INTERVIEW NOTES: 4575

Donor 4575 is a self-proclaimed "nerd" whose confidence and varied interests make him one of the "coolest nerds" I have ever met. He came to our interview wearing light blue jeans, a brown graphic tee under a white fitted button-up camper shirt that was buttoned only in the middle portion, and faded black boots. This donor says he is often told he looks like *My Chemical Romance* lead singer Gerard Way; I would say this is an accurate comparison even though the donor has lighter hair and does not wear any eye makeup. I enjoyed the hour I spent with this donor and found myself admiring his quirks and uniqueness.

Donor 4575 is really passionate about art. He uses multiple art forms to express himself; for example, he enjoys painting figurines with water-based acrylics and writing and performing music. His favorite activity is his 3-D art, working on animation using his computer generated art programs at home. He got interested in modifying video games at 14 years old when he wanted to cheat in a video game. He changed the coding for the game and realized that there are so many interesting ways to explore and modify them. When I asked what genre of music he made, he replied with *Rap and Hip-Hop*, explaining that he raps and often *sings the chorus or the hooks in his songs*. To be honest, I was very surprised with his answer—I was not expecting a computer/ video game "nerd" to be a rap performer.

This donor describes himself as extroverted and out-going in his narrative, and a lot of the activities he is involved in require that kind of personality. I was surprised to find out that he was extremely introverted until his senior year of high school. The transition he made that year is what inspired his decision to major in Communications, explaining that seeing how people reacted to his transformation made him curious about interpersonal relationships and dynamics. When he was 17 ½ he found himself at a breaking point, explaining that things weren't going his way, and that he was generally unhappy with himself. He then decided to take charge and he lost a lot of weight, changed his diet, and started working out- which in turn increased his self confidence to start putting himself out there and going out to meet new people. I can't imagine a former introvert turning into a gregarious rap artist, but he is living proof.

Donor 4575 is from a close family. He currently lives at his parents' house with his older brother and finds that they all have a great relationship. He said he doesn't have the type of family where sit-down dinners are mandatory, but that they are all comfortable with one another and there is no topic that is off limits from discussing. His parents are not overbearing and have always encouraged the donor and his brother to think for themselves and make decisions with little intervention. The donor said he and his brother were former worst enemies until the household got two computers—the main source of conflict. Donor 4575 explained that he and his brother are very similar in terms of personality and shared interests, the only difference being his brother was always outgoing while the donor used to be introverted.

While video and computer games are fun activities for the donor, he also likes to do other normal stuff, like ride his mountain bike, go to movies, see his favorite music groups perform, and sometimes go to bars with his friends. His computer knowledge makes him the "go-to" guy with their computer problems—he included that he has yet to encounter a problem that he could not fix. Donor 4575 has travelled a little within the US, having been to Oregon and Nevada to visit friends. He also goes to an annual convention in Seattle—an event that he looks forward to every year. This donor is somewhat of a Francophile and would love to visit France. He took French for 3 years in high school, and has done a lot of research on France and French history. He has heard his European friends talk about how different America is, and he hopes to see so for himself. Donor 4575 is such a unique and self confident individual and I really admire how comfortable he is in his skin.

Interviewer: N. Lee Date: May 13, 2011

DONOR PROFILE: 4575

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 4575 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in November, 2011 and updated August 2016.

Personal Information

• Identity-Release Program: Yes

Month/year of birth: June, 1988 • Education: Pursuing BA in Communications

• Current occupation: Barista

• Ethnic origin: Swedish, Scottish, Irish, Dutch, French and Norwegian

• Religion: None

PHYSICAL CHARACTERISTICS

• Height: 5'10" • Weight: **173 lbs**

• Hair color: Dark Brown • Hair type: Straight

• Eye color: **Green/Hazel**

• Complexion: Fair/Creamy

 Body type: Medium Blood group/Rh: A+

Baby photo available: No

• Other distinguishing features: Smaller nose,

resembles Gerard Way

FAMILY MEDICAL HISTORY

KEY: D donor **Ch** child **F** father **M** mother **S** sister **B** brother

MGF maternal grandfather MGM maternal grandmother PGF **Co** cousin A aunt **U** uncle

paternal grandfather **PGM** paternal grandmother

Genital/Reproductive: MU: Prostate Cancer at 56, removed, condition resolved.

Metabolic/Endocrine: MGM: Thyroid Disease at 33 (family believed it was a misdiagnosis), treated with medications for 9 months, condition resolved.

Respiratory: F: Asthma from birth, treated with inhaler, ongoing and managed. PGM: Lung Cancer (smoker) at 67, no treatment, cause of death at 69.

Sight/Sound/Smell: D: Right eye:20/25, Left eye: 20/25

Skin: M: Eczema at 3, treated with ointment, condition resolved by age 8.

