



## INTERVIEW NOTES: 5100

Donor 5100 is one of my favorite donors to date; he is charismatic, self-reflective, and very intelligent. For our interview, he dressed casually in grey jeans and a t-shirt, with a grey Bench jacket, brown leather lace-up loafers, and half-wire rim glasses. His skin is creamy and flawless, and a clipped mustache and beard frame his nicely shaped lips. He speaks with a beautiful accent and is thoughtful and humble in his speech.

The donor grew up in Iran with parents he describes as conscious and kind. His father liked to stimulate his and his siblings' logical thinking and would quiz them on various topics before school. Book smarts and ingenuity come naturally to 5100, but when telling me about secondary school, he laughed and said *I wasn't a good boy! I took easy classes like ping pong and basketball*. Despite this, he easily passed the rigorous national college entrance exam and received fellowships to attend top universities internationally and in the United States. Since completing school, 5100 has experienced great success in his career and is currently patenting an application he developed during his doctoral studies. Although he thrives being the creative force behind a company, he chose to take a 9-5 job with a structural engineering firm. Initially, he took the job for the security it provides as he works on building his own companies, but he really enjoys the work and plans to stay on longer term. 5100 is ambitious and goal-driven. He knows that he wants to be financially and professionally successful, and he actively works at making that goal come to fruition. He has had several companies already, and is always working on new inventions and ideas (because they are still in development, he was unable to discuss his current projects). 5100 regularly has *thinking sessions* where he sits down and brainstorms new ideas; he thinks a lot about the psychology of people and their consumption tendencies and is always trying to stay one step ahead of society's wants/needs.

Movement and physical activity have always been important to 5100. As a child, he played soccer and would stay out late into the night after school and during the summer. As an adult, he has practiced martial arts (something he first took up in his youth) and also began an intensive workout routine at 18. He describes the workout as similar to *CrossFit – hardcore exercises that push your limits* – and was inspired to do it after being challenged by an uncle he idolizes. *My uncle is good at everything – practicing medicine, poetry, sports – and he told me I wouldn't keep doing the exercises past 23, but I did!*

5100 met his wife during graduate school through mutual friends in the Persian community. She practices medicine and, in their free time, they like to hang out with friends and go hiking. He also encourages his wife to join him in his thinking sessions and I get the impression that 5100 is that person who encourages everyone around him to know what they are passionate about and do what brings them happiness. Once they have their own home, 5100 wants to start painting – he used to draw portraits when he was younger and is anxious to have a new creative outlet. A few other things about the donor: he likes to cook (two of his favorite things to make are kebabs and fesanjoon), he just became an uncle and is very excited about this, and his musical tastes range from Linkin Park to Yani to Kitaro. As we finished our conversation, 5100 said that he was worried he came across as cocky, but I found him extremely authentic and talking with him was a pleasure.

Interviewer: Kristen M.

Date: March 26, 2015



Reproductive Technologies, Inc.

# THE SPERM BANK OF CALIFORNIA

## DONOR PROFILE: 5100

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **5100** is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in **September, 2015**

### PERSONAL INFORMATION

- Identity-Release<sup>®</sup> Program: **Yes**
- Month/year of birth: **September, 1987**
- Education: **B.S., Civil Engineering, M.S., Nano-Mechanics, Ph.D. Engineering**
- Current occupation: **Structural Engineer**
- Ethnic origin: **Iranian**
- Religion: **Muslim**

### PHYSICAL CHARACTERISTICS

- Height: **5'11"**
- Weight: **165 lbs**
- Hair color: **Black**
- Hair type: **Straight**
- Eye color: **Green/Hazel**
- Complexion: **Fair/Creamy**
- Body type: **Medium**
- Blood group/Rh: **O+**
- Baby photo available: **Yes**
- Other distinguishing features: **Dimples**

### FAMILY MEDICAL HISTORY

**KEY:** **D** donor    **Ch** child    **F** father    **M** mother    **S** sister    **B** brother  
**Co** cousin    **A** aunt    **U** uncle    **MGF** maternal grandfather    **MGM** maternal grandmother  
**PGF** paternal grandfather    **PGM** paternal grandmother

Heart: **PGM: Heart attack at 68, treated with surgery, cause of death at 68. PGF: Stroke with mitral valve stenosis at 62, no treatment, cause of death at 62. MGF: Stroke at 81, treated with hospitalization, cause of death at 81. F: High cholesterol at 50, treated with medication, managed. F: Coronary artery disease at 58, treated with stent placement at 60 and medication, ongoing managed. M: High cholesterol at 54, treated with medication, ongoing managed.**

Sight/Sound/Smell: **D: Right eye 20/200, Left eye 20/200**

## DONOR LAB RESULTS

Chlamydia: **Not Detected**  
HIV 1 & 2: **Non-Reactive**  
Hepatitis B: **Non-Reactive**  
Urinalysis: **Normal**

Gonorrhea: **Not Detected**  
CMV total antibody: **\*Positive**  
Hepatitis C: **Non-Reactive**  
Chem panel: **Normal**

Syphilis: **Non-Reactive**  
HTLV 1 & 2: **Non-Reactive**  
CBC: **Normal**

*\*CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious*

## GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

*Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.*

Cystic Fibrosis: (> 500 mutations) **No mutation detected**  
Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected**  
Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);  
No evidence of thalassemia**

## DONOR NARRATIVE: 5100

*The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor*

### Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

In my opinion, 3 parameters will shape our personality: Genetics, Environment, and Self-reflection. I feel that I was lucky in that all three mentioned factors helped me to be who I am today. I am a very ambitious person (not a settler at all!). I always aim for the best. I am also very practical and real and this helps me not to become an idealist. I am an introvert. I am very social and funny. My jokes have no limits, literally! I am a very honest person, I try not to be fake even for one second. If I am nice to people, I want 100% of that to be real. I think I am smart, very creative, and very open-minded.

### What are your interests and talents?

Although I did not have professional training, I always was interested in drawing. As a child I was good at drawing portraits, scenery and figure drawing. I enjoy creating whether it be in art, invention, or even designing my girlfriend's pendant. I also like to work out. It makes me challenge myself and compete with myself and push my physical limits. I love Mother Nature a lot. Moreover, I am good in creating a convincing argument and I try to be fair in my conversations with others. My friends feel really comfortable with me. Oh, I guess I am also very interested in questions that the answer to them is not that clear/known (e.g. theological discussions).

### What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I like to be fit, physically while keeping my emotional hygiene. I also like to become great in my field of work. I would be lying if I don't mention the fact that I like to be rich. I envision achieving my financial goals by taking my invention to the next level and commercializing it. I am planning to visit a list of places that I have in mind in the next 15 years. One of my goals is to one day (Maybe in 3 years) do a very long hike/camping where I could find pure solitude and reflect on myself and maybe put down some of my thoughts.

## How would you describe your skills and interests in the following areas?

**Math:** I am very strong in math, Very Strong! Back in Iran, I was nearly qualified to attend the International Mathematical Olympiad as a representative of my country on two consecutive years.

**Mechanical:** I am good with my hands and can create things but maybe this is not my strongest suite.

**Athletic:** I consider myself fit. Unfortunately, It's been now more than a year that I haven't worked out the way I want to. I like to run, swim and do martial arts.

**Musical, Artistic, Creative:** I love the art and consider myself a creative person. I don't have that much talent in music though.

**Language (what languages besides English do you speak?):** My mother language is Farsi, besides that I know English, some Arabic, and very little Spanish.

**Writing:** Not talented, not interested.

**Literature:** I like reading Persian poetry. I like how smart they could not only rhyme the words but also convey such deep thoughts in such few words.

**Science:** Science is what I would get REALLY excited about. It is food to my curious and "Very Hungry" soul.

## Please list a few of your favorite:

**Movies:** The Game, Forest Gump, Into the Wild, Hangover 1, Birdman

**Books/Authors:** Sidhartha by Herman Hesse

**Albums/Musicians/Performances:** Sting, Chris de Burgh, The Weeknd, Eminem, Yanni

## What are a few of your reasons for becoming a sperm donor?

In the nutshell, to spread my genes. I think I am smart and even though I don't want to have kids for now or maybe ever, if a couple wants to have child and they can't I would love to help them.

## Did you choose to be an Identity-Release® Program donor?

Yes  No

## Why did you make this choice?

Donor did not leave a response

## Is there anything else you would like to share with participating families and offspring?

Donor did not leave a response



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## HEALTH PROBLEMS DONOR 5100

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
<b>Mother</b>	High cholesterol	Age at onset/diagnosis: 54 Treatment: Medication Outcome: Managed
<b>Father</b>	High cholesterol  Coronary artery disease <i>Hardening of the arteries</i>	Age at onset/diagnosis: 50 Treatment: Medication Outcome: Managed  Age at onset/diagnosis: 58 Treatment: Stent placed at 60, on medication Outcome: Ongoing, managed
<b>Maternal Grandfather</b>	Stroke	Age at onset/diagnosis: 81 Treatment: Hospitalization Outcome: Managed until death six months later
<b>Paternal Grandfather</b>	Stroke <i>Including mitral valve stenosis</i>	Age at onset/diagnosis: 62 Treatment: None Outcome: Cause of death at 62
<b>Paternal Grandmother</b>	Heart attack	Age at onset/diagnosis: 68 Treatment: Surgery, unsuccessful Outcome: Cause of death at 68

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.  
Genetic Counselor