



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5398

Donor 5398 is a calm, unpretentious, yet decidedly strong man. He is pensive and he seems inclined to speak only when he has something of substance to say. It was a pleasure conversing with him; however he almost seemed more comfortable and content with being a listener than a talker. To the interview, he wore a grey-collared button-up shirt under a black zipper jacket and dark denim. His soft brown, wavy hair was outgrown and neatly combed forward. His closely shaved beard complemented his square-framed glasses over his hazel eyes.

Growing up on the West Coast, Donor 5398 lived close to the beach and enjoyed an easy, fun-filled childhood with his parents and siblings. He played typical team sports such as baseball, volleyball, and competitive soccer until the age of 18. After breaking his ankle about four times, he decided to stop playing soccer competitively. The middle child of his family of five, he shared his childhood mostly with his older sister and to a lesser extent with his younger brother. He described his relationship with his siblings as *average* and *contentious at times*, as most sibling relationships are. *We would fight and get on each other's nerves, but we also played and loved each other very much.* His parents have since moved away from the west coast and his two siblings also reside in different states, but they do their best to keep in touch.

At the early age of three, Donor 5398 had already expressed interest in *consciousness*. He had been learning about outer space when he asked his mother: *Is there also an inner space?* 5398 excelled in school and was involved in extracurricular activities including the Debate Team and the Shakespeare Club. He was interested in the Humanities, so he took AP Humanities in high school. He consulted a college counselor to explore how he might pursue his deep interest in philosophy as well. Eventually, 5398 decided to earn a degree in Psychology which incorporated the *philosophical approach to humans* that he was seeking in an undergraduate program.

Once he completed his undergraduate studies, 5398 worked in psychological research, but quickly discovered it was not fulfilling enough. He then obtained a doctorate in Clinical Psychology from a school that combined Eastern and Western medicine and meditation practices. Having the opportunity to work directly with patients and a team of medical providers to witness the progress of patients was deeply rewarding to 5398. He has experience working with patients with dementia, depression and anxiety, those with substance abuse, and, most recently, chronic pain patients. At this time, he enjoys working with chronic pain patients the most, as he witnesses very tangible, concrete results.

Donor 5398 spends the little free time that he has in various endeavors. He continues to enjoy Philosophy very much and has since acquired practice in Esoteric Meditation. In fact, he dedicates some of his free time to volunteering at meditation centers. He loves the natural world, and he hikes and occasionally goes on camping trips when time permits. When in the mood for it, he picks up his electric guitar and plays some tunes. If he had more room in his home, he would also have a drum set to play.

We are very lucky that Donor 5398 takes time from his busy schedule to participate in our Donor Program!

Interviewers: Maribel L. & Lauren A.

Date: May 5, 2017



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DONOR PROFILE: 5398

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5398 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in December 2017

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **September 1987**
- Education: **Bachelor's degree, Psychology. Psy.D. degree in Clinical Psychology**
- Current occupation: **Clinical Psychologist**
- Ethnic origin: **German, Ashkenazi Jewish**
- Religion born into: **Judaism**
- Religion practicing: **Daily meditation**

PHYSICAL CHARACTERISTICS

- Height: **5'11"**
- Weight: **144 lbs**
- Hair color: **Dark brown**
- Hair type: **Wavy**
- Eye color: **Green/hazel**
- Complexion: **Fair/creamy**
- Body type: **Small**
- Blood group/Rh: **O+**
- Baby photo available: **Yes**
- Other distinguishing features:

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal
grandmother **PGF** paternal grandfather **PGM** paternal grandmother

Allergies: **D: Allergy to penicillin in infancy, treated with avoidance, managed.**

Breast Cancer: **PGM: Breast cancer at 75, treated with lumpectomy, resolved.**

Gastrointestinal: **B: Appendicitis at 22, treated with surgery, resolved.**

Heart: **MGF: High cholesterol in 60's, treated with medication, managed. PGM: Stroke at 85, treated with hospitalization, complications including dementia ongoing until death at 85.**

Muscles/Bones/Joints: **M: Rheumatoid arthritis at 38, treated with medication, physical therapy, managed.**
Neurological: **PGF: Alzheimer's disease at 87, no treatment, ongoing until death at 89.**
Respiratory (Lungs): **D: Asthma at 2, treated with inhaler as needed, resolved by 12.**
Sight/Sound/Smell: **D: Right eye: 20/30, Left eye: 20/25. MGM: Cataracts at 77, treated with surgery, resolved.**
Urinary: **F: Kidney stones at 50, treated with surgery, resolved.**
Cancer (see above): **PGM: Breast cancer**

DONOR LAB RESULTS

Chlamydia: Not Detected	Gonorrhea: Not Detected	Syphilis: Non-Reactive
HIV 1 & 2: Non-Reactive	CMV total antibody: Negative	
Hepatitis B: Non-Reactive	Hepatitis C: Non-Reactive	HTLV 1 & 2: Non-Reactive
Urinalysis: Normal	Chem panel: Normal	CBC: Normal

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations)	No mutation detected
Spinal Muscular Atrophy (SMA):	Two copies of SMN1 detected (Normal result)
Hemoglobinopathies/Thalassemia:	No abnormal hemoglobin detected (including sickle hemoglobin); No evidence of thalassemia
Bloom Syndrome:	No mutation detected
Canavan Disease:	No mutation detected
Familial Dysautonomia:	No mutation detected
Fanconi Anemia Group C:	No mutation detected
Gaucher Disease:	No mutation detected
Niemann-Pick Disease Type A:	No mutation detected
Mucopolysaccharidosis Type IV:	No mutation detected
Tay-Sachs Disease: (73 mutations)	No mutation detected

DONOR NARRATIVE: 5398

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I have always been described as the "strong, silent type", being very quiet, calm, and introverted but approachable and kind. While introverted, I am very caring and I am often the person to which people go to talk

about their problems. This is reflected in my career choice as a psychologist which involves helping and speaking with people every day. I have always had a very curious attitude; my mother enjoys reminding me that, upon learning about outer space as a toddler, I asked “is there also an inner space?” It has lead me to a life-long interest in learning about various subjects, including history, religion, psychology, philosophy, and natural sciences. I have also been described as extremely achievement- and goal-oriented, as I am a very focused and driven individual. I have a strong drive to master any subject that I take interest in, including professionally or recreationally, such as playing instruments or learning a new skill.

What are your interests and talents?

I am very interested in intellectual pursuits including learning about psychology, philosophy, and science. I am always reading a book or two, and consider myself an autodidact. I have had a strong interest in esoteric philosophy and non-traditional religious paths since my adolescent years. I currently practice meditation. I volunteer for a non-profit religious organization that teaches esoteric philosophy and practices such as meditation. I also enjoy relaxing, watching movies, and playing video games. I play guitar, bass guitar, drums, and piano and enjoy creating songs as well as simply playing for enjoyment.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I am currently a Doctor that is working toward full licensure. I see myself as having more fully developed my career as a Psychologist.

How would you describe your skills and interests in the following areas?

Math: I completed AP Calculus in high school and have enjoyed learning mathematics in the past, although it is not utilized a great deal in my current occupation.

Mechanical: As a kid, I always enjoyed taking apart electronics and other devices to try to understand how they work.

Athletic: I played baseball, volleyball, and soccer as a young child. I played competitive soccer as a child and young adult, and I continue to exercise regularly.

Musical, Artistic, Creative: I have played piano since age 5, and I have played guitar, bass guitar, and drums since around age 13. I have played in various bands, created my own songs, and continue to play music.

Language (what languages besides English do you speak?): Just English fluently, although I can understand Spanish and German.

Writing: Aside from doing academic writing throughout my entire adult life and through my doctoral program, I am also a writer recreationally. I have written numerous essays and books on esoteric philosophy, mysticism, and psychology. I have been employed as a copy editor for others' writing as well.

Literature: I am an avid reader and enjoy all types of literature. I particularly enjoy informative, non-fiction titles about philosophy, religion, and psychology. My personal residence's walls are covered in bookshelves and my tables overflow with books that I have read, or are planning on reading. Keeping an open mind to new ideas, and exploring new subjects, have always been important to me.

Science: As a psychologist, I am very interested in the social sciences in general, with a special emphasis on clinical and social psychology. I also have maintained a long interest in cognitive science and neuroscience. I routinely was required to read and comprehend research studies in my doctoral training.

Please list a few of your favorite:

Movies: 2001, Videodrome, Children of Men, Oldboy, Vertigo

Books/Authors: Friedrich Nietzsche, Aleister Crowley, Buddha, Herman Hesse, Rumi, William Blake, Meister Eckhart, Carl Jung, Lao-tzu, Walt Whitman, Nagarjuna

Albums/Musicians/Performances: Pink Floyd, Nine Inch Nails, Jimi Hendrix, Com Truise, Animals As Leaders, David Brubeck

What are a few of your reasons for becoming a sperm donor?

I am interested in providing an opportunity to have children/family for those who are otherwise unable. I've seen others struggle with fertility issues and know how important it can be to someone to have the possibility of raising a child. Also, I have no personal plans to have children of my own, and yet feel the desire to pass on my genes.

You have joined the Identity-Release® Program . What appeals to you about this program?

It seems natural for someone to become eventually curious about their genetic lineage and want to learn more about them in order to learn more about themselves. Offering that future child the option to learn more seems like an obvious choice.



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HEALTH PROBLEMS DONOR 5398

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Allergies <i>Penicillin</i>	Age at onset/diagnosis: Infancy Treatment: Avoidance Outcome: Managed
	Asthma	Age at onset/diagnosis: 2 Treatment: Inhaler Outcome: Resolved by age 12
Brother	Appendicitis	Age at onset/diagnosis: 22 Treatment: Surgery Outcome: Resolved
Mother	Rheumatoid arthritis	Age at onset/diagnosis: 38 Treatment: Medication, physical therapy Outcome: Managed
Father	Kidney stones	Age at onset/diagnosis: 50 Treatment: Surgery Outcome: Resolved
Maternal Grandfather	High cholesterol	Age at onset/diagnosis: In 60's Treatment: Medication Outcome: Managed
Maternal Grandmother	Cataracts	Age at onset/diagnosis: 77 Treatment: Surgery Outcome: Resolved
Paternal Grandfather	Alzheimer's disease	Age at onset/diagnosis: 87 Treatment: None Outcome: Ongoing until death at age 89
Paternal Grandmother	Breast cancer	Age at onset/diagnosis: 75 Treatment: Surgery/lumpectomy Outcome: Resolved

Stroke

Age at onset/diagnosis: 85

Treatment: Hospitalization

Outcome: Complications including dementia
ongoing until death at 85

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor