



Reproductive Technologies, Inc.

# THE SPERM BANK OF CALIFORNIA

## INTERVIEW NOTES: 5714

Donor 5714 came to the interview wearing a burgundy shirt with gold trim and a gold lightning emblem on the top left side with dark pants. He has a round face, soft deep set denim-colored blue eyes that bring out his rosy cheeks and a lovely smile highlighted by attractive crow's-feet. He has a prominent nose and ears with full dark eyebrows. His dark brown hair is worn in a buzz cut and he has a short beard. Our staff thinks he looks like Steve Carell with a fuller face.

Donor 5714 grew up with his parents, older brother, younger sister and a cousin he was really close with and considered another sister. He describes his mother as a petite woman who is a *talker* and *loves to gossip*. He recalls being *attached to her at the hip* growing up and was always spoiled by her. In contrast, donor 5714 describes his father as stern and rules oriented, who made you work for toys and spending money. His father was a professional athlete on a national team who ended his career after suffering frequent major injuries. Donor 5714 and his siblings were all very active growing up and spent time playing soccer, basketball and playing in their apartment building's pool. While in the house they often played board games, video games or watched movies and cartoons.

In school Donor 5714's favorite subject was math. He also liked social studies, but didn't really like history which he now regrets as he can see the importance of knowing one's history. He now reads a lot of history books in his free time. Donor 5714's father wanted all of his children to participate in school activities to avoid staying cooped up in the house. As he was not a fan of team sports, he asked his father for a gym membership. He immediately fell in love with weightlifting and increasing his strength idolizing Sylvester Stallone and Arnold Schwarzenegger.

As Donor 5714 got older, he became fascinated by professional wrestling stars like Hulk Hogan and the other over the top personalities. Even though he knew professional wrestling wasn't *real*, he still wanted to know how they performed the stunts and moves that seemed so real. Donor 5714 persuaded his mom to buy him a book about the secrets of wrestling and became hooked. Donor 5714 eventually began wrestling at a school for people who wanted to become professionals. Even though the gym's owner didn't think he was serious he stuck to it and ended up pro-wrestling for 14 years. He recalls learning more life lessons (good and bad) from wrestling. It taught Donor 5714 to grow a *thick skin* but also the dangers of hazing and bullying. Donor 5714 traveled extensively performing as an *extra* including to Mexico, Canada, Oregon, Florida and all over California. He even met his girlfriend at one of his wrestling matches!

Donor 5714 was the first person in his family to go to college and was determined to finish. Donor 5714 received his bachelor's in education as he wanted to be a teacher which remains an ultimate goal of his. When asked about a challenge he overcame in his life he mentions his first job in the circuit industry where he worked for almost 15 years while wrestling. Even though he was successful, he was not fulfilled and tried his hand at personal training which he loved. Donor 5714 was then promoted several times until he became a regional manager, losing his control over a single facility. He did not like the loss of control and shifted to recruiting and eventually managing employees at two locations. He likes his new job and learned to always *bet on himself* and never give up! He is also a certified life coach and likes to do life coaching for fun.

Donor 5714 enjoys being adventurous and traveling with his girlfriend. He also enjoys activities such as zip lining and indoor racing. Donor 5714 loves to watch superhero movies and reading comic books which he began as a child. Donor 5714 says if he had \$500 and a free day he would pamper himself by getting a massage, facial, pedicure and having surf and turf at a good restaurant. Donor 5714 is very motivated and ambitious. We are happy to have him in our program!

*Interviewed by Kenya C. and Carmen C. on 10/18/19*



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## DONOR PROFILE: 5714

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5714 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in February 2020 and updated in March 2022.

### PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **May 1981**
- Education: **Bachelor's degree, NASM Personal Trainer, CPD Certified Life Coach**
- Current occupation: **Client Delivery Manager**
- Ethnic origin: **Scottish, Irish**
- Religion born into: **Catholicism**
- Religion practicing: **N/A**

### PHYSICAL CHARACTERISTICS

- Height: **5'7"**
- Weight: **165 lbs.**
- Hair color: **Dark brown**
- Hair type: **Fine, thinning**
- Eye color: **Blue**
- Complexion: **Olive**
- Body type: **Medium**
- Blood group/Rh: **A+**
- Baby photo available: **Yes**
- Other distinguishing features: **N/A**

### FAMILY MEDICAL HISTORY

**KEY: D** donor    **Ch** child    **F** father    **M** mother    **S** sister    **B** brother  
**Co** cousin    **A** aunt    **U** uncle    **MGF** maternal grandfather    **MGM** maternal grandmother  
**PGF** paternal grandfather    **PGM** paternal grandmother

