## **INTERVIEW NOTES: 5510**

Donor 5510 is cheerful, good-natured, and is quick to smile over a burst of giggles. He arrived to the interview wearing a dark grey, V-neck sweater, over a white plaid shirt with a tie, and a pair of khakis. Mixed with his boyish good looks and tousled medium brown curls, he resembled a young professor on his first day of class. 5510's light brown eyes project his light-hearted demeanor and an inner calm that really shines through once we start talking.

Donor 5510 grew up in the Bay Area as an only child and remains close to his parents. He chose to go to college locally so that he could stay nearby and visit when his grandmothers gathered everyone together for family meals and celebrations. He was a sensitive but active child with no siblings to play with, so 5510's best friends were two neighbor boys that were close to his age. They spent their time going to the park, shooting hoops, playing N64, and making movies on their parents' camcorders. Donor 5510 also loved to play with Legos and create narratives where the Lego characters had fantastical adventures.

In high school, 5510 ran track and cross country. His uncle competed on an international level, so running definitely runs in the family. While donor 5510 got the long-distance running gene from his father's side, it was his mother who instilled in him his love of reading and writing by reading books to him every night as a child. English was his favorite high school class. He fell in love with *Transcendentalists* like Henry David Thoreau and Ralph Waldo Emerson, and other American writers such as F. Scott Fitzgerald and J.D. Salinger. When not running or in school, donor 5510 spent his spare time writing poems and short stories.

An athletic scholarship allowed 5510 to hone his passion for writing in college. He continued to study English, and even read at open mics for extra credit. For fun he played Ultimate Frisbee and volleyball in the park with friends, and also indulged his inner movie buff by checking out the latest flicks. 5510 moved to the northeast for graduate school, a transition he felt to be difficult. He sheepishly admitted that running in the freezing cold, snowy woods in shorts was *not so smart*; but he acclimated quickly enough, especially after meeting his current partner. His mind visibly wandered into happiness when he told us how they would read out loud to one another at night, taking turns reading a page at a time. Donor 5510 also taught general education English as a teaching assistant in grad school. His *trial by fire* was terrifying at first, but after he ingeniously grew a beard to gain confidence and look more mature than his fresh- faced 18-year old students, he felt much more confident.

Currently, 5510 writes for a living, still teeters at pet writing projects in his leisure time, and dreams of one day selling a screenplay that gets produced and released. He and his girlfriend just adopted their first dog whom they love to take hiking or cuddle with while watching movies.

If given \$1000 and a day off of work, 5510 would take his girlfriend on a day trip to Napa or Half Moon Bay and treat her to a fancy dinner. He mentioned that he would definitely invest any left-over funds because he likes to save for the future.

\*\*Interviewed by Meghann C. and Maribel L. on 4/27/18.\*\*

**DONOR PROFILE: 5510** 

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5510 is eligible and approved for semen donation at The Sperm Bank of California. This profile was prepared in November 2018 and updated in April 2022.

#### Personal Information

Identity-Release Program: Yes
Month/year of birth: August 1990

• Education: Bachelor's degree in English, Master of Fine Arts in English

• Current occupation: Content marketer, Office administration

• Ethnic origin: French Canadian, German, Portuguese, Spanish

Religion born into: CatholicReligion practicing: Catholic

### PHYSICAL CHARACTERISTICS

Height: 5'10"Weight: 130 lbs

Hair color: Medium brown
Hair type: Wavy/curly
Eye color: Light brown

• Complexion: Fair/rosy

Body type: SmallBlood group/Rh: A+

• Baby photo available: **Yes** 

Other distinguishing features:

#### FAMILY MEDICAL HISTORY

KEY: D donor Ch child F father M mother S sister B brother

Co cousin A aunt U uncle MGF maternal grandfather MGM maternal grandmother

PGF paternal grandfather PGM paternal grandmother

Allergies: D: Allergies to pollen, grass, dust at 7, treated with OTC meds, ongoing, managed.

Breast Cancer: MGM: Breast cancer at 80, treated with surgery, resolved.

Gastrointestinal: MGF: Cirrhosis of the liver at 40, no known treatment, cause of death at 41. MU5

Appendicitis at 38, treated with surgical removal, resolved.

Heart: M: High blood pressure at 55, treated with medication, ongoing, managed. F: High cholesterol at 39, treated with medication, ongoing, managed. PGF: High cholesterol at 55, treated with medication, ongoing, managed. PGM: High cholesterol at 60, treated with medication, managed until death at 84. MU2: Stroke (multiple) at 56, treated with hospitalization, surgery, cause of death at 60.

Mental Health: PCo: Bipolar disorder at 19, treated with medication, ongoing, managed.

Metabolic/Endocrine: MU2: Type 2 diabetes at 34, treated with medication, managed until death at 60. Neurological: MGM: Alzheimer's disease at 92, treated with supportive care, ongoing until death at 97.

Respiratory (Lungs): D: Asthma at 9, treated with inhaler as needed, managed.

Sight/Sound/Smell: D: Right eye: 20/50, Left eye: 20/50

Skin: D: Birthmarks (leg) at birth, no treatment needed, ongoing. MGM: Skin cancer (basal cell) at 97, no

treatment, ongoing until death.

Substance Abuse: MU1: Alcohol dependence at 35, treated with rehabilitation, recovered, sober.

Urinary: PGM: Kidney failure at 82, no treatment, ongoing until death at 84.

Cancer (see above): MGM: Breast cancer, MGM: Skin cancer.

Other: D: Speech difficulty at 7, treated with speech therapy, resolved.

#### **DONOR LAB RESULTS**

Chlamydia: Not Detected Gonorrhea: Not Detected Syphilis: Non-Reactive

HIV 1 & 2: Non-Reactive CMV total antibody: Negative

Hepatitis B: Non-Reactive HTLV 1 & 2: Non-Reactive

Urinalysis: Normal Chem panel: Normal CBC: Normal

#### **GENETIC SCREENING RESULTS:**

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Expanded carrier screening for 268 autosomal recessive conditions was completed by Invitae and reported on **October 7th, 2021**. The results were **POSITIVE** for **USH2A-Related Conditions**. Donor 5510 is a carrier for these conditions.

It is strongly recommended that recipients who use this donor's sperm undergo carrier screening for these specific conditions.

Testing was negative for the remainder of genes screened. Please refer to the donor's Invitae expanded carrier test report for more information on the testing completed and the donor's results.

Disease	Result	Residual risk to be a carrier
USH2A-related conditions	POSITIVE	n/a
Cystic Fibrosis	Negative	1 in 2700
Spinal Muscular Atrophy	Negative: 2 copies exon 7 c.*3+80T>G variant not detected	1 in 784
HBB Hemoglobinopathies & Thalassemia	Negative	1 in 1600
Alpha Thalassemia	Negative	1 in 241
Tay-Sachs	Negative	1 in 2600

## **DONOR NARRATIVE: 5510**

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

#### Describe your personality.

Others have described my personality as kind, smart, funny, loving, patient, thoughtful, and detail-oriented. When meeting someone new, I normally take a minute or two to find my way into a conversation. I'd rather share stories than gossip. I prefer having experiences over material possessions. Instead of getting emotional, I stay logical. I like order and schedules, routines and cleanliness. And, to be fair, I can be a bit of a perfectionist. Most of all, I attempt to remain optimistic in the face of adversity.

#### What are your interests and talents?

If I'm not careful, this section could run a couple pages. But, to keep things manageable, here are my top interests: track and field, cross country, writing, literature, movies, music, hiking, dancing, traveling, investing, TV, video games, board games, walking my dog, and having date nights with my significant other.

Track especially is near and dear to my heart. In high school, I was a talented long-distance runner who was received multiple accolades on the local and state level. I could run a 5k in less than 16 minutes and was lucky enough to be recruited by over 30 colleges and universities. Out of those schools—which included an Ivy league college, a top UC, and several renowned track programs—I chose a private institution that offered me a generous athletic scholarship. Throughout my college years, I continued to grow as a student and athlete. While maintaining a 3.9 GPA, I also received West Coast regional distinctions for cross country. Today, I still try to run at least four times a week.

Writing and literature is equally important to me. After finishing my undergraduate work, I was accepted into one of. There, I got to meet some of my literary idols like Zadie Smith, George Saunders, and Junot Diaz while working on my own short story collection. I'm happy to say some of those stories were accepted for publication in small literary magazines here and there. I don't think I'm the next Hemingway or anything, but I do love crafting fiction nonetheless.

## What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I've been fortunate enough in recent years to find work in the Bay Area that uses my writing background and allowed me to purchase my first condo. Personally, I intend to get married to my long-term girlfriend in a year or so. We've been together since 2013, so I'm excited to take our relationship to the next level and settle down. Professionally, I want to grow further as a copywriter—and even perhaps a marketing coordinator. Lately I've

gotten the chance to write content for some large tech companies, and I'd like to take those opportunities further. Other than that, I would like to spend time traveling the globe, seeing new sights, and continuing some of my own creative writing projects.

### How would you describe your skills and interests in the following areas?

**Math:** I mainly received A's and B's in high school for algebra, geometry, and trigonometry. In college, I took statistics and received an A+ in the course.

**Mechanical:** Someone better call for help! This is not my area of expertise.

**Athletic:** I am a phenomenal runner, excellent soccer player, and decent biker. I am less coordinated when it comes to sports like basketball and baseball.

**Musical, Artistic, Creative:** While I cannot play an instrument or paint, I greatly admire those who can. I have somewhat studied all the liberal arts. These other mediums influence my writing.

**Language (what languages besides English do you speak?):** I know a little Italian and a little Spanish, but I'm far from fluent.

**Writing:** This is where I excel. For work, I write white papers, articles, blogs, case studies, and ads. In my spare time, I write short stories, screenplays, and graphic novels.

**Literature:** I am especially well-versed in postmodern literature and the New Sincerity movement.

**Science**: I find anything about astronomy and the cosmos very interesting. I also love reading articles on theoretical physics. Sometimes that stuff is more out there than science fiction.

## Please list a few of your favorite:

**Movies**: I'm Not There, There Will Be Blood, The Social Network, Pulp Fiction, Catch Me If You Can, The Departed, Goodfellas, Amadeus, Jackie Brown, Annie Hall, Chinatown, Blue Jasmine, Adaptation, Moonrise Kingdom

**Books/Authors:**George Saunders, Jennifer Egan, Lorrie Moore, Joyce Carrol Oates, Stuart Dybek, Denis Jonson, Jonathan Franzen, James Salter, John Updike, T.C. Boyle, Donald Barthelme, John Barth

**Albums/Musicians/Performances**: Bob Dylan, The Beatles, The Rolling Stones, Pink Floyd, Bruce Springsteen, Fleetwood Mac, David Bowie, Tom Petty, Led Zeppelin, AC/DC, Elton John, Michael Jackson, Nirvana, Eminem, Radiohead, Lana Del Rey, Amy Winehouse, Kanye West, Kendrick Lamar

## What are a few of your reasons for becoming a sperm donor?

To be honest, the main reason is that my significant other and I might not be able to have kids of our own. We may choose to adopt a child one day, but passing down my genes is something that is still important to me. I see this as a way to do so while also getting the opportunity to help others grow a family.

## You have joined the Identity-Release® Program. What appeals to you about this program?

Simply put, I think this is a great program. My girlfriend is adopted and hasn't had much luck finding more information about her birth parents. Should there be offspring, I want them to have the answers they deserve, and I promise to be as forthcoming and helpful as possible.

## Is there anything else you would like to share with participating families and offspring?

Thank you for taking the time to read this narrative and consider me as a potential donor. I wish you the best of luck in your search.



# **HEALTH PROBLEMS DONOR 5510**

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Birthmarks	Age at onset/diagnosis: Birth
	Two, leg	Treatment: None needed
	rwo, reg	Outcome: Ongoing, no issues
		Catesine Chigomy, no issues
	Speech difficulty	Age at onset/diagnosis: 7
	"R" sounds	Treatment: Speech therapy
		Outcome: Resolved in grade school
	Allergies	Age at onset/diagnosis: 7
	Pollen, grass & dust	Treatment: OTC medication
		Outcome: Ongoing, managed
	Asthma	Age at onset/diagnosis: 9
		Treatment: Inhaler as needed
		Outcome: Managed
Mother	High blood pressure	Age at onset/diagnosis: 55
		Treatment: Medication
		Outcome: Ongoing, managed
Father	High cholesterol	Age at onset/diagnosis: 39
		Treatment: Medication
		Outcome: Ongoing, managed
Maternal Grandfather	Cirrhosis of the liver	Age at onset/diagnosis: 40
		Treatment: None known
		Outcome: Death at age 41
Maternal Grandmother	Breast cancer	Age at onset/diagnosis: 80
		Treatment: Surgery
		Outcome: Resolved
	Alzheimer's disease	Age at onset/diagnosis: 92
		Treatment: Supportive care
		Outcome: Ongoing until death at 97
	Skin cancer	Age at onset/diagnosis: 97

	Basal cell, nose	Treatment: No treatment
		Outcome: Ongoing until death at 97
Paternal Grandfather	High cholesterol	Age at onset/diagnosis: 55
		Treatment: Medication
		Outcome: Ongoing, managed
Paternal Grandmother	High cholesterol	Age at onset/diagnosis: 60
		Treatment: Medication
		Outcome: Managed until death at 84
	Kidney failure	Age at onset/diagnosis: 82
		Treatment: No treatment
		Outcome: Ongoing until death at 84
Maternal Uncle #1	Alcohol dependence	Age at onset/diagnosis: 35
		Treatment: Rehabilitation
		Outcome: Recovered, sober
Maternal Uncle #2	Type 2 diabetes	Age at onset/diagnosis: 34
		Treatment: Medication
		Outcome: Managed until death at 60
	Stroke	Age at onset/diagnosis: 56
	Multiple	Treatment: Hospitalization, surgery
		Outcome: Cause of death at age 60
Maternal Uncle #5	Appendicitis	Age at onset/diagnosis: 38
		Treatment: Surgical removal
		Outcome: Resolved
Paternal Cousin	Bipolar disorder	Age at onset/diagnosis: 19
		Treatment: Medication
		Outcome: Ongoing, managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C. Genetic Counselor