



Reproductive Technologies, Inc.

# THE SPERM BANK OF CALIFORNIA

## INTERVIEW NOTES: 5812

Everything we needed to know about donor 5812, we gained in the first five minutes of our interview. He was sweet and charming as we entered the room, asking how we were doing and smiling behind his mask (COVID-19). We asked him to complete some missing information on his family questionnaire and he expressed regret that he had missed any. He even called his mom in *France* to confirm some information! Gotta love adult children that are close to their parents!

Donor 5812 is tall and slim with a shaved head and beautiful blue eyes. He has a defined jawline, enhanced by low cut facial hair. He has long slim fingers to match his tall, lean build. He was wearing a Rogue ball cap, a jean jacket with shoulder detail and peeking through was a vintage Justin Bieber t-shirt! He said he was given the shirt as a gag gift but he totally “rocks it”, displaying a great sense of humor and an ability to not take himself too seriously.

Donor 5812 spent his childhood on the move starting at 2 with a move to the West Coast. His mother loved to travel and moved her family frequently as she completed her education and began her career. He was an only child until the age of 5 when his younger brother was born. He says he was crafted into a goody two shoes by his mother who reinforced the need for him to be a good older brother and set a good example. This resulted in him being the voice of reason when childish pranks and adventures were getting out of hand when hanging with his friends.

Donor 5812 was very close to his father growing up. His dad was very involved even moving and living next door to be close to him. His dad always included his younger brother in their outings which included exploring their environment and opening their minds to musical theater and literature. His dad introduced him to *Lord of the Rings*, *The Last Temptation of Christ*, *Stranger in a Strange Land*, *West Side Story* and *Cabaret*.

His mother was an inspiration as she wore the mantle of family matriarch with honor. She immigrated to the US from France and during his childhood, went back to college and earned three Master degrees. She was very much focused on education and providing structure for her two boys. She was always supportive and open-minded which allowed him to explore a myriad of subjects as a child. Donor 5812 also enjoyed sports, including soccer and Little League, as a child. He continued with sports in middle school, where he participated in track and field, football, and basketball. He also loves music and at one time played the baritone and tenor saxophone. He is now learning to play the ukulele. He participated in the Photography Club, the Recycling Club, and had an internship with a Media Group in his senior year. He went on to major in Film Production in college and has been using his time filming about sustainability and wants to create a website for sustainability resources.

Donor 5812 has traveled extensively as a child and adult with Japan being a favorite destination. He also lived in Berlin for a year and a half and spent a year abroad in France to really learn the French language. His mom stopped speaking French to him as a child as she thought his delayed speech was caused by learning two languages as a toddler. He would love to own property in the French countryside someday.

Donor 5812 cherishes his family and friends and loves creating strong, loving, lifelong relationships. He was a pleasure to interview and we are lucky to have him in our program!

*Interviewed by Kenya C. and Michelle K. on 10/19/20*



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## DONOR PROFILE: 5812

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5812 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in November 2020

### PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **04/1985**
- Education: **B.A. in Film Production**
- Current occupation: **Filmmaking, video production, personal assistant**
- Ethnic origin: **Belgian, English, French, German, Irish, Italian, Polish**
- Religion born into: **New Age Spiritualism**
- Religion practicing: **Agnostic Earth lover and Sun praiser**

### PHYSICAL CHARACTERISTICS

- Height: **6' 1 ½ "**
- Weight: **152 lbs**
- Hair color: **Medium blonde**
- Hair type: **Thinning/receding**
- Eye color: **Blue**
- Complexion: **fair/creamy**
- Body type: **ectomorphic (slim)**
- Blood group/Rh: **O-**
- Baby photo available: **Yes**
- Other distinguishing features: **Strong jaw, aquiline nose, deep set eyes**

### FAMILY MEDICAL HISTORY

**KEY: D** donor    **Ch** child    **F** father    **M** mother    **S** sister    **B** brother  
**Co** cousin    **A** aunt    **U** uncle    **MGF** maternal grandfather    **MGM** maternal grandmother  
**PGF** paternal grandfather    **PGM** paternal grandmother

Allergies: **M: Pollen allergy at 44, no treatment, managed.**

Breast Cancer: **MGM: Breast cancer at 67, treated with chemotherapy, cured.**

Congenital Anomalies (Birth Defects): **PCo#2: Stillborn, cause unknown.**

Gastrointestinal: **PU: Pancreatic cancer at 76, treated with surgery and chemotherapy, in remission.**

Heart: **F: Heart attack at 72, cause of death at 72. PGM: Heart disease at 74, treated with open heart surgery, managing with improved heart function. Stroke and brain hemorrhage at 87, cause of death at 87. PGF: Heart disease at 67, treated with change of diet, managed. Heart attack at 76, cause of death at 76.**

Mental Health: **F: Depression at 56, treated with medication, managed.**  
 Muscles/Bones/Joints: **M: Rheumatoid arthritis at 50, treated with hip replacement, managed. PGF: Gout at 72, treated with over the counter medication and diet change, managed.**  
 Neurological: **F: Dyslexia at 4, treated with special education, managed with no impairment. Tongue tie at birth, treated with surgery, resolved. MGM: Seizures in 70's, treatment unknown, managed. PGF: Parkinson's disease at 70, treated with physical therapy**  
 Sight/Sound/Smell: **20/20 both eyes**  
 Skin: **PCo#1: Acne at 15, treated with creams, some scarring.**  
 Substance use disorders: **M: alcohol use disorder at 37, treated with AA for one year, managed.**  
 Cancer (see above): **M: Breast cancer at 67. PU: Pancreatic cancer at 75.**  
 Other: **D: Jaundice at birth, treated with sunlight, resolved in one week. Obstructed breathing at 4, treated with adenoid removal, resolved. B: Jaundice at birth, treated with phototherapy for one week, resolved. M: Meniere's disease at 57, treated with flashing light avoidance, managed but has difficulty driving. MGF: Car accident at 37, cause of death.**

## DONOR LAB RESULTS

Chlamydia: <b>Not Detected</b>	Gonorrhea: <b>Not Detected</b>	Syphilis: <b>Non-Reactive</b>
HIV 1 & 2: <b>Non-Reactive</b>	CMV total antibody: <b>*Positive</b>	
Hepatitis B: <b>Non-Reactive</b>	Hepatitis C: <b>Non-Reactive</b>	HTLV 1 & 2: <b>Non-Reactive</b>
Urinalysis: <b>Normal</b>	Chem panel: <b>Normal</b>	CBC: <b>Normal</b>

*\*CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious*

## GENETIC SCREENING RESULTS:

*Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.*

Expanded carrier screening for 268 autosomal recessive conditions was completed by Invitae and reported on 02/28/2022.

The results were **NEGATIVE** for all 268 conditions.

Disease	Result	Residual risk to be a carrier
<b>Cystic Fibrosis</b>	Negative	1 in 2,700
<b>Spinal Muscular Atrophy</b>	Negative - 2 copies exon 7 Negative for c.*3+80T>G variant in exon 7	>1 in 880
<b>HBB Hemoglobinopathies &amp; Thalassemia</b>	Negative	1 in 37,200
<b>Alpha thalassemia</b>	Negative	Reduced

Please refer to the donor's Invitae expanded carrier test report for more information on the testing completed and the donor's results.

Please also see the Health Problems List for a summary of the information that this donor has provided to us regarding personal and family medical history.

## DONOR NARRATIVE: 5812

*The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor.*

### Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I am an extrovert-introvert. Though insecure in adolescence I am now confident. Other characteristics are that I am somewhat reserved, ambitious, creative, curious, outgoing, adventurous, cautious, good-natured, well-humored, thoughtful, considerate, a bit geeky, self-critical, and open-minded.

### What are your interests and talents?

My interests include: sustainability, environment, food, travel, culture, music, art, cinema, history, literature, politics, permaculture, philosophy, spirituality, and the Cosmos.

My talents include: MacGyvering, farming, organizing, painting, drawing, visual recognition, editing, videography, dancing, problem-solving, knot-tying, Reiki.

### What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I want to realize many of my world helping ideas, and make some films that enlighten and entertain.

In Five years: I see myself having completed one feature film and implementing a few of my ideas.

In Ten years: I see myself well established in my film career and having teams that develop my ideas.

### How would you describe your skills and interests in the following areas?

**Math:** Not my forte, however I was a good student until Trigonometry.

**Mechanical:** Ever since my father gave me LEGOs as a child, I have been mechanically inclined.

**Athletic:** I have been athletic since childhood, but never obsessed about it.

**Musical, Artistic, Creative:** I love music but am not naturally skilled or inclined, except for singing in the shower. I am quite artistic and creative in many ways: painting, drawing, editing, videography, dancing, problem-solving.

**Language (what languages besides English do you speak?):** I am fluent in French, I know some German, and I am now learning Spanish.

**Writing:** I am capable of writing well and in various forms, but it is not a passion of mine.

**Literature:** I read a lot and used to be a huge book worm. I still read a handful of books per year, but most of my reading is now from online sources.

**Science:** I adore science and I am always absorbing new research.

## Please list a few of your favorite:

**Movies:** The Artist, The Holy Mountain, The Last Temptation of Christ, Call Me By Your Name, The Empire Strikes Back, Blade Runner / 2049, Arrival, Get Out, Drive, Last of the Mohicans, Braveheart, Robin hood: Prince of Thieves, 2001: A Space Odyssey, Once Upon a Time in the West, The Beat My Heart Skipped, Her, The Big Lebowski, Life Aquatic, The Grand Budapest Hotel, Old Boy, Bamboozled, Lawrence of Arabia, Holy Motors, Princess Mononoke, Spirited Away, Ran, The Dreamers, The Witch, V for Vendetta...

**Books/Authors:** Dune, Stranger in a Strange Land, Hero with a Thousand Faces, Zen and the Art of Motorcycle Maintenance, The Lord of the Rings, The New York Trilogy, Haruki Murakami, Ursula K. LeGuin, H.P. Lovecraft, Alexandre Dumas, James Baldwin, Mark Twain,

**Albums/Musicians/Performances:** Daft Punk: Alive 2007, Michael Jackson, Edith Piaf, The Temptations, Jaques Brel, The Beatles, Elvis, Nina Simone, James Brown, Led Zeppelin, The Rolling Stones, Pink Floyd, Pete Seeger, Bob Dylan, Simon and Garfunkel, Jimi Hendrix, The Grateful Dead, The Alan Parson's Project, Bach, Beethoven, Mozart, Chopin, Satie, Peter Gabriel, Robbie Robertson, Phantom of the Opera, Hair, Westside Story, Donna Summers, Tupac, Notorious B.I.G., Rihanna, Mos Def, Nas, Damien Marley, Common, Kanye West, Kimbra, Chromeo, ZHU, Immortal Technique, Grimes, Childish Gambino, The Weeknd, The Bright Light Social Hour, The Parcels, Gypsy Kings, Bob Marley, Fat Freddy's Drop, Alt-J, Herizen, Empire of the Sun, Glass Animals, Polish Ambassador, C2C, Delta Heavy, FKJ, Ry X...

## What are a few of your reasons for becoming a sperm donor?

Helping others start a family is a great honor, and I do not know when or if I will have my own. I am also ready to contribute my genes to the gene-pool.

## You have joined the Identity-Release® Program . What appeals to you about this program?

I believe that people have a right to know about their origins, and that outweighs my right to privacy. That said, I would be happy to meet my offspring in the future if they so desire. I would be fascinated to know what their life is like, and happy to satisfy their curiosity about me.

## Is there anything else you would like to share with participating families and offspring?

I come from a very loving and accepting family. We moved a lot, and I was exposed to a lot of different places, people, and cultures. It taught me to adapt to new situations, to appreciate all the diversity of life on our beautiful world, and that love conquers all. I wish you luck!

**THANK YOU!**



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## HEALTH PROBLEMS LIST DONOR 5812

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/OUTCOME
Donor	jaundice	Diagnosis/age of onset: Jaundice/birth Treatment: Sunlight Outcome: Resolved in 1 week
	obstructed breathing	Diagnosis/age of onset: Obstructed breathing/age 4 Treatment: Adenoids removed Outcome: Resolved
	diagnosis unknown; possible hemangioma	Diagnosis/age of onset: blood-filled pocket, possibly hemangioma, on crown of head/birth (exact diagnosis unknown) Treatment: None Outcome: Resolved on it's own by age 1
Mother	rheumatoid arthritis	Diagnosis/age of onset: Rheumatoid Arthritis / 50 Treatment: Hip replacement Outcome: Functioning improved/restored, arthritis ongoing, but managed
	pollen allergy	Diagnosis/age of onset: pollen allergy/44 Treatment: none Outcome: managed with minimal problem
	alcohol use disorder	Diagnosis/age of onset: alcohol use disorder/37 Treatment: AA for 1 year Outcome: now drinks very minimally
	Menieres Disease	Diagnosis/age of onset: Menieres Disease/57 Treatment: avoid flashing lights/quick movements Outcome: Difficulty driving. Otherwise has little impairment. Vertigo has become less frequent.

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/OUTCOME
Father	dyslexia	Diagnosis/age of onset: Dyslexia/age 4 Treatment: Special classes Outcome: No impact on functioning. Overcome.
	tongue-tie	Diagnosis/age of onset: Tongue-tie / birth Treatment: Surgery Outcome: Solved
	depression	Diagnosis/age of onset: Depression, unspecified/56 Treatment: medications Outcome: improvement with medication, but still had difficulty managing depressed mood for many periods of time. No major life impairment.
	heart attack	Cause of Death: Died of a heart attack at age 72
Brother	jaundice	Diagnosis/age of onset: Jaundice/birth Treatment: Phototherapy for 1 week Outcome: Resolved
Maternal Grandmother	breast cancer	Diagnosis/age of onset: Breast Cancer/67 Treatment: Chemotherapy Outcome: Cured
	seizures	Diagnosis/age of onset: Seizures (exact diagnosis unknown)/70's Treatment: unknown Outcome: unknown  Age/Cause of Death: Old age at 87
Maternal Grandfather		Age/Cause of Death: Died in a car accident at age 37

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/OUTCOME
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Paternal Grandmother	heart disease	Diagnosis/age of onset: Heart Disease/74 Treatment: 2 Open-heart surgeries Outcome: Improved Heart function
	stroke, brain hemorrhage	Age/Cause of death: Presumed stroke, brain hemorrhage at age 87
Paternal Grandfather	gout	Diagnosis/age of onset: Gout / 72 Treatment: Ibuprofen, and diet change. Outcome: Reduction in symptoms.
	Parkinson's Disease	Diagnosis/age of onset: Parkinson's / 70 Treatment: Physical Therapy Outcome: N/A
	heart attack	Diagnosis/age of onset: Heart Disease / 67 Treatment: Change of diet. Outcome: Died of a heart attack at age 76
Paternal Uncle	pancreatic cancer	Diagnosis/age of onset: Pancreatic Cancer / 75 Treatment: Surgery and Chemotherapy Outcome: In remission
Paternal Cousin #1	acne	Diagnosis/age of onset: Acne / 15 Treatment: Creams Outcome: Some scarring
Paternal Cousin #2	stillborn	Diagnosis/age of onset: Stillborn Treatment: none Outcome: cause unknown

## CONCLUSION

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us. (continued on next page)



As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

While heart attack of his father was sudden and unexpected, the donor reports his father's lifestyle likely contributed to his cardiac death. While cardiac disease can have a genetic predisposition, lifestyle factors are also important in the development of this disease. It is possible there may be an increased risk to offspring for heart disease or heart attack based on the family history. The magnitude of risk is difficult to estimate.

The donor's mother is affected with Menieres disease. Most cases of Meneieres occur sporadically but a small percentage of cases have been seen to run though families. Since there are no other affected family members, it's most likely this case is sporadic rather than familial. The likelihood of offspring also inheriting Meniere disease is estimated to be low.

As for the other medical conditions reported, there does not appear to be a personal or familial medical health history that would confer an increased risk beyond the general population risk.

Janine Mash, LCGC  
Certified Genetic Counselor

**Addendum 10/18/22:**

Three children born using 5812's samples have been diagnosed with tongue tie and/or lip tie shortly after birth. While this issue is very common and usually minor, it can cause complications with breast feeding and may have a heritable component. When necessary, it is generally treated via a minor outpatient procedure. As noted in Donor 5812's Health History, his father was also affected with tongue tie at birth.