Heart: **M: High cholesterol at 62, treated with medication, managed. F: High blood pressure at 62, treated with medication, managed. F: Atrial fibrillation at 65, treated with medication, managed. MGM: Heart failure in early 70s, cause of death. MGF: Heart failure at 74, cause of death. PGM: Heart failure at 60, cause of death. PGF: Heart failure at 77, cause of death. PU: Heart attack at 62, cause of death. PA: High cholesterol at 55, treated with medication, managed. PC: Low blood pressure at 30, treated with medication, managed.**  
 Metabolic/Endocrine: **MA: Type 2 Diabetes at 60, treated with medication, ongoing. PC: Type 2 Diabetes at 35, treated with medication, ongoing.**

Neurological: **MC: Dyslexia at 7, not treated, ongoing.**

Respiratory (Lungs): **MGF: Undiagnosed respiratory problems at unknown age, prolonged breathing difficulty (heavy smoker).**

Sight/Sound/Smell: **R: 20/40, L: 20/20. MU: Congenital visual impairment diagnosed in childhood, treated with corrective lenses, ongoing.**

Substance use disorders: **PGF: Undiagnosed alcohol use disorder at unknown age, not treated. PU: Undiagnosed alcohol use disorder at unknown age, not treated.**

Other: **F: Sleep apnea at 65, treated with CPAP machine, managed. S: Has twins.**

## DONOR LAB RESULTS

Chlamydia: **Not Detected**  
HIV 1 & 2: **Non-Reactive**  
Hepatitis B: **Non-Reactive**  
Urinalysis: **Normal**

Gonorrhea: **Not Detected**  
CMV total antibody: **Negative**  
Hepatitis C: **Non-Reactive**  
Chem panel: **Normal**

Syphilis: **Non-Reactive**  
HTLV 1 & 2: **Non-Reactive**  
CBC: **Normal**

## GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

*Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.*

Expanded carrier screening for 268 autosomal recessive conditions was completed by Invitae and reported on 11/18/2021.

The results were **NEGATIVE** for for all 268 conditions.

Disease	Result	Residual risk to be a carrier
Cystic Fibrosis	Negative	1 in 2,700
Spinal Muscular Atrophy	Negative - 2 copies exon 7 Negative for c.*3+80T>G variant in exon 7	1 in 880
HBB Hemoglobinopathies & Thalassemia	No abnormal hemoglobin detected (including sickle hemoglobin); No evidence of thalassemia	1 in 37,200
Alpha thalassemia	Negative	Reduced

Please refer to the donor's Invitae expanded carrier test report for more information on the testing completed and the donor's results.

Please also see the Health Problems List for a summary of the information that this donor has provided to us regarding personal and family medical history.

# DONOR NARRATIVE: 5714

*The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor*

## Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I like to call myself a hybrid personality because I see myself as all of these things at different times. I love being around people at a party telling stories and having a good time but I equally love being by myself in my office watching a movie or reading a book in peace. I love to be funny and have always made people laugh but I am also very serious when it comes to business. Never shy but always curious, I like to question things before I believe them. I am always working on my next goal, currently going through the steps to get my California teaching credential.

## What are your interests and talents?

I was a professional wrestler for over 15 years, with that said my talents and interests have always been in athletics and entertainment but also in management and finance. I have found my niche over the last 10 years managing staff for numerous companies across the bay area and being very successful at it. I've taught myself a lot about money management and investment strategies; I love giving advice to friends and acquaintances about how to utilize their finances best. I am also a certified life coach, as an active listener I have always had a unique talent that gives people a sense of comfortability to talk to me about anything.

## What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

My current goal is to keep moving up in my company and eventually be the President. I also have the goal of being a Physical Education teacher.

## How would you describe your skills and interests in the following areas?

**Math:** When it comes to money, great! Everything else, OK.

**Mechanical:** Good but not great, love to learn more.

**Athletic:** Great, always an athlete since birth.

**Musical, Artistic, Creative:** No musical talent at all. But lots of artistic and creative talent especially when it came to pro wrestling and writing TV shows for it.

**Language (what languages besides English do you speak?):** Maltese, Italian and Spanish. Not very fluent but enough to order food and have a conversation.

**Writing:** Always Loved writing. Don't write as much as I used to when I was a teenager but still love to.

**Literature:** If it's a topic that interests me, yes if not I won't care.

**Science:** I have no skills in science but I love it! Love to learn from others!

## Please list a few of your favorite:

**Movies:** Batman (1989), All the MCU movies, All Jurassic Park movies, All the Fast & Furious movies (except 3), The Dark Knight Trilogy, No country for old men, Terminator, The Lion King, Major League, Weekend at Bernie's, The Big Short.

**Books/Authors:** Any autobiography of an athlete, Have more money now.

**Albums/Musicians/Performances:** 2Pac, Britney Spears, Van Halen, Metallica, Snoop Dogg, Taylor Swift, Alter Bridge.

## What are a few of your reasons for becoming a sperm donor?

I have not decided whether or not I would ever have kids of my own, and I would like to help someone else who would love to have children. Outside of saving someone's life, what better can you do then give someone a life? That's my thought process!

## You have joined the Identity-Release® Program . What appeals to you about this program?

The excitement about knowing that I could help create this person and build a relationship with them eventually. When I heard about this, it really excited me.

## Is there anything else you would like to share with participating families and offspring?

Yes, I am very open that I do not have any political or religious affiliations. I believe all people should have the right to believe in whatever they want to believe in and to always have an open mind and converse with people, not confront.

THANK YOU!



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## HEALTH PROBLEMS LIST DONOR 5714

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/OUTCOME
Mother	High Cholesterol	Diagnosis/age of onset: 62 Treatment: Meds Outcome: Managed
Father	High Blood Pressure	Diagnosis/age of onset: 62 Treatment: meds Outcome: Managed
	Atrial Fibrillation	Diagnosis/age of onset: 65 Treatment: meds Outcome: Managed
	Sleep Apnea	Diagnosis/age of onset: 65 Treatment: CPAP machine Outcome: Managed
Maternal Grandmother	Heart Failure	Diagnosis/age of onset: Early 70's Treatment: None Outcome: Cause of death in her early 70's
Maternal Grandfather (heavy smoker)	Heart Failure	Diagnosis/age of onset: 74 Treatment: None Outcome: Cause of death at 74
	Respiratory Problems (Undiagnosed)	Diagnosis/age of onset: unknown Treatment: None Outcome: prolonged breathing difficulty, donor reports heavy smoking
Maternal Aunt #1	Type 2 Diabetes	Diagnosis/age of onset: 60 Treatment: meds Outcome: poorly managed due to unhealthy lifestyle, impairs energy level, functioning

Maternal Uncle #1	Congenital Visual Impairment	Diagnosis/age of onset: diagnosed in childhood Treatment: corrective lenses Outcome: cannot drive, but can see and care for self
Maternal Cousin #1	Dyslexia	Diagnosis/age of onset: 7 Treatment: none Outcome: Reading impairment, but no significant life impairment
Paternal Grandmother	Heart Failure	Diagnosis/age of onset: 60 Treatment: none Outcome: cause of death at age 60
	Alcohol Use Disorder (undiagnosed)	Diagnosis/age of onset: unknown Treatment: none Outcome: Donor reports symptoms consistent with alcohol use disorder, and reports symptoms of liver problems, but grandmother never sought treatment, was never diagnosed.
Paternal Grandfather	Heart Failure	Diagnosis/age of onset: 77 Treatment: none Outcome: cause of death at age 77
Paternal Uncle #1	Heart Attack	Diagnosis/age of onset: 62 Treatment: none Outcome: cause of death at 62
	Alcohol Use Disorder (undiagnosed)	Diagnosis/age of onset: unknown Treatment: none Outcome: Donor reports symptoms consistent with alcohol use disorder, but uncle never sought treatment, was never diagnosed
Paternal Aunt #1	High Cholesterol	Diagnosis/age of onset: 55 Treatment: medications Outcome: managed

Paternal Cousin #1	Type 2 Diabetes	Diagnosis/age of onset: 35 Treatment: medication Outcome: poorly managed due to unhealthy lifestyle choices, impairs energy level and life functioning
Paternal Cousin #2	Low Blood Pressure	Diagnosis/age of onset: 30, diagnosed after having first child. Treatment: medications Outcome: managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

Heart disease: Multiple members of DIS 5714's family are reported to have died of heart failure or heart attacks. Anecdotally, individuals often have the understanding their family members died of heart conditions, when in reality there may be a different underlying cause. In other words, the heart failure is often either 1) the cause of death, but it was secondary to a different underlying medical condition or 2) the way information is disseminated through the family as it is easy to understand and communicate to others. Regardless, heart disease is common and it is certainly in the realm of possibility that all four grandparents did die of this condition. As reported, there is a strong family history of heart disease, but all affected individuals are over the age of 50 and are not genetically related to each other, aside from the paternal uncle. As reported, there may be an increased risk for heart disease in offspring of DIS 5714 due to the presence of genetic variants that confer a predisposition for heart disease. That said, given the common nature of heart disease, this risk is likely to be not much higher than that of the general population and would likely depend on other factors such as diet and environmental exposures.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population). As reported to me, there does not appear to be personal medical health history that would confer an increased risk beyond the general population risk.

Janine Mash, LCGC  
Certified Genetic Counselor