Substance Abuse: MGF: Ethanolism at 82, no treatment, cause of death at 82. PGF: Cirrhosis (drinker) at 68, attempted

to reduce use, cause of death at 72.

Cancer (see above): PGM: Lung Cancer. MU: Prostate Cancer.

DONOR LAB RESULTS

Chlamydia: **Not Detected**

Gonorrhea: **Not Detected**

Syphilis: Non-Reactive

 $\mathsf{HIV}\ \mathbf{1}\ \&\ \mathbf{2} \colon \mathbf{Non\text{-}Reactive}$

CMV total antibody: Negative

Hepatitis B: Non-Reactive Urinalysis: Normal

Hepatitis C: **Non-Reactive** Chem panel: **Normal** HTLV 1 & 2: Non-Reactive CBC: Normal

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (32 mutations) No mutation detected

Spinal Muscular Atrophy (SMA): Not Performed

Hemoglobinopathies/Thalassemia: No abnormal hemoglobin detected (including sickle hemoglobin);

No evidence of thalassemia

DONOR NARRATIVE: 4575

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

Personality wise I would say I'm very extroverted. I love meeting new people, having a large friends group, and being at the center of attention. I'm incredibly curious, and find myself on huge tangents in my mind to figure out answers to random inquiries I come up with. I'm seen as funny though my humor tends to be a bit dry and dark.

What are your interests and talents?

I tend to have a large number of interests that constantly change. In general though, I'm big on technology, the internet, and "nerdy" things in general. I also think politics and international relationship are fascinating, as are interpersonal communications. As far as talents go I'm considered a good painter, and I'm an experienced 3D artist for video games. I also am a musician, as a singer.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I yearn to find myself with some sort of creative career, be it in art or music. Something that keeps me challenged, but is fun. I'd like to be settled in a nice house with a nice girlfriend or wife.

How would you describe your skills and interests in the following areas?

Math: I'm good at what I know how to do, but I don't find math interesting and hence don't have a strong grasp of advanced math.

Mechanical: A broad term, mechanics. In general, I'm clueless when it comes to it, but I'm pretty handy as working with computer hardware.

Athletic: I've never been athletic, though I do enjoy the outdoors and staying fit.

Musical, Artistic, Creative: Musical, Artistic, Creative: All terms that describes me well. I love them all, they are major passions.

Language (what languages besides English do you speak?): Besides English, I have a knowledge of French, though I'd need a refresher to really use it.

Writing: I like to think I'm good at expressing myself through writing and having penned a couple books, though never published one.

Literature: I'm not a literature buff, but when I find something I like to read, the book will engulf me.

Science: I find science fascinating but hardly have any talents in it.

Please list a few of your favorite:

Movie: Scott Pilgrim Vs The World

Book: 1984 by George Orwell

Album: *Moving Pictures* by Rush

What are a few of your reasons for becoming a sperm donor?

The money is a great incentive, but I love the idea that I'm helping create a family where there's a will, but needs a way.

Did you choose to be an Identity-Release® Program donor?

X Yes

Why did you make this choice?

If I were on the other side of this, I would want to be able to learn about my genetic father. I believe my offspring should get to choose if they want to know more about me or not.

Is there anything else you would like to share with participating families and offspring?

I hate to sound arrogant, but I really think I'm a great guy. I'm compassionate, personable, and posess an inquisitive mind. I think my offspring would be a good addition to society, and I'd love to help make a family happy with my help.



HEALTH PROBLEMS DONOR 4575

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Mother	Eczema	Age at onset/diagnosis: 3 Treatment: Ointment Outcome: Resolved at 8
Father	Asthma	Age at onset/diagnosis: Birth Treatment: Inhaler Outcome: Managed
Maternal Grandmother	Thyroid disease	Age at onset/diagnosis: 33
	Family believes it was a misdiagnosis	Treatment: Medication for 9 months Outcome: Resolved
Maternal Grandfather	Ethanolism	Age at onset/diagnosis: 82
	Alcohol poisoning	Treatment: None Outcome: cause of death at 82
Paternal Grandmother	Lung Cancer	Age at onset/diagnosis: 67
		Treatment: None
	She was a smoker	Outcome: cause of death at 69
Paternal Grandfather	Cirrhosis	Age at onset/diagnosis: 68
	He was a heavy drinker	Treatment: Alcohol intake reduction Outcome: cause of death at 72
Maternal Uncle 1	Prostate Cancer	Age at onset/diagnosis: 56
		Treatment: Surgery
		Outcome: Resolved
Maternal Uncle 2	Blind in one eye	Age at onset/diagnosis: 22
	Result of an Accident	Treatment: None
		Outcome: Ongoing

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.