



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5615

Donor 5615 arrived to his interview looking sharp in a white button up patterned with tiny bicycles, a dark purple blazer and matching pants. He is olive-skinned and has hooded eyes, rosy cheeks and high cheek bones, a broad nose with a thin bridge, and a square jaw. His dark hair is short and loosely curled.

Donor 5615 grew up on the West Coast, and described his young self as *studious but rambunctious*. He enjoyed drawing, reading, playing outside and camping. His family frequently went on road trips and he fondly remembers visiting Yosemite and Yellowstone. He lived with his mother, a feng shui practitioner, his father, a labor lawyer, and his older brother. He described his parents as *revolutionary*, and he told us proudly that they had met through union organizing, and that they inspired him to *look out for those who aren't represented*.

In the 7th grade Donor 5615 moved to the East Coast. He told us he felt like the *weird city kid*, but he still enjoyed his time in school. He smiled as he told us about his excitement for the different science classes he took, such as biology and astronomy. Once Donor 5615 was a senior in high school he told us he *got it together*, and started working harder in school, deciding it was better to be *chill* than to get in trouble.

Donor 5615 moved back to the West Coast when he was 18, and there he got involved the *counterculture* scene. He enjoyed going to festivals, cooking for his friends, talking about art, and experimenting with psychedelics. He also began taking classes at the local junior college, including: dance, psychology, Chinese, and Spanish.

Unfortunately, Donor 5615 suffered a knee injury while working at a trampoline park. He underwent surgery and started using crutches. After visiting for a cousin's wedding, Donor 5615 decided to move to the Hawaiian Islands to heal. He lived on a friend's farm and experienced swimming with dolphins and connecting with nature. He took control of his health and felt *amazing*.

His life changed again, however, when he learned his girlfriend at the time was pregnant with twins. He felt unprepared, but knew it was important to be a good dad and support his kids. He made the incredibly difficult decision to leave the island and move back to the mainland, where he focused on increasing his skill set. He learned to code and created an app, but ultimately he wants a career where he can connect with others in a more personal and socially engaging way.

Today Donor 5615 enjoys making music, and he particularly enjoys *beatboxing* and *freestyling*. He also plays ukulele, guitar, bass, and can play the drums. He is inspired by *James Brown*, *Nina Simone*, and *old school soul*. He is active, practices jujitsu, and enjoys exploring parks and the outdoors with his kids. He takes pride in his ability to *adapt* and *rise to the occasion*, and he puts a great deal of value in *communication*. He dreams of being able to own land, farm, and connect with a community of like-minded people.

Overall, Donor 5615 is charismatic and intelligent, and it is clear that he has taken the time to grow and mature throughout his life. We are very lucky to have him in our program.

Interviewed by Eli NT and Michelle K. on 3/26/19



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DONOR PROFILE: 5615

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5615 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in October 2019

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **10/1992**
- Education: **Associate's Degree, Liberal Arts, Full Stack Software Engineering Certificate**
- Current occupation: **Freelance Software Developer**
- Ethnic origin: **Chinese, Greek**
- Religion born into: **Greek Orthodox**
- Religion practicing: **Buddhist, Spiritual but not affiliated**

PHYSICAL CHARACTERISTICS

- Height: **5' 8 1/2 "**
- Weight: **157**
- Hair color: **Dark brown**
- Hair type: **Curly, thick**
- Eye color: **Green/hazel**
- Complexion: **Olive**
- Body type: **Medium**
- Blood group/Rh: **O+**
- Baby photo available: **Yes**
- Other distinguishing features:

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **B: Pollen, treated with medication, managed.**

Breast Cancer: **MA#2: Breast cancer at 62, treated with lumpectomy, resolved.**

Heart: **MU#2: High blood pressure at 58, treated with OTC medication, managed. MA#2: High cholesterol at 65, treated with changes to diet and exercise, managed.**

Mental Health: **B: Attention deficit hyperactivity disorder (ADHD) at 14, treated with medication, managed.**

Metabolic/Endocrine: **MA#2: Thyroid cancer at 68, treated with surgery and medication, resolved.**

Muscles/Bones/Joints: **M: Osteoporosis at 61, treated with medication and changes to diet and exercise, managed.**

Neurological: **F: Single Grand mal seizure at 25 (cause unknown), treated with medication, resolved.**
Respiratory (Lungs): **MGF: Lung cancer at 83, treated with surgery, managed.**
Sight/Sound/Smell: **D: R: 20/40, L: 20/50**
Substance Abuse: **MGF: Opium at 43, no treatment, ongoing.**
Cancer (see above): **MGF: Lung cancer. MA#2: Breast cancer, thyroid cancer. MU#1: Cancerous tumor on leg.**
Other: **D: Mongolian blue spot (Pigmented birthmark), no treatment, faded over time. MU#1: Cancerous tumor on skin of leg at 29, treated with radiation, cause of death at 29.**

DONOR LAB RESULTS

Chlamydia: Not Detected	Gonorrhea: Not Detected	Syphilis: Non-Reactive
HIV 1 & 2: Non-Reactive	CMV total antibody: Negative	
Hepatitis B: Non-Reactive	Hepatitis C: Non-Reactive	HTLV 1 & 2: Non-Reactive
Urinalysis: Normal	Chem panel: Normal	CBC: Normal

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations)	No mutation detected
Spinal Muscular Atrophy (SMA):	Two copies of SMN1 detected
Hemoglobinopathies/Thalassemia:	No abnormal hemoglobin detected (including sickle hemoglobin); No evidence of thalassemia

DONOR NARRATIVE: 5615

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I'm a lifelong learner who likes to reach for my goals, connect with people, and seek out new experiences. By nature I'm an introvert. I like spending time with myself to learn, get crafty, write, read, and reflect. I've learned to value being more social, and I urge myself to socialize and spend more time with inspiring and supportive friends. I have an open sense of humor that helps me see the beauty in just about any situation that life throws at me.

What are your interests and talents?

I live for adventure. I like having stories worth telling. After we pass on all that really remains of us is our stories. Whenever I can I take time to travel, meet new people, and try new things. My greatest love is music, specifically freestyle jamming, singing and beatboxing. Improvisation is a liberating and deeply satisfying practice for me. In music I can explore my ideas and feelings and celebrate them with my friends. Being perfectly synched in the moment is the greatest feeling I've ever experienced.

As for my profession, I design and code mobile apps and websites as a freelancer. I enjoy the design aspect of it the most. I put myself in the shoes of the person using that app or website. How does it make them feel? How does it provide valuable information in a way that's useful and seamless? The coding is difficult for me, but the hard logic involved helps me slow down my mind, dissect a problem, and find a creative solution in an efficient way. I also have a lot of side hustles. The variety keeps me feeling fresh and adaptable.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

My current goal is to build a few online businesses. Just some simple apps and websites that provide a useful service and generate passive income so I can dedicate more time to things that feel even more meaningful and rewarding.

My next goal is dedicate my life to healing work and music. Maybe be a therapist, or an acupuncturist. Helping people heal just makes me happy.

My long-term goal is to own some land that can be a home for my family and friends. Somewhere I can grow food, be relatively free from the complexities of civilization, and live off-the-grid. I've always dreamt of having a home. Not just a house, but a home. A place for unconditional love, respect, and peace.

How would you describe your skills and interests in the following areas?

Math: I've always been good at math, but found it pretty boring. In school I was usually a year ahead of my grade level. Now I use some math concepts when I'm programming.

Mechanical: Mechanical skills are easy for me to pick up. I'm able to do a lot of handy work and automotive repair for myself.

Athletic: I've done martial arts on and off throughout my entire life. I wasn't very athletic as a kid, as I played a lot of games and did nerdy things. I didn't play much sports aside from martial arts. Now I'm pretty fit and stay active.

Musical, Artistic, Creative: Music didn't come naturally to me. Over time I put in a lot of work and I would say that I've gotten pretty good at it. I used to be really out of tune and probably painful to listen to. I was really anxious and self-conscious at first. I just kept on playing music despite people making fun of me or telling me to shut up. Now I get complimented for it all the time and it feels good. The confidence that I get from music helps me do well other areas of my life.

Language (what languages besides English do you speak?): Aside from English, I speak fluent Spanish and a little bit of Mandarin. I like learning languages. The only way for me to really learn a language though is to travel to a place and immerse myself in it.

Writing: I've always been good at writing. I've written essays, blog articles, and given public speeches and they're usually received pretty well. I've also failed terribly with my writings a few times. I just tried to say too much. What I've learned though is that less is more. **Literature:** I enjoy a good novel from time to time but I haven't read much fiction. I wrote a few short stories in college, they were far from masterpieces but it was fun to do.

Literature: I enjoy a good novel from time to time but I haven't read much fiction. I wrote a few short stories in college, they weren't the greatest but it was fun to do.

Science: Since my teens I've been interested in psychology, nutrition, health, and physiology. I like sciences that have a practical relevance in my life.

Please list a few of your favorite:

Movies: Eternal Sunshine of the Spotless Mind, Amelie, Sorry to Bother You, any Marvel superhero movie, Hayao Miyazaki, Spirited Away, Howl's Moving Castle, Ponyo, A Clockwork Orange, Crouching Tiger Hidden Dragon, Coco

Books/Authors: Jonathan Livingston Seagull, George RR Martin, Carl Jung, The Alchemist, The Artist's Way, Ender's Game, Dune, The Bhagavad-Gita, the Tao te Ching, the I-Ching

Albums/Musicians/Performances: Anderson Paak, James Brown, Nina Simone, Johnny Cash, Bob Marley, Yellow Days, Amy Winehouse, D'Angelo, Vulfpeck, Otis Redding, Ray Charles, Joep Beving

What are a few of your reasons for becoming a sperm donor?

I know how much family means and I want to help people build their families, regardless of any obstacles they may face.

You have joined the Identity-Release® Program . What appeals to you about this program?

I believe that people have a right to know about themselves. I'm a curious person and I would appreciate knowing more about my history if I was in that position.



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HEALTH PROBLEMS DONOR 5615

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Pigmented birthmark <i>Mongolian blue spot</i>	Age at onset/diagnosis: 4 months Treatment: None needed Outcome: Faded over time
Brother	Allergies <i>Pollen</i>	Age at onset/diagnosis: 12 Treatment: Medication Outcome: Managed
	ADHD <i>Attention deficit hyperactivity disorder</i>	Age at onset/diagnosis: 14 Treatment: Medication Outcome: Managed
Mother	Osteoporosis	Age at onset/diagnosis: 61 Treatment: Medication, diet, exercise Outcome: Managed
Father	Grand mal seizure <i>Single seizure, cause not known</i>	Age at onset/diagnosis: 25 Treatment: Medication Outcome: Resolved
Maternal Grandfather	Lung cancer	Age at onset/diagnosis: 83 Treatment: Surgery Outcome: Managed
	Substance abuse <i>Opium</i>	Age at onset/diagnosis: 43 Treatment: No treatment Outcome: Ongoing
Maternal Uncle #1	Cancer <i>Tumor on leg, type unknown</i>	Age at onset/diagnosis: 29 Treatment: Radiation Outcome: Cause of death at 29

Maternal Uncle #2	High blood pressure	Age at onset/diagnosis: 58 Treatment: OTC Medication Outcome: Managed
Maternal Aunt#2	Breast cancer	Age at onset/diagnosis: 62 Treatment: Lumpectomy Outcome: Resolved
	High Cholesterol	Age at onset/diagnosis: 65 Treatment: Diet, exercise Outcome: Managed
	Thyroid cancer	Age at onset/diagnosis: 68 Treatment: Surgery and medication Outcome: Resolved

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor