



Reproductive Technologies, Inc.

# THE SPERM BANK OF CALIFORNIA

## INTERVIEW NOTES: 5459

Donor 5459 is a sweet and humble human who moves through the world trying to do as much good as he can. To our interview, he wore fitted khaki pants with a salmon pink button-up collared shirt. His dark black hair was cut short on the sides and longer on the top and gelled over to one side. He wore frameless glasses that fit well with his thick, dark eyebrows and warm brown eyes. He told us about his life with a genuine smile and a welcoming demeanor.

5459 grew up in a rural village in India with his parents, three sisters and brother. At the young age of 10, he moved into the city to attend boarding school. The boarding school had a focus on sports and education. He shared with us that he had to compete against 1200 other students to gain admittance! Academic lessons were supplemented with sports training in the mornings during the week. His school was 300 miles away from home, 5459 was only allowed to see his family once a month, with 25 days off during the summer. He told us that boarding school was absolutely difficult for him, and it required a lot of discipline, but he found in peers a second family and the teachers treated them all as if they were their own children. He also mentioned enjoying the wide variety of activities they participated in outside of academics, including music and traditional dance. He also learned to do *mehndi* designs---the traditional body art using henna.

Donor 5459 was exposed to many different subjects while he was a student, and he eventually developed a particular interest in geography. He became fascinated by how people lived around the world; why they lived where they did, what their personal and work lives were like. He realized that pursuing a career in geography-related studies would provide him with a wide array of subjects to choose from and give him a broad range of professional options as well.

While pursuing a college degree, 5459 became involved in a series of geography-based projects. One included analyzing the accessibility of sports facilities for residents of rural villages and devising ways of increasing that accessibility for villagers utilizing the modes of transportations that were available to them. He also participated in creating a grassroots organization aimed at finding employment opportunities for athletes that had dedicated most of their formative years to sports, and had little training elsewhere. He has also spent some of his time advocating and promoting education for children, and participated in efforts to empower women living in rural villages.

Donor 5459 currently works in marketing at a tech company. When he has free time, he enjoys spending it with family exploring new places; traveling, and learning all he can about people from other cultures. He continues to stay active, recently picking up golf, as he believes: *the more physical activity, the more sweating that will drive out toxins.*

Dearly missing India and his family, 5459 stays in touch via FaceTime, and he continues to live by his father's life mantra: *Speak to others freely and be positive.*

We are pleased to have Donor 5459 in our program!

Interviewed by: Maribel L. & Lauren A.

Date: 10/13/2017



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## DONOR PROFILE: 5459

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **5459** is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in June 2018

### PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **January 1991**
- Education: **Bachelor of Arts, Geography; MBA, Marketing Management**
- Current occupation: **Supervisor, Freight company**
- Ethnic origin: **Asian Indian (North India)**
- Religion born into: **Hindu**
- Religion practicing: **Not practicing**

### PHYSICAL CHARACTERISTICS

- Height: **5'10" tall**
- Weight: **169.5 lbs**
- Hair color: **Black**
- Hair type: **Wavy**
- Eye color: **Black**
- Complexion: **Light brown**
- Body type: **Medium**
- Blood group/Rh: **B+**
- Baby photo available: **Yes**
- Other distinguishing features:

### FAMILY MEDICAL HISTORY

**KEY: D** donor    **Ch** child    **F** father    **M** mother    **S** sister    **B** brother  
**Co** cousin    **A** aunt    **U** uncle    **MGF** maternal grandfather    **MGM** maternal  
grandmother    **PGF** paternal grandfather    **PGM** paternal grandmother

Heart: **PU1: Cardiac arrest at 45, no treatment, cause of death at 45. M: Low blood pressure, treated with diet and natural treatments, managed. MGM: Low blood pressure at 70, treated with exercise, yoga and natural treatments, managed.**

Muscles/Bones/Joints: **MA1: Osteoarthritis at 55, treated with natural topical ointments, ongoing, managed.**  
Respiratory (Lungs): **MGF: Asthma at 50, treated with dust/irritant avoidance, managed. MU1: Asthma at 55, treated with irritant avoidance & yoga, managed.**

Sight/Sound/Smell: **D: Right eye: 20/50, Left eye: 20/70.**

Urinary: **M: Kidney stone at 50, treated with homeopathic medication, resolved. MGF: Kidney failure at 66, treated with surgery, cause of death at 66.**

## DONOR LAB RESULTS

Chlamydia: **Not Detected**  
HIV 1 & 2: **Non-Reactive**  
Hepatitis B: **Non-Reactive**  
Urinalysis: **Normal**

Gonorrhea: **Not Detected**  
CMV total antibody: **\*Positive**  
Hepatitis C: **Non-Reactive**  
Chem panel: **Normal**

Syphilis: **Non-Reactive**  
HTLV 1 & 2: **Non-Reactive**  
CBC: **Normal**

*\*CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious*

## GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

*Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.*

Cystic Fibrosis: (> 500 mutations) **No mutation detected**  
Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected (normal)**  
Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);  
No evidence of thalassemia**

## DONOR NARRATIVE: 5459

*The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor*

### Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I am a goal oriented personality. To grow I always set goals with time limit to achieved my goal and for that i try with my full willpower try to achieve before targeted time period. When pursuing a goal, I determine the most efficient plan and then methodically carry it out. While I am open to changing my approach if new information is available, I would just as easily finish what I started through sheer willpower regardless of any difficulties. Despite being withdrawn, I'm naturally confident, passionately enjoy sharing ideas with others so i get new ideas too, due to good catching power i put other idea to perform better.

### What are your interests and talents?

Playing Boxing, kickboxing, Study, Education & awareness for betterment of society. I played at International level & won medals. When I was 11yr old I setup a goal to bring medals for my school & I started practicing hard. Then within one year I bring medals for my school in boxing as well as in athletics in inter schools competition at District level. Then I setup goal to bring medals for my state and within 3 years I practice hard with full dedication and played nationals in boxing & won medals for my state. Also performed good at academics. I have to score good at academics because my brother & sisters all excellent in academics & I performed well in academics too. In high school my goal to took admission in one of top universities & due to good at sports and academics I did my bachelors from India's top university with 64%. In college I goal to play for my Country then

within two years I played three international championships and bring medals for country. Helped many rural villages for women empowerment & child education. Policy advocacy with Industry Chamber to catalyst for industries.

### What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

After college make goal in professional life then I work policy advocacy to government as well as Industries in Sports, Railways & Civil aviation Industry. I planned to do something for society for that with the help of NGO's & Government worked for Women empowerment & Child education in around 200 rural villages. I also planned to do something for sports persons for employment, after they stopped playing many players faced problems not getting jobs. For that we started doing conferences to helped players & had success. In 5-10 year a good happy healthy wealthy family & be a good human & live by love. Also currently started playing golf. I had keen interest, within couple of months work to be good and better.

### How would you describe your skills and interests in the following areas?

**Math:** Math was like matches with my sister and brother, they used to play with each other then i grow up with them with so much interest in math, start loving calculation tables multiples, later on in high school i was so much deep interest used to compete m seniors even sometimes my math teacher mention in class you are so quick problem solver. Trigonometry & numerical one of my favorite.

**Mechanical:** Leadership & to find solutions for problems.

**Athletic:** when i was kid my father used to take me to playground i watches my father to play football, basketball, i always keen interest in outdoor games, i used to play most of sports for my jr. school in high school i was more focused boxing & kickboxing & long run. With my full dedication & hard practice i played at International level/ National/college & won medals.

**Musical, Artistic, Creative:** Its quite interesting I love Rangoli Art, Landscape & Glass painting even at school level i participated in many competitions too.

**Language (what languages besides English do you speak?):** Other then English i knew 5 other (Indian) language but now i have kind interest to learn Spanish too because i love tourism & social work at remote area so if i knew different language then its more effective & comfortable work we can performed for remote area people & they also understand better.

**Writing:** No to say too much about writing i was so much busy in outdoor sports & studies.

**Literature:** I love reading but more nobles of famous sport stars "Its not about the bikes: My Journey Back to Life" is one my favorite & motivated me in getting medals at International level.

**Science:** From Needle to Aeroplane created by science, today life whatever we use all because of advancement of science. If I see something i always curious about how this thing made why & its always interesting wow this how i knows more about creation of this whole universe & about its different creations.

### Please list a few of your favorite:

**Movies:** I am kind movies lover, always i am curious about new movies, most of time it happens one movie i must watch on my weekend spare relaxing time. Rocky, Harry Potter, Action movies & Bollywood movies are my favorites.

**Books/Authors:**Lance Armstrong “Its not about the bikes: My Journey Back to Life” This book motivated me a lot.

**Albums/Musicians/Performances:** I love Melody songs (English, Hindi, Punjabi) like after long day work or weekend morning sit at lawn or balcony with cup of coffee & melody song are give me so much peace and relax to my brain & body. Lata Mangeshkar, KK (Krishnakumar Kunnath), Rihanna, Taylor Swift.

### What are a few of your reasons for becoming a sperm donor?

I am so happy to see happy, healthy families with kids all around. To becoming a sperm donor is my greatest contributing factor to what makes a “good person”, is their home, whether they come from a loving and supportive family. If any individuals care for each other but are prevented by biology, I would be glad and privileged to help support them in creating a family. And to over come the global infertility crisis too.

### You have joined the Identity-Release® Program . What appeals to you about this program?

Its good initiative because everyone have curiosity to know about themselves and where they come from. If an individual is interested in self exploration, they should be free to pursue the knowledge they want.

### Is there anything else you would like to share with participating families and offspring?

I wish everyone should have happy healthy family with kids.



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## HEALTH PROBLEMS DONOR 5459

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
<b>Mother</b>	Kidney stone	Age at onset/diagnosis: 50 Treatment: Homeopathic medication Outcome: Resolved
	Low blood pressure	Age at onset/diagnosis: 55 Treatment: Diet, natural treatments Outcome: Managed
<b>Father</b>	High blood pressure	Age at onset/diagnosis: 56 Treatment: Exercise, yoga Outcome: Managed
<b>Maternal Grandfather</b>	Asthma	Age at onset/diagnosis: 50 Treatment: Dust/irritant avoidance Outcome: Ongoing, managed
	Kidney failure	Age at onset/diagnosis: 66 Treatment: Surgery Outcome: Cause of death at 66
<b>Maternal Grandmother</b>	Low blood pressure	Age at onset/diagnosis: 70 Treatment: Exercise, yoga, natural treatments Outcome: Managed
<b>Maternal Aunt #1</b>	Osteoarthritis	Age at onset/diagnosis: 55 Treatment: Natural topical ointment Outcome: Ongoing, managed
<b>Maternal Uncle #1</b>	Asthma	Age at onset/diagnosis: 55 Treatment: Irritant avoidance, yoga Outcome: Ongoing, managed
<b>Paternal Uncle #4</b>	Heart attack	Age at onset/diagnosis: 45 Treatment: No treatment Outcome: Cause of death at 45

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.  
Genetic Counselor