## Reproductive Technologies, Inc. THE SPERM BANK OF CALIFORNIA

## **INTERVIEW NOTES: 5534**

Donor 5534 came to our interview casually dressed in athletic shorts and a dark blue zip up jacket. He was excited to explain that the jacket he had chosen to wear reflected his Vietnamese and Chinese heritage, as it had his last name in Vietnamese and his first name in Chinese. Donor 5534 has thick, short, straight black hair, slightly longer on the top. His smile is warm and genuine and he has a strong lower jaw. During our interview he shared stories from his childhood with an easy smile and much laughter.

One of three children close in age, Donor 5534 is sandwiched between an older and a younger sister. Their parents divorced when he was three, and for a while, he and his sisters lived in a small apartment in Los Angeles' Chinatown with their father. He says that he and his sisters played outdoors most of the time, as Chinatown was infinitely more interesting than the inside of their apartment. He describes himself as a very curious child who made friends effortlessly. He has always enjoyed school and absorbed information easily. Learning something new has always excited him. When he was rather young, it became a great source of pride for him that he could recite the name of all fifty states and also spell each one correctly.

Towards the end of 6<sup>th</sup> grade, Donor 5534 moved to the Midwest with his mom who owned a Chinese Restaurant. He was sad to leave California as he had a large group of friends and enjoyed the cultural diversity in his neighborhood. He was one of the few minorities in his Midwest neighborhood, and for the first time he was bullied in school. However, after a short while he found his rhythm, began making good friends and again enjoyed learning. In the middle school, his friends loved playing video games, riding their bikes, and playing football and basketball. He is also musically inclined, and during this period he was first chair in the orchestra as a bass player.

Donor 5534 chose to return to high school in California because he felt that he would have a better chance at getting into his university of choice. He played volleyball in high school and also took martial arts, and began to *Lion Dance*, a Chinese cultural dance. He speaks Cantonese fluently, and although his mother is Vietnamese, they only spoke Chinese in the home. Donor 5534 really enjoyed high school and participated in extracurricular activities including student government. He is very competitive and took high school as a challenge. He participated in the *Science Bowl* where he had to study extensively to be competitive.

Donor 5534 is proud to say that he eventually attended university at his *dream school*. Adjusting to college was tough, but he challenged himself and graduated with a degree in Microbiology. While in school, he joined a fraternity, was on the cabinet of an environmental club, and became active in the Vietnamese Student Association. He also traveled to Vietnam and while there, explored the traditional foods and absorbed much of the Vietnamese culture. He also became fluent in Vietnamese.

These days, 5534 works at a catering company, a career choice that he attributes to his time working at his mother's restaurants. He can see himself in a leadership role in the near future. He enjoys taking care of people and was taught to work hard.

Donor 5534 was a joy to interview; he was candid in sharing both his triumphs and challenges with humor and humility. We are grateful to have him in our program.

Interviewed by Kenya C. and Eli NT.



## **DONOR PROFILE: 5534**

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5534 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in February 2019

#### PERSONAL INFORMATION

- Identity-Release Program: Yes
- Month/year of birth: May 1994
- Education: Bachelor's degree, Microbiology
- Current occupation: Catering
- Ethnic origin: Chinese, Vietnamese
- Religion born into: None
- Religion practicing: Agnostic

#### **PHYSICAL CHARACTERISTICS**

- Height: 5'9 ½"
- Weight: 181 lbs
- Hair color: Black
- Hair type: Straight
- Eye color: Dark brown

- Complexion: Light brown
- Body type: Medium
- Blood group/Rh: A+
- Baby photo available: Yes
- Other distinguishing features: **Strong jaw**

#### FAMILY MEDICAL HISTORY

KEY: D donorCh childF fatherM motherS sisterB brother

**Co** cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother <u>PGF</u> paternal grandfather <u>PGM</u> paternal grandmother

Blood: MU: Mild anemia at 25, treated with reduced activity, ongoing, managed. MCo: Mild anemia at 10, treated with reduced activity, ongoing, managed.

Gastrointestinal: PGF: Liver failure at 76, no treatment, ongoing until death. MA1: Gallstones at 58, treated with change of diet, resolved.

Heart: F: High blood pressure at 40, treated with medication, ongoing, managed.

Metabolic/Endocrine: F: Type 2 diabetes at 45, treated with insulin, ongoing, managed.

Neurological: S2: Speech impairment (lisp) at 4, treated with speech therapy, resolved.

Respiratory (Lungs): S1: Asthma at 11, treated with inhaler, ongoing, managed.

Sight/Sound/Smell: D: Right eye 20/50, left eye: 20/40.

Skin: S2: Facial birth mark at birth, no treatment, ongoing.

#### DONOR LAB RESULTS

Chlamydia: **Not Detected** HIV 1 & 2: **Non-Reactive** Hepatitis B: **Non-Reactive** Urinalysis: **Normal**  Gonorrhea: **Not Detected** CMV total antibody: **\*Positive** Hepatitis C: **Non-Reactive** Chem panel: **Normal**  Syphilis: Non-Reactive

HTLV 1 & 2: Non-Reactive CBC: Normal

\*CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be noninfectious

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) Spinal Muscular Atrophy (SMA): Hemoglobinopathies/Thalassemia:

No mutation detected Two copies of SMN1 detected (normal) No abnormal hemoglobin detected (including sickle hemoglobin); No evidence of thalassemia

### **DONOR NARRATIVE: 5534**

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

#### Describe your personality.

Most people tell me that I come across as warm, polite, and good-natured, even humorous. I have also been known as a "social butterfly", probably due to my ability to create conversation with anyone and everyone I meet! I approach new tasks with a go-getter attitude, and always try to perform to the best of my ability. When faced with errors, I do my best to learn from them and take care to not repeat them. Due to my upbringing, I believe myself to be very resilient and headstrong.

#### What are your interests and talents?

I'd probably say that first and foremost, I LOVE food. I grew up with two parents (mostly separately) who were very involved with food one way or another. I love cooking and learning new recipes, and also eating out and trying all the crazy, culinary things out there! My second love is a cultural martial art form and dance that I take very seriously! I led my school team for 2 years, and am actually very interested in forming my own team some day!

Otherwise, I really enjoy a variety of things: music (all kinds) sports (volleyball, basketball, bowling, snowboarding)

#### video/board games martial arts (Brown Belt in Southern Shaolin Kung Fu)

I'm also quite competitive, and will gladly accept any challenge I believe I can beat. Otherwise, I enjoy the process of improving and potentially beating it someday. I've actually been part of a high school team that won a science competition, I've also won 2nd place medals for both martial arts and cookie baking (separate events, of course).

#### What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I really just want to find my place in the world, be content/satisfied with my occupation/position, and learn to love myself. Also, I would like to nurture children and youth to grow into mature and loving people, with sound values and morals, especially those without that support in more disadvantaged areas.

#### How would you describe your skills and interests in the following areas?

**Math:** very high; I love doing mental math and trying to be the first to answer any math related questions my friends have. I also enjoy splitting receipt bills with tax and tip added to ease the pain of my friends.

**Mechanical:** a bit above average; I loved tinkering with action-figure building kits (Gundams) and examining the structures of the toys I had; how they were constructed and kept together always intrigued me. My father also is quite creative and designed many pulley systems and built shelving around within/around our house.

**Athletic:** high; I did sports from middle school to end of high school, and martial arts from high school to college. Martial arts I still do currently.

Musical, Artistic, Creative: average; played a mean bass in middle school, and have always been interested in learning more/improving on piano, guitar, ukelele, and drumming! I don't see myself as very creative musically, but I am certainly creative when dancing in a lion costume! Additionally, my current hospitality job requires quite a bit on creativity (due to having to set-up/design serving tables). Language (what languages besides English do you speak?): Conversational Cantonese (learned it as a kid due to having to go to classes/school), less conversational Spanish (took two years in high school and grew up in a predominantly Latino/Hispanic neighborhood), and basic Vietnamese and Korean (took a year of each in college).

**Writing:** low; I never saw writing as my best subject. I don't feel I can very creative with my writing, due to my nature of just wanting to say everything as I think it, and with the truest feeling behind it I can get. **Literature:** low; Related to the writing section above.

**Science**: very high/best: I absolutely love science. My favorite subjects are Biology and Astronomy, and I took them very seriously (as was expected for a science team member).

#### Please list a few of your favorite:

Movies: Ip Man series (with Donnie Yen), Marvel (Iron Man is my favorite, with Thor a close second), Transformers series Books/Authors: Frankenstein by Mary Shelley, Unwind by Neal Schusterman Albums/Musicians/Performances: K-pop group: TWICE, Big Bang, Epik High, SNSD American: Metallica, Slipknot Chinese: Jay Chou! Any LD performance. Musical performances as well, such as Taiko, orchestras (especially playing nostalgic classics, like Pokemon or Studio Ghibli), bands, DJs. Also dance (Jabbawockeez) or magic.

#### What are a few of your reasons for becoming a sperm donor?

I mostly became involved due to financial reasons. However, going through the process has allowed me to learn a lot about the possibilities with donations, and I've been very pleased with it all. It's heartwarming to know I can contribute to help others build a beautiful family and life.

#### You have joined the Identity-Release<sup>®</sup> Program . What appeals to you about this program?

I am interested in potentially being in contact with an adult conceived with my DNA, if they are also interested. I am very curious how someone that is essentially (biologically) related to me will grow up and turn out.

#### Is there anything else you would like to share with participating families and offspring?

I would like to say that I am quite honored that you decided to pick me as a donor. You must've really liked my description/how I described myself, or connected with it somehow. In the future when the time is right, please feel free to reach out to me regarding this whole experience.



# Reproductive Technologies, Inc.

## **HEALTH PROBLEMS DONOR 5534**

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Sister #1	Asthma	Age at onset/diagnosis: 11	
		Treatment: Inhaler as needed, exer	cise
		Outcome: Ongoing, managed	
Sister #2	Facial birth mark	Age at onset/diagnosis: Birth	
		Treatment: None	
		Outcome: Ongoing	
	Speech impairment	Age at onset/diagnosis: 4	
	Slight lisp. No intellectual disability	Treatment: Speech therapy	
		Outcome: Resolved	
Father	High blood pressure	Age at onset/diagnosis: 40	
		Treatment: Medication	
		Outcome: Ongoing, managed	
	Type 2 diabetes	Age at onset/diagnosis: 45	
		Treatment: Insulin	
		Outcome: Ongoing, managed	
Maternal Grandfather	Heart disease/failure	Age at onset/diagnosis: 73	
		Treatment: No treatment	
		Outcome: Cause of death at 73	
Paternal Grandfather	Liver failure	Age at onset/diagnosis: 76	
		Treatment: No treatment	
		Outcome: Ongoing until death	
Maternal Aunt #1	Gallstones	Age at onset/diagnosis: 58	
		Treatment: Change of diet	
		Outcome: Resolved	
Maternal Uncle	Anemia	Age at onset/diagnosis: 25	
	Mild	Treatment: Reduced daily activity	
		Outcome: Ongoing, managed	

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**DONOR 5534** 

**Maternal Cousin** 

Anemia *Mild*  Age at onset/diagnosis: 10 Treatment: Reduced daily activity Outcome: Ongoing, managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C. Genetic Counselor