## **INTERVIEW NOTES: 5678**

Donor 5678 has a warm olive skin tone, dark, thick hair, a moustache and goatee, and a square jaw. He has brown, almond, downturned eyes beneath a pair of thin, rectangular glasses. He was wearing a casual t-shirt, shorts, and practical slip-on shoes. He was very professional during the interview, but he would occasionally show off a bright smile.

Donor 5678 grew up in California and lived with his grandparents, parents, and younger sister. He described his mother as *nurturing*, and his father as *loving and affectionate*. Donor 5678's mother currently cares for seniors while his father works in deliveries. He was (and still is!) close to his sister, who he described as *shy*, *smart*, and *artistic*. She is currently in college studying mechanical engineering. Donor 5678 told us his parents were always supportive and had faith in him, even though they would often be at odds during his teenage years. They are very proud of him and they routinely have 2-3 day-long family gatherings where they socialize and watch movies together.

Donor 5678 enjoyed school, had good grades, and was in the GATE program until about 8th grade, when he failed an Algebra class for the first time. He quickly found himself going down the wrong path, skipping school to play basketball and hang out with friends. By the time he started high school, he was considering dropping out, but luckily, he connected with a caring Ethnic Studies teacher. This teacher advised Donor 5678 to pursue higher education as a way to get away from the difficult area where he was growing up and Donor 5678 took that advice. He enrolled in community college where he *blossomed*, both educationally and politically. He started a Latin American club at school and developed an interest in engineering. Soon, he was transferring to a 4 year university where he studied Nuclear Engineering and joined the Black Student Union. During this time, Donor 5678 loved living in a co-op with friends and hanging out with his professors each Friday. He enjoyed playing soccer, going on camping trips, and traveling to visit his college friends.

Donor 5678 met his wife through mutual friends at university. They bonded over conversations about politics, cooking together, and binge watching sci-fi. Both Donor 5678 and his wife enjoy traveling and their first trip together was to Puerto Rico, which he loved for the food and *perfect weather*. After Puerto Rico, they visited New York and Donor 5678 proposed on the Brooklyn Bridge. They are planning to take a trip with his mother-in-law to France next. After more travel, Donor 5678 and his wife hope to start their own family in the future.

Currently, Donor 5678 works in tech and although he knows how to code, he feels like too much of a *people person* to really thrive as a software engineer. Instead he would like to be a product manager and eventually create his own start-up. He also enjoys making beats and music videos and has an ongoing interest in working with video games.

Donor 5678 is an intelligent, hardworking guy and we are glad to have him in our program!

*Interviewed by Eli N.T. and Michelle K. on 7/17/19* 

**DONOR PROFILE: 5678** 

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5678 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in January 2020

#### Personal Information

• Identity-Release Program: **Yes** 

• Month/year of birth: April 1993

• Education: B.S. Nuclear Engineering

• Current occupation: Nuclear Cyber Security Researcher

• Ethnic origin: Native American, Portuguese/Spanish

• Religion born into: Catholicism

• Religion practicing: None

### PHYSICAL CHARACTERISTICS

Height:6' 1"

• Weight: **173 lbs** 

Hair color: Black

• Hair type: Wavy

• Eye color: Dark brown

Complexion: Light brown

• Body type: Medium

Blood group/Rh: O+

• Baby photo available: Yes

Other distinguishing features: Moles on sun-

exposed areas, very little body hair

### FAMILY MEDICAL HISTORY

**KEY: D** donor **Ch** child **F** father **M** mother **S** sister **B** brother

Co cousin A aunt U uncle MGF maternal grandfather MGM maternal grandmother

**PGF** paternal grandfather **PGM** paternal grandmother

Gastrointestinal: MGF: Pancreatic Disease at unknown age, unknown treatment and outcome.

Heart: PGM: Ischemic chest pain at 75, no treatment, recovered, symptoms have gone away.

Metabolic/Endocrine: MGM: Type 2 diabetes at 64, treated with diet change, managed.

Muscles/Bones/Joints: F: Chronic wrist pain at 49, no treatment, managed.

Neurological: PA#1: Post-traumatic stress disorder in her 20's, treated with psychiatry/therapy, managed

(employed, lives with parents, no hospitalizations or prescriptions)

Respiratory (Lungs): MCo#1: Asthma, diagnosed at 8, treated with an inhaler, resolved with move to rural

area.

Sight/Sound/Smell: D: R: 20/200 L: 20/200

Skin: F: Acne at 14, no treatment, scarring. MU#3: Vitiligo at 1, no treatment, managed. MCo#1: Eczema at 16, no treatment, managed.

Substance use disorders: MGF: Alcohol use disorder, diagnosed date unknown, no treatment, outcome:

unmanaged alcohol use disorder

Other: S: Natal teeth at birth, no treatment, normal teeth development. MGF: Brain hemorrhage due to horse-riding injury at 60, treated with hospitalization, cause of death. PGF: Three seizures as a result of an accidental head injury in his 70's, treated with an MRI, no seizures in last four years.

### **DONOR LAB RESULTS**

Chlamydia: Not Detected Gonorrhea: Not Detected Syphilis: Non-Reactive

HIV 1 & 2: Non-Reactive CMV total antibody: Positive\*

Hepatitis B: Non-Reactive Hepatitis C: Non-Reactive HTLV 1 & 2: Non-Reactive

Urinalysis: Normal Chem panel: Normal CBC: Normal

## GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) No mutation detected

Spinal Muscular Atrophy (SMA): Two copies of SMN1 detected

Hemoglobinopathies/Thalassemia: No abnormal hemoglobin detected (including sickle hemoglobin);

No evidence of thalassemia

## **DONOR NARRATIVE: 5678**

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I am an outgoing introvert; I enjoy most social get-togethers & often find myself in a deep/serious conversation wherever I go. I am extremely curious and I question everything. In my mid-twenties I have learned to enjoy solitude a lot more. I am a hacker at heart, always finding better/faster/easier ways to do things from gas efficiently driving a car to creating a computer program to automate work and finish my Nuclear Cyber Security Research 2 months early.

#### What are your interests and talents?

I have a passion for technology from video games to drones, I love it all. As a teenager I liked to skateboard, graffiti, and read books. I was super into nuclear science as I began college but after learning what there is to

<sup>\*</sup>CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious

learn in that field I pivoted and started focusing on entrepreneurship and the tech sector. I like to cook and am currently working to get better'

### What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

Within the next year I plan to find a Product Management role in tech. In 5 years I will be a Senior Product Manager, celebrate 8 years of marriage and possibly have my first child. In 10 years I will be head of product of a tech company or launching my own startup as my second child turns 3. Also I want to make sure my parents are retired and living comfortably either with me or close to me

### How would you describe your skills and interests in the following areas?

**Math:** Always my favorite subject

**Mechanical:** The college of engineering at my school had a maker space where I spent a lot of my free time laser cutting and building things for my family. As well as projects for school like making building a drone and electric skateboard

**Athletic:** I loved playing soccer & basketball in my teenage years but grades prevented me from playing beyond freshmen year of college

Musical, Artistic, Creative: In college I tapped into this aspect a lot I learned to make beats on Ableton & I got into painting, All of my friends are full time artists and soon I plan to release my work online, I don't want to do art for a living though if it stops being fun I will shift to other hobbies

Language (what languages besides English do you speak?): Spanish & Portuguese

Writing: Spanish, Portuguese, English

**Literature:** Before smart phones I was an avid reader. The only text I read now (tons of articles and blogs) are a few pages long. I'm making an effort to read the Game of Thrones books right now

**Science**: Yes please (The scientific method has been my modus operandi for the last 6 years, I wanted to be a nuclear engineer in the past but school kind of took the fun out of it towards the end. Post-graduation, I have again delved deep into science videos, talks and articles but art is definitely taken over in terms of my free time focus since graduating)

## Please list a few of your favorite:

Movies: The Matrix, Inception

Books/Authors: 1984, The Voice of Knowledge, High Performance Habits, The Conquest of New Spain, Popol

Vuh

Albums/Musicians/Performances: Albums: Blond, Ctrl, DS2, Master of Puppets, A Good Night in the Ghetto

## What are a few of your reasons for becoming a sperm donor?

Small school debt. All of my friends (including my wife) are queer women & I would love to help anybody trying to have a child make that possible

You have joined the Identity-Release® Program. What appeals to you about this program?

I like the structure of the whole program, I currently feel open to communication at age 18, and I don't see this feeling ever changing

## Is there anything else you would like to share with participating families and offspring?

The hacker tendency I mentioned earlier tendency put me at odds with my parents and school officials during high school to the point I almost didn't graduate, luckily I found a community college to be a completely open space where "entrepreneurship" was encouraged & this let me pour all my anti rules anti status quo energy into something constructive.

P.S. I really love lime/lemon on almost everything

**THANK YOU!** 



## **HEALTH PROBLEMS LIST DONOR 5678**

# **Family Member/Health Details**

## **Health Problem**

Sister

Diagnosis/age of onset: Natal teeth/birth

**Natal Teeth** 

**Treatment: None** 

Outcome: Fell out on their own, normal teeth development.

**Father** 

Diagnosis/age of onset: Severe Acne/14

Acne

Treatment: untreated

Outcome: scars

Diagnosis/age of onset: Chronic wrist pain/49

**Chronic Wrist Pain** 

Treatment: untreated Outcome: managed

**Maternal Grandmother** 

Diagnosis/age of onset: Type 2 diabetes/64

Type 2 Diabetes

Treatment: diet Outcome: managed

**Maternal Grandfather** 

Diagnosis/age of onset: Died: Horse-riding injury/60

**Cause of Death: Accidental Injury** 

Treatment: Hospitalized

Outcome: Death due to brain hemorrhage

Diagnosis/age of onset: Alcohol use disorder/unknown age

Alcohol Use Disorder

Treatment: none

Outcome: Unmanaged alcohol use disorder

#### Maternal Grandfather, continued

Diagnosis/age of onset: Pancreatic Disease/Age unknown Pancreatic Disease

Treatment: unknown

Outcome: Unknown (Estranged)

#### Maternal Uncle #3

Diagnosis/age of onset: Vitiligo/ 1 year old Vitiligo

Treatment: untreated Outcome: managed

#### Maternal Cousin #1

Diagnosis/age of onset: Asthma/8

Treatment: Inhalor

Outcome: Went away at age 14 after moving from city to rural area

Diagnosis/age of onset: Eczema (16 years old)

Eczema

Treatment: Untreated Outcome: comes and goes

#### **Paternal Grandmother**

Diagnosis/age of onset: Ischemic Chest Pain/75

Ischemic Chest Pain

Treatment: medical exam, no intervention administered

Outcome: recovered, symptoms have gone away.

#### Paternal Grandfather

Diagnosis/age of onset: Accidental Head Injury/70's Accidental Head Injury

Treatment: fMRI

Outcome: Bloodclot, had 3 seizures 1 year later and then seizures went away. No seizures for the past 4 years

#### Paternal Aunt #1

Diagnosis/age of onset: Post-traumatic Stress Disorder/20's Post-traumatic Stress Disorder

Treatment: Psychiatry/therapy

Outcome: Employed and lives with her parents, no hospitalizations or prescriptions

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

(Continued on next page)

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

As reported, there does not appear to be a personal or familial medical health history that would confer an increased risk beyond the general population risk.

Janine Mash, LCGC Certified Genetic Counselor