



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5429

Donor 5429 is an extremely self-aware, beautiful, peaceful person who freely expresses his humanity. He's definitely experienced some real struggle in his life, but as his story will show, he is nothing if not resilient, deeply tender, and kind-hearted. A natural storyteller, he shared fragments of his life through a series of captivating stories. To our interview, 5429 wore his long dark brown hair down, complementing it with a grey t-shirt and olive green cargo shorts that paired well with his boat shoes. He mentioned that he physically looks like the guys who played the werewolves in the Twilight saga, and we agree!

5429 grew up in the suburbs of Southern California with his younger sibling and parents. When asked how his mother would describe him as a child, she said he was incredibly personable and always looking for new things to do and learn. She would say he had a great energy and made friends easily with the neighborhood kids. He recalled spending several afternoons with a neighbor pal digging in the dirt for seven to eight hours with no real goal, other than to dig as deep a hole as they possibly could. This hole was eventually so deep that his mother could not see them in it when she stepped outside to look for them!

When Donor 5429 was seven years old, his baby sibling was born. (His younger brother was assigned female at birth, but has since come out to him as a trans man.) He took the role of Older Brother very seriously. He was very protective of the new baby, always carrying him around, showing him his favorite toys and music. When donor 5429 reached puberty, he distanced himself from his brother and opted for a solitary life. During that same time, he and his family moved to a new neighborhood and the donor had a hard time adjusting. In those hard times, he identified with the *emo scene* listening to *emo* music regularly and spending a lot of time on introspection.

Academically, donor 5429 was not the most focused during his early high school years. The pace of the classes was way too slow for someone like him who absorbed the information so quickly. One of his instructors reached out to him and encouraged him to opt for more challenging courses and inspired him to do better in school. 5429 then took AP English with that same instructor. He did well in the class, going on to take the AP English test, passing it and earning college credit. This was the beginning of a life-long love of writing.

The early years in college were difficult for 5429, as transitions can often be. He experimented with recreational drugs, while disconnecting himself from his family and friends. At that time, he was taking Creative Writing. His final assignment was to write an 18 page story. In a series of events, he was confronted with the realization that he had hurt his mother and other important people in his life. He spent the full day before his assignment was due writing an 18 page story. The story ended up being an 18 page apology to the people he cared about and wanted to make amends with. It was a huge turning point in his life. He worked really hard to complete his Bachelor's Degree and will be starting a Master's program in Fiction this fall!

Currently, Donor 5429 spends time writing stories inspired by his own life experiences and those of people around him. He has since become closer to his brother, and works to be as supportive as possible in his brother's process of defining his gender and transitioning. His relationship with his parents has improved and he speaks to them at least once a week. Besides writing, he volunteers as a creative writing teacher to adolescents, inspiring young minds to write and share their stories.

We are excited and happy to have donor 5429 on board!

Interviewers: Marisa S. & Maribel L.

Date: 07/27/17



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DONOR PROFILE: 5429

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5429 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in March 2018. Updated August 2021

PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **February 1991**
- Education: **Bachelor's degree in Creative Writing/English, Master's degree in Fiction in progress**
- Current occupation: **Student**
- Ethnic origin: **Peruvian/Italian/Chinese/German/Irish**
- Religion born into: **Catholicism**
- Religion practicing: **Belief in the spirit/universe.**

PHYSICAL CHARACTERISTICS

- Height: **5'7"**
- Weight: **151**
- Hair color: **Dark brown**
- Hair type: **Wavy, long**
- Eye color: **Dark brown**
- Complexion: **Medium brown**
- Body type: **Medium**
- Blood group/Rh: **A+**
- Baby photo available: **Yes**
- Other distinguishing features: **Full eyebrows**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **D:** seasonal allergies at 5, treated w OTC meds, ongoing, managed. **B:** Seasonal allergies at 5, treated with OTC meds, ongoing, managed. **M:** Seasonal allergies at 5, treated with OTC meds, ongoing, managed. **MGM:** Seasonal allergies at 5, treated with OTC meds, ongoing, managed. **MA1:** Seasonal allergies at 5, treated with OTC meds, resolved. **MA2:** Seasonal allergies at 5, treated with OTC meds, resolved. **MA3:** Seasonal allergies at 5, treated with OTC meds, resolved. **MCo:** Seasonal allergies at 10, treated inhaler as needed, ongoing.

Blood: **PGF:** Leukemia at 72, treated with chemotherapy, cause of death at 72.

Breast Cancer: **MA1:** Breast cancer at 63, treated with mastectomy, resolved.

Congenital Anomalies (Birth Defects): **PCo:** Clubfeet at birth (bilateral), treated with braces, resolved.

Gastrointestinal: **F: Colon polyps (benign) at 55, treated with surgical removal, resolved.**
Genital/Reproductive: **B: Ovarian cysts at 11, treated with oral contraceptives, managed.**
Heart: **F: High blood pressure at 45, treated with medication, managed. F: High cholesterol at 45, treated with medication, managed. MGF: Stroke at 25, treated with smoking and drinking cessation, ongoing, managed until late in life. MGF: Heart attack (fatal) at 73, no treatments, cause of death.**
Mental Health: **PGF: Depression at 60, treated with medication, managed until death. PU: anxiety at 40, treated with medication, ongoing, managed.**
Metabolic/Endocrine: **M: Hypothyroidism at 54, treated with diet change, exercise, resolved. PGM: Hypothyroidism at 50, no treatment, ongoing.**
Muscles/Bones/Joints: **MGM: Osteoarthritis at 65, treated with knee replacement surgery at 70, managed, uses cane. PGM: Osteoarthritis at 69, treatment not known, managed, uses cane.**
Neurological: **MA2: Migraines at 30, treated with OTC meds as needed, ongoing.**
Respiratory (Lungs): **MA1: Asthma at 30, treated with inhaler as needed, managed.**
Sight/Sound/Smell: **D: Right eye: 20/50, Left eye: 20/25. D: Colorblindness at birth, no treatment needed, ongoing. MGM: Glaucoma at 80, treated with medicated eye drops, managed. MGM: Cataracts at 80, treated with surgery, managed, partially blind in one eye.**
Skin: **B: Acne at 12, treated with oral contraceptives, resolved. PGM: Skin cancer, melanoma (nose) at 75, treated with surgery, skin graft, resolved.**
Cancer (see above): **MA1: Breast cancer.**

Note: B: was assigned female at birth

DONOR LAB RESULTS

Chlamydia: **Not Detected**
HIV 1 & 2: **Non-Reactive**
Hepatitis B: **Non-Reactive**
Urinalysis: **Normal**

Gonorrhea: **Not Detected**
CMV total antibody: ***Positive**
Hepatitis C: **Non-Reactive**
Chem panel: **Normal**

Syphilis: **Non-Reactive**
HTLV 1 & 2: **Non-Reactive**
CBC: **Normal**

**CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious*

GENETIC SCREENING RESULTS

Expanded carrier screening for 268 autosomal recessive conditions was completed by Invitae and reported on August 12, 2021.

The results were POSITIVE for Pendred Syndromes and SLC26A4-Related Conditions. It is strongly recommended recipients who use donor 5429's sperm undergo carrier screening for these conditions. Please refer to the donor's Invitae expanded carrier test report for more information on Pendred Syndrome and SLC26A4-Related conditions as well as the carrier screening completed.

Testing was negative for the remainder of genes screened.

Disease	Result	Residual risk to be a carrier (based on Caucasian, Hispanic and East Asian ethnicity)
Pendred Syndromes and SLC26A4-related conditions	POSITIVE	n/a
Cystic Fibrosis	Negative	1 in 2,700
Spinal Muscular Atrophy	Negative - 2 copies exon 7 Negative for c.*3+80T>G variant in exon 7	1 in 701
HBB Hemoglobinopathies & Thalassemia	Negative	1 in 1,600
Alpha Thalassemia	Negative	1 in 191

DONOR NARRATIVE: 5429

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

My self-assessed personality would be: a creative introvert. I believe in introspection, and value independent time to reflect. I'm curious about others, so I've asked three friends what my personality is. Their response is: outgoing, funny, and thoughtful.

What are your interests and talents?

My interests vary from running around the lake to swimming at the beach to reading about consciousness to drawing blind contour portraits. Interests from first to last: writing, others' emotions, reading, inquiring about others' passions, running, yoga, learning how to describe colors while walking through the neighborhoods. Talents: patience, writing, teaching, balance.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

This was a difficult question in childhood, one of which daunted more than inspired. Thinking or hoping to be something in 5 or 10 years—to my young mind—meant that I wasn't anything then, or what I was, wasn't enough. So to answer this now in young adulthood, I think I will take an amorphous approach, rather than:

professor at Stanford with four kids and a golden retriever (taken from an image I had for myself when asked this question in high school).

In five years I hope to be writing about something my mind has not tackled yet. I hope to have readers that expect this of me, because I expect this of me. I hope to be teaching those who wish to find their voice through words. In five years, I wish to still be in love, and still digging in my quest for a well of infinite patience.

Ten years looks pretty much just like five, only, hopefully, with new people and new ideas flowing around. As I'm getting older . . . the idea of a family is beginning to feel comforting.

A goal in my life is to spearhead a new movement in Literature through a particular way of writing. I want it to be weird, and fragmented, and abstract—all the stuffs our thoughts and feelings are made of. Not these tight, closed themed stories. But raw, unique, human experience of the condition that is our humanity.

How would you describe your skills and interests in the following areas?

Donor Created Key: 5 = Excellent, 3 = Average, 1 = Disinterested

Math: 3—although interest rates and taxes seem to make sense to me

Mechanical: 4—able to learn from step-by-step diagram and enjoy it!

Athletic: 5—put me in coach! I'm quick, with a lot of heart.

Musical, Artistic, Creative: 5—this is my bread & butter, although my brother took all the musical talent. I'm happy that he did though because his drums are awesome!

Language (what languages besides English do you speak?): some Spanish

Writing: 5—fiction, epistolary, poetry (sometimes when the mood hits), this is how I define my self

Literature: 4-5—I can comprehend most things I read: Fiction, Metaphysics, Philosophy. Have I read a lot of Literature specifically? No . . . but I plan to!

Science: 3—I had to complete it for core requirements

Please list a few of your favorite:

Movies: The Notebook, Garden State, The Royal Tenenbaums, The Life Aquatic

Books/Authors: Catcher in the Rye, John Barth, David Foster Wallace, Elizabeth Bishop's poetry

Albums/Musicians/Performances: *In Rainbows*, Radiohead; The XX; The Velvet Underground; Sister Nancy; *good kid m.A.A.d city*, Kendrick Lamar

What are a few of your reasons for becoming a sperm donor?

- 1) To give back to my community
- 2) To help others have the life they want
- 3) To donate what I can, always

You have joined the Identity-Release® Program . What appeals to you about this program?

Coming of age is difficult. If I can help anyone through such a time, I want to. What's appealing about this program is the conversation that may arise from the individual. I think it could not only help them answer questions of identity, but also help me in perhaps answering questions I've never been asked. Self-reflection and introspection are always welcome :)

Also, the conversations with my father have shed beautiful light on me as a person, and I would want to help shed light on anyone searching.

Is there anything else you would like to share with participating families and offspring?

Candor is quicker. Time heals. Patience takes energy. And let love conquer all. And thanks for reading about me!



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HEALTH PROBLEMS DONOR 5429

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Allergies <i>Seasonal</i>	Age at onset/diagnosis: 5 Treatment: OTC meds Outcome: Ongoing, managed
	Colorblindness	Age at onset/diagnosis: 5 Treatment: None needed Outcome: N/A
Brother <i>(Assigned female at birth)</i>	Allergies <i>Seasonal</i>	Age at onset/diagnosis: 5 Treatment: OTC meds Outcome: Ongoing, managed
	Ovarian cysts	Age at onset/diagnosis: 11 Treatment: Oral contraceptives Outcome: Managed
	Acne	Age at onset/diagnosis: 12 Treatment: Oral contraceptives Outcome: Resolved
Mother	Allergies <i>Seasonal</i>	Age at onset/diagnosis: 5 Treatment: OTC meds Outcome: Ongoing, managed
	Hypothyroidism	Age at onset/diagnosis: 54 Treatment: Diet change, exercise Outcome: Resolved
Father	High blood pressure	Age at onset/diagnosis: 45 Treatment: Medication Outcome: Managed
	High cholesterol	Age at onset/diagnosis: 45 Treatment: Medication Outcome: Managed

	Colon polyps <i>Benign</i>	Age at onset/diagnosis: 55 Treatment: Surgical removal Outcome: Resolved
Maternal Grandfather	Stroke	Age at onset/diagnosis: 25 Treatment: Stopped drinking/smoking Outcome: Ongoing, managed until late in life
	Heart attack <i>Fatal</i>	Age at onset/diagnosis: 73 Treatment: None Outcome: Cause of death
Maternal Grandmother	Allergies <i>Seasonal</i>	Age at onset/diagnosis: 5 Treatment: OTC meds Outcome: Ongoing, managed
	Osteoarthritis	Age at onset/diagnosis: 65 Treatment: Knee replacement surgery at 70 Outcome: Managed, uses cane
	Glaucoma	Age at onset/diagnosis: 80 Treatment: Medicated eye drops Outcome: Managed, partial blindness in left eye
	Cataracts	Age at onset/diagnosis: 80 Treatment: Surgery Outcome: Managed, partial blindness in left eye
Paternal Grandfather	Depression	Age at onset/diagnosis: 60 Treatment: Medication Outcome: Managed until death
	Leukemia	Age at onset/diagnosis: 72 Treatment: Chemotherapy Outcome: Cause of death at 72
Paternal Grandmother	Hypothyroidism	Age at onset/diagnosis: 50 Treatment: None Outcome: Ongoing
	Osteoarthritis	Age at onset/diagnosis: 69 Treatment: No known treatment Outcome: Managed, uses cane

	Skin cancer, nose <i>Melanoma</i>	Age at onset/diagnosis: 75 Treatment: Surgery, skin graft Outcome: Resolved
Maternal Aunt #1	Allergies <i>Seasonal</i>	Age at onset/diagnosis: 5 Treatment: OTC meds Outcome: Resolved
	Asthma	Age at onset/diagnosis: 30 Treatment: Inhaler as needed Outcome: Managed
	Breast cancer	Age at onset/diagnosis: 63 Treatment: Mastectomy Outcome: Resolved
Maternal Aunt #2	Allergies <i>Seasonal</i>	Age at onset/diagnosis: 5 Treatment: OTC meds Outcome: Resolved
	Migraine	Age at onset/diagnosis: 30 Treatment: OTC meds as needed Outcome: Ongoing
Maternal Aunt #3	Allergies <i>Seasonal</i>	Age at onset/diagnosis: 5 Treatment: OTC meds Outcome: Resolved
Paternal Uncle	Anxiety	Age at onset/diagnosis: 40 Treatment: Medication Outcome: Ongoing, managed
Paternal Cousin (male)	Clubfoot <i>Bilateral</i>	Age at onset/diagnosis: Birth Treatment: Braces Outcome: Resolved
Maternal Cousin	Allergies <i>Seasonal</i>	Age at onset/diagnosis: 10 Treatment: Inhaler as needed Outcome: Ongoing

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, there may be a risk for seasonal allergies that is higher than the general population. Otherwise, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor