



Reproductive Technologies, Inc.

# THE SPERM BANK OF CALIFORNIA

## INTERVIEW NOTES: 5745

Donor 5745 is warm, friendly, and easy to talk to. He arrived to our interview wearing jeans, a grey hoodie and sneakers. He resembles some features of Andy Samberg, but with medium length, lighter brown curls, a smaller nose, and glasses.

Donor 5745 was raised in the Midwest until age 13 when he, his mother, and his step-father moved to the West Coast. As a child he recalled being very energetic and rambunctious but managed to enjoy and succeed in school nonetheless. He played several sports and played the saxophone for a couple years. Moving to the West Coast was exciting for Donor 5745, because he and his family fell in love with all the region had to offer after a vacation they took. Although his sister stayed with their father in the Midwest, donor 5745 visited her frequently and is still close with her today. She works in tech, as does his mother and step-father, and is *very reserved and introverted*. He described his mother as being *very driven, supportive, hardworking, strict, and generous*. She even went back to school twice while continuing to work and volunteer. His step-father on the other hand is more *relaxed, extroverted, and very into his hobbies such as video games and basketball*.

Donor 5745 described himself as being very *goal oriented*, as exhibited by his ability to improve his focus and dedicate himself to his studies while in high school so that he could apply to college. During this time he discovered new interests like basketball and volunteer work. With his mother, donor 5745 would cook and serve meals at a homeless shelter on the weekends. He also traveled internationally with a nonprofit to fundraise and build schools. When donor 5745 was 17, he enrolled in a two year long boarding school program in the Netherlands. He really enjoyed being able to have some independence from family, explore new places, and see more of the world. Shortly after moving back home, he started college where he currently studies molecular and cellular biology. From a young age, donor 5745 developed a strong interest in science. He explained that he is *very curious* and likes being able to understand what's around him.

Ultimately donor 5745 would like to attend graduate school, but plans to gain more work experience in his industry beforehand. His main goal is to be able to problem solve in ways that make a difference. He can see himself studying and/or working overseas for a while as he doesn't enjoy staying in the same place for too long. Donor 5745 has quite a bit of traveling experience having gone to Turkey, South America, and several European countries, including the UK for a study abroad program. He would like to travel to India, Japan, and Morocco in the future.

For fun, donor 5745 enjoys trying different restaurants with friends, cooking, and watching movies. He also spends a lot of time outdoors camping, backpacking, and visiting national parks. He goes to the gym regularly, plays basketball, and visits museums often. Overall donor 5745 described himself as *mostly introverted, but sometimes extroverted and inquisitive beyond science*. He said he *loves learning in general* and will study anything that captures his interest, like English and History.

We are excited to have such a well-rounded, inquisitive, and generous donor in our program!

*Interviewed by Tara S. and Michelle K. on 9/18/20*



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## DONOR PROFILE: 5745

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5745 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in October 2020

### PERSONAL INFORMATION

- Identity-Release<sup>®</sup> Program: **Yes**
- Month/year of birth: **April 1998**
- Education: **B.S. Molecular/Cell Biology (in progress)**
- Current occupation: **Student**
- Ethnic origin: **German, Irish, Italian (50%)**
- Religion born into: **Catholicism**
- Religion practicing: **Atheist**

### PHYSICAL CHARACTERISTICS

- Height: **5' 6.5"**
- Weight: **150 lbs**
- Hair color: **Dark brown**
- Hair type: **Wavy/Curly**
- Eye color: **Medium brown**
- Complexion: **Light olive**
- Body type: **Ectomorphic (slim)**
- Blood group/Rh: **A+**
- Baby photo available: **Yes**
- Other distinguishing features: **Dimples, long eyelashes, prominent nose**

### FAMILY MEDICAL HISTORY

**KEY:** **D** donor    **Ch** child    **F** father    **M** mother    **S** sister    **B** brother  
**Co** cousin    **A** aunt    **U** uncle    **MGF** maternal grandfather    **MGM** maternal grandmother  
**PGF** paternal grandfather    **PGM** paternal grandmother

Allergies: **F:** Seasonal allergies since early childhood, treated with allergy medication as needed, managed. **S:** Seasonal allergies since early childhood, treated with allergy medication as needed, managed. **PA:** Allergies (unspecified), treated with allergy medication as needed, managed. **PCo#1:** Allergies (unspecified), treated with allergy medication as needed, managed. **PCo#2:** Allergies (unspecified), treated with allergy medication as needed, managed.

Blood: **M:** Anemia at 53, treated with iron supplements, managed.

Gastrointestinal: **S: Stomach ulcer at 17, treated with hospitalization and medication, resolved. M: Celiac disease in 40's, treated with gluten avoidance, managed.**  
 Heart: **MGF: High cholesterol in 60's, treated with lifestyle changes, resolved. PGM: High blood pressure in 60's, treated with lifestyle changes, resolved. PGF: Heart disease in 60's, treated with medication, resolved. High blood pressure in 60's treated with lifestyle changes, resolved. High cholesterol in 60's lifestyle changes, resolved. Heart attack at 64, treated with hospitalization, cause of death at 64. PA: High blood pressure at 59, treated with lifestyle changes, resolved. High cholesterol at 59, treated with lifestyle changes, resolved. PU#1: High blood pressure at 57, treated with lifestyle changes, resolved. High cholesterol at 57, treated with lifestyle changes, resolved. PU#2: High blood pressure at 52, treated with lifestyle changes, resolved.**  
 Muscles/Bones/Joints: **MGM: Osteoporosis in 60's, treated with medication, lifestyle changes, managed. PA: Rheumatoid arthritis at 61, treated with medication, managed.**  
 Neurological: **S: Migraines at 14, treated with medication, managed. PGM: Dementia at 85, treated with assisted living arrangement, managed.**  
 Sight/Sound/Smell: **R: 20/70 L: 20/100**  
 Cancer: **PGM: Multiple myeloma at 83, treated with chemotherapy, managed. PU#2: Hodgkin lymphoma at 46, treated with chemotherapy, resolved, no reoccurrence.**  
 Other: **D: Benign mole at 11, treated with surgical removal, resolved. PGM: Multiple myeloma at 83, treated with chemotherapy, managed. PU#2: Hodgkin lymphoma at 46, treated with chemotherapy, resolved, no reoccurrence.**

## DONOR LAB RESULTS

Chlamydia: <b>Not Detected</b>	Gonorrhea: <b>Not Detected</b>	Syphilis: <b>Non-Reactive</b>
HIV 1 & 2: <b>Non-Reactive</b>	CMV total antibody: <b>Negative</b>	
Hepatitis B: <b>Non-Reactive</b>	Hepatitis C: <b>Non-Reactive</b>	HTLV 1 & 2: <b>Non-Reactive</b>
Urinalysis: <b>Normal</b>	Chem panel: <b>Normal</b>	CBC: <b>Normal</b>

## GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

*Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.*

Cystic Fibrosis: (> 500 mutations)	<b>No mutation detected</b>
Spinal Muscular Atrophy (SMA):	<b>Two copies of SMN1 detected</b>
Hemoglobinopathies/Thalassemia:	<b>No abnormal hemoglobin detected (including sickle hemoglobin); No evidence of thalassemia</b>

## DONOR NARRATIVE: 5745

*The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor.*

## Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I'm definitely more introverted than extroverted-I have a small number of close friends that I'm more extroverted with but I'm generally reserved around new people. I'd also describe myself as serious and goal-oriented in terms of my career goals and aspirations. However, with friends, I'm funny and easy-going.

## What are your interests and talents?

I'm very passionate about science and have experience working in wet labs. Outside of that, I'm also a big fan of basketball and play as much as I can in my free time. I also played saxophone and was in band classes for about 6 years. I also hike a lot.

## What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I want to be a researcher in immunology. In 5 to 10 years I hope to have completed my PhD and settling into a career, be it in academia or industry. I also hope to travel and see more of the world whether that comes from moving for my career or traveling in my free time.

## How would you describe your skills and interests in the following areas?

**Math:** Studied through calculus in university and took some advanced math classes in high school but it was never my favorite subject.

**Mechanical:** Pretty beginner. I don't usually fix my own things because I don't have the skills to. I'd like to learn someday, though.

**Athletic:** I tried almost every sport as a child and used to play multiple sports a year. Recently, most of my exercise has been hiking and basketball but I try to remain as active as possible.

**Musical, Artistic, Creative:** I really enjoy music and took band classes as a kid. However, I'm not very artistically talented and most of what I do doesn't emphasize creativity, so I don't think of them as strengths of mine.

**Language (what languages besides English do you speak?):** I've taken various language classes in high school and college including Spanish, Chinese, and Turkish. While I worked hard and picked them up pretty quickly. I've never stuck with one of them long enough to become fluent.

**Writing:** I don't do a lot of creative writing but my professional writing is solid. I often help friends with essays that they need to write.

**Literature:** I've always loved books-especially science fiction and fantasy. The books I have filling my bookshelf at home are one of my proudest accomplishments.

**Science:** Science was my favorite subject throughout school and has become the focus of my career. I've always loved working with my hands and learning. Biology has always been especially dear to me.

### Please list a few of your favorite:

**Movies:** Scott Pilgrim vs. The World, Zombieland, Zodiac

**Books/Authors:** Game of Thrones, Harry Potter, Ender's Game

**Albums/Musicians/Performances:** Childish Gambino, J Cole, Travis Scott

### What are a few of your reasons for becoming a sperm donor?

I wholeheartedly support the mission of TSBC. Many of my friends are LGBTQ+. I understand how much this can mean to individuals hoping to start families and I'm glad to assist. While it isn't my main motivation, the money from being a donor will also go a long way towards paying for education.

### You have joined the Identity-Release® Program . What appeals to you about this program?

It's important to me that any families started with my donations will be able to get important medical information. If I find out more family health history than I'm able to currently provide, this is essential information that needs to be passed on to those possibly affected. I am open to TSBC contacting me for this information in the future.

### Is there anything else you would like to share with participating families and offspring?

I'm a very driven person who loves to follow my curiosity to its furthest - nothing excites me as much as a new challenge or opportunity to have my perspective challenged.

**THANK YOU!**



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## HEALTH PROBLEMS DONOR 5745

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/OUTCOME
Donor	mole removal (benign)	Age of onset:11 Treatment: surgically removed Outcome: Resolved. No recurrence.
Mother	anemia	Age of onset: 53 Treatment: iron supplements Outcome: managed
	celiac disease	Age of onset: 40's Treatment: avoidance Outcome: managed
Father	seasonal allergies	Diagnosis/age of onset: early childhood Treatment: medication prescribed Outcome: managed
Sister	seasonal allergies	Age of onset: early childhood Treatment: medication prescribed Outcome: managed
	stomach ulcer	Age of onset: 17 Treatment: hospitalization and medication Outcome: resolved
	migraines	Age of onset: 14 Treatment: medication prescribed Outcome: managed
Maternal Grandmother	osteoporosis	Age of onset: 60's Treatment: medication, lifestyle changes Outcome: managed

Maternal Grandfather	high cholesterol	Age of onset: 60's Treatment: lifestyle changes Outcome: resolved
Paternal Grandmother	high blood pressure	Age of onset: 60's Treatment: lifestyle changes Outcome: resolved
	dementia	Age of onset: 85 Treatment: in assisted living Outcome: managed
	multiple myeloma	Age of onset: 83 Treatment: chemotherapy Outcome: managed
Paternal Grandfather	heart disease	Age of onset: 60's Treatment: medication prescribed Outcome: resolved
	high blood pressure	Age of onset: 60's Treatment: lifestyle changes Outcome: resolved
	high cholesterol	Age of onset: 60's Treatment: lifestyle changes Outcome: resolved
	heart attack	Age of onset: 64 Treatment: hospitalization Outcome: cause of death at age 64
Paternal Aunt	high blood pressure	Age of onset: 59 Treatment: lifestyle changes Outcome: resolved
	high cholesterol	Age of onset: 59 Treatment: lifestyle changes Outcome: resolved

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Paternal Aunt (continued from previous page)	allergies (unspecified)	Age of onset: early childhood Treatment: medication prescribed Outcome: managed
	rheumatoid arthritis	Age of onset: 61 Treatment: medication prescribed Outcome: under control
Paternal Uncle #1	high blood pressure	Age of onset: 57 Treatment: lifestyle changes Outcome: resolved
	high cholesterol	Age of onset: 57 Treatment: lifestyle changes Outcome: resolved
Paternal Uncle #2	Hodgkin lymphoma	Age of onset: 46 Treatment: chemotherapy Outcome: resolved/no recurrence
	high blood pressure	Age of onset: 52 Treatment: lifestyle changes Outcome: resolved
Paternal Cousin #1	allergies (unspecified)	Age of onset: early childhood Treatment: medication prescribed Outcome: managed
Paternal Cousin #2	allergies (unspecified)	Age of onset: early childhood Treatment: medication prescribed Outcome: managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor’s family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. (“Increased risk” is risk that is greater than the risk in the general population).

Predisposition to high blood pressure and high cholesterol can run in families, but is also due in a large part to lifestyle and diet. It is possible offspring may be at an increased risk to develop these conditions



**DATE: 10/5/20**

within their lifetime. For the other conditions reported, there does not appear to be a health history that would confer an increased risk beyond the general population risk.

Janine Mash, LCGC  
Certified Genetic Counselor