>Mother</b>	High blood pressure	Treatment: Medication Outcome: Ongoing
<b>Father</b>	High blood pressure	Age at onset/diagnosis: 36 Treatment: Medication Outcome: Managed
	Gout	Age at onset/diagnosis: Mid 30's Treatment: Diet change Outcome: Resolved
	High cholesterol	Age at onset/diagnosis: Late 30's Treatment: Medication Outcome: Managed
	Type 2 diabetes	Age at onset/diagnosis: Mid 30's Treatment: Diet change, medication Outcome: Resolved
	Osteoarthritis <i>Wear-and-tear</i>	Age at onset/diagnosis: Late 40's Treatment: None Outcome: Managed
<b>Maternal Grandfather</b>	Prostate cancer	Age at onset/diagnosis: 50's Treatment: Surgery Outcome: Resolved
<b>Paternal Grandfather</b>	Heart attack <i>Smoker</i>	Age at onset/diagnosis: 46 Treatment: None Outcome: Cause of death
<b>Paternal Grandmother</b>	Gout	Age at onset/diagnosis: 30's-40's Treatment: No treatment Outcome: Managed
	Heart attack	Age at onset/diagnosis: 74 Treatment: None Outcome: Cause of death

<b>Maternal Half-Aunt</b>	Multiple sclerosis	Age at onset/diagnosis: 30's Treatment: No treatment Outcome: Cause of death at 41
	Bipolar disease	Age at onset/diagnosis: Not known Treatment: Medication Outcome: Ongoing until death
<b>Paternal Aunt #1</b>	Breast cancer	Age at onset/diagnosis: 40 Treatment: Surgery Outcome: Resolved
<b>Paternal Uncle #1</b>	Heart attack <i>Overweight, heavy smoker</i>	Age at onset/diagnosis: 49 Treatment: None Outcome: Death at 49
<b>Paternal Uncle ##2 (a twin)</b>	Enlarged heart	Age at onset/diagnosis: Childhood Treatment: None Outcome: Cause of death at 12
<b>Paternal Cousin</b>	Lupus	Age at onset/diagnosis: 30's Treatment: Not known Outcome: Death in 30's

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

This donor has a large family and has provided good information on his relatives' health problems. Upon review of the available family medical history information from this donor, the risk for most health problems that he has reported is not expected to be higher than the risk in the general population. This is because a number of the most significant health issues appear to be strongly influenced by lifestyle factors such as smoking, obesity. One exception is high blood pressure, which has an increased incidence in the general African-American population, and when identified early is often easily treated.

Cynthia Kane, M.S., C.G.C.  
Genetic Counselor