INTERVIEW NOTES: 5579

Donor 5579 arrived to his interview dressed casually in an orange checkered shirt, a black leather jacket, blue jeans, and a wide smile. His facial hair was thick, but well-groomed and cropped close to his face. His beard was beginning to show some salt-and-pepper, a look that made him appear more distinguished. He told us his wife thought he resembled Jason Biggs and we agree that they have a similar bone structure and skin tone, although Donor 5579 has wavy hair and a broader nose. His facial hair, face shape and eye shape remind us of Ben Affleck.

Donor 5579 grew up in Israel and was the youngest in his family. He has a brother and a sister, and since his sister was the oldest he got along better with his brother in his early childhood, but he says he's close to both siblings now. He said he had a *happy childhood* with *supportive parents*. His father was a doctor who he described as *a frequent traveler* and his mother was an artist. He was an outgoing child, but described himself as having been *better with adults* than with his peers. 5579 said that, according to his parents, many people were *overcome* by his *cuteness* when he was little.

Donor 5579's family put an emphasis on creative hobbies, and he was encouraged by his parents to play piano. He also played saxophone for a year before moving on to play drums in a grunge/metal band as a teenager. 5579 told us he once broke his arm before a show, but continued on to play with a sling. He's no longer interested in performing, but he still plays for himself, and his sister is a musician as well. Other creative outlets 5579 enjoys are *Role Playing Games* and teaching partner dancing.

As a child, 5579 enjoyed math and English, and he developed an interest in computer science in high school. He said that the first couple years of high school were challenging, but he *blossomed* in the second half. After high school, he enrolled in the military and served for 3 years, as is required of Israeli citizens. Once he completed his service, he went on to earn his Bachelor's degree. In college, Donor 5579 studied art history, theater, and other arts. After graduating, he lived in Japan teaching English to children. When he had finished in Japan he returned to Israel to earn his Master's degree in social sciences.

5579 worked in the tech industry for about five years, then, after deciding that he wanted to work with people more, he shifted careers. He came to the Bay Area, where he met his wife, and completed additional professional studies in human connection and health. People have always come to Donor 5579 with questions, because he is someone they feel *comfortable opening up to*. He currently spends his time on health education and activism. Ultimately, 5579's goal in life is to help people and bring change to society.

Donor 5579 enjoys almost all types of food, and he says he would *try anything once*. He also enjoys a variety of music, including rock, show tunes, Jazz, theatre, and pop. If he could have dinner with any famous person, alive or dead, it would be Freddie Mercury, who has influenced his own musical taste. He and his wife enjoy taking road trips together, going to theatrical performances, and traveling. In addition to Japan, Donor 5579 has been to Italy, and would love to visit South Korea one day. A perfect day for him would include good food and company, reading, walking in nature, and anything new and exciting. He said that he's *cautiously adventurous*, but really likes to try new things.

From interviewing Donor 5579, it is clear that connecting with and serving people are his passions. We're excited to welcome such a people-person to our program.

Interviewed by Eli N.T. and Michelle K. on 3/1/19

DONOR PROFILE: 5579

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5579 is eligible and approved for semen donation at The Sperm Bank of California. This profile was prepared in September 2019 and updated October 2019

Personal Information

Identity-Release Program: Yes
Month/year of birth: July 1979

• Education: Bachelor of Arts, Art Master of Social Sciences

Current occupation: Independent Educator, Administration & I.T.

Ethnic origin: Israeli Jewish
Religion born into: Judaism
Religion practicing: None

PHYSICAL CHARACTERISTICS

Height: 5' 7 ½"Weight: 184

• Hair color: Dark Brown

Hair type: Wavy

• Eye color: Medium Brown

Complexion: fair/creamy

Body type: MediumBlood group/Rh: O+

• Baby photo available: Yes

Other distinguishing features: Prominent nose,

1.5 dimples, captivating crows-feet due to warm

smile

FAMILY MEDICAL HISTORY

KEY: D donor **Ch** child **F** father **M** mother **S** sister **B** brother **Co** cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother **PGF** paternal grandfather **PGM** paternal grandmother

Gastrointestinal: M: Gallbladder disease at 45, treated with surgery, resolved. F: Gallbladder disease at 45, treated with surgery, resolved. PCo#1: Ulcerative colitis at 12, treatment unknown, resolved. Heart: F: Heart attack at 70, treated with stents placed, resolved. MGF: High blood pressure at 80, treated with medication, managed until death. Stroke at 86, no treatment, cause of death.

Muscles/Bones/Joints: M: Scoliosis at 60, no treatment, ongoing. PGM: Rheumatoid arthritis at 60, no treatment known, cause of death at 66. PCo#1: Rheumatoid arthritis at 35, treated with chemotherapy, managed. PCo#3: Rheumatoid arthritis at 32, treated with medication, managed.

Neurological: D: Migraines at 12, treated with medication, managed. M: Migraines at 18, treated with medication, managed. B: Migraines at 15, treated with medication, managed. PGF: Brain tumor at 86, treated with surgery, cause of death. PU#2: Learning disorder (no intellectual disability) at 50, no treatment known, ongoing. PCo#6: Learning disorder (no intellectual disability) at 20, no treatment known, ongoing. MCo#4: Gaucher disease at 4, no treatment known, managed well, healthy adult.

Respiratory (Lungs): F: Asthma at 9, no treatment, resolved.

Sight/Sound/Smell: D: Eyesight 20/20 both eyes after Lasik surgery (unable to recall vision prior to correction)

Skin: M: Basal cell skin cancer of the nose at 73, no treatment, ongoing.

Cancer (see above): M: Basal cell skin cancer of the nose at 73, no treatment, ongoing.

DONOR LAB RESULTS

Chlamydia: Not Detected Gonorrhea: Not Detected Syphilis: Non-Reactive

HIV 1 & 2: Non-Reactive CMV total antibody: *Positive

Hepatitis B: Non-Reactive HTLV 1 & 2: Non-Reactive

Urinalysis: Normal Chem panel: Normal CBC: Normal

*CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) No mutation detected

Spinal Muscular Atrophy (SMA): Two copies of SMN1 detected

Hemoglobinopathies/Thalassemia: No abnormal hemoglobin detected (including sickle hemoglobin);

No evidence of thalassemia

Bloom Syndrome: No mutation detected No mutation detected Canavan Disease: Familial Dysautonomia: No mutation detected Fanconi Anemia Group C: No mutation detected Gaucher Disease: No mutation detected Niemann-Pick Disease Type A: No mutation detected Mucolipidosis Type IV: No mutation detected Tay-Sachs Disease: (73 mutations) No mutation detected

DONOR NARRATIVE: 5579

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I'm a friendly outgoing person. I've always been "that friend that you go to talk with", and people find that I'm a social extrovert. My father is a doctor and my mother is an artist, so I have insatiable curiosity towards both the arts and science.

My whole life I've been an educator, and I love to spread knowledge and skills to others. I basically love interacting with people, and getting to know them more. I read social situations easily and can communicate clearly. I've been told many times that people feel safe and comfortable talking with me (I get the "I can't believe I just shared that with you..." often).

I have a Masters degree in social sciences, but I am a fan of technology. I've worked in tech, education, training, service, and administration. I enjoy being the life of the party at the same level I enjoy some quality quiet time by myself. I am independent, but love being in the company of others.

Throughout my childhood in Israel, I had been described by adults as an intelligent, adorable, and well behaved boy. While I am culturally Jewish, I do not practice or adhere to most Jewish traditions, but have learned through the years to see the beauty in some traditions.

What are your interests and talents?

I like keeping one foot in the sciences and one in the arts. I love technology and learning new things, and I am a musician and dancer. I love interacting with new people, and I'm also geeky. I am a talented public speaker and enjoy teaching others and enhancing their lives.

My favorite pastime is either sitting and talking with friends, or having some quiet time by myself, either working on my business, or watching something mind numbing to relax.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I want to help people, and the best way I can do it is through my teaching experience. I want to spread communication, kindness and understanding between people, and hope to promote equality. In 5-10 years I see my private business booming, and I'll be have a sense of accomplishment knowing that I touched many others' hearts and lives. (A bit like what we're doing here today)

How would you describe your skills and interests in the following areas?

Math: I like math, but I'm even better at Geometry.

Mechanical: I'm a bit of a handyman, and do little fixes around the house.

Athletic: Not very athletic, but I am a dancer, which keeps my body healthy and my spirit high.

Musical, Artistic, Creative: Yes. Very. Have performed on stages since I was 15. Both as a musician and as a dancer.

Language (what languages besides English do you speak?): I also speak Hebrew, and languages are a passion of mine. I love learning how to pronounce words correctly, and know a few words in many languages.

Writing: I've written a few articles, and even published a book.

Literature: It's actually not my strong suit.

Science: I am endlessly curious about science. I love chemistry, biology, engineering, and more. I love it

all.

Please list a few of your favorite:

Movies: The princess bride. Some like it hot. Pulp Fiction. Good Will Hunting. Fight Club. The fault in our stars. Monty Python. Stand Up comedians (George Carlin, Robin Williams, Bill Hicks etc).

Books/Authors: Douglas Adams. Robert Heinlein. John Green. The Dresden Files. Other Sci-Fi and Fantasy titles. (and other Hebrew titles)

Albums/Musicians/Performances: Queen. Led Zeppelin. Dream Theater. Current Pop music. Leonard Bernstein. Red Hot Chili Peppers (but only up to Californication). Jazz (Louis, Ella, Duke, Fats Waller, all the classical greats).

What are a few of your reasons for becoming a sperm donor?

There are two main reasons:

- 1. I would like to help someone. I know that there are others who want to bring children into this wonderful and complex world, and if I can help them I would like to.
- 2. I feel that I have good qualities that I want to share with the world. This is a way for me to let others enjoy them as well.

You have joined the Identity-Release® Program. What appeals to you about this program?

Life is a big puzzle for all of us. I believe that someone growing up would want to have more pieces of that puzzle to learn more about themselves and their origins. Reading information on paper and meeting in person are not the same.

Is there anything else you would like to share with participating families and offspring?

To the parents to be, I feel so honored to be chosen and to share with you the gift of life. It's beautiful to me that my efforts right now will bring you a lifetime of joy and adventures with a wonderful child that will love you endlessly.

To the child to be, remember throughout your life: You are loved. I received endless love from my parents just like you are getting - and it is the single most powerful resource I have always had with me, no matter where I go.

HEALTH PROBLEMS DONOR 5579

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Migraines	Age at onset/diagnosis: 12
		Treatment: Medication
		Outcome: Managed
Brother	Migraines	Age at onset/diagnosis: 15
		Treatment: Medication
		Outcome: Managed
Mother	Migraines	Age at onset/diagnosis: 18
		Treatment: Medication
		Outcome: Managed
	Gallbladder disease	Age at onset/diagnosis: 45
		Treatment: Surgery
		Outcome: Resolved
	Scoliosis	Age at onset/diagnosis: 60
		Treatment: No treatment
		Outcome: Ongoing
	Skin cancer	Age at onset/diagnosis: 73
	Basal cell, nose	Treatment: Unknown
		Outcome: Resolved
Father	Asthma	Age at onset/diagnosis: 9
		Treatment: None
		Outcome: Resolved
	Heart attack	Age at onset/diagnosis: 70
		Treatment: Stents placed
		Outcome: Resolved
	Gallbladder disease	Age at onset/diagnosis: 45
		Treatment: Surgery
		Outcome: Resolved

Maternal Grandfather	High blood pressure	Age at onset/diagnosis: 80
	· ,	Treatment: Medication
		Outcome: Managed until death
	Stroke	Age at onset/diagnosis: 86
		Treatment: No treatment
		Outcome: Cause of death
Maternal Grandmother	Low blood pressure	Age at onset/diagnosis: 94
	Low blood pressure	Treatment: No treatment
		Outcome: Death by heart failure at age 95
Paternal Grandfather	Brain tumor	Age at onset/diagnosis: 86
	Unknown type	Treatment: Surgery
		Outcome: Cause of death
Paternal Grandmother	Rheumatoid arthritis	Age at onset/diagnosis: 60
		Treatment: None known
		Outcome: Cause of death at age 66
Paternal Uncle #2	Learning disorder	Age at onset/diagnosis: 50
	No intellectual disability	Treatment: None known
		Outcome: Ongoing
Paternal Cousin #1	Ulcerative colitis	Age at onset/diagnosis: 12
		Treatment: Not known
		Outcome: Resolved
	Rheumatoid arthritis	Age at onset/diagnosis: 35
		Treatment: Chemotherapy
		Outcome: Managed
Paternal Cousin #3	Rheumatoid arthritis	Age at onset/diagnosis: 32
		Treatment: Medication
		Outcome: Managed
Paternal Cousin #6	Learning disorder	Age at onset/diagnosis: 20
	No intellectual disability	Treatment: None known
		Outcome: Ongoing
Maternal Cousin #4	Gaucher Disease	Age at onset/diagnosis: Childhood
		Treatment: Not known
		Outcome: Managed well, healthy adult

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population)..

Upon review of the available family medical history information from this donor, he and two first degree relatives have a history of migraines. There may be an increased risk for migraines for offspring of this donor. Also, there are second and third degree relatives with a history of rheumatoid arthritis, the inheritance of which can be complex. Risks to offspring may be at population risk or perhaps slightly higher. Otherwise, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C. Genetic Counselor