



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5807

Donor 5807 arrived to his interview wearing a black short sleeved T-shirt, dark blue jeans, and a black diamond stud earring in his left ear. He has beautiful curly black hair that sat at the top of his head and long eyelashes with big brown eyes that complimented his olive skin tone.

Donor 5807 described having a *normal and happy* childhood living with his mother and father. He also has six sisters, two of them being older who lived together outside of the home and four younger sisters who he said were all *very helpful and nurturing* to him growing up. He recalled going on camping trips, hikes, and out to eat with them and is grateful they all never clashed. Donor 5807 described his mother as being very affectionate, loving and caring; so much to the point where she would have anxiety about their safety while outside of the home. His father was *more serious and quite spiritual*. He remembers his father teaching them to meditate and to be conscious of how they interact with others.

Donor 5807 went to middle school on the East Coast. He and some of his siblings moved in with an older sister who lives there after their mother moved back to Mexico. In school, science was always Donor 5807's favorite subject. He also participated in Track and Field and made a lot of friends while on the team. They would hang out quite often after practice. Donor 5807 was also a part of a band and played the trumpet. He and his sisters moved back to the West Coast for him to attend high school. He recalled that the schoolwork *wasn't hard* and he *enjoyed his time there because of his social circle*. He is currently studying psychology and hopes to get into a counseling program. He wants to follow in his sister's footsteps of being a social worker. Donor 5807 says college has been *a learning experience but he has gotten the hang of it*. He feels motivated to help people because he and his sisters would frequently talk about the struggles they had gone through and feels he can help others who may be going through the same thing.

Although Donor 5807 says he doesn't have much free time between school and assembly line work, he enjoys spending time with his family, exercising, and being on top of his studies. Once time allows and it is safe to do so, he hopes to go camping more often, ice skate in the city, and sing karaoke. Some of his favorite things to do are go out to eat, watch movies, and listen to slow, soulful music. He enjoys Indian food and his favorite movie genres are comedy and horror. He also mentioned he loves to sing and once sang at a high school event! Donor 5807 currently lives with five out of his six sisters and says *it has been quite humbling*. He knows if he ever needs to talk or need advice he is able to go to them.

Donor 5807 says he could be more introverted or extroverted depending on the group of people he's with but considers himself more extroverted. He likes to be playful and funny in stressful moments. He says his friends would describe him as helpful, trustworthy and dependable; always being there for them if they need advice. Donor 5807 says his girlfriend would describe him as being too affectionate and spontaneous in how he reacts to certain situations. They've been together a little over two years and met while working at a restaurant together. He describes her as being very caring and loving. She is calm and is slow to anger, reminding him everyone is going through their own things and just needs to be understood. She is also in school currently studying Ethnic Studies and eventually also wants to be a social worker. She has family on the east coast who are social workers and may consider moving there for the connections.

Donor 5807 said he would love to have kids of his own one day and could potentially see himself living outside of the West Coast again. Currently his COVID-19 activities have been working out at home, still practicing meditation and enjoying the outdoors. He finds it *peaceful and soothing* as it reminds him of his mother and how much she loves the outdoors.

A philosophy Donor 5807 likes to live by is, *if we do good, good things will come to us. Nothing good comes from being negative.*

Donor 5807 comes across as very thoughtful and caring and we are happy he is a part of our program.

Interviewed by Michelle K. and Carmen C. on 10/23/2020



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DONOR PROFILE: 5807

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5807 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in December 2020. Updated March 2022.

PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **01/2001**
- Education: **B.A. in Psychology (in progress)**
- Current occupation: **Food service**
- Ethnic origin: **Mexican**
- Religion born into: **Catholicism**
- Religion practicing: **None**

PHYSICAL CHARACTERISTICS

- Height: **5' 9"**
- Weight: **126**
- Hair color: **Black**
- Hair type: **Curly**
- Eye color: **Light brown**
- Complexion: **Light brown**
- Body type: **Ectomorphic (slim)**
- Blood group/Rh: **A+**
- Baby photo available: **Yes**
- Other distinguishing features: **Mole on right cheek**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **S#3: Seasonal allergies at 15, treated with medication as needed, managed**

Blood: **MCo#1: Leukemia at 9, treated with medical intervention, cause of death at 11.**

Gastrointestinal: **PGF: Alcohol use disorder onset unknown, developed liver cirrhosis, cause of death at 83.**

Heart: **M: High cholesterol at 33, treated with diet change, managed. High blood pressure at 33, treated with medication, managed.**

Neurological: **S#4: Migraines at 25, treated with medication, resolved. MGM: Alzheimer's at 71, treated with lifestyle changes, family and medical care until death at 78.**

Respiratory (Lungs): **S#1: Asthma at 6, treated with an inhaler and lifestyle change, resolved.**

Sight/Sound/Smell: **D: R: 20/15, L: 20/15. PGM: Cataracts unknown start date, treatment unknown.**

Substance use disorders: **F: Alcohol use disorder age of onset unknown, no treatment, unmanaged. Liver cirrhosis age of onset unknown, cause of death at 57. PGF: Alcohol use disorder age of onset unknown, unmanaged until death at 83.**

Cancer (see above): **MCo#1: Leukemia**

Other: **S#4: Lactose intolerance at 21, treated with avoidance, managed. S#5: Mild gastritis at 30, treated with medication and lifestyle change, resolved.**

DONOR LAB RESULTS

Chlamydia: **Not Detected**

HIV 1 & 2: **Non-Reactive**

Hepatitis B: **Non-Reactive**

Urinalysis: **Normal**

Gonorrhea: **Not Detected**

CMV total antibody: **Negative**

Hepatitis C: **Non-Reactive**

Chem panel: **Normal**

Syphilis: **Non-Reactive**

HTLV 1 & 2: **Non-Reactive**

CBC: **Normal**

GENETIC SCREENING RESULTS:

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Expanded carrier screening for 268 autosomal recessive conditions was completed by Invitae and reported on 12/24/2021.

The results were **NEGATIVE** for all 268 conditions.

| Disease | Result | Residual risk to be a carrier |
|-------------------------|--|-------------------------------|
| Cystic Fibrosis | Negative | 1 in 4,400 |
| Spinal Muscular Atrophy | Negative - 2 copies exon 7 Negative for c.*3+80T>G variant in exon 7 | 1 in 784 |
| HBB Hemoglobinopathies | Negative | 1 in 1,600 |
| Alpha thalassemia | Negative | 1 in 241 |

Please refer to the donor's Invitae expanded carrier test report for more information on the testing completed and the donor's results.

At the request of another recipient, additional screening for the following recessive conditions was performed by Sema4 and reported on 02/15/2022. This testing was performed through Sema4 because Invitae does not include these genes in their Expanded Carrier Screening panel.

The results were **NEGATIVE** for the conditions tested.

| Disease | Result | Residual risk to be a carrier |
|-----------------------------------|----------|-------------------------------|
| Shwachman-Diamond Syndrome (SBDS) | Negative | 1 in 1,700 |
| Biotinidase Deficiency (BTD) | Negative | 1 in 500 |

Please refer to the donor's Sema4 carrier test report for more information on the testing completed and the donor's results.

DONOR NARRATIVE: 5807

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor.

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I would describe myself as an outgoing extrovert though humble. I am hardworking as I strive to reach life goals. I am always down to help people emotionally if need be. I thank my parents for my open mindedness and ethical morals.

What are your interests and talents?

Some of my interests are music, working out, and being adventurous. I would like to think I am musically talented as I love singing and playing instruments. I have been told by my family I am musically talented to be fair. I also enjoy going on hikes as I can appreciate nature as well as spending family time as it makes me feel fulfilled and happy.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

My ultimate goal is to be happy, wherever I am in life in the future. However more specifically I would enjoy being a social worker or a health counselor where I could help others with my words. I see myself in 10 years hopefully with a graduate degree in psychology and therefore a job where I can as stated previously, help others better themselves while enjoying my job. I would like to start a family too, raising humble kids for a better world while having done my part in life.

How would you describe your skills and interests in the following areas?

Math: I am proficient mathematically as I have struggled only little educationally in this category.

Mechanical: As a kid I enjoyed (and still do) disassembling things and putting them back together (if possible). Often times I help my family with technological problems.

Athletic: I believe working out/exercising can keep oneself happy and in a good mental state therefore I work out routinely. It also is beneficial in terms of health so I believe everyone should exercise.

Musical, Artistic, Creative: I am quite the musical being as I have enjoyed since I was a kid singing, whistling, and playing instruments. I hope to make music as well in the near future.

Language (what languages besides English do you speak?): I am also fluent in Spanish as I grew up speaking both English and Spanish at home.

Writing: Writing essays comes easy to me as I find myself having quite the amount to say therefore have struggled little educationally in terms of writing and English writing courses.

Literature: Recently I have begun to and enjoy reading. I try to read a chapter a day at least as it is relaxing and is a good way to learn things. Just like movies there are many good books out there.

Science: Science has been my favorite of all school subjects as I have found it most interesting, especially biology. It is interesting to learn how our bodies and more vaguely this world works. The exciting part is science is continuous so there is always more to learn that we do not know.

Please list a few of your favorite:

Movies: Forrest Gump, 50 First Dates, Grease, The Outsiders

Books/Authors: Chicken Soup for the Soul, To Kill a Mockingbird, Life of Pi, The Four Agreements

Albums/Musicians/Performances: Bruno Mars, Justin Timberlake, Al Green, Bob Marley, M.J., John Mayer

What are a few of your reasons for becoming a sperm donor?

Becoming a sperm donor is yet another way to help people, which I am always happy to do. If I have the capability which I am fortunate enough to, I do not see a reason why not to. The compensational pay is appreciated too as it can help me through college and other expenses.

You have joined the Identity-Release® Program . What appeals to you about this program?

If I was to be conceived via sperm donation, I would want to know once I was 18 who the person was behind my birth. Therefore, I must be empathetic and can most certainly agree with the Identity-Release program.

Is there anything else you would like to share with participating families and offspring?

As I have 6 sisters and am the only brother clearly the odds might be higher of having a female offspring which some might appreciate or vice-versa. However, I could not be more grateful for the sisters I have as they have helped mold me into the person I am today.

THANK YOU!



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UPDATED HEALTH PROBLEMS LIST DONOR 5807

| FAMILY MEMBER | HEALTH PROBLEM | TREATMENT/OUTCOME |
|---------------|----------------------|---|
| Mother | High Cholesterol | Diagnosis/age of onset: High Cholesterol/age 33 Treatment: Diet change Outcome: Managed by diet |
| | High Blood Pressure | Diagnosis/age of onset: High Blood Pressure/age 33 Treatment: medication Outcome: Managed |
| Father | Alcohol Use Disorder | Diagnosis/age of onset: Alcohol Use Disorder /Unknown Treatment: none Outcome: unmanaged, developed liver cirrhosis Cause/Age of Death: liver cirrhosis/57 |
| Sister #1 | Asthma | Diagnosis/age of onset: Asthma/ age 6 Treatment: Inhaler, lifestyle change (mold) Outcome: Resolved |
| Sister #3 | Allergies | Diagnosis/age of onset: Seasonal allergies/ age 15 Treatment: medicine/lifestyle change Outcome: Managed/Resolved |

| | | |
|----------------------|-------------------------|---|
| Sister #4 | Lactose Intolerance | Diagnosis/age of onset: Lactose intolerance/ age 21 Treatment: Lifestyle change Outcome: Managed |
| | Migraines | Diagnosis/age of onset: Migraines/ age 25 Treatment: Medication Outcome: Resolved |
| Sister #5 | Gastritis (mild) | Diagnosis/age of onset: Mild gastritis/ age 30 Treatment: Medication/Lifestyle change Outcome: Resolved |
| Maternal Grandmother | Alzheimer's Dementia | Diagnosis/age of onset: Alzheimers/ age 71 Treatment: Family & Medical care Outcome: Managed by family & meds |
| | | Cause/Age of Death: Pneumonia/78 |
| Maternal Grandfather | | Cause/Age of Death: Pneumonia/76 |
| Maternal Cousin #1 | Leukemia | Diagnosis/age of onset: Leukemia/ age 9 Treatment: Medical treatment Outcome: Cause of death at age 11 |
| Paternal Grandfather | Alcohol Use Disorder | Diagnosis/age of onset: Alcohol Use Disorder/Unknown Treatment: none Outcome: unmanaged, developed liver cirrhosis |
| | | Cause/Age of Death: liver cirrhosis/83 |
| Paternal Grandmother | Cataracts | Diagnosis/age of onset: Cataracts Disorder/onset later in life Treatment: unknown Outcome: unknown |
| | | Cause/Age of Death: old age/78 |

CONCLUSION:

The above family medical history information has been self-reported by the donor. This donor has a large family, many of whom live overseas. He has had difficulty obtaining details about some of these relatives. There is a possibility that other health issues may exist that the donor is not aware of. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

The donor's father and paternal grandfather were affected with alcohol use disorder (AUD). Familial clustering of relatives affected with AUD has long been recognized, and AUD is considered to be a complex disorder. Genetic predisposition as well as other factors, such as environmental and psychiatric, play a role in the development of this condition. Current research suggests an individual who has a genetic grandparent affected with AUD, but a genetic parent who is unaffected, the risk to develop an alcohol use disorder may be slightly higher than the general population risk. It is currently estimated about 5.3% of Americans age 12 and older are affected with an alcohol use disorder. For all other medical conditions reported to me, there does not appear to be personal or familial medical health history that would confer an increased risk beyond the general population risk.

Janine Mash, LCGC
Certified Genetic Counselor
San Francisco Genetic Counseling