# **INTERVIEW NOTES: 5318**

Donor 5318 is a laid back cutie pie. He came to our interview wearing jeans, tennis shoes and a V-neck maroon sweater over a light blue collared shirt. His facial features are soft and symmetrical; he has clear, creamy brown skin, a tiny bit of stubble, fluffy black hair combed into a 50's rebel heartthrob style. He has warm, round brown eyes, thick eyebrows and full lips. When he flashes his big, friendly smile, a trace of dimples appears.

Donor 5318 grew up in a family with very loving, intelligent parents and a younger brother. During childhood, donor 5318's family moved around a lot. His father was in the military and they moved from state to state, internationally, and sometimes even just within the military base and off-base. Donor 5318 did not particularly enjoy moving, leaving friendships behind, and having to start again, but he managed.

5318's parents expected a lot from him, especially when it came to his grades. While in elementary school, he began to feel unchallenged by his classes. His mother decided to homeschool him until 6<sup>th</sup> grade, when she realized that he should be reintroduced into a school environment so that he could improve his social skills. He was a very shy, very introverted boy, so his transition back into public schooling was awkward at first. By 8<sup>th</sup> grade he had become more comfortable with his peers. He made it a personal goal to be more sociable because he knew he needed to be comfortable with people to succeed ahead in life. He learned early on to work hard for everything, because it was clear that things were not going to just be handed to him.

At a young age, 5318 acquired a love for computers from his father, who worked extensively with computers in the military. 5318 fondly remembers scavenging for computer parts in neighbors' trash to build computers with his father. In fact, his father helped 5318 build his first computer at age six! His father also fostered a love for chess. 5318 began to learn how to play chess when his school material was not challenging enough. He went on to take chess lessons, and with a competitive spirit like his father, he won many chess tournaments.

Donor 5318's family is quite musical. His father is a talented musician who sings and plays many instruments, and his mother plays classical guitar. For a long time, 5318 was not interested in following in his parents' musical footsteps, however, in middle school he quickly picked up the drums. He was in the jazz band and was a Drum Captain in high school. Donor 5318 met his best friends and his girlfriend of four years through his drumming. Drumming is his favorite hobby to this day, and provides him with a healthy release.

While in high school, Donor 5318's parents divorced. He was able to see the positive in the choice that they made, and viewed it it as an opportunity to learn about interpersonal relationships from that of his parents'. It was around this time that he met his current girlfriend. They enjoy a happy, healthy long distance relationship as she is working on her degree out of state.

Donor 5318 began working on a Biology degree with the intention of going to medical school. Eventually, he decided that he did not feel passionate enough about the subject of medicine. He has always fostered a passion for computers and gaming, so it made sense that he pursue a career in the field he really loves. Currently, 5318 is working towards a degree in Computer Science. He is still exploring different possibilities within the field. A few that he has considered include the security defense field or some type of music software industry where he could merge his passion for music and computers. Besides working on his career endeavors, 5318 enjoys spending free time with his family, and he cherishes the infrequent visits with his dear girlfriend. This responsible, sweet, friendly young man will make a great donor!

Interviewers: Marisa S. and Maribel L.

Date: 11/10/16

**DONOR PROFILE: 5318** 

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5318 is eligible and approved for semen donation at The Sperm Bank of California. This profile was prepared in April 2017

#### Personal Information

• Identity-Release Program: Yes

Month/year of birth: February 1995

• Education: Pursuing Bachelor's degree in Computer Science

• Current occupation: Student

• Ethnic origin: German, Scottish, Filipino, Hawaiian, Jewish

Religion born into: ChristianityReligion practicing: Christianity

## PHYSICAL CHARACTERISTICS

Height: 5'6 ¼ "
Weight: 172 ½ lbs
Hair color: Black
Hair type: Wavy

• Eye color: Dark brown

Complexion: Light brownBody type: Medium

Blood group/Rh: O+Baby photo available: Yes

Other distinguishing features: Full lips, slightly

bridged nose

## FAMILY MEDICAL HISTORY

**KEY: D** donor **Ch** child **F** father **M** mother **S** sister **B** brother **Co** cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother **PGF** paternal grandfather **PGM** paternal grandmother

Allergies: D: Allergies (seasonal) in infancy, treated with OTC meds, managed. B: Allergies (seasonal) at 10, treated with OTC meds, ongoing, managed. M: Allergies (seasonal) at 10, treated with OTC meds, managed. MGM: Allergies (seasonal) at 16, treated with OTC meds, managed.

Mental Health: F: PTSD in early 40's, treated with counseling, ongoing, managed.

Metabolic/Endocrine: MGF: Type 2 diabetes, treated with insulin, ongoing, managed.

Neurological: D: Migraine headaches at 19, treated with OTC meds, ongoing. M: Migraine headaches at 12, treated with rest, resolved. MGM: Migraine headaches at 15, treated with medication, ongoing, managed.

Respiratory (Lungs): D: Asthma at 2, treated with inhaler as needed, resolved by 12. MGF: Asthma at 18, treated with inhaler as needed, resolved.

Sight/Sound/Smell: D: Right eye: 20/20, Left eye: 20/30.

#### **DONOR LAB RESULTS**

Chlamydia: **Not Detected** Gonorrhea: **Not Detected** 

HIV 1 & 2: Non-Reactive CMV total antibody: Negative

Hepatitis B: Non-Reactive Hepatitis C: Non-Reactive HTLV 1 & 2: Non-Reactive

Urinalysis: Normal Chem panel: Normal CBC: Normal

#### GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Syphilis: Non-Reactive

Cystic Fibrosis: (> 500 mutations) No mutation detected

Spinal Muscular Atrophy (SMA): Two copies of SMN1 detected

Hemoglobinopathies/Thalassemia: No abnormal hemoglobin detected (including sickle hemoglobin);

No evidence of thalassemia

Bloom Syndrome: No mutation detected Canavan Disease: No mutation detected Familial Dysautonomia: No mutation detected Fanconi Anemia Group C: No mutation detected Gaucher Disease: No mutation detected Niemann-Pick Disease Type A: No mutation detected Mucolipidosis Type IV: No mutation detected No mutation detected Tay-Sachs Disease: (73 mutations)

# **DONOR NARRATIVE: 5318**

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I am an incredibly easy going person who loves to laugh and make others feel good about themselves. I am also a self-motivator and have never struggled with hard work. I do have a curious mind and am constantly surrounding myself with knowledge. Naturally I am an introvert, but I have never been shy or socially awkward. Since I smile a lot and try to be kind to everyone I meet, I have never had a period in my life where I have ever felt alone or have been without people who care for me.

#### What are your interests and talents?

I am a musician, just like everyone in my family. I primarily play drums, but I can also play the guitar, bass, ukulele, and a little bit of piano. Growing up I was a competitive chess player and took 1<sup>st</sup> place in over 30 different tournaments that I played in. I love puzzles and have a mind for solving them. Math and science were always my favorite subjects in school and came easy to me. I like to consider myself a fast learner and usually pick up new skills faster than most people around me. I have a deep love for computers and technology and have made an effort to surround myself with them since a young age.

#### What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

One of my goals right now is to complete my education and pursue a job in the tech industry. Further down the line I see myself providing for a family of my own and traveling the world. I don't like to stay put in one area for too long, so I am sure I will be moving from place to place during the next 5-10 years.

#### How would you describe your skills and interests in the following areas?

**Math:** I have always enjoyed math as a child. Even to this day I find math extremely useful and am currently pursuing my minor in it.

**Mechanical:** Having an interest in technology, I have grown up learning how to build and fix computers and some of their more intricate parts.

**Athletic:** Growing up I played sports all the way until high school. Once high school came I turned my interests to other things and mainly focused on going to the gym.

**Musical, Artistic, Creative:** As stated above, I am a musician. I really enjoyed drawing as a child but now I just stick to playing music.

Language (what languages besides English do you speak?): Only a smattering of Spanish words is what I have to show from 2 years of high school Spanish class.

**Writing:** I never particularly enjoyed writing, but I didn't hate it either. I can write well enough to get by in college.

**Literature:** Growing up I wasn't a big fan of reading books, but I did a lot of reading online about random tech articles and guides and how-to articles.

**Science**: Science always peaked my interest the most and during high school I tended to accel in all of those courses.

# Please list a few of your favorite:

Movies: All of Quentin Tarantino's movies, Interstellar, Goodfellas, Hero

Books/Authors: The Name of the Wind by Patrick Rothfuss, Prince of Thorns by Mark Lawrence

Albums/Musicians/Performances: James Blake, John Mayer, Jason Mraz, Anderson .Paak, Dave Brubeck

#### What are a few of your reasons for becoming a sperm donor?

The main reason I have decided to become a sperm donor is because I don't know if I will want to have children of my own one day, and knowing that there will be children that came from me out in the world would help satisfy that desire.

## You have joined the Identity-Release® Program. What appeals to you about this program?

I would like my donor offspring to have the ability to contact me if they so wished when they become of proper age. I would love to get to know them and be as much a part of their life as they would allow me.

# Is there anything else you would like to share with participating families and offspring?

Growing up as a child I really was not a problem kid at all. I think the hardest thing for my parents though was keeping me entertained since I became bored very easily. I was always curious about how everything worked and I have always attracted friends to me with the same love and hunger for knowledge. I am the type of man who takes dating and his commitment to his partner seriously. And above all else, I am a dedicated Christian and believe in spreading love to everyone that I meet.



# **HEALTH PROBLEMS DONOR 5318**

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Allergies	Age at onset/diagnosis: Infancy
	Seasonal	Treatment: OTC meds
		Outcome: Managed
	Asthma	Age at onset/diagnosis: 2
		Treatment: Inhaler as needed
		Outcome: Resolved age 12
	Migraines	Age at onset/diagnosis: 19
		Treatment: OTC meds
		Outcome: Ongoing
Brother	Allergies	Age at onset/diagnosis: 10
	Seasonal	Treatment: OTC meds
		Outcome: Ongoing, managed
Mother	Allergies	Age at onset/diagnosis: 10
	Seasonal	Treatment: OTC meds
		Outcome: Managed
	Migraine headaches	Age at onset/diagnosis: 12
		Treatment: Rest
		Outcome: Resolved
Father	PTSD	Age at onset/diagnosis: Early 40's
	Post-traumatic stress disorder	Treatment: Counseling
	Served in military	Outcome: Ongoing, managed
Maternal Grandfather	Asthma	Age at onset/diagnosis: 18
		Treatment: Inhaler as needed
		Outcome: Resolved at age 15

	Type 2 diabetes	Age at onset/diagnosis: 45	
		Treatment: Insulin	
		Outcome: Ongoing, managed	
Maternal Grandmother	Allergies	Age at onset/diagnosis: 16	
	Seasonal	Treatment: OTC meds	
		Outcome: Managed	
	Migraine headaches	Age at onset/diagnosis:15	
		Treatment: Medication	
		Outcome: Ongoing, managed	

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, there are a number of family members reported to have seasonal allergies, migraines, and asthma. These conditions are extremely common in the general population. For this donor's offspring, it's possible that the risk for such conditions could exceed the population risk; however there may also be no increased risk.

Cynthia Kane, M.S., C.G.C. Genetic Counselor