



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5585

Donor 5585 wore a green pull-over and plaid button down to the interview. He has medium brown hair that was neatly coiffed to the side. Donor 5585 has a prominent nose, full eyebrows, and full lips. He has a long, narrow face with a nice tan. He is tall and slender. Throughout our conversation, he was polite, mellow, and good-spirited.

5585 was born at home to his mother, an art therapist, and his father, a marriage family therapist. He has three older siblings, and had two dogs and two cats growing up. 5585 is close to his family, and would describe his mom and dad as *non-traditional* parents who love art and regularly talked about their feelings as a family. 5585's mom is also a professional chef, so he grew up eating a lot of healthy, delicious meals and learning how to cook. His dad is also an amateur naturalist who, in his retirement, likes hiking and identifying wild flowers and has shared that with Donor 5585. His parents separated when he was nine years old, but lived down the street from one another and, being therapists, handled everything well.

5585 said that, as a child, his parents would have described him as a *sweet kid* who everyone wanted to hold. Donor 5585 attended a Waldorf school from Kindergarten to grade twelve. There he was able to act, do art, and explore other hands-on crafts like blacksmithing and wood working. He also played violin, flute, and alto sax during his time there. In addition to enjoying artistic activities, 5585 also really enjoyed English Literature in school. Attending a small, alternative school meant that everyone was close to one another and their teachers. They would even go to teacher's houses after school, and he is still in touch with many of his peers. As a child, 5585 enjoyed hiking, running, and exploring. In his high school years, he got into cross country running and mountain biking.

Currently he is in college studying environmental science. 5585 is interested in natural resource management and will be starting a national parks service internship. Two of his siblings still live in the Bay Area, so he chose to stay fairly local to be close to his family and enjoy city life. Every Thursday he gets together with his family and also babysits for his sisters sometimes. 5585 has a matching tattoo with his brother, who currently lives in Australia, based off of a video game from their childhood.

Donor 5585 studied abroad in Germany for a year where he was able to travel all around Europe. While he wasn't the biggest fan of German cuisine, 5585 did enjoy the outdoor activities afforded by the summer. He has also traveled to Australia several times, because his mother is originally from there. In his free time, 5585 enjoys listening to house music, rock climbing, Judo, camping, running marathons, and coastal backpacking. He and his girlfriend like playing Frisbee on the beach, and even tried out rugby for a while. The two met in high school, and began dating in college a few years ago. In addition to his outdoor adventures, he spends time creating nature-inspired art, and particularly likes watercolors and acrylics. 5585 often gives self-made art projects to his family for Christmas gifts.

In the future, he would like to get a lab-pit dog to run with, and is seriously considering joining the Peace Corps. When asked to describe his perfect day, Donor 5585 said he would sleep in a little bit, go for a run on the beach, make pancakes for brunch with his girlfriend, go on a hike, do a bit of reading, and prepare a big communal dinner with his five housemates. In talking with 5585, it was very apparent how important family and nature are to him. We really enjoyed getting to know Donor 5585, and are grateful to have him as a donor in our program.

Interviewed by Eli N.T. and Michelle K. on 2/7/19



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DONOR PROFILE: 5585

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5585 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in 08/2019

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **12/1996**
- Education: **Bachelor's degree: Environmental Science**
- Current occupation: **Unemployed**
- Ethnic origin: **English, Australian, Irish**
- Religion born into: **None**
- Religion practicing: **None**

PHYSICAL CHARACTERISTICS

- Height: **5' 10"**
- Weight: **168 lbs**
- Hair color: **Medium Brown**
- Hair type: **Straight**
- Eye color: **Gray**
- Complexion: **fair/rosy**
- Body type: **Medium**
- Blood group/Rh: **O+**
- Baby photo available: **Yes**
- Other distinguishing features: **"Roman" nose**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **F: seasonal from birth, no treatment, managed.**

Congenital Anomalies (Birth Defects): **S: Sudden infant death syndrome at 6 months, cause of death.**

Heart: **MGF: High blood pressure in his 50s, treated with medication, managed until death. MU: High blood pressure in his 50s, treated with medication, managed.**

Mental Health: **MHS #1: Depression at 27, treated with medication, therapy, hospitalization, managed. MHS #2: Bulimia at 25, no treatment, resolved at 26.**

Metabolic/Endocrine: **MGF: Type 2 diabetes in his 50s, treated with medication, managed until death. MU: Type 2 diabetes in his 30s, treated with medication, managed.**

Muscles/Bones/Joints: **PGM: Rheumatoid arthritis in her 50s, treated with medication, managed until death. PGF: Rheumatoid arthritis in his 50s, treated with medication, managed until death.**
Sight/Sound/Smell: **D: Vision is R: 20/20, L: 20/20**
Urinary: **PGM: Kidney failure at 64, treated with medication, hospitalization, cause of death. PGF: Kidney failure at 65, treated with hospitalization, cause of death.**

DONOR LAB RESULTS

Chlamydia: Not Detected	Gonorrhea: Not Detected	Syphilis: Non-Reactive
HIV 1 & 2: Non-Reactive	CMV total antibody: Negative	
Hepatitis B: Non-Reactive	Hepatitis C: Non-Reactive	HTLV 1 & 2: Non-Reactive
Urinalysis: Normal	Chem panel: Normal	CBC: Normal

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations)	No mutation detected
Spinal Muscular Atrophy (SMA):	Two copies of SMN1 detected (normal)
Hemoglobinopathies/Thalassemia:	No abnormal hemoglobin detected (including sickle hemoglobin); No evidence of thalassemia

DONOR NARRATIVE: 5585

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I would describe myself as an upbeat extrovert. I can always find the bright side of a situation. I am always ready to make a corny joke. Making new friends has always been easy and I seek to expand my comfort zone with new experiences whenever possible. I will often assume leadership roles amongst my peers. I am respectful but I am also direct and honest in my speech.

What are your interests and talents?

I love being active. I spend time outdoors whenever possible. I am an avid mountaineer, trail runner and backpacker. I pretty comfortable running long distance. I have run two marathons just for fun, and I am thinking about doing my third soon. I love backpacking and I have been doing sections of the Pacific Crest Trail in NorCal and Southern Oregon. I have also recently been backpacking in the German and Swiss Alps, but they cannot compare to the Sierras/Cascades. I have been doing Judo recreationally for two years and I find that I excel in competitive full-contact sports. I have learned a number of art styles from my mother (art therapist) and recently I have been working on many nature-inspired watercolor paintings.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I strive to help conserve and restore the natural world. I see myself most likely working for the National Park Service as a restoration ecologist or natural resource manager. In time I see myself pursuing a graduate degree in wildlife management or fire ecology.

How would you describe your skills and interests in the following areas?

Math: Math has always been a bit daunting to me; however, I have found that I just really need to work hard. It was my weakest subject in high school but in university, I have been successful with the help of friends and a tutor. I do much better when the math has a real-world application like population statistics.

Mechanical: Working with power tools has always been fun for me. I have enjoyed my work on many landscaping projects. The projects have ranged from large tree removal to terracing property to building a shed. I am comfortable undertaking/ designing large projects.

Athletic: I consider myself to be naturally athletic. I was always the fastest kid in my grade in elementary school and now it has translated to long distance, recreational running. I try to stay active in my day to day life and I still find time to practice Judo many times a week. I love the competitive nature of Judo/BJJ.

Musical, Artistic, Creative: I grew up learning many different art styles from my mom. I enjoy painting landscapes, trees, leaves, etc in watercolor and acrylic.

Language (what languages besides English do you speak?): I took German in high school and university and I have now studied abroad in Baden Württemberg twice. I speak German conversationally (B1). I have many close friends in Germany and I will continue to travel to Germany for the foreseeable future.

Writing: I believe that I am a strong writer. I always have done well in writing and literature classes in both high school and university. If I end up working for the National Park Service in remote locations, I like the idea of compiling a photography/ecology book for amateur nature lovers like my father.

Literature: I like reading recreationally. I like reading mainly science fiction and Natural Science books. I was really inspired by *Wild* by Cheryl Strayed and *A Walk in the Woods* by Bill Bryson. Growing up I loved anything by Garth Nix (*Keys to the Kingdom*, *Sabrial*, etc.) and *Redwall* series.

Science: I have always done better in the natural sciences like biology and geology rather than the more theoretical sciences like physics and chemistry. Either ways, I have always enjoyed learning about the workings of our world. I am currently pursuing a degree in Environmental Sciences which is a nice mix of the natural sciences.

Please list a few of your favorite:

Movies: *The Room* by Tommy Wiseau. *The Princess Bride*, *Lord of the Rings: The Two Towers*

Books/Authors: *A Short History of Nearly Everything* by Bill Bryson, *The Hitchhiker's Guide to the Galaxy* by Douglas Adams, *Wild* by Cheryl Strayed

Albums/Musicians/Performances: Kygo, Zhu, ODESZA

What are a few of your reasons for becoming a sperm donor?

I have many LGBTQ+ friends and I like the idea that when they choose, they can have a child

You have joined the Identity-Release® Program . What appeals to you about this program?

I think the Identity Release Program is a great opportunity for young adults to learn about their genetic heritage if they choose. I would be happy to answer any questions 20 years from now.

Is there anything else you would like to share with participating families and offspring?

My Family and I have been healthy and strong my whole life. It is a gift that I try not to take for granted. I am happy I get to share this gift with other people.



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HEALTH PROBLEMS DONOR 5585

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Sister	Sudden infant death syndrome <i>SIDS</i>	Age at onset/diagnosis: 6 Months Treatment: None Outcome: Cause of death
Maternal Half-Sister #1	Depression	Age at onset/diagnosis: 27 Treatment: Medication, therapy, hospitalization Outcome: Ongoing, managed
Maternal Half-Sister #2	Bulimia <i>Eating disorder</i>	Age at onset/diagnosis: 25 Treatment: No treatment Outcome: Resolved at 26
Father	Allergies <i>Seasonal</i>	Age at onset/diagnosis: Birth Treatment: No treatment Outcome: Ongoing
Maternal Grandfather	High blood pressure	Age at onset/diagnosis: 50s Treatment: Medication Outcome: Managed until death
	Type 2 diabetes	Age at onset/diagnosis: 50s Treatment: Medication Outcome: Managed until death
Paternal Grandmother	Rheumatoid arthritis	Age at onset/diagnosis: 50s Treatment: Medication Outcome: Managed
	Kidney failure	Age at onset/diagnosis: 64 Treatment: Medication, hospitalization Outcome: Cause of death

Paternal Grandfather	Rheumatoid arthritis	Age at onset/diagnosis: 50s Treatment: Medication Outcome: Managed
	Kidney failure	Age at onset/diagnosis: 65 Treatment: Hospitalization Outcome: Cause of death

Maternal Uncle	Type 2 diabetes	Age at onset/diagnosis: 50s Treatment: Medication Outcome: Managed
	High blood pressure	Age at onset/diagnosis: 50s Treatment: Medication Outcome: Ongoing

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor’s family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. (“Increased risk” is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor