INTERVIEW NOTES: 5618

Donor 5618 arrived to the interview wearing black slacks, a blue button up shirt, and a black baseball cap. His symmetrical facial features are framed by closely groomed facial hair and stunningly long eye lashes. Donor 5618's hair is dark brown, full, and loosely curled. He has a slender build, light brown skin tone, and dark brown eyes. His skin tone and eyebrows resemble Anthony Davis's, though Donor 5618's eyebrows are not connected. He has a kind smile, and is mild mannered and soft spoken.

He grew up in Northern California with his parents, older brother, and two sisters. As a family, they would go on bike rides and snowboarding adventures. They would also take trips to London and the East Coast to visit relatives. They had rabbits, fish, and a turtle as family pets, even though 5618 is allergic to animals including rabbits. He described his mother as a *pretty fun person* who is *really happy* and *loves dancing around*. She was a stay-at-home-mom when he was growing up, and currently works as an insurance agent with 5618's brother. His father is now retired, but used to work as a manager for public assistance programs. Donor 5618 describes him as *a bit of a hippie* who loves The Grateful Dead, working on old German cars, and piloting his own plane. He remains very close to his family and currently resides with his mother.

In elementary school, Donor 5618 enjoyed camping, playing guitar and piano, and reading. He told us that he read Harry Potter over and over. 5618 is still in touch with many of his childhood friends though they live in different cities now. His love of the outdoors led him to join the Boy Scouts where he was a member for several years. With his troop, he was able to go on numerous adventures, including snow camping. 5618 said that his friends and parents would describe him as *creative*, *independent*, and *funny*.

In high school, Donor 5618 started racing mountain and road bikes. He competed on teams and won several races. When he wasn't training, 5618 attended live concerts; skate boarded at the skate park; and played video games with friends. In school, he particularly liked science, software engineering, and art. His art class sparked his love of painting, drawing, and photography, while his software engineering class inspired his professional path.

Donor 5618 is currently attending trade school for software engineering. Upon graduation, he hopes to land a job in Northern California or Europe. After a recent trip with his cousins to Amsterdam and Berlin, he came to appreciate the food, architecture, and bike accessibility offered there. His travels also include various road/bike trips with friends throughout the United States. He feels that nature is *very therapeutic* and he loves exploring new places. 5618 took a year off from bike racing, but he is currently back at it. He thrives off of the adrenaline and prioritizes becoming stronger and faster. In-person and online chess tournaments give Donor 5618 another outlet to satisfy his competitive side. For work, 5618 has had some part-time acting gigs such as commercials, student films, and appearing as an extra in a movie. In his downtime, he enjoys going out to eat with his friends, playing pool, and going to comedy shows. His taste in music is predominately foreign artists, such as the Serbian band, Darkwood Dub. While one of his sisters and his mother are vegans, Donor 5618 has an affinity for meat dishes, especially when it comes to Indian food. His ideal day would consist of road tripping and camping with his friends.

It was such a pleasure talking with Donor 5618, especially about his range of hobbies and interests. We are delighted to have him in our program.

Interviewed by Carmen C. and Michelle K. on 5/17/19

DONOR PROFILE: 5618

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5618 is eligible and approved for semen donation at The Sperm Bank of California. This profile was prepared in October 2019

Personal Information

Identity-Release Program: Yes
Month/year of birth: 11/1998

• Education: H.S. Diploma, Computer Science certification-in progress

Current occupation: Production Associate
 Ethnic origin: African-American, English, Irish

Religion born into: CatholicismReligion practicing: None

PHYSICAL CHARACTERISTICS

Height: 6' 3"Weight: 160 lbs

• Hair color: Dark brown

• Hair type: **Curly**

• Eye color: Dark brown

• Complexion: Light brown

Body type: SmallBlood group/Rh: O+

• Baby photo available: Yes

• Other distinguishing features: Long eyelashes

FAMILY MEDICAL HISTORY

KEY: D donor Ch child F father M mother S sister B brother

Co cousin A aunt U uncle MGF maternal grandfather MGM maternal grandmother

PGF paternal grandfather **PGM** paternal grandmother

Allergies: D: Animal dander, seasonal at 5, treated with avoidance, managed. M: Animal dander, seasonal at 12, treated with over-the-counter medication, managed.

Heart: F: High blood pressure, treated with medication, changes to diet, and increased exercise, ongoing.

MGF: Heart attack at 40, cause of death at 40. PGF: Heart failure at 78, cause of death at 78

Metabolic/Endocrine: MA#2: Type 2 diabetes at 49, treated with medication, managed.

Muscles/Bones/Joints: MGM: Rheumatoid arthritis at 69, treated with medication, managed.

Sight/Sound/Smell: D: R-20/50, L-20/50

Skin: PU#2: Melanoma, back and neck at 43, treated with chemotherapy, resolved.

Cancer (see above): PU#2: Melanoma

Other: D: Inguinal hernia at1, treated with surgery, resolved. M: Undiagnosed hip problems, managed. PU#3

Died in his sleep in his 60's, cause unknown.

DONOR LAB RESULTS

Chlamydia: Not Detected Gonorrhea: Not Detected Syphilis: Non-Reactive

HIV 1 & 2: Non-Reactive CMV total antibody: Negative

Hepatitis B: Non-Reactive Hepatitis C: Non-Reactive HTLV 1 & 2: Non-Reactive

Urinalysis: Normal Chem panel: Normal CBC: Normal

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) No mutation detected

Spinal Muscular Atrophy (SMA): Two copies of SMN1 detected

Hemoglobinopathies/Thalassemia: No abnormal hemoglobin detected (including sickle hemoglobin);

No evidence of thalassemia

DONOR NARRATIVE: 5618

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

Introverted, but when I get to know you I open up. I am a very determined person and intensely interested in what I enjoy. When I find a new hobby or interested I tend to go all in and don't give up on stuff too easily. I'm known to have a good sense of humor.

What are your interests and talents?

I love to ride bikes, and used to be a local pro in cross country MTB and cyclocross racing. I've been a lifelong skateboarder and love to spend time outdoors and travel in general; nothing beats a road trip with friends and bikes. I've recently become more and more interested in coding and software development and do it at school and in my free time trying to delve deeper. As of late I've become a major chess fanatic and spend a lot of time playing and studying the game and follow the competitive world as well as compete as an amateur. Lately I've also taken up acting and have done some background acting on a few major productions and am trying to break through to some better roles and commercials.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

In 5 years I see myself living in Europe making a living developing or possibly running my own company/brand/service. Hopefully a titled chess player. I also hope to be in better physical shape on the bike than I am today, and a more knowledgeable person all around. I also hope that I will develop more as an actor and programmer over the years greatly.

How would you describe your skills and interests in the following areas?

Math: Good enough to study software engineering.

Mechanical: I excel in mechanical repairs and understand mechanics well.

Athletic: I have raced professional mountain biking and cyclocross.

Musical, Artistic, Creative: In grade school I played drums, saxophone, guitar, and baritone. I have hosted an art/photo show alongside some peers and was quite good at painting/drawing, but don't enjoy it too much anymore.

Language (what languages besides English do you speak?): None sadly, unless you count programming languages.

Writing: Not the best novelist but I can hold my own.

Literature: I enjoy reading and as a child my best memories are inside some of the books/series I treasured. Ex. I read the Harry Potter series maybe 10 times over in the 3rd grade. Nowadays I don't read much hard text. I read on the internet, but I still read real books from time to time.

Science: Am in the field of computer science.

Please list a few of your favorite:

Movies: Social Network, Inception, Blade Runner, Bond films.

Books/Authors: Michio Kaku, Bike Snob, chess literature

Albums/Musicians/Performances: Underground music, foreign music, jazz, experimental electronic

What are a few of your reasons for becoming a sperm donor?

To help people that can't give birth for whatever reasons there may be, it seems like an opportunity I don't want to pass up. Also I am a student who needs some extra cash.

You have joined the Identity-Release® Program. What appeals to you about this program?

I don't really mind if any potential offspring can learn about me, I'd want the same in their situation.



HEALTH PROBLEMS DONOR 5618

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Inguinal hernia	Age at onset/diagnosis: 1
	-	Treatment: Surgery
		Outcome: Resolved
	Allergies	Age at onset/diagnosis: 5
	Seasonal, animal dander	Treatment: Avoidance
		Outcome: Managed, ongoing
Mother	Allergies	Age at onset/diagnosis: 12
	Seasonal, animal dander	Treatment: OTC Medication
		Outcome: Ongoing, managed
Father	High blood pressure	Age at onset/diagnosis: 55
		Treatment: Medication, diet, exercise
		Outcome: Managed
Maternal Grandfather	Heart attack	Age at onset/diagnosis: 40
		Treatment: No treatment
		Outcome: Cause of death at 40
Maternal Grandmother	Rheumatoid arthritis	Age at onset/diagnosis: 69
		Treatment: Medication
		Outcome: Ongoing, managed
Paternal Grandfather	Heart failure	Age at onset/diagnosis: 78
		Treatment: No treatment
		Outcome: Cause of death at 78
Maternal Aunt #2	Type 2 diabetes	Age at onset/diagnosis: 49
		Treatment: Medication
		Outcome: Ongoing, managed

Paternal Uncle #2	Skin cancer	Age at onset/diagnosis: 43
	Melanoma, back & neck	Treatment: Chemotherapy
		Outcome: Resolved
Paternal Uncle #3	Died in his sleep "suddenly"	Age at onset/diagnosis: 60's/cause unknown
		Treatment: None
		Outcome: Cause of death in his 60's

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

The donor could not obtain complete information in regards to the deaths of his maternal grandfather and his paternal uncle. Sudden death and/or heart attacks at an early age can sometimes be due to an underlying genetic condition. As these two individuals are not genetically related to each other, we can assume they are two independent events. Without more information it is not possible to fully assess the potential genetic risk to offspring of the donor.

As reported, there does not appear to be a personal or familial medical health history that would confer an increased risk beyond the general population risk.

Janine Mash, LCGC
Certified Genetic Counselor