



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5469

Donor 5469 was super fun to meet! He was incredibly thoughtful in his conversation and descriptions of himself, he was easy to get to know, and we enjoyed his company. He came to our interview wearing nice shorts and a collared shirt, left open slightly at the top to match his laid-back style. His dark curly hair was ruffled and stylish, and with his sleeves rolled back, we were able to see his collection of beautiful tattoos.

Donor 5469 had a pretty idyllic childhood, growing up in a small beach community where, according to his mother, he took his very first steps on the beach, stumbling toward the ocean. Sport activities that had to do with the water were of the highest importance in the area, so 5469 grew up surfing, swimming, and working as a lifeguard.

5469's parents always encouraged creativity. His father was a writer and professor and his mother was an English teacher, so he was always surrounded by books in their home and always freely given art supplies to explore that way as well. Spending his formative years this way was incredibly influential on 5469, and he grew up to value all forms of art and creativity. He expressed that these values were deeply important to his personal ideology.

During high school, donor 5469 became especially turned off by the hypermasculinity of organized sports, so he began to focus a lot more on his art. During this time of exploration, he started to make friends with the *weirdo punk kids* at school. Although he had no formal musical training, these friends helped to open him up to the concept of music as a new form of expression. This was a turning point in his life, because he then went on to teach himself how to play any instrument that crossed his path and tickled his fancy, bursting open the opportunity for creation in his life and interpersonal relationships.

After high school, 5469 moved to the Pacific Northwest to study at an art school for a little while, but the stuffiness and restriction of the program wasn't a good match for him. At this point he decided to leave the program and entered into the bakery and food industry for his day gig, which he happily continues to this day. He loves food because of its connection to the sensuality of existing, and believes that it can be used as a tool to be mindful and enjoy the moment. His partner (in life and art) also happens to be a fantastic cook, so they bond over creating and enjoying food together. Beautiful!

An incredibly hard worker, donor 5469 spends much of his time these days touring and making music and art with his chosen family. He has a naturally inquisitive nature, having toured all over the country with an extensive network of friends and like minds. As mentioned, music is a key component in 5469's movement through the world, but he is wonderfully unpretentious in his relationship to it. The way he described his ability to love and respect all forms of music, from the free jazz he gets into with one of the many groups he plays with, to radio pop, is a refreshing take in this classist culture of ours.

Donor 5469 was an absolute joy to get to know and having him as an addition to our program is like a breath of fresh air! We're excited to have him in our program!

Interviewed by Marisa S. and Maribel L. 11/8/17



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DONOR PROFILE: 5469

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **5469** is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in July 2018

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **February 1982**
- Education: **Art Trade School, two years of study in Fine Arts/Illustration; Fine Arts college, one year of study in Fine Art.**
- Current occupation: **Baker, musician**
- Ethnic origin: **Norwegian, Scottish, German**
- Religion born into: **Catholic**
- Religion practicing: **Pagan/Animist/Nature Worship/Universal Love**

PHYSICAL CHARACTERISTICS

- Height: **5'10"**
- Weight: **240 lbs**
- Hair color: **Medium brown**
- Hair type: **Wavy**
- Eye color: **Dark brown**
- Complexion: **Olive**
- Body type: **Medium**
- Blood group/Rh: **A+**
- Baby photo available: **Yes**
- Other distinguishing features: **Broad shoulders, muscular legs, perfect eyebrows**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal
grandmother **PGF** paternal grandfather **PGM** paternal grandmother

Allergies: **D: Seasonal allergies in teens, treated with natural remedies, managed.**

Gastrointestinal: **F: Appendicitis at 50, treated with surgical removal, resolved.**

Genital/Reproductive: **D: Spermatocele in teens, no treatment needed, ongoing, benign. PGF: Prostate cancer at 88, treated with chemotherapy, managed until death at 96.**

Heart: **F: Angina at 71, treated with stent placement, managed. F: Heart attack (mild) at 71, treated with medication, managed. MGM: Stroke at 72, treated with hospitalization, managed until death at 78. PGF: Heart attack at 90, treated with medication, lifestyle changes until death at 96. PGM: Coronary artery disease**

at 83, treated with diet change and smoking cessation, cause of death at 84. PA: High blood pressure at 45, treated with medication and lifestyle changes, managed.

Metabolic/Endocrine: M: Thyroid cancer at 58, treated with surgical removal, resolved. PGF: Type 1 diabetes in childhood, treated with insulin, managed until death at 88.

Neurological: M: Migraines at 11, treated with medication, resolved at 50. MGM: Alzheimer disease at 72, supportive care, managed until death at 78.

Sight/Sound/Smell: D: right eye: 20/20, left eye 20/20. F: Colorblindness at birth, no treatment needed, ongoing.

Cancer (see above): M: Thyroid cancer

DONOR LAB RESULTS

Chlamydia: **Not Detected**
HIV 1 & 2: **Non-Reactive**
Hepatitis B: **Non-Reactive**
Urinalysis: **Normal**

Gonorrhea: **Not Detected**
CMV total antibody: **Negative**
Hepatitis C: **Non-Reactive**
Chem panel: **Normal**

Syphilis: **Non-Reactive**
HTLV 1 & 2: **Non-Reactive**
CBC: **Normal**

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) **No mutation detected**
Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected (Normal)**
Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);
No evidence of thalassemia**

DONOR NARRATIVE: 5469

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I am a blend of both introvert and extrovert. I do enjoy spending lots of time alone and being independent: painting, recording music, museum visits, hiking, biking, but I also enjoy many social activities. I am active in many bands and make collaborative art with others. I also book and promote concerts and tour frequently with the multiple bands I play in. Frequently, I am the organizer and leader of these bands and groups of people in my community of artists, and that responsibility is something I enjoy. Humor is very important to me and looking for the absurd or hilarious in situations often leads me to a positive and peaceful mindset when confronting the challenges of daily life. Positivity and thoughtfulness guide my activities and I have found myself in a space where I truly believe in concepts that are considered cliché or passe (like Unity, Peace, Love, Community) and are my subconscious goals in art, music and life.

What are your interests and talents?

I am a musician who plays many different instruments. I am self taught and can and have played everything from classic rock n roll covers to jazz to avant garde improvisation. I am an avid consumer of all arts and a voracious reader, constantly in the middle of 2-4 books. I read lots of different subjects- fiction (classics AND empty carbs), nature, philosophy, radical politics, music and arts of course, poetry, etc. I frequent museums and love to travel, especially with my bands.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

In a decade, I can see myself still doing what I do, just on a larger scale. Touring the world, showing art internationally, painting bigger, working even more ambitiously. Creating with larger groups of peers and organizing communities arts on a grander scale. I rarely set concrete goals for myself, as I enjoy a process that creates an end for itself organically. Like taking off on a walk for no reason and simply enjoying the aimlessness, only to find yourself at an exciting and interesting place by the end.

How would you describe your skills and interests in the following areas?

Math: Minimal skill and interest. Competent... I think???

Mechanical: I work on bikes- both for myself and friends and lend a hand in neighborhood bike clinics. I also work on instruments, especially electric guitars. Recording music is also a passion and working with both digital and analog systems has doubled the possibilities of capturing live sounds.

Athletic: biking, hiking, swimming, surfing and other water sports are all interests. I do bike everywhere just as a practical matter. One less car and great exercise!

Musical, Artistic, Creative: I have been playing music in bands since I was a teenager. I am self taught on all instruments I can play: sax (alto and tenor), bass, guitar (electric, acoustic, classical), keyboard/piano, drums/percussion. I am also an active painter and multi-media artist.

Language (what languages besides English do you speak?): Hablo un poco de Espanol

Writing: I grew up in a household of books: both my parents are or have been English/literature/writing teachers and reading and writing has always been important to me. I write prose and poetry that has been both published and self published.

Literature: I am constantly in the middle of several books, I am a voracious reader.

Science: I believe in it. I love hiking and swimming in nature and find a “forest bath” to generally be just the thing to clear my head. Studying nature through ecology, biology, conservation, etc helps bring perspective to the life I live within an urban environ.

Please list a few of your favorite:

Movies: 90s action movies (Point Break, True Lies), documentaries (Werner Herzog), avant garde (Stan Brakhage), outsider (Kuchar Bros), comedy (John Waters), etc. I love all films!

Books/Authors: Too many to list completely! briefly: Henry Miller, Italo Calvino, Claude Levi Strauss, Nabokov, Margaret Atwood, Andre Breton, Naomi Klein, Jung, John Giorno

Albums/Musicians/Performances: Too many! Sun Ra, the Coltrane family, The Fall, DNA, Phyllis Dillon, Kleenex, Jonathan Richman, Captain Beefheart, Eric Satie, Fela Kuti, Roger Miller, etc. Free Jazz, noise, no wave, punk, avant garde, classic rock, classical, country, funk, afro beat, psychedelic, folk, reggae. I love music!

What are a few of your reasons for becoming a sperm donor?

I know too many people and people with partners who are unable to bring children into the world because of biological reasons. It seems unfair that I have the ability to do so, yet choose not to while others have had that choice made for them. I want to level the playing field and help facilitate the life of a child for people who yearn to add to the planet with a human created with love.

You have joined the Identity-Release® Program . What appeals to you about this program?

It seems natural and right that a child would want to know the biology from which they have originated. I won't get in the way!

Is there anything else you would like to share with participating families and offspring?

I wish you the best of luck in your search for the right donor. I hope that I was able to answer the questions in the way that best represent myself and where I come from. Regardless of whether I am chosen to be your donor or not, your journey has brought you to the Sperm Bank of CA, a reputable and professional hub and these stewards can surely guide you in your search. Peace to you.



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HEALTH PROBLEMS DONOR 5469

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Allergies <i>Seasonal</i>	Age at onset/diagnosis: Teens Treatment: Natural remedies as needed Outcome: Managed
	Spermatocele* <i>Benign spermatic cyst</i>	Age at onset/diagnosis: Teens Treatment: None needed Outcome: Ongoing
Mother	Migraines	Age at onset/diagnosis: 11 Treatment: Medication Outcome: Resolved at age 50
	Thyroid cancer	Age at onset/diagnosis: 58 Treatment: Surgical removal Outcome: Resolved
Father	Colorblindness	Age at onset/diagnosis: Birth Treatment: None needed Outcome: Ongoing
	Appendicitis	Age at onset/diagnosis: 50 Treatment: Surgical removal Outcome: Resolved
	Angina <i>Chest pain</i>	Age at onset/diagnosis: 71 Treatment: Stent placed Outcome: Managed
	Heart attack <i>Mild</i>	Age at onset/diagnosis: 71 Treatment: Medication Outcome: Managed

Maternal Grandfather	Type 1 diabetes	Age at onset/diagnosis: Childhood Treatment: Insulin Outcome: Managed until death at 88
Maternal Grandmother	Stroke	Age at onset/diagnosis: 72 Treatment: Hospitalization Outcome: Managed until death at 78
	Alzheimer's disease	Age at onset/diagnosis: 72 Treatment: Supportive care Outcome: Managed until death at 78
Paternal Grandfather	Prostate cancer	Age at onset/diagnosis: 88 Treatment: Chemotherapy Outcome: Managed until death at 96
	Heart attack	Age at onset/diagnosis: 90 Treatment: Medication, lifestyle changes Outcome: Managed until death at 96
	Heart failure	Age at onset/diagnosis: 96 Treatment: None known Outcome: Cause of death at 96
Paternal Grandmother	Coronary artery disease <i>Hardening of the arteries</i>	Age at onset/diagnosis: 83 Treatment: Change of diet, quit smoking Outcome: Cause of death at 84
Paternal Aunt	High blood pressure	Age at onset/diagnosis: 45 Treatment: Medication, lifestyle changes Outcome: Managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

***Regarding Spermatocele: This benign finding has been unchanged in the donor for 25 years, causes no pain, and does not affect sperm production. It is not considered hereditary and does not pose a cancer risk.**

Upon review of the remaining available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor