INTERVIEW NOTES: 5621

Donor 5621 wore a classic black t-shirt and jeans to our interview, with a pair of nice black shoes. His facial hair is trimmed close and nicely accents his prominent jaw line. With his blue eyes, symmetrical features, and neatly coiffed hair, 5621 resembles Matt Bomer; but with a slightly narrower face and lighter hair color.

5621 grew up in Northern California with his mom and dad, and still regularly spends time with them. He also has two half-brothers who he is close to, but did not live with. As a family, they moved around the area frequently until finally settling in a small beach town. Living by the beach inspired 5621's love for the ocean, and he went swimming and surfing nearly every day. 5621 said that he had a *great* upbringing with *very loving* and *affectionate* parents. His dad was an actor who produced his own films, while his mom worked in Public Relations for music festivals and concerts.

Elementary school was a fun and social time for Donor 5621, and he fondly remembers his mom coming in to play guitar for his class. In middle school, however, 5621 found the newly developed cliques to be difficult and wasn't able to find his place there. He became such a *class clown* that his parents decided to enroll him in a more *hands-on* and *therapeutic* school. He started *evening out* in high school, but continued to act out and get into trouble. Because of this, he ended up in an out-of-state boarding school for a year. It was there that he began focusing on school and maintaining his grades. In fact, 5621 made a promise to himself that he would not earn less than a B, and he was able to uphold that promise throughout high school and college. He credits this success to the number of outdoor activities offered by the boarding school. When he returned home, he decided to finish high school at a junior college before transferring to a four year university.

In college, Donor 5621 studied English Literature and graduated with honors. Attending college on the west coast afforded him access to the nature and ocean that he loves so much. He made friends right away, and is still in touch with many of them. 5621 has always enjoyed writing poems and short stories, reading, and creating music. In addition to playing guitar, he writes his own music and creates music videos. Making music helps 5621 *clear his mind* and *release his emotions* into art. As a believer in the idea that *art is meant to be shared*, 5621 sometimes co-creates with friends and would like to perform for an audience one day.

As for listening to music, he appreciates a variety of musicians including Stevie Wonder, The Smashing Pumpkins, Ice Cube, and Schumann. In his free time, 5621 loves spending time with friends, meditating in nature, hiking, researching history, and collecting historical relics. His life has been and continues to be full of travel. With family members living all over the world, he has made several trips abroad. In his independent travels, 5621 was especially fond of South East Asia, Ireland, Southern France, Spain, and Portugal.

After deciding to leave his work in marketing and follow his passions, Donor 5621 attended voice-over school and also began doing on-screens auditions. He regrets not acting sooner, since he finds both the work and the people to be very creative and rewarding. 5621 doesn't care about being rich or famous, but would like to eventually move to Southern California to continue pursuing his dreams. Above all, simplicity, stability, and happiness are Donor 5621's priorities in life. We are thrilled to have such a lively, people-oriented donor in our program.

Interviewed by Tapakorn P. and Michelle K. on 4/4/19

DONOR PROFILE: 5621

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5621 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in SEPT 2019, updated May 29, 2020.

Personal Information

Identity-Release Program: YES
Month/year of birth: Dec 1979
Education: BA in Literature

• Current occupation: Actor

• Ethnic origin: German, Ashkenazi, Russian, Dutch, Irish, Welsh

Religion born into: NoneReligion practicing: Spiritual

PHYSICAL CHARACTERISTICS

Height: 6'2"Weight: 185 lbs

• Hair color: Light brown

Hair type: WavyEye color: Blue

Complexion: Fair/Rosy
Body type: Medium
Blood group/Rh: O+

• Baby photo available: Yes

• Other distinguishing features: Dimples, cleft chin

FAMILY MEDICAL HISTORY

KEY: D donor Ch child F father M mother S sister B brother
 Co cousin A aunt U uncle MGF maternal grandfather MGM maternal grandmother
 PGF paternal grandfather PGM paternal grandmother

Allergies: D: Allergies to pollen and mold at 10, treated with over the counter medication, ongoing/managed. M: Allergies to cat dander at 15, treated with over the counter medication, ongoing/managed. PHB1: Allergies to pollen and cat dander at 10, treated with over the counter medication, ongoing. PHB2: Allergies to pollen at 7, treated with over the counter medication, ongoing/managed. MU: Allergies to pollen at 10, treated with medication, ongoing/managed.

Breast Cancer: PGM: Breast cancer at 55, treated with lumpectomy, managed.

Gastrointestinal: PGM: Stomach cancer at 75, no treatment, cause of death. PHB1: Acid reflux at 30, treated with medication, ongoing/managed.

Heart: F: Atrial fibrillation at 67, treated with medication, managed. MGF: High cholesterol at 40, treated with diet change, ongoing/managed.

Mental Health: D: Attention deficit hyperactivity Disorder at 13, treated with medication, resolved at 17.

Metabolic/Endocrine: MU: Type 2 diabetes at 60, treated with medication and diet change, ongoing. Neurological: D: Migraines at 9, treated with over the counter medication, resolved. PU: Epilepsy at 20, treated with medication, ongoing/managed.

Respiratory (Lungs): D: Asthma at 7, treated with inhaler as needed, resolved in teens. M: Asthma at 13, treated with inhaler as needed, ongoing/managed. F: Pulmonary embolism in late 60s, treated with medication, resolved.

Sight/Sound/Smell: D: Right eye: 20/70, Left eye: 20/70

Cancer (see above): PGM: Breast cancer at 55, treated with lumpectomy, managed. Stomach cancer at 75, no treatment, cause of death.

Other: M: Hip pain at 65, treated with hip replacement surgery, resolved.

DONOR LAB RESULTS

Chlamydia: **Not Detected** Gonorrhea: **Not Detected** Syphilis: **Non-Reactive**

HIV 1 & 2: Non-Reactive CMV total antibody: *Positive

Hepatitis B: Non-Reactive HTLV 1 & 2: Non-Reactive

Urinalysis: **Normal** Chem panel: **Normal** CBC: **Normal**

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) No mutation detected

Spinal Muscular Atrophy (SMA): Two copies of SMN1 detected

Hemoglobinopathies/Thalassemia: No abnormal hemoglobin detected (including sickle hemoglobin);

No evidence of thalassemia

Bloom Syndrome: No mutation detected Canavan Disease: No mutation detected Familial Dysautonomia: No mutation detected Fanconi Anemia Group C: No mutation detected No mutation detected Gaucher Disease: Niemann-Pick Disease Type A: No mutation detected Mucolipidosis Type IV: No mutation detected Tay-Sachs Disease: (73 mutations) No mutation detected

^{*}CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non- infectious

DONOR NARRATIVE: 5621

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I love interacting face to face with people and entertaining them. When I'm in social situations I feel like I'm on stage. People seem to be very entertained and intrigued by me and what I have to say. I'm very curious about the world and feel like there is always more to learn and more to do, and it would take 20 lifetimes to complete it all. I was shy when I was a child but blossomed after years of conscious personal growth and life experiences.

What are your interests and talents?

I've always loved history and the performing arts, as well as reading and writing. I'm an avid collector/digger of 19th century artifacts, including hand-blown antique bottles. I also love playing guitar, especially lead solos. I enjoy making music videos of myself singing and playing guitar solos while in a hole, digging for antique bottles. I've written a manuscript about an obsessed bottle digger who travels back in time. I guess you could call me "highly creative and imaginative".

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I want to create art and make enough money to buy my own house in California; publish my novel; get some good acting gigs in Los Angeles that provide passive income; fill my YouTube channel with music videos and other quality, artistic content; find a long-term partner whom I find both physically attractive and intelligent and whom I bond with emotionally; dig a few thousand more holes.

How would you describe your skills and interests in the following areas?

Math: I can't stand it. I can't do it to save my life due to childhood trauma of not being able to pass math tests in 3rd grade because I didn't have glasses yet and couldn't see what the teacher was writing on the board.

Mechanical: I've gotten into fixing my own car lately and have been really enjoying the process and the satisfaction of completing something.

Athletic: I have always thought physical activity is vital. Can't sit still. I have been hiking and surfing and swimming since before I can remember.

Musical, Artistic, Creative: Highly artistic/musical. Play guitar, avid writer, compose music, film, drawn comic book art, talented actor.

Language (what languages besides English do you speak?): Learned quite a bit of Spanish while working in a restaurant in high school/college. I think being multilingual is really cool.

Writing: Have written numerous songs, raps, short stories, a novel.

Literature: My major at in college was Pre/Early Modern Literature. Studied mostly Romantic Period Literature. Wrote my thesis on Don Quixote.

Science: Love reading about science, especially astronomy. Carl Sagan, Hawking, etc. Love listening to podcasts on the subject.

Please list a few of your favorite:

Movies: Spaceballs, Groundhog Day, Under Siege, The Last Boy Scout, Air Force On, What about Bob, Get Out **Books/Authors**: Carl Sagan, Stephen Hawking, Mark Twain (The Innocents Abroad, A Connecticut Yankee in King Arthur's Court), Pillars of the Earth

Albums/Musicians/Performances: Curtis Mayfield, Stevie Wonder, Robben Ford, Corey Moore, Claude Debussy, Erik Satie, Glen Miller Band, Frank Sinatra, Ice Cube

What are a few of your reasons for becoming a sperm donor?

A close friend of mine is having trouble conceiving with his wife and the more quality sperm donors who are out there, the easier it will be for people like them to achieve their dreams. It was also my New Year's resolution this year to do one thing (at least) to help others.

You have joined the Identity-Release $^{f e}$ Program. What appeals to you about this program?

I believe it is the child's right to know who their donor is if they so choose. Part of my role as a donor is to leave this option available to this person. I am all for this program if it will help someone gain information, peace of mind, closure; whatever it may be that they're looking for.

Is there anything else you would like to share with participating families and offspring?

We are all on our own journey. Your path is chosen by you and you alone. Your decisions dictate the twists and turns your path makes. Your destiny is written by you, and the best thing you can do is to let your instincts tell you which route to take when the trail splits, and to give love and positivity to your fellow hikers along the way.



HEALTH PROBLEMS DONOR 5621

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Asthma	Age at onset/diagnosis: 7
		Treatment: Inhaler as needed
		Outcome: Resolved in teens
	Migraines	Age at onset/diagnosis: 9
		Treatment: OTC meds
		Outcome: Resolved
	Allergies	Age at onset/diagnosis: 10
	Pollen, mold	Treatment: OTC meds
		Outcome: Ongoing, managed
Paternal Half-Brother #1	Allergies	Age at onset/diagnosis: 10
	Cat dander, pollen	Treatment: OTC meds
		Outcome: Ongoing
	Acid reflux	Age at onset/diagnosis: 30
		Treatment: Medication
		Outcome: Ongoing, managed
Paternal Half-Brother #2	Allergies	Age at onset/diagnosis: 7
	Pollen	Treatment: OTC meds
		Outcome: Ongoing, Managed
Mother	Allergies	Age at onset/diagnosis: 15
	Cat dander	Treatment: OTC meds
		Outcome: Ongoing, managed
	Asthma	Age at onset/diagnosis: 13
		Treatment: Inhaler as needed
		Outcome: Ongoing. managed

	Hip pain	Age at onset/diagnosis: 65 Treatment: Hip replacement surgery Outcome: Resolved
Father	Pulmonary embolism	Age at onset/diagnosis: Late 60s
		Treatment: Medication
		Outcome: Resolved
	Atrial fibrillation	Age at onset/diagnosis: 67
		Treatment: Medication
		Outcome: Managed
Maternal Grandfather	High cholesterol	Age at onset/diagnosis: 40
		Treatment: Diet change
		Outcome: Ongoing, managed
Paternal Grandmother	Breast cancer	Age at onset/diagnosis: 55
		Treatment: Lumpectomy
		Outcome: Managed
	Stomach cancer	Age at onset/diagnosis: 75
		Treatment: None
		Outcome: Cause of death
Maternal Uncle #1	Allergies	Age at onset/diagnosis: 10
	Pollen	Treatment: Medication
		Outcome: Ongoing, managed
	Type 2 diabetes	Age at onset/diagnosis: 60
		Treatment: Medication, diet
		Outcome: Ongoing
Paternal Uncle #1	Epilepsy	Age at onset/diagnosis: 20
		Treatment: Medication
		Outcome: Managed, ongoing

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for allergies may be increased above the general population. Otherwise, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C. Genetic Counselor

5/27/20:

Addendum by Tara Smith, LCSW
Clinical Social Worker
The following health problem was recently reported by the donor:

Donor

Attention-Deficit Hyperactivity Disorder

Age at onsent/diagnosis: Approximately age 12 Treatment: Ritalyn, Prozac, Zoloft, school-based

behavioral interventions

Outcome: Resolved/no longer meets criteria for ADHD. Donor has not taken any medications since approximately age 17. He states he has no attention difficulties, no impairments in his functioning, and disagrees with his previous diagnosis. Donor reports he went off meds shortly before senior year and graduated with honors from high school and college (with no medications).