INTERVIEW NOTES: 6092

Donor 6092 came to our interview dressed casually in a blue sweatshirt, khakis, and running shoes. He has light brown skin tone that suits his close-cropped dark brown hair and eyes. He has an aquiline nose and almond shaped eyes framed by full arched brows.

Donor 6092 was born in Northern California to a Latino father and European mother. They moved to Mexico where he was born raised with his older sister. He enjoyed living in Mexico in a small resort town. He was able to roam around the city with his friends. As he stated, he was always outside be it playing soccer or building treehouses with his friends. His sister was three years older than him, so they didn't develop a close relationship until they were older. Donor 6092's mother was an English teacher at the bilingual school he attended so he "had to be good in school".

During middle school, students were able to have their education and classwork in various academic areas. Donor 6092 chose to concentrate on math and physics throughout middle and high school. He was appreciative of the education he received and remarked on the fact that his dad worked as a tourist submarine pilot and was gone all week. He only saw him on the weekends and as a child could not understand why he was away so frequently but as an adult he recognized the sacrifices his dad and his mom made to ensure he and his sister received a good education and had a safe and happy childhood.

He studied civil engineering in Mexico and worked in his small hometown for a while before deciding to move to a large city where he was able to explore and reconnect with his father's family. He had summered in California as his maternal grandmother lived in the area and it was where his mom was from. He moved to the US about four years ago. He loves his job as it puts his formal education to good use while allowing him a more physical outlet as he is a project manager over construction sites.

While in high school, he continued to play soccer and tried his hand at American football and volleyball. He even tried tennis. He describes himself as very athletic has participated in at least eight marathons and enjoys trail running and long distance running. He enjoys trying new things and exploring the world around him. He stated he likes to go to "weird" places, when asked to explain he said he liked to find cenotes where he grew up in Mexico. Cenotes are deep sinkholes in limestone with a pool at the bottom that is found especially in Yucatán. Discovering them involved treks through the jungle, traversing private beaches and destinations. He has tried rock climbing, taking a pottery class, and has started learning sign language. He is one of those people who has a thirst for knowledge and uses social media apps to learn new things and enjoys listening to podcasts and watching documentaries. He and his partner have also signed up for one of the popular meal kit programs and he likes cooking the meals as they are simpler to follow than more traditional recipes.

He spends most of his free time with his partner and dog and frequently visits dog parks in the area. He and his partner are pretty mellow and enjoy watching comedic podcasts and YouTube videos. He hopes to have children of his own but admits it is not an easy decision and comes with a lot of responsibility.

Donor 6092 states his friends would describe him as outgoing, a good lister, and someone who enjoys lively discussion and debate on a number of subjects. When asked why he chose to become a donor, he said that this was a program that he could participate in that would change the lives of families without it "costing him anything". He stated that when he thinks about participating in TSBC's program that he thought about "what are you going to give the world?"

We thought this was a beautiful sentiment and are so excited to have such a thoughtful, friendly donor in our program!

Interviewed by Kenya C. and Sinead O. on 03/02/2023.

DONOR PROFILE: 6092

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 6092 is eligible and approved for semen donation at The Sperm Bank of California. This profile was prepared in March 2023

Personal Information

Identity-Release® Program: Yes
 Month/year of birth: August 1993
 Education: B.S. in Civil Engineering
 Current occupation: Project Manager
 Ethnic origin: German, Mexican, Spanish

Religion born into: NoneReligion practicing: None

PHYSICAL CHARACTERISTICS

Height: 6' 1 ¼"
Weight: 156 lbs
Hair color: Black
Hair type: Straight
Eye color: Black

Complexion: Light brownBody type: Ectomorphic (slim)

Blood group/Rh: O+Baby photo available: Yes

• Other distinguishing features: Deep eyes

FAMILY MEDICAL HISTORY

KEY: D donor Ch child F father M mother S sister B brother
 Co cousin A aunt U uncle MGF maternal grandfather MGM maternal grandmother
 PGF paternal grandfather PGM paternal grandmother

Allergies: D: Mild allergies (cats/dogs) at 8, none needed, managed with avoidance.

Heart: PGM: Heart attack at 75, no treatment, cause of death at 75. PGF: Stroke at 65, no treatment, cause of death at 65. PU#1: Heart attack at 65, treated with oxygen therapy, lifestyle changes and stress management, managed.

Neurological: MCo#2: Migraines at 16, treated with stress management and lifestyle changes, managed.

Sight/Sound/Smell: D: R: 20/70, L: 20/30

Other: S#1: Umbilical cord accident at birth, no treatment, stillborn.

DONOR LAB RESULTS

Chlamydia: **Not Detected** HIV 1 & 2: **Non-Reactive**

Gonorrhea: **Not Detected**CMV total antibody: **Negative**

Syphilis: Non-Reactive

Hepatitis B: Non-Reactive
Urinalysis: Normal

Hepatitis C: Non-Reactive Chem panel: Normal

HTLV 1 & 2: Non-Reactive

CBC: Normal

GENETIC SCREENING RESULTS

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Expanded carrier screening for 525 autosomal recessive conditions was completed by Invitae and reported on 03/16/2023.

The results were **POSITIVE** for **Hereditary Hemochromatosis Type 1.** Donor 6092 is a carrier for this condition.

It is strongly recommended that recipients who use this donor's sperm undergo carrier screening for these specific conditions.

Testing was negative for the remainder of genes screened.

Disease	Result	Residual risk to be a carrier
Hereditary Hemochromatosis Type 1	POSITIVE	n/a

Please refer to the donor's Invitae expanded carrier test report for more information on the testing completed and the donor's results.

Donor Narrative: 6092

The content of this narrative reflects the written work of the Donor, with minor edits by TSBC staff.

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I am an introvert, who enjoys spending time alone and finds comfort in solitude.

My friends and loved ones find me to be a funny person, with a quick wit and a good sense of humor.

I have a curious nature that drives me to ask questions, learn new things and explore the world around me.

I have a tendency to think deeply about things and analyze situations before making a decision.

Despite my introverted tendencies, I have a warm and empathetic personality, making those around me feel valued and appreciated.

What are your interests and talents?

In my free time, I enjoy reading and learning about the latest advancements in engineering and technology. I have a strong interest in architecture and urban planning, and often find myself drawn to the beauty and complexity of large-scale building projects.

My curiosity and sense of humor also extends to my hobbies, where I enjoy engaging in creative and playful activities like drawing, painting or photography.

I'm not afraid to challenge myself and try new things, be it through traveling, hiking, or participating in outdoor adventures.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

In the next 5 years, I aim to grow professionally and take on more challenging projects in my field of expertise. In 10 years, I envision myself taking on a more senior role within my company or starting my own business in the engineering industry.

My curious nature is driving me to explore new cultures and technologies through traveling, volunteering, or participating in international projects.

How would you describe your skills and interests in the following areas?

Math: I'm very analytical and enjoy the pleasure of resolving a good math problem.

Mechanical: As a kid, I loved to disassemble any toy to see how it worked. Most of the time, I wasn't able to put it back together, but I've gotten better...

Athletic: I enjoy taking my body to its limits and strive to always win

Musical, Artistic, Creative: I will admit I'm not the best, but I always enjoy taking part in arts activities, since it clears my mind.

Language (what languages besides English do you speak?): English, Spanish, and some French.

Writing: I like writing down my tasks, to-dos, and goals to keep track of things.

Literature: I enjoy reading about topics in the engineering world and how things have changed and evolved.

Science: This is my passion. Being in the engineering field, I try to improve the world I live in.

Please list a few of your favorite:

Movies: The Shawshank Redemption, The Truman Show, and Interstellar

Books/Authors: Paulo Coelho and Friedrich Nietzsche **Albums/Musicians/Performances**: Rosalia, The Killers

What are a few of your reasons for becoming a sperm donor?

To help individuals or couples who are unable to conceive a child on their own.

To make a positive impact on the world and help create families.

To pass on genetic traits or support individuals with a similar background.

You have joined the Identity-Release® Program. What appeals to you about this program?

To maintain an open line of communication, if they choose to make contact in the future.

To provide genetic information to donor-conceived people for medical or personal reasons.

To build a sense of community and connection with other donors and families created through the program.

THANK YOU!

DATE: 3/22/2023

HEALTH PROBLEMS LIST DONOR 6092

DONOR

Problem/Diagnosis: Mild Allergies (cats/dogs)

Age of Onset: 8

Treatment: None needed

Outcome: Manageable without treatment or medication.

SISTER #1

Problem/Diagnosis: Umbilical Cord Accident

Age of Onset: 40 weeks- birth

Treatment: None Outcome: Stillbirth

MATERNAL COUSIN #2

Problem/Diagnosis: Migraines

Age of Onset:16

Treatment: Stress management and lifestyle changes

Outcome: Managed- reduction in frequency

PATERNAL GRANDMOTHER

Problem/Diagnosis: Heart Attack

Age of Onset: 75 Treatment: None Outcome: Death

DATE: 3/22/2023

PATERNAL GRANDFATHER

Problem/Diagnosis: Stroke

Age of Onset: 65 Treatment: None Outcome: Death

PATERNAL UNCLE #1

Problem/Diagnosis: Heart Attack

Age of Onset: 65

Treatment: oxygen therapy; lifestyle changes and stress management

Outcome: Managed- no further complications

CONCLUSION:

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board-certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

As reported to me, there does not appear to be personal medical health history that would confer an increased risk beyond what is seen in the general population.

Sincerely,

Jenny Iger, LCGC
Certified Genetic Counselor
San Francisco Genetic Counseling