



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5827

Donor 5827 arrived to the interview wearing a black Puma track jacket, dark blue jeans, and black framed glasses. He is of medium height and has dark brown hair with thinning loose curls. He has dark eyes with smile lines under heavy brows, thick stubble, and a deep voice. He slightly resembles the actor Sendhil Ramamurthy from the television show *Heroes*.

Donor 5827 had an extremely interesting childhood being the second youngest of six children, three boys and three girls, all born at home in rural Nepal. His hometown was 45-50 miles away from the capital city of Kathmandu, and a 1.5 to 2 hour walk uphill from the nearest bus stop. He described a way of life that was far removed from what most experience growing up in the U.S. His parents were farmers and worked hard to give the donor and his siblings better opportunities than they had had. He did not have electricity in his home or school while growing up. He relayed not even wearing shoes unless it was for a party or festival.

He expressed appreciation for his parents who worked hard to pay school tuition fees for him and his siblings. This made him driven as a young adult to further his education and become a success. In Nepal, high school ends at 10th grade at the age of 15. There were no further educational opportunities in his small village so he moved to the Kathmandu to go to college. After a childhood spent helping around the family farm, going to college gave him the opportunity to focus on his studies. He stated at 16 or 17, he had done some research and realized that studying computers would be a good profession to pursue. After graduating in Kathmandu, he worked as an engineer for the Nepalese government.

But he desired more and sought to attend university in the US. He was accepted to a good university, won a scholarship and earned his Master in Engineering. He said he made about \$280 a month in Nepal and just the plane ticket to the US cost about six months of his salary! Donor 5827 is clearly driven, focused, and goal-oriented.

He is close with all of his family who continue to reside in Nepal but in the more urban setting of the capital city, Kathmandu. He calls them each every few days to chat. The donor tries to return to Nepal once a year to visit his family and childhood home.

Donor 5827 is married with children; two sons aged five years and seventeen months at the time of the interview. While working from home during the COVID pandemic has provided its own challenges, he said his sons are *enjoying their time* with a laugh. Though he is not personally a fan of cooking, and says that it is *his wife's only complaint against him*, he and his family have standing gatherings two or three times a week for dinner together. He is not much of a coffee drinker, but prefers a large breakfast and a small lunch.

Donor 5827 is a fan of soccer and basketball, but prefers reading fiction novels over watching television or movies. He also loves listening to music, especially Nepalese music, and his favorite instrument to listen to is the violin. He spends his time traveling for his job, mainly in California and Texas. He has ambitions of being self-employed one day; he would like to start an IT company that outsources work and creates jobs in Nepal.

We are extremely excited to have donor 5827 in our program as he is thoughtful, understands the importance of family, and is responsible and dedicated to his own wife and children. He will be a wonderful addition to our program!

Interviewed by Danielle M. and Kenya C. on 12/02/2020



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DONOR PROFILE: 5827

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5827 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in March 2021

PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **February 1987**
- Education: **B.S. in Engineering, MBA in Management Information Systems**
- Current occupation: **Mortgage loan originator, Software Engineer**
- Ethnic origin: **Nepalese**
- Religion born into: **Hinduism**
- Religion practicing: **None**

PHYSICAL CHARACTERISTICS

- Height: **5' 7"**
- Weight: **183.5 lbs**
- Hair color: **Black**
- Hair type: **Straight**
- Eye color: **Black**
- Complexion: **Light brown**
- Body type: **Mesomorphic (muscular)**
- Blood group/Rh: **A+**
- Baby photo available: **Yes**
- Other distinguishing features:

FAMILY MEDICAL HISTORY

KEY: D donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **B#1: Dust Allergy in late 30's, no treatment, managed.**

Gastrointestinal: **PU#2: Abdominal bloating at 69, treated with medication, managed. F: Gastric discomfort in late 60's, treated with medication and diet changes, resolved. PGF: Anal fissure in 80's, treated with surgery and medication, endured, cause of death at 92.**

Heart: **M: High blood pressure at 64, treated with diet change, managed. PCo#1: High blood pressure at 51, treated with diet change, managed.**

Muscles/Bones/Joints: **M: Thumb joint pain at 60, treated with medication and physical therapy, resolved.**

Respiratory (Lungs): **MA#1: Emphysema in 60's, treated with oral inhaler and therapy, managed. PU#1: Pneumonia at 62, treated with medication, cause of death at 62.**

Sight/Sound/Smell: **D: R: 20/30, L: 20/30**

Urinary: **F: Kidney stone at 58, treated with surgery, resolved. MGF: Bladder cancer at 84, treated with medication, cause of death at 89**

Cancer (see above): **MGF: Bladder cancer**

Other: **D: Appendicitis at 30, treated with surgical removal of appendix, resolved. M: Back pain at 64, treated with yoga, exercise, and therapy, managed. PGM: Severe fever at 80, cause of death. MGM: Cause of death at 87, unknown natural causes. MAu#2: Accident at 42, cause of death**

DONOR LAB RESULTS

Chlamydia: **Not Detected**

Gonorrhea: **Not Detected**

Syphilis: **Non-Reactive**

HIV 1 & 2: **Non-Reactive**

CMV total antibody: ***Positive**

Hepatitis B: **Non-Reactive**

Hepatitis C: **Non-Reactive**

HTLV 1 & 2: **Non-Reactive**

Urinalysis: **Normal**

Chem panel: **Normal**

CBC: **Normal**

**CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious*

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) **No mutation detected**

Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected**

Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);
No evidence of thalassemia**

DONOR NARRATIVE: 5827

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor.

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I am an extrovert, deliberate person. I enjoy chatting to people and serving community as possible as I can. I am focused to my goal, but a compromising person as well. So, I very rarely get panic if things go off the track with something not under my control. I feel so sorry if anything goes wrong /people get hurt because of me.

What are your interests and talents?

I enjoy Information Technology (IT). Playing with the mechanical parts also makes me happy. I am more interested on a business rather than working dedicated hours for somebody else. I enjoy investing and playing on stock market too.

I am a big fan of soccer- I don't play good though. I am always curious about updates on public affairs, politics, science and technology.

I believe that I am talented on numbers (math, statistics), numerical analysis, System Analysis (BA), Business System Analysis (BSA). I am proud of my skill to deliver knowledge/skill to others in an easy way.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

Firstly, HAPPY LIFE. I see myself as happy as we (family) are for the rest of my life. Additionally, a good small-businessman and a socially recognized person. There is not a super big dream on physical/material achievement but a dream to be a nice, happy and contributing forever.

How would you describe your skills and interests in the following areas?

Math: Math is something I probably enjoy most while studying/analyzing. I love numbers and the impact of the number in the real life.

Mechanical: One of my hobbies. I also have done diploma in Mechanical Engineering. Not practicing anymore in the professional life but I enjoy playing around it.

Athletic: I am not an athletic guy. I do light workout every day for my health. I love watching games though.

Musical, Artistic, Creative: I am a little melodious songs lover. I rate myself as a creative person.

Language (what languages besides English do you speak?): Nepali, Hindi

Writing: English (Excellent), Nepali (Excellent), Hindi (Good)

Literature: English (Good), Nepali (Excellent), Hindi (Good)

Science: Science is my stuff. I enjoy it.

Please list a few of your favorite:

Movies: Titanic, Miracle in Cell No. 7 (Turkish), City of Ghost, Three Idiots (Hindi)

Books/Authors: The Alchemist (Paulo Coelho), The diary of a young girl (Anne Frank), One hundred years of solitude (Gabriel G. Marquez)

Albums/Musicians/Performances: Nepathya (Nepali), Justin Bieber, Shakira

What are a few of your reasons for becoming a sperm donor?

- To help community.
- For satisfaction. It makes me happy by knowing that some of the families are happy because of my donation.
- If something you are destroying is a very important thing for somebody else, why not to use it?

You have joined the Identity-Release® Program . What appeals to you about this program?

I am so happy that if the kids want to know about or meet their biological father, they can do it at the age of 18+. I enjoy seeing them and know how they are doing. I always have good wishes for their health, personality and achievements. I am very hopeful for the extra happiness in my life which they bring in future. I am very positive with the identity-release program.

Is there anything else you would like to share with participating families and offspring?

General Childhood:

- Middle class but well-educated family.
- Parents struggled to make us happier, more educated and smarter.
- Hometown- 1.5 to 2 hour walk straight uphill from the road access.
- School- 25-30 mins walk uphill from home
- Actively participated in extracurricular activities and achieved many awards, certificates.

Education:

- Never second in academic ranking in the entire primary-middle-high school. Always first in the class, highest scorer in the exam.
- Class topper in Diploma in Engineering.
- Ranked in top 10% (Dean List) in the bachelor's degree in engineering.
- Dean Listed for master's degree.

Active participation in Robotics and Automation during engineering studies. Achieved more than half dozen of the awards in national and international robotic competitions.

It makes me very happy by knowing that some of the families are accepting my sperm resulting a baby. There is nothing better people can do rather than being a part of somebody's life. I would like to thank to the participating families for being a part of my happiness. I wish you all the best for your entire process to have a little one on your lap.

I ENJOY IDENTITY-RELEASE PROGRAM SO, I HOPE TO SEE YOU. GOOD LUCK! MY WISHES AND BLESSINGS TO YOU ALL!



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HEALTH PROBLEMS LIST DONOR 5827

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/OUTCOME
Donor	Appendicitis	Diagnosis/age of onset: Stomach pain, 30 Treatment: Surgery / removed Outcome: Resolved
Mother	Back Pain	Diagnosis/age of onset: Back Pain, 64 years Treatment: Yoga, Exercise, Therapy Outcome: Controlled, Continuing yoga
	Thumb joint pain	Diagnosis/age of onset: Pain, 60 years Treatment: Medication, Physical Therapy Outcome: Resolved
	High Blood Pressure	Diagnosis/age of onset: High Blood Pressure/64 Treatment: diet change Outcome: managed
Father	Gastric Discomfort	Diagnosis/age of onset: Late 60's Treatment: Medication, Change in diet Outcome: Resolved
	Kidney Stone	Diagnosis/age of onset: 58 Treatment: Surgery Outcome: Resolved
Donor's Brother #1	Dust Allergy (Skin)	Diagnosis/age of onset: Late 30's Treatment: Nothing Outcome: High sensitivity to dust

Donor's Sister #1	Mild Breathing Impairment	Diagnosis/age of onset: Exact diagnosis unknown, 43 Treatment: Lungs therapy, inhaler, avoid cold Outcome: Only has difficulty breathing 3 or 4 times per year during damp weather.
Maternal Grandmother		Age/Cause of death: 87, Natural Causes
Maternal Grandfather	Bladder Cancer	Diagnosis/age of onset: Urination problem, 84 Treatment: Medication, Therapy Outcome: Cause of death at age 89
Maternal Aunt #1	Emphysema	Diagnosis/age of onset: 60's Treatment: Oral Inhaler, Therapy Outcome: Managed
Maternal Aunt #2	Accident	Diagnosis/age of onset: Accident, 42 Treatment: Unable to approach hospital Outcome: Death (42 years)
Paternal Grandmother		Age/Cause of death: 80, Severe Fever
Paternal Grandfather	Anal Fissure	Diagnosis/age of onset: Constipation, 80's Treatment: Surgery, Medication Outcome: Controlled, Not fully resolved Age/Cause of death: 92, Anal fissure, exact diagnosis unknown
Paternal Uncle #1	Pneumonia	Diagnosis/age of onset: Pneumonia, 62 Treatment: Medication (Not improved) Outcome: Died (62 years)
Paternal Uncle #2	Abdominal Bloating	Diagnosis/age of onset: 69 Treatment: Medication, reviewed by doctor. Outcome: Managed but not resolved, no known cause. Uncle was/is overweight.
Paternal Cousin #1	High Blood Pressure	Diagnosis/age of onset: 51 Treatment: diet change Outcome: managed

Conclusion:

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us. Due to barriers in access and cultural norms, the donor reports limited ability to obtain medical information for his extended family. Most of the donor's family lives in another country. There may be family members affected with diseases that remain unreported. This is a common limitation when using family history as a screen to assess the risks for disease.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population). As reported to me, there does not appear to be medical health history that would confer an increased risk beyond what is seen in the general population.

Janine Mash, LCGC
Certified Genetic Counselor