



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5326

Donor 5326 is a very sweet, thoughtful, and interesting young man. He came to our interview wearing a blue argyle sweater over a red-collared shirt and tie, blue jeans, and tennis shoes. He has short, dark brown, tousled and parted hair, a trimmed, fluffy, dark beard and mustache. He has an oval-shaped face and symmetric facial features. His hazel, almond-shaped eyes shine under thick, dark eyebrows. He has a prominent, triangular nose, a wide smile, a strong jaw, and full lips. His complexion is fair with hints of red on his high, round cheekbones and on his nose as well. He is tall in stature and has a broad build.

Donor 5326 grew up in the West Coast and has lived most of his life there with his mother, twin sister and older sister. His parents separated when he was a child, but he and his sisters spent a lot of time with their father while growing up. 5326 describes himself as *an energetic child*, but not necessarily the type to be mischievous or a troublemaker. He was a very shy boy, and he loved exploring the world on his own. He'd frequently wander off, worrying his mom to pieces.

From an early age, 5326 pursued a broad range of interests. An extremely precocious child, 5326 finished reading The Chronicles of Narnia books by the end of 1st Grade. His father introduced him to science fiction, and it soon became an important part of his life. Other extra-curricular interests that he began at an early age include practicing martial arts and playing the piano.

In middle school, 5326 was a small, somewhat nerdy, adorably awkward kid. He made goofy fashion statements, like wearing puffy coats in summer and t-shirts in winter. He continued to be shy; however, he consistently had a group of close friends. The early teens were a formative time for him as he became quite existential in his thinking and processing. He identified and connected more with people older than himself, and by the time he started high school, his friends were mostly juniors and seniors. Donor 5326 felt that hanging out with older crowds exposed him to more intelligent, experienced people, from whom he learned a lot. As a bonus, they protected him from bullies. He flourished in artsy-nature groups, doing a lot of self-reflection while on long hikes and participating in friends' art projects.

5326 always excelled in school; however, he began to slack a bit in high school. When he realized that he may not graduate on time, he researched how to *bypass the system*. At age 16, he tested out of high school and graduated. He continued his education in college studying subjects *for fun* like art, philosophy, and dance. He had a job at this time, and mostly spent his money on good food, whiskey, and tea. After graduating from University, this interest in *exploring taste* led to his strong interest in coffee. Eventually, he found work in the field of coffee tasting. He's been tasting coffee professionally for over five years, and it has given him the opportunity to travel all over the world.

Donor 5326 believes that *cooking is fundamental to the human experience* and is fascinated by the Chinese food concept of a complete, balanced meal. Continuing his list of things he loves, 5326 says that discovering the partner dance of *Tango* was one of the happiest moments of his life. He dances on a regular basis. He thinks that it is important to share that he is a *proud atheist*, and he is grateful that his mother encouraged his religious exploration from an early age.

These days, 5326 spends most of his time working or with his girlfriend. They enjoy going to museums, eating, going to hot springs, and leisurely reading books together. We are thrilled to have 5326 in our donor program!

Interviewers: Marisa S. & Maribel L.

Date: January 10, 2017



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DONOR PROFILE: 5326

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5326 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in April 2017

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **June 1988**
- Education: **B.A., Public Policy**
- Current occupation: **Writer, professional taster/critic, consultant**
- Ethnic origin: **Italian, Albanian, English, Polish, Ashkenazi Jewish, German, Hungarian**
- Religion born into: **Agnosticism**
- Religion practicing: **"A complex love for the natural world"**

PHYSICAL CHARACTERISTICS

- Height: **6'1"**
- Weight: **226.5 lbs**
- Hair color: **Dark brown**
- Hair type: **Wavy**
- Eye color: **Green/hazel**
- Complexion: **Olive**
- Body type: **Large**
- Blood group/Rh: **O+**
- Baby photo available: **Yes**
- Other distinguishing features: **Mild chin cleft**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother **Co** cousin
A aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **S1 (Twin): Allergy to rye at 16, treated with avoidance, managed.**

Genital/Reproductive: **PGF: Prostate cancer at 77, treated with surgery, resolved.**

Heart: **MGF: Heart attack at 74, no treatment, cause of death. MGM: Heart failure at 88, treated with medication, diet, exercise, managed until death. PGM: High blood pressure at 81, treated with medication, MU1: Stroke, treated with surgery & medication, managed. M: High cholesterol, treated with diet & exercise, managed.**

Mental Health: **S1: Anorexia nervosa at 13, treated with hospitalization, resolved.**

Metabolic/Endocrine: **F: Type 2 diabetes at 67, treated with medication, diet, exercise, managed.**
Muscles/Bones/Joints: **D: Scoliosis at 14, treated with spinal fusion and rod, resolved.**
Neurological: **S1: Dyslexia at 13, no treatment, managed. F: Myasthenia gravis at 65, treated with medication, ongoing, managed.**
Sight/Sound/Smell: **D: Right eye: 20/25, Left eye: 20/25.**
Cancer (see above): **PGF: Prostate cancer.**

DONOR LAB RESULTS

Chlamydia: Not Detected	Gonorrhea: Not Detected	Syphilis: Non-Reactive
HIV 1 & 2: Non-Reactive	CMV total antibody: Negative	
Hepatitis B: Non-Reactive	Hepatitis C: Non-Reactive	HTLV 1 & 2: Non-Reactive
Urinalysis: Normal	Chem panel: Normal	CBC: Normal

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations)	No mutation detected
Spinal Muscular Atrophy (SMA):	Two copies of SMN1 detected
Hemoglobinopathies/Thalassemia:	No abnormal hemoglobin detected (including sickle hemoglobin); No evidence of thalassemia
Bloom Syndrome:	No mutation detected
Canavan Disease:	No mutation detected
Familial Dysautonomia:	No mutation detected
Fanconi Anemia Group C:	No mutation detected
Gaucher Disease:	No mutation detected
Niemann-Pick Disease Type A:	No mutation detected
Mucopolysaccharidosis Type IV:	No mutation detected
Tay-Sachs Disease: (73 mutations)	No mutation detected

DONOR NARRATIVE: 5326

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I'm a healthy mix of self-reflective and outwardly present. I enjoy my time alone; I explore aspects of my thoughts, read, play music, work out, and just relax. I'm also incredibly appreciative of others, and am deeply affectionate with my loved ones. I believe that a balance between autonomy and unity provide the best framework for relationships, both intimate and friendly.

My most outgoing characteristics are probably my passion for events, particularly live performances like: Opera, Ballet, Musicals, Plays, Concerts, and lectures among others. I also love to dance, Tango particularly; though even some mind-numbing 'House' beats can be fun.

I love the work I do as a coffee professional, and find my life goals to be easier to elucidate because I'm involved in something that supports and thrills me. Although a reasonable portion of my passions wisp through my career, I find the time to explore other aspects; particularly my love of writing, music, and researching biochemistry and neurology (which is uniquely beneficial to my job, considering taste is so dependent on aromatic compounds and the brains capacity to organize those stimuli).

Personally, I'm probably best described as a stolid whirligig of sardonic realism and goofy phantasmagoria. To be more concise, in one part - I live my life with the dearest regards for the form of gnosis attainment called the Dialectic (the search for Truth through discussion); that style of thoughtfulness often leads me to calling out contradictions or failures of logic. On the other side, I believe there is something uniquely wonderful about a state of inspiration; a kind of emptiness that lets passions and strange-loops of consciousness cycle into an otherwise seemingly banal reality (static though erratic).

I look forward to the future and see something compelling and satisfying. While I'm fully aware of the innate difficulties that face my personal life and the world as a whole, I live propelled by a state of hopefulness and clarity of purpose... I see the potential for a thriving planet, and the infinite capacity of the human spirit to elevate beyond challenges.

What are your interests and talents?

Raindrops on roses and whiskers on kittens... these are a few of my favorite things:
{Pre Script; Continued content in the 'skills and interests' section on the next page.}

Coffee, I love it – I love drinking it – I love its story – and I love to work with it. Whether it's pouring a stunning rosetta cappuccino, dialing in the perfect pot of brewed coffee, or tirelessly shifting roasting curves to produce a practically perfect roasted coffee on the consuming end. On the producing side, this magical evergreen shrub flowers (which have an angelic scent) and then fruits into small juicy 'cherries';

and inside those sweet and spicy fruits is a pair of seeds that are carefully processed [washed/honey/natural/wet-hulled] and then have to make it to us.

I also studied the basics of Sommelier [wine] service, and have practiced the Chinese and Japanese Tea Ceremonies. Tea is without a doubt my second favorite non-water beverage, especially Pu-Erh; the culture and meditation of brewing tea is something very special, and it tastes delicious too!

I study a board game called Go (or Wei-Qi), an abstract competitive game that evolves with the players; invented nearly three-thousand years ago in ancient China, it maintains its status as one of the most complex games in history with the simplest rules. I'm also fascinated with other challenging puzzle games, though Go has certainly shown itself to be continually the most intricate.

I'm not a particularly avid drinker of liquors, though I have a deep appreciation of fine cocktails and over the years have invented several dozen different recipes. I've also explored home-brewing beer and Sake, and played with less caustic fermentations such as Kim-Chee and Kombucha.

I love to cook – food is such an important part of our life yet it's often taken for granted; the chain of ecological systems that provide our sustenance have become largely mechanical, leaving most people disconnected from the reality of their consumption. I'm not only passionate about making good food, I also work to participate in a system that necessitates a transition to a more 'harmonious' and more importantly sustainable future of agriculture and slaughter (the latter there is a significantly less powerful case for). As a general explorer of tastes, I'm also compelled to explore all other kinds of foods and beverages, particularly exotic ones; for example, Durian is one of my favorite fruits (you just have to get past the smell and it tastes delicious!).

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I'm involved in a few important coffee projects, and I see those escalating into larger projects within the next five years – meaning travel and events and compelling activities; work related and personal. At that point, looking to acquire property; and expand my own business enterprises.

In ten years' time I will be 38 – and expect that I will be married and looking towards some stable lifestyle choices to create a comfortable and successful environment for my children to grow as people in a supportive family. Of course I will still want to stay active with my work, travel, and continue to explore new and interesting things.

I'm atheistically agnostic, meaning that I don't identify with any particular doctrine of religious institutions yet I respectfully acknowledge the awe and magnitude imbued in the vast unknowable void of the infinite cosmos. I feel like engaging with my children and other families may be slightly complicated by these ideas of mine if I live anywhere other than socially diverse metropolitan areas; though I look forward to that challenge.

How would you describe your skills and interests in the following areas?

Math: I've only studied the necessary calculus during school, though math is a way of thinking that I have a compelling interest in; and would like to explore deeper. If it gives any indication, one of my favorite books I read was GEB (Gödel, Escher, Bach {An Eternal Golden Braid}).

Mechanical: I work on coffee machines, drum roasters, espresso and coffee brewers – so I'm very comfortable with electrical parts and sheet metal; I've only gotten to play on laser cutters and 3D printers a few times – though that's something I'd like to play around with more.

Athletic: I rock climb, and it's one of the most compelling and ecstatic activities I can think of. There is just something real about lifting yourself along walls (and trees for that matter) to find yourself at a peak staring across the horizon; perhaps it has something to do with our genetic ancestry. When I was younger I got my kicks with gymnastics and free-running.

And I love to dance to any sort of good music, though I have a special affection for Tango above nearly every other kind of music. I'm trained some in Tango, Salsa, Waltz, 'Dirty-dancing' and Break-dancing.

Musical, Artistic, Creative: I play music; specifically: Guitar, Piano, Gu-qin, Harmonica, and Didgeridoo. I also love to sing, and there is rarely a moment where I won't be singing aloud or listening to a song in my thoughts. I also am a skilled whistler, and can whistle to almost any music (jazz maybe not); I can even do what I've named a zhistle, which is when you hum and whistle at the same time – it sounds amazing, almost electronic. I've also tried a bit a throat-singing, sometimes I can get the dual-resonance right, though it's quite difficult.

Language (what languages besides English do you speak?): Some Spanish, Some Mandarin.

Writing: Writing, short stories and poetry mostly; though I do have some dreams of writing popular books at some point in the relatively near future. The act of writing and language studies as a whole is very compelling for me. I used to be addicted to science-fiction, though later on I became infatuated with eccentric writers like Murakami and Kundera; though I'm still deeply affected by some classical writings, particular the Dialogues of Socrates which I go back to time and again.

Literature: Fiction and Non-Fiction; Religious Mythologies especially: I take a deeply vested interest in the concepts of religion and spirituality, particularly the moralistic and ontological value of these ancient 'wisdom stories' (Like "1,001 Arabian Nights").

Science: Yes, I think well written scientific literature deserves to be in the above category. I spend a good chunk of my free time reading studies, mostly on food science and neurology; though really whenever I have a complex question that deserves intricate answers, I go explore the scientific literature to support or refute my hypothesis.

Please list a few of your favorite:

Movies: 'Pan's Labyrinth', 'Dr. Strange', 'Selma', 'When Marnie was There', 'Her', 'Moonlight', 'The Martian', 'Mad Max – Fury Road', 'The Lobster', 'Deadpool', 'La La Land', 'What We Do in the Shadows', 'Boyhood', 'Birdman', 'The Grand Budapest Hotel', 'Django', '12 Angry Men', 'Akira Kurosawa's, Dreams / Rashomon', 'Monty Pythons Quest for the Holy Grail', 'Dune', 'Run Lola Run', 'City of God', 'Mulholland Drive', '5th Element', 'Dark-City', 'Fantastic Planet', 'Metropolis', 'Naked Lunch', 'Harold and Maude', 'Clockwork Orange', 'Dr. Strangelove – Or: How I learned to Stop Worrying and Love the Bomb', and many-many more.

Books/Authors: 'The Joke' by Kundera; 'Wind up Bird Chronicle' by Murakami; 'The Dialogues of Socrates' by Plato; 'The Golden Age of Science fiction' moderated by Asimov; 'John Carter of Mars' by Burroughs; 'Neurogastronomy' by Shepherd; '1,001 Arabian Nights' by Unknown; 'Dune' by Herbert; 'Zen mind, Beginners mind' by Suzuki Roshi; 'Freedom from the Known' by Krishnamurti; & many others.

Albums/Musicians/Performances: Tango – in all its intricacies and forms. I'm pretty open to any kind of music that's more than just noise; I was especially happy to see Bob Dillon live.

What are a few of your reasons for becoming a sperm donor?

I want to help support families who otherwise are incapable of fulfilling that very human desire. I think this is a great program, and know people personally who have benefited from it.

You have joined the Identity-Release® Program. What appeals to you about this program?

While I deeply respect the privacy of families and myself, I could imagine the curiosity of young adult seeking answers in a complex world. I would find joy I'm sure in my older years by providing guidance to them; as a resource, and not a replacement for the support and care of their true family.

Is there anything else you would like to share with participating families and offspring?

Best of wishes to you and your family; I honestly hope that through any trials and tribulations, at the end resides success and joy abounding. May you in your life and times find solace in seeking the depths and heights of livings majestic intricacies. And especially if you so choose my physical specimen to supply your familial goals, I wish dearly that you and yours have the utmost of support, comfort, and happiness in all moments that may transpire; and particularly that your child grows to be a healthy, competent, and entirely phenomenal human being.



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HEALTH PROBLEMS DONOR 5326

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Scoliosis	Age at onset/diagnosis: 14 Treatment: Spinal fusion surgery with rod placement Outcome: Resolved
Twin sister	Dyslexia	Age at onset/diagnosis: 13 Treatment: None Outcome: Managed
	Anorexia nervosa	Age at onset/diagnosis: 13 Treatment: Hospitalization Outcome: Resolved
	Allergies <i>Rye (Hives)</i>	Age at onset/diagnosis: 16 Treatment: Avoidance Outcome: Managed
Mother	High cholesterol	Age at onset/diagnosis: 62 Treatment: Diet & exercise Outcome: Managed
Father	Myasthenia gravis	Age at onset/diagnosis: 65 Treatment: Medication Outcome: Managed
	Type 2 diabetes	Age at onset/diagnosis: 67 Treatment: Medication, diet & exercise Outcome: Managed
Maternal Grandfather	Heart attack <i>Fatal</i>	Age at onset/diagnosis: 74 Treatment: No treatment Outcome: Death at age 74
Maternal Grandmother	Heart failure	Age at onset/diagnosis: 88 Treatment: Medication, diet, exercise Outcome: Managed until death at 92

Paternal Grandfather	Prostate cancer	Age at onset/diagnosis: 77 Treatment: Surgery Outcome: Resolved
Paternal Grandmother	High blood pressure	Age at onset/diagnosis: 81 Treatment: Medication Outcome: Managed
Maternal Uncle #1	Stroke	Age at onset/diagnosis: 58 Treatment: Surgery & medication Outcome: Managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, there may be a risk for scoliosis that exceeds population risk. Otherwise, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor