



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5238

Donor 5238 is wonderfully adorable. He is tall and angular, with green eyes, a straight, sharp, prominent nose, and beaming smile. His loose, light brown curls frame his face which houses his big smile. A self-proclaimed introvert by nature, donor 5238 warmed up and was giggling and laughing throughout the entire interview. As he began to talk about his passions, he would put his hand under his chin, and blush while smiling. He has a bashful, playful, sweet nature. To the interview, he wore a navy blue button-up shirt with colorful specks adding touch of authenticity to his outfit. With his spunky shirt, he wore grey pants and dark brown leather sandals.

Donor 5238 grew up in a rural area on the East Coast, and spent his free time running through his back yard woods with his friends playing games, skating, and climbing trees. He has one sister, and tells us that he had a great relationship with his family. These days he enjoys visiting his family at their house in the woods with their beautiful garden.

Donor 5238 has always been a *creator*, whether he was building a tree house, a skate ramp, or props for a sling-shot war. His parents imagined that he would become an architect, but he said really that just meant that he has a knack for drawing and building things. When he was in high school, he evolved from star soccer player into a skateboarder. He described how he really enjoyed the community of friends that developed through the shared love for skateboarding and the desire to be better at it. With his friends, he would create skate videos, and this led him to gain an interest for digital arts, graphics, and animation.

After graduating from high school, 5238 spent some time working as a freelance web designer for small businesses. He developed an interest in bigger projects, so he enrolled in college while working part-time building software. With a childhood friend who studied Cinematography, 5238 has created concept graphic videos, ads, and promo movies.

He currently nurtures a growing interest in home gardening, and is exploring how he can use his skills in visual arts, video, and graphics to make home gardening more accessible. He shared that he had just enjoyed a few tomatoes that he had grown at home, and they were the best tomatoes he has ever eaten! He has also maintained his adventurous, *free-spirit* character, going on bike rides miles away to the beach, rock climbing, and occasionally trying new things such as sailing. Donor 5238 finds excitement in seeing new places, experiencing new activities, and just being outdoors. He brings his *adorable* mixed breed dog to most of his adventures, and he is working on engineering a way to bring her on all of his long distance bike rides.

Donor 5238 is not only endearing, but also admirable. He is kind and friendly, with an intoxicating spirit of adventure. He is mindful about the environment, *sad to see the loss of natural and wild life and how it is a loss of perspective*. He is also intelligent and innovative with a bright future ahead. We are fortunate to have him in our program and we are sure he will be a great addition!

Interviewers: Lauren A. & Maribel L.

Date: 06/24/16



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DONOR PROFILE: 5238

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5238 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in November, 2016, updated in March, 2018.

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **January, 1992**
- Education: **Bachelor of Arts degree in Design**
- Current occupation: **Interaction Designer**
- Ethnic origin: **Italian, Polish, Dutch**
- Religion: **Non-specific**

PHYSICAL CHARACTERISTIC

- Height: **6'2"**
- Weight: **176lbs**
- Hair color: **Medium Brown**
- Hair type: **Curly**
- Eye color: **Blue/green/hazel**
- Complexion: **Olive**
- Body type: **Medium**
- Blood group/Rh: **B+**
- Baby photo available: **Yes**
- Other distinguishing features: **Dark freckles**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Heart: **F: High blood pressure at 30, treated with medication, diet, and exercise, managed. MGF: High cholesterol at 40, treated with diet and exercise, managed.**

Mental Health: **S#1: Attention Deficit Disorder at 20, medication when needed, ongoing, managed.**

Metabolic/Endocrine: **MU#1: Hypoglycemia at 48, treated with diet change, resolved. PCo#1: Thyroid disease at 12, treatment unknown, outcome unknown.**

Respiratory (Lungs): **D: Asthma at 9, treated with allergy shots, resolved at 12.**

Sight/Sound/Smell: **Right eye: 20/20, left eye: 20/20**

Urinary: **PGF: Renal cancer at 88, no treatment, cause of death.**

Cancer (see above): **PGF: bone cancer, renal cancer.**

Other: **PGF: Bone cancer at 80, radiation therapy, resolved. PCo#1: Alopecia at 12, no treatment, ongoing.**

DONOR LAB RESULTS

Chlamydia: **Not Detected**
HIV 1 & 2: **Non-Reactive**
Hepatitis B: **Non-Reactive**
Urinalysis: **Normal**

Gonorrhea: **Not Detected**
CMV total antibody: **Negative**
Hepatitis C: **Non-Reactive**
Chem panel: **Normal**

Syphilis: **Non-Reactive**
HTLV 1 & 2: **Non-Reactive**
CBC: **Normal**

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) **No mutation detected**
Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected**
Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);
No evidence of thalassemia**

DONOR NARRATIVE: 5238

The content of this narrative has not been altered by TSBC staff and therefore reflects original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

Depending on who you ask, my friends describe me as being either introverted or extroverted, so I don't think I fit entirely into one or the other. I'm a light hearted person, I like to go out of my way to make sure that the people I'm around feel comfortable. I would describe myself as goal oriented; while I often do enjoy getting lost in the process of my work, I typically work with an end-state in mind, or at least something I'd like to get out of what I'm working on. I would say I'm curious, the kind of person that likes to walk places because I have much better chances of stumbling upon interesting people or places along the way. On that note, I go out of my way to explore and to live and experience new situations, people, and places. Having lived in a variety of different settings, I find that I'm generally able to easily adapt to my surroundings, and that doing so often offers me a new perspective on the world around me.

What are your interests and talents?

My interests and talents...well I guess a good place to start is to say that even though I work as a designer, often inside for long hours behind a computer or a whiteboard, outside of work I'm a very outdoorsy person. I LOVE gardening, plants, getting dirty and building beautiful things, whether it is a new plant bed for my garden, or a new table for my home. I spend a lot of time outside with my dog Bailey. I'm a very active person as well, typically thought of as one of the more athletic of my peers, especially amongst other artists and designers who tend to be less kinesthetically inclined. Exploration has always been an important aspect of my life, from when I was a child exploring and building things in the woods where I grew up, to now living in the city, exploring both San Francisco's surrounding beauty, as well as the wonderful culture and vibrancy within. Meditation and self-exploration are both aspects of my life that I consider to be essential. Taking time to myself, to open up and get in touch with some of the subconscious thoughts and feelings I'm experiencing allows me to come back to my life with a more open and considerate perspective.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

Honestly, I would say that I don't have specific set of 5 to 10 year goals that I'm working towards. Although I consider myself a goal-oriented person, my outlook and self-direction tends to reside much closer to the present. Currently I'm working in design, and creating things that can change the way we interact with each other, and with the world around us. Some of my focuses in my work are sustainability as well as community trust & empathy. So I guess I'd say that in the next 5 years I imagine myself continuing to partner with other amazing people to design new ways for humans to better understand, and redirect the impact of the complex systems that govern our everyday life.

How would you describe your skills and interests in the following areas?

Math: Although I did very well in math throughout school, I never really saw much relevance of the things I was learning in my own life until I started exploring subjects like physics. I love learning things when I can see and experiment myself with what I'm learning, rather than just learning abstractly. Today I leverage a decent amount of mathematics skills in my programming work for the applications that I build.

Mechanical: I LOVE building things! Always have. Today I often work in the woodshop or metalshop cutting, soldering, grinding, painting. I always have a project underway, either in my garden or my home. I'm currently setting up an off-the-grid solar generator system for my home, and enjoying getting more into electronics & energy.

Athletic: I consider myself to be very athletic, I love running around outside, hiking barefoot in the mountains, backpacking. I played a lot of sports growing up, soccer especially, but eventually moved away from organized sports. Today I love rock climbing, skateboarding, hiking, and anything else I can do to be outside in the sunshine. And of course I do still enjoy the occasional pickup game of soccer at the park with my friends :)

Musical, Artistic, Creative: I really began to form my 'creative' side in middle school, making computer animations using Microsoft PowerPoint. From that point on, I've always been learning new forms of artistic expression and design, ultimately leading me to my current work in design. Much of my art and design has centered around digital artifacts, though I do also enjoy the occasional painting session.

Language (what languages besides English do you speak?):

I speak some Spanish! Though I would not consider myself to be an expert, I know enough for casual conversation. I learned a little bit in highschool, but most of what I know, I learned on my own through personal study, and through travel. Over the past two summers I've spent a month traveling abroad—first in Spain, then in Argentina and Chile.

Writing: I actually really love to write. I often write to friends of mine that are long-distance, and find that I can communicate well and really get to know someone just through writing. I also write on my own, often to explore something that I'm feeling or thinking a lot about. This is usually either in the form of a personal entry, just cataloging my experience and putting it down on paper, or through creative writing, either a short poem or story that I feel captures what's going on in my head.

Literature: I love books! As a child I spent almost all of my elementary and middle school staying up late into the night reading. When I start reading a book I absolutely cannot stop until I finish it, which often leads me to sit with my nose buried in a paperback for an entire day. Today, I still really love to read, but I'm pretty busy, so I usually tend to read in short binge sessions when I have time off from school or work, and I'll plow through a few books.

Science: Um, I don't really know what to put here! Science is cool, but this is also a really broad question. I thought science was interesting in school, but I'm not working in a 'scientific' field of work, so I don't know what I would consider relevant to this topic. I will say that I think science has a lot to learn from design and art around storytelling, and presentation of information. A lot of scientific articles are so dry, which is unfortunate because the content is so interesting!

Please list a few of your favorite:

Movies:

I love movies, I get really engrossed in them. V for Vendetta, Wall-e, Mary and Max, The Jungle Book, Ex Machina, Interstellar, Gravity, Perks of Being a Wallflower, Into the Wild, A Clockwork Orange

Books/Authors:

Into the Wild, Perks of Being a Wallflower, Sex, Drugs, and Cocoa Puffs, Lord of the Ring series, anything by Jack London, especially Star Rover, A Clockwork Orange

Albums/Musicians/Performances:

System of a Down, Milky Chance, Childish Gambino, Evenings, Ludwig Van Beethoven, Cat Empire, Bonobo, Afro Celt Sound System, Robert Plant, Goldfish, Baths, Borns, Jack Johnson, Rat & Co

What are a few of your reasons for becoming a sperm donor?

I'm interested in the process—I think that it's really interesting to be able to donate my genetics to someone else who is interested in raising a child. I also just feel like it is an opportunity for me to give back to someone else, especially since this is something that doesn't take too much work from me but makes a huge difference for someone else.

Did you choose to be an Identity-Release[®] Program donor?

Yes

No

Why did you make this choice?

If I was a child growing up in this situation, I think I would want the opportunity to explore this side of myself and where I came from.

Is there anything else you would like to share with participating families and offspring?

Nope :) I think you know everything you need to know. Good luck!



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HEALTH PROBLEMS DONOR 5238

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Asthma	Age at onset/diagnosis: 9 Treatment: Allergy shots Outcome: Resolved at age 12
Sister	Attention deficit disorder <i>ADD</i>	Age at onset/diagnosis: 20 Treatment: Medication when needed Outcome: Ongoing, managed
Father	High blood pressure	Age at onset/diagnosis: 30 Treatment: Medication, diet, exercise Outcome: Managed
Maternal Grandfather	High cholesterol	Age at onset/diagnosis: 40 Treatment: Diet, exercise Outcome: Managed
Paternal Grandfather	Bone cancer	Age at onset/diagnosis: 80 Treatment: Radiation therapy Outcome: Resolved
	Renal (kidney) cancer	Age at onset/diagnosis: 88 Treatment: None Outcome: Cause of death
Maternal Uncle	Hypoglycemia	Age at onset/diagnosis: 48 Treatment: Diet change Outcome: Resolved
Paternal Cousin#1	Alopecia	Age at onset/diagnosis: 12 Treatment: None Outcome: Ongoing
	Thyroid disease <i>Type not known</i>	Age at onset/diagnosis: 12 Treatment: Not known Outcome: Not known

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor