



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5673

Donor 5673 is tall and slender with a strong jawline. He was clean shaven at our interview but had a slight 5 o'clock shadow. Donor 5673 has full lips and a great smile. He is a perfect blend of his parents with one being Caucasian and the other Chinese. He was nicely dressed in a purple button-down shirt and black slacks. He wore black framed glasses that complemented his face. He has full black hair that was nicely groomed longer on the top and short on the sides.

Donor 5673 was an only child but has a large amount of cousins on his father's side that are as close as siblings. His mother worked at the pre-school he attended and he ended up with a group of lifelong friends he's known since he was two. He was a very curious, active child who loved to explore his environment. His mother would take him for walks where he would insist they stop and smell every flower they encountered. He loved going to the park and climbing on all of the play structures. He also loved going to the zoo, an activity his mother indulged every weekend.

He lived in a quiet, small town in Northern California where he walked to school every day and attended school with the same group of friends he made in pre-school. He loved elementary school and excelled in school. He was especially gifted in math but struggled with reading, mainly because he never found any of the books interesting. Once he discovered the Magic Tree House series and the Chronicles of Narnia, he fell in love with reading. He continued to enjoy school both in middle school and high school. Since his town only had three elementary schools, one middle school, and one high school he retained the same core group of friends.

Donor 5673's house was the social hub for his friends and family. His friends would come over every Friday to play video games after school and his father had a weekly Dungeons & Dragons game with his friends. He was a Boy Scout and his mother was the troupe leader. He is an Eagle Scout and still loves being outdoors camping, hiking, and just being in nature. He also loves to fish and is a fan of catch and release as the thrill of catching the fish is the lure.

Although, Donor 5673 excelled in school, especially in math and science, he also has an artistic/athletic side. He performed in musicals during high school, including playing the lead in the school's production of Footloose. He loved to perform, particularly enjoying the dancing and acting. He played on the Lacrosse team and belonged to a drawing club. He discovered woodworking after taking woodshop and continues to do carpentry and wood-turning. He even took a turn playing the viola but quickly determined it wasn't for him.

Donor 5673 is adventurous, loving to try new restaurants and recipes as his father taught him how to cook. He also still loves to dance, and goes ballroom dancing monthly. He attends a big Anime convention every year and loves spending time with his girlfriend. He joined an intervarsity religious club in college and his faith is very important to him. He actually decided to become a donor because family is so important to him.

In the next five years, donor 5673 plans to have completed his Master in Accounting, bought a house and started an investment account while continuing to explore and conquer the world around him.

Donor 5673 was a pleasure to interview as he willingly shared his life story with us. We are excited and delighted to have him in our program.

Interviewed by Kenya C. and Michelle K. on 7/19/19



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

DONOR PROFILE: 5673

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5673 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in February 2020

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **07/1997**
- Education: **B.S. Management, Business Economics**
- Current occupation: **Media Manager**
- Ethnic origin: **Chinese (50%) German, Irish**
- Religion born into: **Christianity**
- Religion practicing: **Christianity**

PHYSICAL CHARACTERISTICS

- Height: **6' 1"**
- Weight: **158 lbs**
- Hair color: **Dark Brown**
- Hair type: **Wavy, thick**
- Eye color: **medium brown**
- Complexion: **tan/light brown**
- Body type: **medium**
- Blood group/Rh: **A+**
- Baby photo available: **Yes**
- Other distinguishing features: **Nice eyebrows, double eyelid**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **D: Allergy to sulfa medications (rash), discovered at birth, treated with avoidance, managed. F: Allergy to cats, treated with avoidance, managed. Dairy sensitivity, treated with OTC medication, managed. PGM: dairy sensitivity at birth, no treatment, managed. PGF: dairy sensitivity at birth, no treatment, managed. PU#1: dairy sensitivity at birth, treated with OTC medication, managed. PU#2: dairy sensitivity at**

birth, treated with OTC medication, managed. PCo#1: dairy sensitivity at birth, no treatment, managed. PCo#3: dairy sensitivity at birth, treated with OTC medication, managed.

Gastrointestinal: **MGM: Stomach ulcer at 50, treated with medication and ibuprofen avoidance, managed.**

Genital/Reproductive: **MGF: Prostate cancer at 73, treated with chemotherapy and radiation, in remission.**

Heart: **M: High cholesterol at 56, treated with medication, managed.** PGF: Heart attack at 64, no treatment, cause of death at 64. PU#1: High blood pressure at 53, treated with medication, managed. MA#1: High blood pressure at 51, treated with lifestyle, diet changes, managed no symptoms.

Mental Health: MA#1: Depression at 48, treated with therapy, managed.

Metabolic/Endocrine: PU#1: Type 2 diabetes at 57, treated with insulin, managed.

Muscles/Bones/Joints: MGF: Osteoarthritis at 59, no treatment, managed. MGM: Osteoarthritis at 61, treated with OTC medication, managed. PGF: Osteoarthritis at 40, no treatment, managed. PGM: Osteoarthritis at 50, no treatment, managed.

Neurological: M: Migraines caused by a traffic accident damaging back/neck at 42, treated with chiropractor and OTC medication, ongoing. PGM: Alzheimer's disease at 74, treated with assisted living arrangement, ongoing.

Respiratory (Lungs): D: Seasonal asthma at 4, treated with inhaler and exercise, resolved by age 10.

Sight/Sound/Smell: D: R: 20/20, L: 20/40

Substance use disorders: MA#1: Alcohol use disorder at 47, treated with alcohol support group, managed. MU#1: Substance use disorder at 16, no treatment, died of overdoses at 35.

Cancer (see above): MGF: Prostate

Other: D: Born 7 weeks premature, no treatment, no complications. PU#1: Sleep Apnea at 48, treated with CPAP, managed.

DONOR LAB RESULTS

Chlamydia: Not Detected	Gonorrhea: Not Detected	Syphilis: Non-Reactive
HIV 1 & 2: Non-Reactive	CMV total antibody: Negative	
Hepatitis B: Non-Reactive	Hepatitis C: Non-Reactive	HTLV 1 & 2: Non-Reactive
Urinalysis: Normal	Chem panel: Normal	CBC: Normal

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations)	No mutation detected
Spinal Muscular Atrophy (SMA):	Two copies of SMN1 detected
Hemoglobinopathies/Thalassemia:	No abnormal hemoglobin detected (including sickle hemoglobin); No evidence of thalassemia

DONOR NARRATIVE: 5673

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I would like start by saying that I am an introvert, however that is not to stop me from hanging out with friends it simply means that after a long day the way I recharge is by relaxing with a book rather than chilling at the bar. Many people say I'm more witty and quick than funny. I'm a bit of a procrastinator however when I write out all my tasks I become incredibly tenacious and will push to get everything done before allowing myself a break. I'm also resourceful in that I always attempt to solve problems with the tools at my disposal first rather than looking to outside help.

What are your interests and talents?

My interests are split into two categories:

Indoor: I play video games, read fantasy novels, and do wood working, specifically turning making things like rings, bracelets, cups, and bowls.

Outdoor: I was a boy scout my whole life and an eagle and absolutely loved hiking and camping outdoors, I still do it with my family every chance I get vacation, I also love playing badminton, its a really undervalued sport and way more intense than a lot of people believe (in high school I also played lacrosse).

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

At this point in my life I am close to graduating with my bachelors and would like to continue on with a masters in accounting through a local public university's advanced program, in five years I would love to be in a full time career and at the very least getting engaged if not married and working towards building my family. In ten years I would see myself settling down with my family, raising my kids and making income through long term investing from home and working towards early retirement or at the least taking a break to help raise my family, as family is one of the most important things to me.

How would you describe your skills and interests in the following areas?

Math: I was always excellent in math, when I was in elementary I was moved into advanced placement and a year ahead, and by middle school two years ahead, I took almost half a dozen upper level statistics and calculus classes in college.

Mechanical: I believe myself to be very strong mechanically, I am a Mechanical learner and always like to work things through with my hands, and have always built things and worked with my hands around the house and at school.

Athletic: I am average athletically, I played sports in high school and worked as a lifeguard as well as did some weightlifting for general fitness in college, however I was never exceptional. I'm more of the slim-fit build, never overly muscular, but not a twig either.

Musical, Artistic, Creative: I'm not musical or artistic in most ways but I do design and create costumes for anime and comic conventions.

Language (what languages besides English do you speak?): None

Writing: My writing skills lacked all the way through high school, however in college I was pushed by two different professors and drastically improved; I wrote an over forty page research paper and now help other students with their writing.

Literature: My literature ability is almost directly correlated to my interest in the reading material. I can read quickly and have long analytical conversations about narrative, characters, or other aspects of the writing, even research papers I find interesting. Less so for anything I find boring or lacking substance.

Science: I love science and follow multiple pages and read articles on weird science stuff all the time, my dream jobs as a child were paleontologist, astronaut, and scientist (however all three were science jobs).

Please list a few of your favorite:

Movies: Arrival, The Thing, Interstellar, Bohemian Rhapsody

Books/Authors: Patrick Rothfuss, George R.R. Martin, Kugane Maruyama, George Orwell

Albums/Musicians/Performances: Panic at the Disco, Pink

What are a few of your reasons for becoming a sperm donor?

I am an incredibly family-oriented person; I always wanted siblings when I grew as well as having my other parent around. I want to get married and have children of my own and build my family, and I want to provide other people the same opportunity that I was given at birth.

You have joined the Identity-Release® Program . What appeals to you about this program?

I think this program is excellent for the main reason that everyone deserves to know who they are, and many people believe that they are defined by their genetic makeup and ancestry, if someone wants to know that I am their parent they deserve to know that and get the opportunity to at least reach out and discover who they are later in life.

Is there anything else you would like to share with participating families and offspring?

One of my most defined qualities is that I am a compassionate and empathetic person. I am commonly the first person my friends come to for advice or emotional consolation when they need help. I become incredibly invested in the people I care about and when my friends are sad I become saddened with them, when they are happy I am immediately pulled up to happiness with them. I truly care and sympathize with the people around me.



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

HEALTH PROBLEMS LIST DONOR 5673

FAMILY MEMBER/HEALTH DETAILS

HEALTH PROBLEM

Donor

Diagnosis/age of onset: premature/7 weeks early

Premature

Treatment: ICU for 3 days

Outcome: Normal delivery without complications

Other information: Mom was a smoker

Diagnosis/age of onset: allergies sulfa medication (birth)

Allergy (sulfa medications)

Treatment: avoidance

Outcome: Had a minor rash at birth. Has avoided sulfa meds since then.

Diagnosis/age of onset: Asthma (seasonal-Winter) /age 4

Asthma

Treatment: inhaler+ exercise

Outcome: No longer asthmatic. Last asthma symptoms at age 10

Mother

Diagnosis/age of onset: High Cholesterol, 56

High Cholesterol

Treatment: Prescription medication, diet

Outcome: managed

Diagnosis/age of onset: Migraines caused by a traffic accident damaging back/neck, 42

Migraines

Treatment: over the counter medication when needed, chiropractor when needed

Outcome: treated as needed

Father

Diagnosis/age of onset: allergies (cats)

Allergies (Cats)

Treatment: None

Outcome: Able to live with a cat in the house but not touch

Diagnosis/age of onset: Dairy Sensitivity

Dairy Sensitivity

Treatment: Lactaid for dairy

Outcome: Managed

Maternal Grandmother

Diagnosis/age of onset: Stomach Ulcer, 50-65 Stomach Ulcer

Treatment: Prescription medication, cut back on ibuprofen

Outcome: flare-ups on and off for years, mainly caused by use of ibuprofen

Diagnosis/age of onset: Osteoarthritis 61 Osteoarthritis

Treatment: Ibuprofen - over the counter

Outcome: managed without symptoms

Maternal Grandfather

Diagnosis/age of onset: Prostate Cancer, 73 Prostate Cancer

Treatment: chemo, radiation

Outcome: remission

Diagnosis/age of onset: Osteoarthritis 59 Osteoarthritis

Treatment: none

Outcome: still present/unmanaged

Maternal Aunt #1

Diagnosis/age of onset: High Blood Pressure 51 High Blood Pressure

Treatment: lifestyle/diet change + over the counter medication

Outcome: managed with no symptoms

Diagnosis/age of onset: Alcohol Use Disorder, 47 Alcohol Use Disorder

Treatment: Alcohol Support Group

Outcome: occasional relapse

Diagnosis/age of onset: Depression, 48 Depression

Treatment: therapy

Outcome: no major impairment in life functioning

Maternal Uncle #1

Diagnosis/age of onset: Substance use disorder, 16 Substance Use Disorder

Treatment: none

Outcome: addicted whole life, death by overdose at age 35

Maternal Uncle #2

Diagnosis/age of onset: Uncle self-identifies with ADHD, but has never been diagnosed.

Symptoms of ADHD
(no diagnosis)

Onset: Grade School.

Treatment: None.

Outcome: Managed without medication. No significant impairment in employment/life functioning. None of his children have ADHD symptoms.

Paternal Grandmother

Diagnosis/age of onset: Dairy Sensitivity

Dairy Sensitivity

Treatment: none

Outcome: able to consume with mild irritation

Diagnosis/age of onset: Alzheimer's, 74

Alzheimer's Disease

Treatment: lives in nursing home with assistance

Outcome: memory decline over time but still capable

Diagnosis/age of onset: (self-diagnosed) Osteoarthritis/50's

Osteoarthritis

Treatment: none

Outcome: managed without symptoms

Paternal Grandfather

Diagnosis/age of onset: Heart attack

Heart attack

Treatment: none

Outcome: Death at 64

Diagnosis/age of onset: Dairy Sensitivity

Dairy Sensitivity

Treatment: none

Outcome: able to consume with mild irritation

Diagnosis/age of onset: Osteoarthritis/40's

Osteoarthritis

Treatment: none

Outcome: worked with pain for many years in many joints

Paternal Uncle #1

Diagnosis/age of onset: Sleep Apnea 48

Sleep Apnea

Treatment: uses CPAP machine to breath at night

Outcome: regular healthy sleep with CPAP

Diagnosis/age of onset: High blood pressure, 53

High Blood Pressure

Treatment: Medication, prescription

Outcome: under control

Paternal Uncle #1 (continued)

Diagnosis/age of onset: Dairy Sensitivity	Dairy Sensitivity
Treatment: Lactaid	
Outcome: able to consume with mild irritation	

Diagnosis/age of onset: Diabetes-type 2, 57	Type 2 Diabetes
Treatment: insulin	
Outcome: managed	

Paternal Uncle #2

Diagnosis/age of onset: Dairy Sensitivity	Dairy Sensitivity
Treatment: Lactaid	
Outcome: able to consume with mild irritation	

Paternal Cousin #1

Diagnosis/age of onset: Dairy Sensitivity	Dairy Sensitivity
Treatment:	
Outcome: able to consume with mild irritation	

Paternal Cousin #3

Diagnosis/age of onset: Dairy Sensitivity	Dairy Sensitivity
Treatment: Lactaid	
Outcome: able to consume with mild irritation	

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

As reported, there does not appear to be a personal or familial medical health history that would confer an increased risk beyond the general population risk.

Janine Mash, LCGC
Certified Genetic Counselor