



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5424

Donor 5424 was super fun to meet. He is sweet and relatively quiet in nature, but once we got talking about his interests and life story, he opened up very quickly. He has soft, symmetrical facial features and a strong, slender body build. His smile is warm and genuine and his lips are full. 5424 wore his straight black hair in a neat but relaxed style that included swooping bangs that frame his delicate bone structure. It was raining the day of his interview and he rode his bike all the way to our office! Because of this, he was appropriately wearing a fitted, waterproof, beige jacket over a clean slate colored t-shirt, with vibrant, bright blue pants, and fashionable tennis shoes.

Donor 5424 is ethnically Chinese, and was born in Vietnam. He moved to California when he was about six years old. His family moved around the state for a bit, and eventually settled in an area that was close to where his father's relatives resided, keeping the family close to a supportive community. He told us that both his brother and father share his more reserved, introverted nature, but his mother is much more outgoing than the three of them. She has always been the one to bring the family together. Making home cooked meals was always especially important to his mother. This value of hers instilled in him a great love of food and cooking which he says has been really wonderful in that it helps him stay connected to his Chinese culture.

From a young age, donor 5424 developed a keen interest in plants. His first try at growing a plant was a pumpkin that he inadvertently planted in a part of the ground filled with bits of cement. Learning from that initial failure, 5424 continues to experiment with growing plants and herbs that he can use in his salads or one of his favorite noodle dishes, like Pho.

One of 5424's fondest childhood memories is of his family's annual Chinese New Year tradition. Adults in the family would gather to play card games and gamble, while the kids sat at their own table and played games like *Big Two*. Donor 5424 is clearly tickled that he eventually ascended to the adults' table. He stills likes to play card games for fun, and it is evident that it means a lot to him as an activity the family can do together.

When he was in high school, 5424 liked to hang out in the library with his small group of friends. He loved to read and was a big fan of the Harry Potter series. When not with his friends or buried in a book, 5424 liked listening to electronic dance music, something he enjoys to this day.

Learning from his mother, 5424 has never been into buying fast food or eating out at restaurants. He has a very deep love for food and spends his time perfecting his favorite recipes. Admittedly, he is his own *taste-testing guinea pig*. When satisfied with a new recipe, 5424 has friends over from his Chinese martial arts class to try his latest fusion, such as chili with lemongrass or basil ice cream. We are thrilled to have this wonderful young man in our program!

Interviewed by Marisa S., Maribel L. & Meghann C. on 3/13/18



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DONOR PROFILE: 5424

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **5424** is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in July 2018.

Donor cannot be shipped to New York

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **August 1991**
- Education: **Bachelor of Science, Plant Biology**
- Current occupation: **Laboratory technologist**
- Ethnic origin: **Chinese**
- Religion born into: **None**
- Religion practicing: **None**

PHYSICAL CHARACTERISTICS

- Height: **5'7 ½"**
- Weight: **137 lbs**
- Hair color: **Black**
- Hair type: **Straight**
- Eye color: **Dark brown**
- Complexion: **Tan**
- Body type: **Small**
- Blood group/Rh: **O+**
- Baby photo available: **Yes**
- Other distinguishing features: **Dimples on right cheek when smiling**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother **PGF** paternal grandfather **PGM** paternal grandmother

Allergies: **D: Allergies to citrus fruit at 25, treated with avoidance, ongoing, managed.**

Heart: **PU1: Stroke at 73, no treatment, cause of death at 73.**

Metabolic/Endocrine: **M: Type 2 diabetes at 60, treated with change of diet, medication, ongoing, managed.**

MGM: Type 2 diabetes at 50, treated with change of diet, managed until death at 76. MA: Type 2 diabetes at 45, treated with change of diet, resolved. F: Diabetes symptoms (unknown type, no formal diagnosis) at 67, treated with change of diet, exercise, managed.

Muscles/Bones/Joints: **M: Lupus at 54, treated with change of diet, resolved.**

Sight/Sound/Smell: **D: Right eye: 20/30, Left eye: 20/25.**

Skin: **D: Eczema at 10, treated with topical cream, ongoing, managed.**

DONOR LAB RESULTS

Chlamydia: **Not Detected**
HIV 1 & 2: **Non-Reactive**
Hepatitis B: **Non-Reactive**
Urinalysis: **Normal**

Gonorrhea: **Not Detected**
CMV total antibody: **Negative**
Hepatitis C: **Non-Reactive**
Chem panel: **Normal**

Syphilis: **Non-Reactive**
HTLV 1 & 2: **Non-Reactive**
CBC: **Normal**

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) **No mutation detected**
Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected (Normal)**
Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);
No evidence of thalassemia**

DONOR NARRATIVE: 5424

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I am introverted but I do enjoy stimulating conversation and hanging out with friends. I get nervous when I meet new people so I usually don't actually converse with someone until I've met them a few times. When I do actually talk to them, I enjoy listening to their interests and what motivates or drives them to keep going. I guess you could call me a curious person. I always like to learn new things since I see that as one way to improve myself.

What are your interests and talents?

One of my passions is doing Chinese martial arts. I have been doing it for more than 10 years. It started with my parents. They've done it when they were young and they wanted to pass it onto me. I didn't particularly enjoy it at first, but the more I trained, the more my interest for it grew. Now, it has become something I dedicate a majority of my free time to.

Games are a great pass time for me. I like to collect board games. My first board game was Pandemic because I really like games that are cooperative. My favorite board game would be Magic Maze because each game is timed and I get this rush while playing it.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I am currently working on learning more about analytical chemistry. My current work is at a greenhouse and that allowed me access to a lot of opportunities to grow the plants I am interested in. That led to me growing a variety of herbs such as basil and lemongrass. Because of the fragrance from the herbs, I wanted to learn how to extract that and concentrate it. I really enjoy cooking, and I think I enjoy it more when I can use what I grow in my dishes. So I would like to learn techniques where I can extract the essential oils from my herbs and use that in my cooking. I was able to extract some basil with soaking it in alcohol and I made some basil ice cream but that took too long to extract. So my plan right now is to find a company to work at that focuses on extraction methods.

How would you describe your skills and interests in the following areas?

Math: No interest. Glad to be done with it.

Mechanical: I enjoy tinkering but I would only do it if I need to fix something.

Athletic: I am not athletic, but most of my free time does go to exercising and martial arts.

Musical, Artistic, Creative: I like listening to music but I cannot play any instruments. I don't really understand art unless it is something solid and concrete. Do not ask me to interpret abstract art.

Language (what languages besides English do you speak?): Chinese (Cantonese) and some French.

Writing: Not into it. Takes too much thinking and analyzing.

Literature: Not into it. Takes too much thinking and analyzing.

Science: More focused on plant science. I like to grow herbs and try to extract its oils.

Please list a few of your favorite:

Movies: Shelter (2007), White Chicks, Beauty and the Beast, Finding Nemo

Books/Authors: The Little Prince, The Shadow of the Wind, Night Circus, Harry Potter

Albums/Musicians/Performances: Owl City, Evanescence, Estiva, Ferry Tayle, NAK

What are a few of your reasons for becoming a sperm donor?

Money was the initial reason but now it is more curiosity. I want to see the procedures involved to become a donor. Also to help people make families.

You have joined the Identity-Release® Program . What appeals to you about this program?

There might be a chance that I might be able to meet someone with the same genetic code as me in the future.

Is there anything else you would like to share with participating families and offspring?

My family bonds by playing card games. Everyone is taught at a young age and we continue to play the same games at gatherings. If there is ever an offspring, I hope you might teach them to play cards as a way to bond with them.



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HEALTH PROBLEMS DONOR 5424

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Eczema	Age at onset/diagnosis: 10 Treatment: Topical cream Outcome: Ongoing, managed
	Allergies <i>Citrus fruit</i>	Age at onset/diagnosis: 25 Treatment: Avoidance Outcome: Ongoing, managed
Mother	Lupus symptoms <i>Facial rash</i>	Age at onset/diagnosis: 54 Treatment: Change of diet Outcome: Resolved
	Type 2 diabetes	Age at onset/diagnosis: 60 Treatment: Change of diet, medication Outcome: Ongoing, managed
Father	Diabetes <i>Type unknown</i>	Age at onset/diagnosis: 67 Treatment: Change of diet, exercise Outcome: Managed
Maternal Grandmother	Type 2 diabetes	Age at onset/diagnosis: 50 Treatment: Change of diet Outcome: Managed until death at age 76
Maternal Aunt	Type 2 diabetes	Age at onset/diagnosis: 45 Treatment: Change of diet Outcome: Resolved
Paternal Uncle #1	Stroke	Age at onset/diagnosis: 73 Treatment: None Outcome: Cause of death at age 73

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for type 2 diabetes may be higher than the general population. There are a number of family members who apparently have diabetes, but most are controlled with diet alone. Donor's father may have had an unrelated form of diabetes. There are many lifestyle factors that may contribute to diabetes, and it is possible that these lifestyle factors are shared by family members.

Otherwise, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor