



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5420

Donor 5420 is a delightful, wonderful human being who is beautiful inside and out. He came to our interview wearing clean jeans and a denim jacket over a plaid, button-down shirt. He kept his beautiful, voluminous brown hair just above shoulder length. On his square face, he had just a bit of facial hair scruff, but mostly his face was very clear and smooth, with rosy apple cheeks. He filled the interview space with his warm smile and, as he listened to us speak, he would sweetly rest his chin on his hand and generally had very attentive mannerisms, matching his delightful personality. We agreed that, facially, he looks very similar to the actor Johnny Simmons, but 5420 has a much warmer smile and happy eyes.

Donor 5420 grew up on the East Coast, along with his older brother and their parents, making up the one middle-class family in a particularly affluent area. This, along with the fact that he was a bit overweight as a child, made him a bit of a target for his peers. He described himself as being a *round Polish doughboy* as a child, though fortunately this changed with puberty. He says that he was always the kind of person who could be friends with anyone. Just from the short time we spent together during the interview, we all wanted to be his friend! So obviously his bullies in his life were just missing out.

When he was in middle school, 5420's parents split up, so he decided to move with his father to another state for high school. This he did with no offense intended at all to his mother. The community at his new school was much more diverse, friendly, and welcoming, so he enjoyed finally feeling free to be himself.

During their parents' separation, donor 5420 also had a therapy session together with his brother and it cleared up a lot of long-standing tension between them. Since then, they've felt much closer. Donor 5420 self-identifies as *sappy*, stating that *though he's never been into small talk, he is always willing to listen and isn't afraid to get too deep*. He believes that he is very tender and comforting for many people in his life.

After high school, donor 5420 attended a university in the Midwest that had a prominent Greek Life culture that never felt very welcoming to him, so he decided to transfer to the West Coast after one semester. After moving, he quickly began to build a community of friends that finally felt supportive to him. He became a *Fitness Barbie*, developing an interest in self-improvement that led him to train for and run two marathons. His professional ventures at this time included working on a movie production crew and doing research for a professor of Ophthalmology.

Professionally, donor 5420 is happy to be on his way to finally narrowing his focus, career-wise. He's working on figuring out how to use his social and technological skills to help people find happiness and fulfillment through their relationship to technology and social media.

Personally, although 5420 is great with people and loves being sociable, he also has a deep love for spending quality time on his own. When he has free time he likes hiking on his own, listening to music that *tickles his heart*, and of course, fitting in those *sappy* conversations with close friends.

Interviewed by Marisa S. and Lauren A. 7/14/17



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DONOR PROFILE: 5420

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5420 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in March 2018.

Donor cannot be shipped to New York

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **August 1994**
- Education: **Bachelor's degree in progress, studying cognitive science**
- Current occupation: **Student**
- Ethnic origin: **Polish**
- Religion born into: **Catholicism**
- Religion practicing: **Zen Buddhism**

PHYSICAL CHARACTERISTICS

- Height: **5'10 ¼" tall**
- Weight: **157 lbs**
- Hair color: **Medium brown**
- Hair type: **Straight (wavy when long)**
- Eye color: **Dark brown**
- Complexion: **Fair/Rosy, Fair/Creamy**
- Body type: **Medium**
- Blood group/Rh: **O+**
- Baby photo available: **Yes**
- Other distinguishing features: **Dimples**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother

Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother **PGF** paternal grandfather **PGM** paternal grandmother

Heart: **F: High cholesterol at 50, treated with diet change, exercise, managed. MGF: High cholesterol at 60, no treatment, ongoing, managed. MGF: Heart attack at 80, treated with medication, change in diet, managed.**

Metabolic/Endocrine: **MGM: Type 2 diabetes in 70's, treated with change in diet, ongoing, managed. MGM: Type 2 diabetes in 70's, treated with change in diet, ongoing, managed.**

Muscles/Bones/Joints: **MGM: Spine injury (accidental) at 58, treated with hospitalization, ongoing. MGM: Osteoarthritis at 75, treated with light exercise, ongoing, managed. PGM: Osteoarthritis at 68, no treatment, ongoing.**

Sight/Sound/Smell: **D: Right eye: 20/13, Left eye, 20/15. MGF: Cataracts in 70's, treated with surgical removal, resolved. MGM: Cataracts in 70's, no treatment, ongoing.**

DONOR LAB RESULTS

Chlamydia: **Not Detected**
HIV 1 & 2: **Non-Reactive**
Hepatitis B: **Non-Reactive**
Urinalysis: **Normal**

Gonorrhea: **Not Detected**
CMV total antibody: ***Positive**
Hepatitis C: **Non-Reactive**
Chem panel: **Normal**

Syphilis: **Non-Reactive**
HTLV 1 & 2: **Non-Reactive**
CBC: **Normal**

**CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious*

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) **No mutation detected**
Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected (Normal result)**
Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);
No evidence of thalassemia**

DONOR NARRATIVE: 5420

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

If anything, I am an introvert that disguises himself very well as an extrovert. I enjoy being in the company of good friends, but often find myself needing time to recharge, explore myself and plan what I want to get done during the immediate future. I am incredibly curious and like to know everything about anything, but know when to not ask too many questions. Most of the success in my life has come from being goal-oriented, willing to take risks and approach authority figures to ask for help.

What are your interests and talents?

My two passions in life are technology and people. I love programming, gaming and reading about the latest innovations, but enjoy learning about and from people just as much. I enjoy running and hiking and have completed two marathons and am hoping to run a third before attempting to run a triathlon. Big, but achievable, challenges like that help me garner the confidence I need to get other things done in my life. Beyond that, I enjoy cooking and hanging out with my dog and cat (both adoptees or strays). I really enjoy growing and learning from them as we train and practice new skills with treats.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

My dream in life is to work at the intersection of programming, design and positive psychology. Ideally, I would like to work in user-interface and user-experience design, leveraging information from psychological studies to design technology and platforms that make and help people be happier simply by using these platforms.

How would you describe your skills and interests in the following areas?

Math: If given enough time to understand the material, I really enjoy it!

Mechanical: I love taking apart and fixing my own gadgets.

Athletic: I'm not a jock, but I love lifting occasionally and running and hiking frequently.

Musical, Artistic, Creative: Graphic design brings me a lot of joy. Aside from that, I enjoy humming to myself and singing for my friends, but would not consider myself a musician.

Language (what languages besides English do you speak?): Aside from English, I speak Polish and some French.

Writing: I enjoy journaling and writing creative papers, but I would not consider myself a writer by any means.

Literature: I won't necessarily seek books out on my own, but if someone suggests a novel, I will happily read it. I am more interested in self-help, psychological and informative books.

Science: I am a huge STEM nerd!

Please list a few of your favorite:

Movies: My Neighbor Totoro, Dead Poet's Society, Ghost in the Shell, Spirited Away, The Departed, Star Wars, Amile

Books/Authors: The Wisdom of Insecurity, The Design of Everyday Things, Slaughterhouse Five, The Awakening

Albums/Musicians/Performances: Daft Punk, Gorillaz, Beatles, Rolling Stones, Azealia Banks, Beach House, Fleetwood Mac, Nancy Sinatra, Eagles, Grimes, Blondie, LCD Soundsystem

What are a few of your reasons for becoming a sperm donor?

My busy student-schedule keeps me from having a traditional job. Also, I do not plan on having any of my own children in the future, so knowing I can help you start a family not only brings me joy, but probably fulfills some Darwinian drive in me, haha!

You have joined the Identity-Release® Program . What appeals to you about this program?

I plan to adopt when I'm older, so knowing that I can help someone start a family brings me a lot of joy. I would be happy to meet any offspring and would always be willing to answer any questions.

Is there anything else you would like to share with participating families and offspring?

I am filled with joy that you are at a point in your life at which you want to start a family. I wish you and your family all the best and wish you nothing but happiness in the years ahead.



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HEALTH PROBLEMS DONOR 5420

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Father	High cholesterol	Age at onset/diagnosis: 50 Treatment: OTC meds, change in diet, exercise Outcome: Managed
Maternal Grandfather	High cholesterol	Age at onset/diagnosis: 60 Treatment: None Outcome: Ongoing, managed
	Type 2 diabetes	Age at onset/diagnosis: 70's Treatment: Change in diet Outcome: Ongoing, managed
	Cataracts	Age at onset/diagnosis: 70's Treatment: Surgical removal Outcome: Resolved
	Heart attack	Age at onset/diagnosis: 80 Treatment: Medication, change in diet Outcome: Managed
Maternal Grandmother	Spine injury <i>Accidental</i>	Age at onset/diagnosis: 58 Treatment: Hospitalization Outcome: Ongoing back problems
	Type 2 diabetes	Age at onset/diagnosis: 70 Treatment: Change of diet Outcome: Ongoing, managed
	Cataracts	Age at onset/diagnosis: 70's Treatment: None Outcome: Ongoing
	Osteoarthritis	Age at onset/diagnosis: 75 Treatment: Light exercise Outcome: Ongoing

Paternal Grandmother

Osteoarthritis

Age at onset/diagnosis: 68

Treatment: None

Outcome: Ongoing until death at 83

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor