



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5726

Donor 5726 arrived to the interview wearing a brown, knitted sweater over a pink and blue striped button up shirt. He had dark blue jeans on with semiformal brown shoes. His face was nicely framed by a close cut beard and moustache that matched his full head of wavy salt and peppered hair. Donor 5726 has full lips, one pierced ear, and an olive skin tone. He somewhat resembles Michael Peña, but with more pronounced dimples when smiling.

Donor 5726 grew up in Northern California primarily with his mother and two older sisters. He has another older sister and a younger brother who he did not live with while growing up. He and his sisters got along (and still do), and enjoyed playing with Legos, climbing trees, watching TV, and playing Nintendo. As a child Donor 5726 enjoyed school and loved learning new information. He had a particular affinity toward language, and appreciated how *words sounded and felt in the mouth* and how they could be used to create stories. He also liked reading a lot, in particular *Where the Sidewalk Ends* and *The Giving Tree*. With friends, Donor 5726 spent time listening to music, reading comic books, and collecting action figures.

During middle and high school, Donor 5726 liked watching movies and hanging out at the mall with his friends. He became involved in Latinx and Indigenous cultural clubs as well as theater. While he had fun performing in school plays, he got more out of the Chicano community theater that he also participated in. Donor 5726 recalled how great it felt to be with people who were similar to himself. They did mostly sketch comedy and political satire, which was fun and challenging for him. Donor 5726 is still involved in theater, but with elementary age children. He hopes to one day create a cultural center as well.

As high school progressed, Donor 5726 still spent a lot of time reading, but no longer found school challenging and became bored. On the verge of dropping out his senior year to work on hotrods, his English teacher pulled him aside to encourage him to graduate. Donor 5726 went on to graduate before spending five years working and enrolled in junior college. During this time he became somewhat unchallenged and bored once again. He decided to enroll in a four year university and earned a Bachelor's degree in theater, focusing on social justice. A couple years after graduation, Donor 5726 went on to graduate school to earn a Master's degree in creative writing. He especially enjoyed *focusing on his craft and being around like-minded people* during this time.

For work, studies, and family Donor 5726 has traveled to several US states and Puerto Rico, as well as France, Italy, Mexico, and Peru. He found Peru to be *magical* and could see himself living in Mexico City one day. He also traveled to the UK for his work doing creative writing with prisoners, which he has been doing for at least 10 years.

Donor 5726 is currently a dean specializing in student engagement and social justice; and he is very close to finishing the manuscript for a book he has been writing. He has two young children who he enjoys cooking for with farmer's market fresh ingredients. Donor 5726 feels like he is a combination of his mother, who is *fierce* and *protective*, and his father, who is *laid back* and *doesn't take things personally*. Ultimately, he describes himself as an introvert who, as a performer, can tap into his extrovert side. In the next 10 years, he aspires to publish at least two books, own a home, settle into a career possibly outside of academia, find an amazing partner, and maybe have one more child.

Donor 5726 is clearly a very interesting and highly motivated person, who we are excited to have in our program.

Interviewed by Kenya C. & Michelle K. on 12/23/19



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

DONOR PROFILE: 5726

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5726 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in June 2020 and updated in August 2022.

PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **February 1985**
- Education: **BA in Performing Arts & Social Justice, MFA in Creative Writing**
- Current occupation: **Assistant Dean**
- Ethnic origin: **Native American, Puerto Rican, Taíno, Mexican (50%)**
- Religion born into: **Catholicism**
- Religion practicing: **Earth based spirituality**

PHYSICAL CHARACTERISTICS

- Height: **6'0"**
- Weight: **236.5 lbs.**
- Hair color: **Dark brown/gray**
- Hair type: **Curly, thick**
- Eye color: **Dark brown**
- Complexion: **Olive**
- Body type: **Large**
- Blood group/Rh: **B+**
- Baby photo available: **Yes**
- Other distinguishing features: **Dimples**

FAMILY MEDICAL HISTORY

KEY: D donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **D: Gluten intolerance self-diagnosed in mid-20's, treated by avoiding gluten, managed. Ch: Seafood allergy at toddler-age, no treatment, no impairment in functioning, very mild.**

Blood: **M: Anemia at age 26, treated by change in diet and supplements, resolved.**

Gastrointestinal: **A1: Gastritis in 40's, treated with diet change, managed.**

Heart: **MGF: Heart attack in late 40's, treated with heart surgery, resolved. PGF: High blood pressure in 50's, treated with medication, managed.**

Metabolic/Endocrine: **MGM: Type 2 Diabetes in 60's, treated with insulin, managed. F: Goiter in mid-40's, treated with surgery, reduced swelling.**

Muscles/Bones/Joints: **S1: Scoliosis (mild) since birth, no treatment, no impairment in functioning, very mild.**

Neurological: **F: Migraines in mid-40's, treated with acupuncture, resolved.**

Sight/Sound/Smell: **D: R: 20/13, L: 20/20. PGF: Cataracts at age 60, treated with surgery, clear vision.**
Substance use disorders: **U1: Alcohol and substance use disorders in 30's, not treated, ongoing, unmanaged.**
Other: **C: Lupus at age 19, treated with medication, reduction of symptoms, managed.**

DONOR LAB RESULTS

Chlamydia: Not Detected	Gonorrhea: Not Detected	Syphilis: Non-Reactive
HIV 1 & 2: Non-Reactive	CMV total antibody: *Positive	
Hepatitis B: Non-Reactive	Hepatitis C: Non-Reactive	HTLV 1 & 2: Non-Reactive
Urinalysis: Normal	Chem panel: Normal	CBC: Normal

**CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious*

GENETIC SCREENING RESULTS:

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Expanded carrier screening for 268 autosomal recessive conditions was completed by Invitae and reported on **07/19/2022**. The results were **NEGATIVE** for all genes screened.

Disease	Result	Residual risk to be a carrier (based on Native American, Puerto Rican, Taíno, and Mexican ancestries)
Cystic Fibrosis	Negative	1 in 4,400
Spinal Muscular Atrophy	Negative - 2 copies exon 7 Negative for c.*3+80T>G variant in exon 7	1 in 784
HBB Hemoglobinopathies & Thalassemia	Negative	1 in 1,600
Alpha Thalassemia	Negative	1 in 241

Please refer to the donor's Invitae expanded carrier test report for more information on the testing completed and the donor's results.

DONOR NARRATIVE: 5726

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor.

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I find myself to be a social introvert; activated by friendly people and often overwhelmed by over exposure to large crowds. I find solace in recharging during solo time, often in reflection. I try leading with curiosity with regard to ideas and perspectives that are foreign or new to me. Friends and colleagues have described me as having an affective presence. My motto for relating to others is to meet them where they're at and not where I might ideally want them to be.

What are your interests and talents?

Poetry and the written word fascinate me. I do write, I am a poet. The focus of my written work strikes a balance between personal narrative and social commentary.

I'm a teacher too, at heart. I mostly teach at the university level and in jails and prisons. The work that I've done in prisons has allowed me to travel internationally to prisons in other countries.

Nature feeds my spirit and I try to get out to the ocean or forest a few times a month. My radio dial stays steadily on the jazz station.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

Some of my goals for the next 5 years include publishing a book or two of poetry and traveling the California coast by train. I find riding the train to be a soothing and joyous experience.

In 10 years' homeownership is definitely the goal.

How would you describe your skills and interests in the following areas?

Math: Basic. I did well through geometry and struggled with Algebra II.

Mechanical: It is difficult for me to hold many pieces of a thing mentally and think about their corresponding function and interaction. But can track the process from beginning to end, piece by piece.

Athletic: I have recently returned to strength training at the gym after many years of sitting for extended period of time. In high school I played four years of football as an offensive lineman.

Musical, Artistic, Creative: Love to listen to music, but not much skill in this realm.

Language (what languages besides English do you speak?): Spanish

Writing: Love to write. I have been published and had my work recognized publically by a U.S. Poet Laureate.

Literature: Funny, I love to write. But am a poor reader. I can read and comprehend very well. But have a hard time finishing a book. Could read across a broad range of genres and subjects. Have found that I am not drawn to graphic novels though; I either end up looking at the pictures or only reading the text.

Science: Science is fascinating but not my forte.

Please list a few of your favorite:

Movies: Steel Magnolias. Posse. Embrace of the Serpent. We the Animals. Police Academy.

Books/Authors: Jimmy Santiago Baca. Raquel Salas Rivera. Arundati Roy. Bell Hooks. Kahlil Gibran. Tongo Eisen Martin.

Albums/Musicians/Performances: Hurrah For the Riff Raff. Son Little. Kinan Azmeh. Salsa from the 70s.

What are a few of your reasons for becoming a sperm donor?

I have the privilege of assisting those who want children but cannot, so I am choosing to use that privilege for the benefit of others.

You have joined the Identity-Release® Program . What appeals to you about this program?

It is an opportunity for offspring to be able to learn more about me if they wish to do so. It would be an interesting experience if an offspring wanted to meet me to learn about my life and I would be curious about their life as well.

Is there anything else you would like to share with participating families and offspring?

May the seeds you sow be fruitful!

THANK YOU!



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

HEALTH PROBLEMS LIST DONOR 5726

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/OUTCOME
Donor	Gluten Intolerance (self-diagnosed)	Diagnosis/age of onset: mid 20's Treatment: avoidance of gluten Outcome: managed
Donor's Child #1	Seafood Allergy	Diagnosis/age of onset: toddler-aged Treatment: antihistamines, avoidance Outcome: managed
Sister #1	Scoliosis (mild)	Diagnosis/age of onset: Birth Treatment: None Outcome: No impairment in functioning, very mild.
Mother	Anemia	Diagnosis/age of onset: age 26 Treatment: change in diet, supplements Outcome: Resolved
Father	Goiter	Diagnosis/age of onset: Mid-40's Treatment: Surgery Outcome: Reduced swelling
	Migraines	Diagnosis/age of onset: 30's Treatment: Acupuncture Outcome: Resolved
Maternal Grandmother	Type 2 Diabetes	Diagnosis/age of onset: 60's Treatment: Insulin Outcome: Managed

Maternal Grandfather	Heart Attack	Diagnosis/age of onset: Late 40's Treatment: Heart Surgery Outcome: Resolved
Maternal Uncle #1	Alcohol and Substance Use Disorders	Diagnosis/age of onset: 30's Treatment: none Outcome: ongoing, unmanaged
Paternal Grandmother	Cataracts	Diagnosis/age of onset: 60 Treatment: surgery Outcome: clear vision
	High Blood Pressure	Diagnosis/age of onset: 50's Treatment: medication Outcome: managed
Paternal Aunt #1	Gastritis	Diagnosis/age of onset: 40's Treatment: Diet change Outcome: ongoing, unmanaged
Paternal Cousin	Lupus	Diagnosis/age of onset: 19 Treatment: medication Outcome: reduction of symptoms, managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population). As reported to me, there does not appear to be personal medical health history that would confer an increased risk beyond the general population risk.

Janine Mash, LCGC
Certified Genetic Counselor