



Reproductive Technologies, Inc.

# THE SPERM BANK OF CALIFORNIA

## INTERVIEW NOTES: 5966

Donor 5966 arrived at our interview wearing a bright blue hoodie, a navy wool vest, khakis, brown Nike sneakers, and a red crossbody bag. He is tall, standing a whopping 6' 5" with a lanky figure with straight brown hair cut short with a widow's peak. He has a square-shaped face with symmetrical features including slightly hooded eyes and thick eyebrows that compliment his round light blue eyes. He has thin lips and a nice square jawline. He was extremely easy to talk to, cracking jokes frequently and taking the time to explain things that may get lost in translation or through cultural differences.

Donor 5966 grew up in a densely populated city in Siberia which he referred to as a "young city" full of students. When asked what his hometown was like, he laughed and said, "a cold place." An only child, donor 5966 describes his father as physically affectionate and very smart and his mother as open-minded and determined. She worked hard to send him to a better school and focused on teaching him independence and responsibility. He started taking the train to school by himself when he was 7 years old. He told us a story of a time he skipped school to hang out with a stray dog he spotted from the train. His mother saw him with the dog from the window of her train to work and asked how the dog was when she came home that night!

He says that he was very extroverted as a child and would help his grandmother sell perogies on the beach with his charm and talkative nature. He was an active kid, participating in various extracurricular activities like theater, martial arts, and boxing. His mother was an avid reader, and his childhood home was full of books. He wasn't very interested in reading when he was younger, but a lifelong interest in history and biology was kick started when his mom brought home a few encyclopedias. He would spend hours reading them and looking at pictures of animals and dinosaurs. Nowadays, he's always looking up random facts on Wikipedia in his spare time. He also enjoys classic literature, preferring to read in his native Russian.

He explains that while he inherited his decision making from his mom, his softness and love of living creatures came from his dad. Donor 5966's dad was a long-distance trucker and sometimes he would accompany his dad on his trips during school breaks. One time they transported a trailer full of guinea pigs to the airport and he got to cuddle them on the way. Another time his dad saw a puppy on the side of the road and kept it by the foot heater in the cab of the truck to warm it up. Later, that dog became his travel companion.

Donor 5966 has been playing the acoustic guitar since the age of 12, saying that learning the guitar was a big trend among his peers. He used to play music with his college buddies and now occasionally plays for his friends. Donor 5966 moved out to the US about 15 years ago, looking for a better quality of life. He studied British English in college but stated that it was more academic than conversational and being immersed in an English-speaking country was a learning experience. He expressed that he has learned to be less impulsive as he's gotten older, and if making the decision now he may have waited a few more years before moving to another country but is very happy how things turned out in the end. One of the biggest cultural differences he is learning is to be more in touch with his emotions. When asked how he would like to be described, donor 5966 said that he likes to think of himself as interesting, easy-going, caring, and funny.

One of donor 5966's favorite activities is to go on hikes with his wife and dog – though he states that his dog is really the one taking them on hikes! He and his wife are saving up to start a family of their own, and he is currently starting IT school while his wife focuses on her career in dentistry.

*Interviewed by Danielle L. and Iris R. on 1/12/22*



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## DONOR PROFILE: 5966

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5966 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in March 2022

### PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **May 1983**
- Education: **AA in Accounting**
- Current occupation: **Operation Management**
- Ethnic origin: **Russian-Tatar**
- Religion born into: **None**
- Religion practicing: **Agnosticism**

### PHYSICAL CHARACTERISTICS

- Height: **6' 5"**
- Weight: **188 lbs**
- Hair color: **black**
- Hair type: **straight**
- Eye color: **blue**
- Complexion: **fair/creamy**
- Body type: **ectomorphic (slim)**
- Blood group/Rh: **O+**
- Baby photo available: **Yes**
- Other distinguishing features:

### FAMILY MEDICAL HISTORY

**KEY:** **D** donor    **Ch** child    **F** father    **M** mother    **S** sister    **B** brother  
**Co** cousin    **A** aunt    **U** uncle    **MGF** maternal grandfather    **MGM** maternal grandmother  
**PGF** paternal grandfather    **PGM** paternal grandmother

Allergies: **MGM: Mugwort allergy at birth, treated with avoidance, managed.**

Gastrointestinal: **F: Gastritis at 35, treated with lifestyle/diet changes, managed. PGF: Live cirrhosis at unknown age, no treatment, unmanaged until death.**

Heart: **PGF: Heart attack at 78, no treatment, cause of death at 78.**

Muscles/Bones/Joints: **MA#1: Rheumatoid arthritis at 35, treated with NSAIDS, managed.**

Respiratory (Lungs): **F: Tuberculosis at 58, treated with hospitalization, resolved. PGF: Pneumonia at 72, treated with hospitalization, cause of death at 72.**

Sight/Sound/Smell: **D: R: 20/13, L: 20/20. MGM: Cataracts in late 60's, treated with surgery, resolved.**  
 Substance use disorders: **PGF: Alcohol use disorder at unknown age, unmanaged until death.**  
 Urinary: **PU: Kidney issues (unspecified) in 40s, treated with maintenance medication and lifestyle changes. Managed.**  
 Other: **D: Lymphadenitis at 10-11, treated with antibiotics and lymph node removal, resolved. M: Periodontitis in 40's, treated with antibiotics, managed.**

## DONOR LAB RESULTS

Chlamydia: <b>Not Detected</b>	Gonorrhea: <b>Not Detected</b>	Syphilis: <b>Non-Reactive</b>
HIV 1 & 2: <b>Non-Reactive</b>	CMV total antibody: <b>Negative</b>	
Hepatitis B: <b>Non-Reactive</b>	Hepatitis C: <b>Non-Reactive</b>	HTLV 1 & 2: <b>Non-Reactive</b>
Urinalysis: <b>Normal</b>	Chem panel: <b>Normal</b>	CBC: <b>Normal</b>

## GENETIC SCREENING RESULTS

*Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.*

Expanded carrier screening for 268 autosomal recessive conditions was completed by Invitae and reported on 01/21/2022. The results were **NEGATIVE** for all genes screened.

Disease	Result	Residual risk to be a carrier (based on Caucasian & Pan-Ethnic risk figures)
Cystic Fibrosis	Negative	1 in 2,700
Spinal Muscular Atrophy	Negative - 2 copies exon 7 Negative for c.*3+80T>G variant in exon 7	1 in 800
Beta Hemoglobinopathies	Negative	1 in 4,800
Alpha Thalassemia	Negative	Reduced

Please refer to the donor's Invitae expanded carrier test report for more information on the testing completed and the donor's results.

# DONOR NARRATIVE: 5966

*The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor.*

**Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.**

I would say I am typically an extrovert but maybe more introverted since moving to the U.S. and being outside of the Russian community. I can be pretty funny. I am definitely goal oriented and also very responsible – maybe too responsible sometimes. My mom taught me that if you promise something, you have to do it. Don't promise something then not be accountable.

**What are your interests and talents?**

Some of my interests are: music, sport, animals and nature. I play guitar and sing. I go hiking with my dog at least once a week. And I go to a gym 2-3 times a week.

**What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?**

As a first generation immigrant I live American dream - working hard and have a good life. Currently working in distribution industry. I would like to have my own small and then big distribution company or other business that is more essential for people than entertaining or food type of business. Medical supplier and distributor for example.

**How would you describe your skills and interests in the following areas?**

**Math:** Good. I had really good grades at school and specially in community college then I lost the interest.

**Mechanical:** Decent. I cannot fix an engine or transmission as well electrical problems of my car but basic things like changing radiator, brakes, alternator, shocks, thermostat, serpentine belts, battery, oil, filter and etc I do myself .

**Athletic:** Good. My favorite activity is hiking. I also go to a gym two-three times per week. Naturally I have a good genetics and my BMI is always good regardless of my diet or activities. So I don't really work hard to keep myself in a good shape thus I prefer be in a forest or mountains than in a building lifting weights. Also I am really good swimmer not professional but growing up next to a lake I spent swimming all summers long till age 18.

**Musical, Artistic, Creative:** Good. I play guitar and sing.

**Language (what languages besides English do you speak?):** Russian (native language)

**Writing:** Perfect in Russian. Ok in English.

**Literature:** Perfect in Russian. Good in English.

**Science:** Perfect in Russian. Good in English.

### Please list a few of your favorite:

**Movies:** Pulp Fiction, Django, What We Do In The Shadows, The Dark Knight, Terminator2, District 9, Matrix, Amores Perros, City Of God, The Shawshank Redemption, The Godfather, Atypical, Breaking Bad and many more.

**Books/Authors:** Fyodor Dostoevsky, Mikhail Bulgakov, Anton Chekhov, Aleksandr Pushkin, Ernest Hemingway, Erich Maria Remarque, George Orwell, Mark Twain, Ray Bradbury, Gabriel Garcia Marquez, John Steinbeck and others.

**Albums/Musicians/Performances:** Mostly it's a Russian music I also listen some of the following: Jimi Hendrix, Queen, Metallica, Bob Marley, Sade, Alicia Keys, Kem, Rhianna, Frank Ocean, Tupac and others.

### What are a few of your reasons for becoming a sperm donor?

The main reasons are to contribute something good to our society and help to create a healthy and complete families to people who are truly ready for it. I think that people who use TSBC services are actually ready to have a child and it's a thought through decision. That the child is wanted and (s)he is not accidental. I strongly believe that these types of families will be able to give the most happy and functional life to kids.

### You have joined the Identity-Release® Program . What appeals to you about this program?

I think if years later a person interested in finding more information about a donor that person has full right to do so.

THANK YOU!



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## HEALTH PROBLEMS LIST DONOR 5966

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### DONOR

***Problem/Diagnosis: Lymphadenitis***

Age of Onset: 10-11

Treatment: Antibiotics, Lymph node Removal

Outcome: Resolved

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### MOTHER

***Problem/Diagnosis: Periodontitis***

Age of Onset: Late 40's

Treatment: Antibiotics

Outcome: Requires maintenance treatment, likely dental implants

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### FATHER

***Problem/Diagnosis: Tuberculosis***

Age of Onset: 58

Treatment: Hospitalization

Outcome: Resolved

***Problem/Diagnosis: Gastritis***

Age of Onset: 35

Treatment: Lifestyle/diet changes, Omeprazole

Outcome: Managed

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### MATERNAL GRANDMOTHER

***Problem/Diagnosis: Mugwort Allergy***

Age of Onset: Birth

Treatment: Avoidance

Outcome: Managed with avoidance

***Problem/Diagnosis: Cataracts***

Age of Onset: Late 60's

Treatment: Surgery

Outcome: Resolved

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**MATERNAL AUNT #1**

***Problem/Diagnosis: Rheumatoid Arthritis***

Age of Onset: 35

Treatment: NSAIDs

Outcome: Managed with mild symptoms

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**PATERNAL GRANDMOTHER**

***Problem/Diagnosis: Pneumonia***

Age of Onset: 72

Treatment: Hospitalization

Outcome: Death

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**PATERNAL GRANDFATHER**

***Problem/Diagnosis: Alcohol Use Disorder***

Age of Onset: Unknown

Treatment: None

Outcome: Unmanaged until death

***Problem/Diagnosis: Liver Cirrhosis***

Age of Onset: Unknown

Treatment: None

Outcome: Unmanaged until death

***Problem/Diagnosis: Heart Attack***

Age of Onset: 78

Treatment: None

Outcome: Death

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**PATERNAL UNCLE**

***Problem/Diagnosis: Kidney Issues (Unspecified)***

Age of Onset: 40s, possibly related to side effects of an unknown medication.

Treatment: Maintenance medication, lifestyle changes

Outcome: Managed

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**CONCLUSION:**

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

As reported to me, there does not appear to be personal medical health history that would confer an increased risk beyond what is seen in the general population.

Sincerely,

Janine Mash, LCGC  
Certified Genetic Counselor  
San Francisco Genetic Counseling