



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5540

Donor 5540 arrived at his interview wearing a clean blue and white checkered button-down shirt with the top button undone and the sleeves rolled halfway up. His dark blonde facial hair was kept short and well-maintained. He had on black, square glasses and he had an aura of friendly professionalism.

Donor 5540 told us that he had a happy childhood. He grew up in a small town in the Midwest with his parents and an older brother. He fondly remembers playing soccer and video games with other kids in the neighborhood. His mother was a professor and his father was a banker, he's very close to both parents. His love of reading developed during his elementary school years, and his favorites were in the fantasy genre such as The Chronicles of Narnia, Harry Potter, and Ender's Game.

During his high school years, Donor 5540 was what he calls *a good kid*, and he truly enjoyed learning. He took A.P. (advanced placement) and college classes. He prepared for what he what he hoped would be a future of traveling by taking classes in Spanish. Although he told us he would not call himself the most popular kid in school, he had a tight knit group of friends with whom he enjoyed spending time.

After high school 5540 went to a small, liberal arts college a few hours away from his hometown. He had a much wider group of friends in college, many of whom he met playing soccer on campus. He majored in Spanish with a second major in Religious Studies. He actually wasn't very religious growing up, aside from celebrating the typical religious holidays such as Christmas and Easter, but his professor was passionate about the subject, and that passion rubbed off on Donor 5540. For a time, he considered following in his mother's footsteps by going into academia, but ultimately decided that it wouldn't be a good fit for him. He doesn't think that his Religious Studies background informs much of his day-to-day life now, but he believes that it's always an interesting conversation or debate topic.

When Donor 5540 graduated from college, he started a job working at a winery while simultaneously pursuing a career in academia. His interest in academia waned as he saw it as less of a fit for his future, and the opportunities to advance his career within the wine industry grew. He eventually became the manager of the tasting room for a winery. At that point, he began to envision a job at a winery as a legitimate option for his career. He then moved east in anticipation of attending business school, and worked at a small boutique bottle shop. Once he received his degree from business school, he decided to move to the California.

In California, Donor 5540 began work at another winery where his ability to speak Spanish helped him advance. He fell in love with the urban parks and lakes near his home. One of his favorite things to do is to take a bottle of wine to the lake and have a picnic with his brother or his friends.

Donor 5540 also enjoys live music, dining out, and watching Marvel movies. He proudly told us he had spent the last 9-12 months watching all of the Marvel movies in chronological order. We were not surprised when he told us that his favorite concert is the *BottleRock Festival* in Napa-wine country! Donor 5540 has a very serene, confident, and disarming personality. We are very proud to have him as a part of our program.

Interviewed by Eli and Marisa 7/20/18



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DONOR PROFILE: 5540

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5540 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in March 2019

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **June 1985**
- Education: **Bachelor's degree, Spanish & Religious Studies; Masters of Business Administration (MBA).**
- Current occupation: **Marketing, Brand Management**
- Ethnic origin: **German, English, Dutch**
- Religion born into: **None**
- Religion practicing: **None**

PHYSICAL CHARACTERISTICS

- Height: **5'8"**
- Weight: **176.2 lb**
- Hair color: **Medium brown**
- Hair type: **Straight**
- Eye color: **Blue**
- Complexion: **Fair/rosy**
- Body type: **Medium**
- Blood group/Rh: **A+**
- Baby photo available: **Yes**
- Other distinguishing features:

FAMILY MEDICAL HISTORY

KEY: D donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal
grandmother **PGF** paternal grandfather **PGM** paternal grandmother

Allergies: **D: Penicillin allergy (and other -cillins[™]) at 4, treated with avoidance, managed. M: Seasonal allergies in mid 20's, no treatment, ongoing. PA1: Seasonal allergies in 40's, treated with OTC nasal spray, ongoing, managed.**

Breast Cancer: **MGM: Breast cancer at 71, no treatment, cause of death at 71.**

Gastrointestinal: **F: Appendicitis at 13, treated with surgical removal, resolved. F: Splenic rupture (traumatic) treated with surgical removal, resolved.**

Genital/Reproductive: **M: Ovarian cysts at 50, treated with total hysterectomy, resolved.**

Heart: **M: High cholesterol at 55, treated with changed in diet, resolved. F: High blood pressure at 59, treated with change in diet, resolved. MGF: Heart attack at 63, treated with hospitalization, managed until death at**

65. MGF: Stroke at 65, treated with hospitalization, cause of death. PGF: Stroke at 73, treated with hospitalization, cause of death at 73.

Mental Health: PA2: Anxiety in 40's, treated with therapy, ongoing, managed. PA2: Depression in 50's, treated with therapy, ongoing, managed.

Metabolic/Endocrine: PA1: Type 2 diabetes, treated with change in diet, exercise, ongoing, managed.

Muscles/Bones/Joints: F: Osteoarthritis at 55, no treatment, ongoing. MGM: Osteoarthritis in 60's, no treatment, ongoing until death. PGF: Osteoarthritis in 60's, no treatment, managed until death. PGM: Osteoarthritis in 60's, no treatment, ongoing until death.

Respiratory (Lungs): MGM: Emphysema at 65, no treatment, ongoing until death at 71. MGM: Lung cancer at 71, no treatment, cause of death.

Sight/Sound/Smell: D: Right eye: 20/50, Left eye: 20/70

Skin: D: Eczema at 6, treated with topical ointment, ongoing, managed. M: Eczema at 7, treated with topical ointment, ongoing managed. M: Skin cancer (basal cell, forearm) at 63, treated with surgical removal, resolved.

Substance Abuse: MU: Alcohol dependence in 20's, no treatment, ongoing. MU: Drug dependence in 30's, no treatment, ongoing.

Cancer (see above): M: Skin cancer, MGM: lung cancer, breast cancer.

DONOR LAB RESULTS

Chlamydia: **Not Detected**

Gonorrhea: **Not Detected**

Syphilis: **Non-Reactive**

HIV 1 & 2: **Non-Reactive**

CMV total antibody: **Negative**

Hepatitis B: **Non-Reactive**

Hepatitis C: **Non-Reactive**

HTLV 1 & 2: **Non-Reactive**

Urinalysis: **Normal**

Chem panel: **Normal**

CBC: **Normal**

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) **No mutation detected**

Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected (Normal)**

Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);**

No evidence of thalassemia

DONOR NARRATIVE: 5540

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality.

I'm an extroverted introvert. I love being around people and always try to leave a good impression on those that I meet, but it saps my energy, so I like to retreat back into my home to have a night alone and recharge from time to time.

My friends describe me as caring, funny, quiet and introspective. I like to think I can be counted on as a secret-keeper and a confidante in someone's time of need. I'm always up for a night of cards and/or board games with friends.

I believe in assuming positive intent. I think it's too often that conflicts could be avoided if more people only made an effort to understand things from others' points of view. I'm an honest, humble Midwesterner at heart. I like listening more than talking, reading more than writing, and watching more than performing.

What are your interests and talents?

I love wine. I've been working in that industry for almost my entire professional life. I've never had an amazing ability to discern the qualities of a wine, but I can tell you the history of almost every region in the world. I have some minor musical talents (voice and trumpet), and I was a collegiate athlete in soccer.

I've also been honing my talents as an amateur chef. I'm currently working through the White Dog Café cookbook.

When I'm not on the road, you can find me hiking, cycling, playing with dogs, catching a live baseball game in Oakland or SF, picnicking with friends, or trying to find the next great cocktail spot.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I'd like to be running my own team at work. Advising and guiding others has always been a passion for me, and I'd like to be able to make an impact in the careers of others. Ultimately, I want to own a plot of land outside the hustle and bustle of the city, build a house, and settle down with a family.

I'm also currently on a personal quest to visit all 30 currently active MLB stadiums. I've made it to 23 now, and think I finish it off by the end of the 2019 season.

How would you describe your skills and interests in the following areas?

Math: This has always been a strength, and something I lean on regularly in my job. I was doing calculus in high school.

Mechanical: My skills here are negligible. The closest I ever got to achieving something here was probably my 7th grade Rube Goldberg project.

Athletic: Fairly high aptitude. I was an NCAA soccer player all 4 years of college.

Musical, Artistic, Creative: I was a musician early in life (through college), but never had a particularly good eye for aesthetics.

Language (what languages besides English do you speak?): Spanish (mostly fluent), Arabic (novice)

Writing: I don't love doing it, but I've always been fairly good at written communication.

Literature: Love a good book! The true "classics" never interested me all that much, but some newer sci-fi is usually not far from hand.

Science: I only go as far as loving series like *Planet Earth* and *Life*, and most things that Neil Degrasse Tyson puts out. Beyond that is often over my head.

Please list a few of your favorite:

Movies: Shawshank Redemption, Dumb & Dumber, The Lion King, Frozen, and Boondock Saints.

Books/Authors: C.S. Lewis, Tolkien, The Hitchhiker's Guide to the Galaxy, The Ender's Game Series, The Satanic Verses

Albums/Musicians/Performances: The Decemberists, Tom Petty, Led Zeppelin, Van Morrison.

What are a few of your reasons for becoming a sperm donor?

I grew up in a town that was a liberal enclave in a red state, so we had a fairly high gay/lesbian population. Growing up I had a lot of friends with two moms. I never really thought about it until I got older, but I realize that they likely wouldn't have had kids without a sperm donor.

You have joined the Identity-Release[®] Program . What appeals to you about this program?

I think everyone should have the ability to know from where/whom they came. Once any prospective children are of age, I'd be happy to connect with them and tell them some of their genetic history.

Is there anything else you would like to share with participating families and offspring?

To the prospective mothers out there: I'm sure this is an exciting time for you! Know that the sperm bank does a very thorough job at vetting the candidates, and you're likely not going to go wrong in your decision! To any potential future child: I hope you've had an amazing life so far! If you're interested in connecting, please don't hesitate to reach out.



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HEALTH PROBLEMS DONOR 5540

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Eczema	Age at onset/diagnosis: 6 Treatment: OTC topical ointment Outcome: Ongoing, managed
	Allergies <i>(Penicillin other "-cillin" medications)</i>	Age at onset/diagnosis: 4 Treatment: Avoidance Outcome: Managed
Mother	Eczema	Age at onset/diagnosis: 7 Treatment: OTC topical ointment Outcome: Ongoing, managed
	Allergies <i>Seasonal</i>	Age at onset/diagnosis: Mid 20s Treatment: None Outcome: Ongoing
	Ovarian cysts	Age at onset/diagnosis: 50 Treatment: Total hysterectomy (includes removal of ovaries) Outcome: Resolved
	High cholesterol	Age at onset/diagnosis: 55 Treatment: Change in diet Outcome: Resolved
	Skin cancer <i>Basal cell, forearm</i>	Age at onset/diagnosis: 63 Treatment: Surgical removal Outcome: Resolved
Father	Appendicitis	Age at onset/diagnosis: 13 Treatment: Surgical removal Outcome: Resolved
	Splenic rupture <i>Trauma, sports injury</i>	Age at onset/diagnosis: 18 Treatment: Surgical removal Outcome: Resolved

Osteoarthritis
Age at onset/diagnosis: 55
Treatment: None
Outcome: Ongoing

High blood pressure
Age at onset/diagnosis: 59
Treatment: Diet change
Outcome: Resolved

Maternal Grandmother

Osteoarthritis
Age at onset/diagnosis: 60s
Treatment: No treatment
Outcome: Ongoing until death at age 71

Emphysema
Lifelong smoker
Age at onset/diagnosis: 65
Treatment: No treatment
Outcome: Ongoing until death at age 71

Lung cancer
Age at onset/diagnosis: 71
Treatment: No treatment
Outcome: Contributing cause of death at age 71

Breast cancer
Age at onset/diagnosis: 71
Treatment: None
Outcome: Contributing cause of death at age 71

Maternal Grandfather

Heart Attack
Age at onset/diagnosis: 63
Treatment: Hospitalization
Outcome: Managed until death at age 65

Stroke
Age at onset/diagnosis: 65
Treatment: Hospitalization
Outcome: Cause of death at age 65

Paternal Grandfather

Osteoarthritis
Age at onset/diagnosis: 60s
Treatment: None known
Outcome: Managed

Stroke
Age at onset/diagnosis: 73
Treatment: Hospitalization
Outcome: Cause of death at age 73

Paternal Grandmother

Osteoarthritis
Age at onset/diagnosis: 60s
Treatment: None known
Outcome: Ongoing until death at age 74

Maternal Uncle	Alcohol dependence	Age at onset/diagnosis: 20s Treatment: None Outcome: Ongoing
	Drug dependence <i>Cocaine</i>	Age at onset/diagnosis: 30s Treatment: None Outcome: Ongoing
Paternal Aunt #1	Allergies <i>Seasonal</i>	Age at onset/diagnosis: 40s Treatment: OTC nasal spray Outcome: Ongoing, managed
	Type 2 diabetes	Age at onset/diagnosis: 60s Treatment: Change in diet, exercise Outcome: Ongoing, managed
Paternal Aunt #2	Anxiety	Age at onset/diagnosis: 40s Treatment: Therapy Outcome: Ongoing, managed
	Depression	Age at onset/diagnosis: 50s Treatment: Therapy Outcome: Ongoing, managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for eczema may be increased above population risk (both donor and his mother have eczema). Otherwise, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor