



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 4733

Sitting and talking with Donor 4733 is pleasant and easy. He presents himself well, dressed in a white and blue striped button down shirt under a gorgeous light grey, well-tailored suit with perfectly shined shoes. His rectangular frameless glasses and nicely coifed, inky black hair frame his face just right. 4733 has smooth caramel-colored skin, manicured nails and is movie star good-looking. His voice is distinctly kind and warm, his appearance is professional, and his manner is easy and self-assured.

As a child, donor 4733 remembers being full of energy and constantly *getting into things*. And although his high energy caused some difficulty in school, 4733 learned quickly to channel his energy into sports. Sports served as a perfect outlet for him, they provided a structured and healthy outlet for his abundance of energy. It was during this time that he learned about his resourcefulness and independence. For example, neither of his parents was able to shuttle him to and from his practices and games, so 4733 found ways to get there either by walking, riding his bike or catching rides with teammates. I think another young man in his position would not have been able to motivate all of this on his own. Above and beyond anything he was already doing, 4733 continued to seek out opportunities to become involved in something new. He told me excitedly about how he attended the high school wrestling team's practice, and basically walked onto the team, later competing in state-wide competitions. He wanted me to understand that wrestling didn't come naturally to him rather that the reason he was good at it is that he worked hard.

Donor 4733 has a very friendly demeanor; he is approachable and outgoing. He is also naturally drawn to leadership positions. The way he talks about his involvement in various activities reveals the pride he takes in his various leadership roles. He ran and won the seat as Vice President in grade school, attributing his win to the fact that he tossed the traditional podium speech method and delivered speech as a rap, a spoken word piece. He went on to graduate from high school with honors. He started coaching sports in middle school and really enjoyed leading teams of his peers. 4733 is self-motivated and driven to obtain his goals.

Listening to 4733 express his love and appreciation for his mother was a standout moment for me during our conversation. 4733 believes that he is a better person today because of her positive influence and the role that she held for him throughout his life. He is close with both of his parents, but asserts that he has a special bond with his mother, proudly calling himself a *Mama's boy*. He recounts how easily she shows her love, adding *my Mom fuels me everyday to be a better person*.

Donor 4733 had a religious upbringing, attending church regularly and attending private Catholic schools from kindergarten through college. Growing up, he felt that *religion didn't feel like a choice*, yet it laid a strong foundation for him. Over time religion transitioned from a being a perfunctory part of his childhood to being a chosen part of his daily adult life. 4733 believes that the most important things in life are *faith and family*.

My overall impression of donor 4733 is that he is an open, thoughtful, and motivated person who acts with sincerity and kindness. He presents himself professionally and respectfully, discussing his life experiences and challenges humbly. 4733 has an optimistic view of the future and a genuine thoughtfulness and reverence for his past.

Interviewer: A. Shatola and A. Avittan

Date: 9/20/12



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DONOR PROFILE: 4733

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **4733** is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in November, 2012 and updated August 2016

PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **May, 1984**
- Education: **BA in Administration**
- Current occupation: **Athletic director and wrestling coach**
- Ethnic origin: **Filipino**
- Religion: **Catholic**

PHYSICAL CHARACTERISTICS

- Height: **5'8"**
- Weight: **140 lbs**
- Hair color: **Black**
- Hair type: **Straight**
- Eye color: **Light brown**
- Complexion: **Medium brown**
- Body type: **Small**
- Blood group/Rh: **O+**
- Baby photo available: **Yes**
- Other distinguishing features:

FAMILY MEDICAL HISTORY

KEY: D donor Ch child F father M mother S sister B brother
Co cousin A aunt U uncle MGF maternal grandfather MGM maternal grandmother PGF paternal grandfather PGM paternal grandmother

Allergies: **M: Allergies (seasonal) in teens, treated with OTC medications, managed.**

Congenital Anomalies (Birth Defects): **MCo: Down Syndrome at birth, treated with supportive care, ongoing managed. PU#1: sudden Infant Death Syndrome in infancy, cause of death. MU#1: Leg deformity at birth, no treatment, ongoing, walks with a limp.**

Gastro-intestinal: **MGM: Stomach Cancer at 72, chemotherapy, cause of death at 73.**

Heart: **F: High Blood Pressure starting in 50's, treated with prescription medication, managed. MGF: High Blood Pressure in 60's, treated with prescription medication, managed. PGF: High Blood Pressure in 60's, treated with prescription medication, managed. MGF: Heart Attack at 80, no treatment, cause of death at 80. PGF: Heart Attack at 80, no treatment, cause of death at 80. PU#3: High Blood Pressure in late 50's, treated with prescription medication, managed. PA#1: Heart Attack at 62, hospitalized and treated with physical therapy, ongoing and managed.**

Metabolic/Endocrine: **F: Diabetes (Type 2) in late 50's, treated with prescription medication, managed. PGF: Diabetes (Type 2) in mid 60's, treated with prescription medication, managed until death. PU#1: Diabetes (Type 2) at in late 50's, treated with prescription medication, managed. MA#1: Hyperthyroidism in late 40's, treated with prescription medication, managed.**

Muscles/Bones/Joints: **MGF: Gout at in early 60's, prescription medication, managed until death.**

Respiratory: **PGM: Lung cancer at 68, chemotherapy, died of complications of lung cancer at 70.**

Sight/Sound/Smell: **D:100/20 100/20**

Skin: **PCo: Skin Cancer (Melanoma) at 30, chemotherapy, cause of death 32.**

Cancer (see above): **PGM: Lung cancer, MGM: Stomach Cancer . PCo: Skin Cancer (Melanoma)**

Other: **B: Spinal Meningitis at 7, treated with hospitalization, complete recovery.**

DONOR LAB RESULTS

Chlamydia: **Not Detected**
HIV 1 & 2: **Non-Reactive**
Hepatitis B: **Non-Reactive**
Urinalysis: **Normal**

Gonorrhea: **Not Detected**
CMV total antibody: ***Positive**
Hepatitis C: **Non-Reactive**
Chem panel: **Normal**

Syphilis: **Non-Reactive**
HTLV 1 & 2: **Non-Reactive**
CBC: **Normal**

**CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious*

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (32 mutations)	No mutation detected
Spinal Muscular Atrophy (SMA):	Not performed
Hemoglobinopathies/Thalassemia:	No abnormal hemoglobin detected (including sickle hemoglobin); No evidence of thalassemia

DONOR NARRATIVE: 4733

The content of this narrative has not been altered by TSBC staff and therefore reflects original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I am definitely an extrovert, have no problem meeting new people and starting conversations with complete strangers. I conduct myself with a high sense of professionalism and am very relaxed and calm when it comes to formal conversations. I also have a fun side to me that likes to joke around and hang out with my family and friends. Let's just say that whatever setting I am put in- business and recreation- I adapt to the atmosphere pretty easily. When I put my mind and soul into a goal, I most always achieve it because I am very persistent and persevere until the final task has been completed. I love to help people and have been given a servant-heart attitude that allows me to put others in front of myself. I recently have become more comfortable to staying at home, reading a book and watching movies by myself. Age has taught me that you don't need to be around others to feel secure.

What are your interests and talents?

I am very interested in sports. I love to compete and push myself to the point of exhaustion when I participate in activities. This is because my philosophy is that there's no point in participating unless you are willing to give 100% effort. Currently I golf A LOT. It is a sport where you not only have to give physical effort, but more mental toughness. I actively played basketball, football, track and field soccer and wrestling when I was growing up. I was an All American wrestler in high school. I have been blessed with the talent to communicate to others no matter what age; to speak with individuals to the point of where they are comfortable enough to tell me their inner most thoughts and feelings. I then use this information as my way to motivate them to push themselves further than what they first thought was possible. This talent has given me the ability to be a great coach and mentor when it comes to sports and business.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

Currently my professional goal is to reach the position of Regional Vice President inside my company by October 2013, that is a little over a year from now. This will take an extreme amount of work and sacrifice, but I am more than ready to take on this challenge full throttle. This is because my WHY is bigger than anything I have ever wanted in the world- retire my parents. It has taken many years, but I have recently recognized the amount of sacrifice my parents went through to give my brother and I the life we have lived. And it is only right that I now fight to give them the life that they have always wanted. The only way that will happen if they stop working and are given all the time and money in the world to do all they have dreamed to do. And I will do everything possible to make this happen. In 5 years, I would have retired my parents, paid off all my personal debt from school loans and credit cards, bought a new home and luxury vehicle, have a beautiful wife and kids, be a senior Vice President in my company and be in a position to help thousands of other reach the type of financial freedom I worked so hard to gain in the past 5 years.

How would you describe your skills and interests in the following areas?

Math: I have always considered myself considered myself gifted in mathematics. As a young child I understood this subject very easily and was always one of the fastest to figure out equations. I never went too far with it into college because I didn't love it the point of where I wanted to make it a career, but even now in business I use my math skills to calculate my commissions and compensations plans very quickly.

Mechanical: I have NO sense of mechanical skills at all. I couldn't tell you how to fix any part of a car or how to build a fence. When it comes to hand on projects, I tend to take charge and delegate the manual labor to those who are more skilled than I am.

Athletic: SEE Interests and talent.

Musical, Artistic, Creative: I do love music. I love to listen to songs that affect the way I am feeling emotionally. Recently I have gotten into classical music and have always been fond of hip hop and R&B type songs. I am not very artistic or creative with my hands. Again, when it comes to usually my five fingers, they are rarely used for much more than writing, driving, eating and playing with sports equipment.

Language (what languages besides English do you speak?): I don't speak any other languages besides English. I do understand about 90% of what my parents tell me in Tagalog (Filipino language), but unfortunately lost the ability to speak it at a young age.

Writing: I like to express myself in writing. I keep a daily journal where I input my thoughts and feeling to a daily question. Because of my education through private schooling, I believe my writing skills are fairly decent and that I can use my abilities to communicate with professional individuals on a level playing field. I feel it is important to write things down, especially for goal and memorization purposes.

Literature: For a long time I disliked reading books. I got bored very quickly and didn't have the patience to sit down and look at words for more than a few minutes. Boy, have my views on this subject changed! Now I absolutely LOVE to read. I feel like it is one of the most important things you can do to your mind. It causes you to think and exercise your brain. And with personal development as one of the top things on my daily list, reading is very high priority for now.

Science: Like mechanics, science has to be on the bottom of my interest list as well. I have never liked or understand this subject. I really have no personal want or need to understand what cells are in our bodies and how they perform.

Please list a few of your favorite:

Movie: Good Will Hunting

Book: *The Travelers Gift* by Andy Andrews

Album: *8701* by Usher

What are some of your reasons for becoming a sperm donor?

At first it was about the extra financial benefits afforded to me through the program. But it very quickly became a want to help others who haven't been given the advantages to bear their own child. I have been blessed with the life I live and God has given me the ability to be completely healthy while living an active lifestyle. With a servant-heart, I have always wanted to help others and this is just another way I can give back to people out there who need assistance from this donor program.

Did you choose to be an Identity-Release® Program donor?

☒ Yes

Why did you make this choice?

I chose this program because I put myself in the person's shoes and realized that if it were myself, I would be interested in knowing who my true birth father was and it would be nice to have the option to go back and find out. It is the selfless thing to do and my current character is about considering the feelings of the others before my own.

Is there anything else you would like to share with participating families and offspring?

Finally, I want to let the participating families know that I have gone through so much personal growth in the past 1 ½ years that I am confident to say you will be very happy choosing me to help you with your offspring. I have been extremely blessed with loving parents throughout my entire life that sacrificed everything for me. They sent me to the best, private schools and I got the type of education that most people could only dream about. I played in every sport I wanted to play in and have always had family support at all my events. Besides the ABC's and 123's, I have needed to grow into a man that I can be completely happy with. This is because I believe that we are not defined by what others on the outside think of us, but what we internally think of ourselves.



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HEALTH PROBLEMS DONOR 4733

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Brother	Spinal meningitis	Age at onset/diagnosis: 7 years Treatment: Hospitalized Outcome: Complete recovery
Mother	Allergies <i>Seasonal</i>	Age at onset/diagnosis: Teens Treatment: OTC medication Outcome: Managed
	Hyperthyroidism	Age at onset/diagnosis: mid 40's Treatment: Prescription medication Outcome: Managed
Father	High blood pressure	Age at onset/diagnosis: late 50's Treatment: Prescription medication Outcome: Managed
	Diabetes, Type 2	Age at onset/diagnosis: late 50's Treatment: Prescription medication Outcome: Managed
Maternal Grandfather	High blood pressure	Age at onset/diagnosis: early 60's Treatment: Prescription medication Outcome: Managed until death at 80
	Gout	Age at onset/diagnosis: early 60's Treatment: Prescription medication Outcome: Managed until death at 80
	Heart attack	Age at onset/diagnosis: 80 Treatment: No treatment Outcome: Fatal at 80
Maternal Grandmother	Stomach cancer	Age at onset/diagnosis: 72 Treatment: Chemotherapy Outcome: Cause of death at 73
Paternal Grandfather	High blood pressure	Age at onset/diagnosis: mid 60's Treatment: Prescription medication Outcome: Managed until death at 80

	Diabetes, Type 2	Age at onset/diagnosis: mid 60's Treatment: Prescription medication Outcome: Managed until death at 80
	Heart attack	Age at onset/diagnosis: 80 Treatment: None Outcome: Cause of death
Paternal Grandmother	Lung cancer	Age at onset/diagnosis: 68 Treatment: Chemotherapy Outcome: Cause of death at 70
Maternal Aunt	Hyperthyroidism	Age at onset/diagnosis: late 40's Treatment: Prescription medication Outcome: Managed
Maternal Uncle	Leg deformity <i>One leg shorter than the other two missing toes</i>	Age at onset/diagnosis: Birth Treatment: None Outcome: Ongoing – walks with limp
Paternal Aunt	Heart attack	Age at onset/diagnosis: 62 Treatment: Hospitalized, physical therapy Outcome: Managed, ongoing
Paternal Uncle#1	Sudden infant death syndrome (SIDS)	Age at onset/diagnosis: Infancy Treatment: None Outcome: Cause of death
Paternal Uncle#2	Diabetes, Type 2	Age at onset/diagnosis: late 50's Treatment: Prescription medication Outcome: Managed
Paternal Uncle#3	High blood pressure	Age at onset/diagnosis: late 50's Treatment: Prescription medication Outcome: Managed
Maternal Cousin	Down syndrome	Age at onset/diagnosis: Birth Treatment: Supportive care Outcome: Ongoing, managed
Paternal Cousin	Skin cancer- melanoma	Age at onset/diagnosis: 30 Treatment: Chemotherapy Outcome: Cause of death at 32

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor