INTERVIEW NOTES: 5365

Donor 5365 is a tall, strongly built young man, with big blue eyes and thick, closely-cropped sandy blond hair. He has a round face with dark eyebrows and a very light beard. His shoulders are broad and he has a distinctively athletic physique. 5365 has a pleasant, easygoing, relaxed demeanor. He makes excellent eye contact and smiled throughout his conversation with us.

Donor 5365 and his little sister grew up in a small rural farming community on the West Coast. Donor 5365's parents both worked during the day, so by the time 5365 got his driver's license, his *social butterfly* little sister needed chauffeuring around to events with her friends. 5365 enjoyed the big brother role he played in his family, and did not mind occasionally taking on parental-type duties for his sister. The siblings are still very close friends and one thing they have in common is that they have always been very good students with strong academic skills.

5365's grandparents lived nearby and owned a large farm with both cattle and chickens. As a little boy, 5365 can remember going out to the chicken coop in the very early morning and collecting eggs for his grandfather. Surprisingly, the eggs were never white. He recalls that all the eggshells were usually brown and even occasionally green!

Athletics and team sports have played a huge role in Donor 5365's life. In fact, they have shaped his overall vision of his career and his future. When he reached high school, he played competitive golf and basketball on his school's teams. He was plagued by a few ankle injuries, including a broken ankle which was serious enough to send him to a sports medicine doctor. This physician noticed his growing interest in the treatment and rehabilitation that he was receiving, and this doctor became a mentor to him. With this support and guidance, donor 5365 eventually entered medical school. He has since recognized that many physical medicine doctors have a history of being young athletes coping with the occasional sports injury. Their specialty allows them to practice their craft in an area where they also have expertise and passion.

Donor 5365 has another passion: surfing. He learned to surf in the cold waters off the West Coast. He has always surfed in a wet suit, though he dreams of one day surfing in the warm waves of Hawaii. The water is warmer for sure, and the sharks are smaller, too!

Donor 5365 loves to cook, and is the designated shopper and cook in his home. Probably his upbringing in a farm community has led him to specialize in seasonal cooking with an emphasis in fresh produce which he always buys at local farmers' markets.

When asked about his pet peeves, he said that he gets annoyed by people who are late. He always like to get to wherever he is going five minutes early and our staff can testify that he has never once been even a minute late for any appointment!

Donor 5365 is a strong, intelligent man with a straightforward manner. He seems like someone you could depend on for absolutely anything. He tells us that he and his wife look forward to having children one day, and that a dog is definitely going to be a part of their family! We are very lucky to have this donor in our program.

Interviewed by Lauren A & Cynthia K

7/2017, update 1/2018

DONOR PROFILE: 5365

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5365 is eligible and approved for semen donation at The Sperm Bank of California. This profile was prepared in December 2017

Personal Information

Identity-Release Program: Yes
Month/year of birth: April 1993

• Education: Bachelor's degree, Neurobiology. Pursuing medical degree.

• Current occupation: Medical Student, Lab Assistant

• Ethnic origin: Scottish, English, German

Religion born into: NoneReligion practicing: Atheism

PHYSICAL CHARACTERISTICS

Height: 6'5"Weight: 240 lbs

• Hair color: Medium blond

Hair type: StraightEye color: Blue

• Complexion: Fair/creamy

Body type: LargeBlood group/Rh: O-

• Baby photo available: Yes

Other distinguishing features: Cleft chin, wide

nose

FAMILY MEDICAL HISTORY

KEY: D donor **Ch** child **F** father **M** mother **S** sister **B** brother **Co** cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother **PGF** paternal grandfather **PGM** paternal grandmother

Allergies: D: Allergy to cat dander at 18, no treatment, resolved.

Gastrointestinal: MGM: Colon cancer at 59, treated with surgery, chemotherapy, resolved. PGF: Cirrhosis of the liver at 55, no treatment, ongoing until death at 60.

Heart: PGF: Heart attack at 60, no treatment, cause of death.

Metabolic/Endocrine: PGM: Type 2 diabetes at 40, treated with insulin, ongoing, managed. Muscles/Bones/Joints: M: Benign bone tumor (femur) at 22, treated with surgery, resolved.

Neurological: MGF: Parkinson's disease at 80, treated with medication, ongoing, managed. PGM: Alzheimer's

disease, treated in care facility, ongoing. PCo: Asperger syndrome at 4, no treatment, ongoing.

Sight/Sound/Smell: D: Right eye, 20/30, Left eye: 20/30.

Skin: D: Eczema at 9, treated with OTC meds, resolved. D: Acne at 14, treated with topical medication, resolved. S: Acne at 14, treated with topical medication, resolved.

Substance Abuse: PGF: Alcohol dependency at 50, treated with in-patient rehab, ongoing until death at 60.

PU: Alcohol dependency at 18, treated with in-patient rehab program, resolved.

Urinary: MGM: Kidney cancer at 59, treated with surgery, chemotherapy, resolved.

Cancer (see above): PGM: Colon cancer, kidney cancer.

DONOR LAB RESULTS

Chlamydia: **Not Detected** Gonorrhea: **Not Detected** Syphilis: **Non-Reactive**

HIV 1 & 2: Non-Reactive CMV total antibody: *Positive Hepatitis B: Non-Reactive Hepatitis C: Non-Reactive

Hepatitis C: Non-Reactive HTLV 1 & 2: Non-Reactive

Urinalysis: Normal Chem panel: Normal CBC: Normal

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) No mutation detected

Spinal Muscular Atrophy (SMA): Two copies of SMN1 detected (Normal result)

Hemoglobinopathies/Thalassemia: No abnormal hemoglobin detected (including sickle hemoglobin);

No evidence of thalassemia

DONOR NARRATIVE: 5365

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I think my personality really depends on the situation I am in. In school, I am very goal oriented and have a very precise attention to detail. When I have studying or homework to do, it always gets done. I don't think I ever had a missing assignment or late homework throughout all of my schooling. When not in school or a professional situation, I am a very relaxed person who likes to have a good time. I love hanging out with groups of people, but feel more at home with small groups of close friends. Overall, I am a very easy going person who loves to have a good time, but also can be motivated and goal oriented when it comes to more important things.

^{*}CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious

What are your interests and talents?

I love sports. I lettered in golf all 4 years at my high school, and lettered in basketball all 4 years. We went to section playoffs each of those years in golf, and I played as the #2 player for those teams. In basketball, I turned my playing career into a coaching career, where I coached 10-14 year olds in basketball while going through college. I think I liked coaching basketball just as much as playing it. Another thing I love to do is cook. To see a beautiful and delicious meal from basic ingredients is a really interesting challenge for me, and I like to cook as often as I have time for.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

In 5 or 10 years, I plan on being a practicing physician. I will hopefully have a very secure hospital based job, and a beautiful family to go home to every night. Another important thing to me is to be a leader in my community. I want to teach my children to play golf, to cook, and to really foster their passion for life. In 10 years, I cannot say exactly where I will be, but I know I will be doing something I love.

How would you describe your skills and interests in the following areas?

Math: I did well in math growing up, as I took and passed the AP calculus exam in high school. As I learned more about biology, I catered my education toward the sciences, and not math.

Mechanical: I worked in a machine shop in college, so I have skill and ability working in a mechanical shop.

Athletic: I pride myself on my athletic ability, and I played basketball, golf, and pretty much any sport you could think of throughout college.

Musical, Artistic, Creative: I played the trumpet all the way through high school, playing lead trumpet in my local jazz band and wind ensemble. I also play guitar.

Language (what languages besides English do you speak?): I speak Spanish fluently.

Writing: I am a decent writer, but I do not have a passion for writing myself.

Literature: Being in medical school, I do not have all that much time for literature reading, as most of my reading consists of textbooks and research. However, when I do get a chance to read, I love Steinbeck's Of Mice and Men.

Science: I am passionate about science and science education. I think educating children in science and having a scientifically literate community would go a very long way in our country.

Please list a few of your favorite:

Movies: Star Wars series, Harry Potter series, Lord of the Rings.

Books/Authors: John Steinbeck, Atul Gawunde, Shel Silverstein

Albums/Musicians/Performances: Zac Brown Band, Willie Nelson, Jack Johnson, The Avett Brothers.

What are a few of your reasons for becoming a sperm donor?

I had a close family friend couple who could not have children naturally. Our long talks at their house, and seeing how hard it was for them to not be able to have kids, led me to start looking into the possibilities. When I came to medical school, I learned more about the technology. It all became very interesting and it was something I wanted to do, to help families like my friends who could not have children of their own naturally.

You have joined the Identity-Release® Program. What appeals to you about this program?

I think that if a child wants to know their biological lineage, that can only be a good thing. It will help people learn where they come from, and I would embrace helping them learn.

Is there anything else you would like to share with participating families and offspring?

I hope that doing a small part in helping families achieve their dream of having children can make a small positive difference. There are so many deserving families, and I truly wish the best for them.



HEALTH PROBLEMS DONOR 5365

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Eczema	Age at onset/diagnosis: 9
		Treatment: OTC medication
		Outcome: Resolved
	Acne	Age at onset/diagnosis: 14
		Treatment: Topical medication
		Outcome: Resolved
	Allergies	Age at onset/diagnosis: 18
	Cat dander	Treatment: None
		Outcome: Resolved
Sister	Acne	Age at onset/diagnosis: 14
		Treatment: Topical medication
		Outcome: Resolved
Mother	Benign bone tumor	Age at onset/diagnosis: 22
	(upper femur)	Treatment: Surgery
		Outcome: Resolved
Maternal Grandfather	Parkinson's disease	Age at onset/diagnosis: 80
		Treatment: Medication
		Outcome: Ongoing, managed
Maternal Grandmother	Colon cancer	Age at onset/diagnosis: 59
		Treatment: Surgery
		Outcome: Resolved
	Kidney cancer	Age at onset/diagnosis: 59
		Treatment: Surgery
		Outcome: Resolved
Paternal Grandfather	Alcohol dependency	Age at onset/diagnosis: 50
		Treatment: In-patient rehabilitation program
		Outcome: Ongoing until death at 60

	Cirrhosis of the liver	Age at onset/diagnosis: 55
	Cirriosis of the liver	
		Treatment: None
		Outcome: Ongoing until death at 60
	Heart attack	Age at onset/diagnosis: 60
	Fatal	Treatment: None
		Outcome: Cause of death
Paternal Grandmother	Type 2 diabetes	Age at onset/diagnosis: 40
		Treatment: Insulin
		Outcome: Ongoing, managed
	Alzheimer's disease	Age at onset/diagnosis: 75
		Treatment: Care facility
		Outcome: Ongoing
Paternal Uncle #1	Alcohol dependency	Age at onset/diagnosis: 18
		Treatment: In-patient rehabilitation program
		Outcome: Resolved
Paternal Cousin	Asperger syndrome	Age at onset/diagnosis: 4
		Treatment: None
		Outcome: Ongoing

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C. Genetic Counselor