



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5924

Donor 5924 is an energetic and gregarious young man. He arrived to his interview wearing casual athleisure clothing, a plain gray tee shirt, a blue baseball cap, and black Adidas sweatpants and Nike running shoes. He has thick facial hair, a head full of curls, a strong nose, and big, expressive dark eyes. He is a charismatic speaker, gesticulating and talking fast to get his point across. He describes himself as outgoing and a people person and we agree!

Donor 5924 grew up as the youngest of a big family in Central California. His parents emigrated from Mexico with his two older half-brothers, and both the donor's older sister and he were born in California. The donor states that growing up in a bilingual home as a first-generation American taught him perseverance over adversity, the importance of found family, and how to be a hard worker, especially when it came to academics.

Donor 5924 was an outgoing child and loved dancing, and his mom would often have him sing for everybody at family parties. He states that he was the kid in school that "knew everyone, and fit in with any crowd." He participated in a few after school activities with his older sister, and says he always outlasted her in them. He took karate for three years (influenced by his childhood love of the *Power Rangers*), and took both piano and guitar lessons for a brief time.

Having a bustling household meant donor 5924 kept himself busy outside with school, sports, and hanging out with friends. He explained that he played "almost every sport" in school including soccer, softball, football, volleyball, and basketball. The first memory that popped in his head when asked about what he considers his biggest accomplishment is his experience on his high school basketball team. Donor 5924 told us that he was the worst player on his freshman basketball team when he started. He put in the extra hard work during practice to improve, and made it onto varsity team the next year! He went on to say that being told he can't do something makes him want to prove the person wrong with his actions rather than his words, he wants to "walk it like I talk it." He later coached high school basketball for a year and really enjoyed the work, stating that it would be his chosen profession if money weren't an issue.

Donor 5924 states that he has always been good with numbers and math, but prefers history and dates. He loved learning about Ancient Rome and always had the History Channel on when he was younger. He considered going into statistics or computer science, but settled on the field of psychology because he would prefer to interact with people over crunching numbers. Donor 5924 also worked as a peer mentor for other First Generation students during college. He ultimately graduated with distinctions.

After college he considered law enforcement because he was motivated to find work where he can help people. He ultimately chose non-profit work. He currently channels his exuberance and leadership skills in managing a homeless shelter. He finds this work meaningful and is happy to be recently promoted to this position. He prides himself on his boundaries, being skillful under stressful situations and being reliable. He is the person in his friend group who is always prepared. He wants people to know they can rely on him.

Nowadays donor 5924 entertains his need for knowledge with YouTube and podcasts, because he likes being able to learn a lot quickly while keeping his hands busy at the same time. He describes himself as curious by nature, and likes to keep up with current events and learn all the different sides of a story. In the mornings he makes sure to stretch and have a cup of coffee, to ensure he starts the day off on the right foot. On his days off he tends to be a homebody, because adult life is full of responsibilities and errands, so he'd prefer to rest while he can!

He dreams of owning his own business or property in the future and having a passive income. He's always opening to new experiences, and thinks that people should try things at least three times to figure out whether or not you like it. Donor 5924 is a very driven and active person, and we're sure he'll continue to grow in his personal and professional life. We're happy to welcome him to our program!

Interviewed by Danielle L., Iris R. and Emily T. on 08/26/21



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DONOR PROFILE: 5924

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **5924** is eligible and approved for semen donation at **THE SPERM BANK OF CALIFORNIA**. This profile was prepared in **October 2021**

PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **January 1996**
- Education: **BA in Psychology; Certifications in First Aid, Mental Health First Aid, Suicide Prevention, and Mixology**
- Current occupation: **Program Manager of an Emergency Shelter**
- Ethnic origin: **Mexican**
- Religion born into: **Catholic**
- Religion practicing: **Non-practicing with Buddhist spiritual values**

PHYSICAL CHARACTERISTICS

- Height: **5'8"**
- Weight: **172**
- Hair color: **Dark brown**
- Hair type: **Wavy**
- Eye color: **Dark brown**
- Complexion: **Light brown**
- Body type: **Mesomorphic (muscular)**
- Blood group/Rh: **A+**
- Baby photo available: **Yes**
- Other distinguishing features: **Great eyebrows, long arms, big feet**

FAMILY MEDICAL HISTORY

KEY: D donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **D: Seasonal allergies starting at age 20, treated with OTC medication, resolved at age 24.**

Gastrointestinal: **D: Appendicitis at age 6, treated with appendectomy, resolved. MGF: Colon cancer at 66, treated and managed with surgery/medication.**

Heart: **M: High blood pressure at 46, managed with medication/diet change. MGM: High cholesterol at age 70, managed with medication/diet change. MA: High blood pressure at 58, managed with medication/diet change. MU: High blood pressure at 47, managed with medication/diet change. PGF: Cardiac arrest at 87, resulting in death.**

Metabolic/Endocrine: **F: Type 2 Diabetes at age 56, unmanaged. MGF: Type 2 Diabetes at 62, managed with medication/diet change. PA1: Type 2 Diabetes at 60, managed with medication/diet change. PA2: Type 2 Diabetes at 58, managed with medication. PU2: Type 2 Diabetes at 50, managed with medication/diet change. PU3: Type 2 Diabetes at 48, managed with medication/diet change. PU4: Type 2 Diabetes at 55, managed with medication/diet change. PU5: Type 2 Diabetes at 43, managed with medication. PU6: Type 2 Diabetes at 62, managed with medication/diet change. PU4: Type 2 Diabetes at 45, managed with medication.**

Neurological: **PGF: Mixed dementia at 82, treated with self-care/medication, unmanaged.**

Respiratory (Lungs): **MGM: Pulmonary Fibrosis at age 78, managed with medication, resulted in death at 81 from respiratory arrest. MGF: Pneumothorax at 81, resulting in death.**

Sight/Sound/Smell: **D: R: 20/200, L: 20/200. D: multiple ear infections as a child, treated with antibiotics, resolved.**

Substance use disorders: **F: Alcohol use disorder at age 48, unmanaged.**

Cancer (see above): **MGF: Colon cancer.**

DONOR LAB RESULTS

Chlamydia: **Not Detected**

Gonorrhea: **Not Detected**

Syphilis: **Non-Reactive**

HIV 1 & 2: **Non-Reactive**

CMV total antibody: **Negative**

Hepatitis B: **Non-Reactive**

Hepatitis C: **Non-Reactive**

HTLV 1 & 2: **Non-Reactive**

Urinalysis: **Normal**

Chem panel: **Normal**

CBC: **Normal**

GENETIC SCREENING RESULTS

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Expanded carrier screening for 268 autosomal recessive conditions was completed by *Invitae* and reported on **09/14/2021**. The results were **POSITIVE** for **Congenital adrenal hyperplasia due to 21-hydroxylase deficiency (CYP21A2)**. Donor 5924 is a carrier for this condition. It is strongly recommended recipients who use this donor's sperm undergo carrier screening for this condition. Testing was negative for the remainder of genes screened.

Disease	Result	Residual risk to be a carrier (based on Hispanic ethnicity)
Congenital adrenal hyperplasia due to 21-hydroxylase deficiency (CYP21A2)	POSITIVE	n/a
Cystic Fibrosis	Negative	1 in 4400
Spinal Muscular Atrophy	Negative: 2 copies exon 7 c.*3+80T>G variant not detected	1 in 784
HBB Hemoglobinopathies & Thalassemia	Negative	1 in 1600
Alpha Thalassemia	Negative	1 in 241

Please refer to the donor's *Invitae* expanded carrier test report for more information on the testing completed and the donor's results.

DONOR NARRATIVE: 5924

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I guess the easiest way to describe my personality is ISFJ (Introverted, Sensing, Feeling, Judging). My personality type can be seen as "The Protector or Defender." I am warm-hearted, efficient, responsible, and reserved. I am reliable, practical, and have a sensitive eye for detail. I am someone who makes everything better for others by being flexible/adaptive and understanding. A big belief of mine is the concept of mind over matter, in everything I do. I can easily connect to others; people are comfortable around me and I can build new relationships. I can be the extrovert in many situations when I want to or need to be. The biggest thing about me is being a leader. I am cool and collective under pressure but again I don't seek to be a leader, I am able to follow others especially if there is someone else ideal to get the job done. Furthermore, if I am put in or if there is situation where a leader is needed, I will step up in that leadership position and be successful.

What are your interests and talents?

I enjoy many things my simple pleasures can range. Sports (Basketball is my main/favorite) which is what I coached the most, but I've played/coached many sports; you name it volleyball, soccer, football, golf, and tennis. I am a quick learner and even though I am not someone who looks athletic I am more athletic than meets the eye and I am able to keep up with the best. I work smarter, and make sure to practice/implement fundamental skills. I love eating all kinds of food (cannot handle too much spice unfortunately) and taking naps when possible. I enjoy doing things with others; watching movies (especially comedies), listening to music (all types depending on my mood), and playing video games (sometimes I will even attempt to stream). Superheroes have always been fascinating to me and a big part of my life. The idea of someone being there for others, and never giving up no matter what.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

In 5 to 10 years, I see myself making enough passive income either coming from real estate, property management, and owning/investing in businesses. This will allow me to not only take care of myself but my own family, I look forward to having kids of my own in the future. I want to take care of my mother and sister so they can live worry free and my best friends whom I call family I want them to be a part of my success as well. From there I want to focus on my craft being a full-time basketball coach leading my own program and/or possibly even run a sports complex/arena. The goal in life is to be happy and I do not necessarily need money for that. I just want to be comfortable with good people in my life and travel all around the world.

How would you describe your skills and interests in the following areas?

Math: Math has always been one of my best subjects in school. Every year in grade school I would have to go to other classes during math time because I was far advanced in my studies. Math came easy to me, I scored top scores in school and almost majored in math.

Mechanical: Mechanical is always a cool subject especially with technology, but it's never something I practiced heavily, more of a need, for example I did not want to pay extra when I wanted a PC and so I researched and bought the components needed to build my own computer.

Athletic: Oh yes well as described earlier exercising is big part of my life it keeps me at my baseline and it's a great stress reliever/self-care. Playing basketball, running, yoga and lifting weights.

Musical, Artistic, Creative: This is probably not my best area I can admit it. I did play the piano and guitar; I took some classes but never fully fell in love with it. The biggest thing for me, when I'm alone is singing or acting. When I was younger if I were closer to auditions and events, I would honestly probably have taken a different career path. I still at times practice singing and imagine being an actor. Besides that, I'm not that creative I like to think I'm more of someone who takes ideas and makes them better.

Language (what languages besides English do you speak?): I am bilingual my first language is Spanish while I did grow up more speaking English since I was rarely home. I still am proficient in Spanish but always feel like I can get better. I do hope to stay in Mexico for a couple months in future to work on sounding more like a native speaker.

Writing: Even though I never tested amazing in writing I have won awards for my writing in high school and college however, it's just a matter of time for me. Due to me being bilingual I was taught by a great teacher of mine I need to read my writing outloud to make sure it flows, because when I say something its sounds perfect, but if I just write it can be confusing to others.

Literature: I am not a huge reader it has to be something that catches my interest. I am very into history; I enjoy philosophy and ancient ideas that discuss topics/theories of life.

Science: Science is similar to math and well I have been good at it, I have won awards in middle school and took care of my sciences without any trouble in school, but it's not something that really piqued my interest. I do love the concept/importance, knowing how our earth and space works.

Please list a few of your favorite:

Movies: Adam Sandler movies, Marvel Cinematic Universe, Ice Cube movies, Seth Rogen movies, Me Before You, All My Life, Harry Potter movies.

Books/Authors: Don Miguel Ruiz Jr, Power Rangers Boom Comics, Naruto Manga series, My Hero Academia Manga series.

Albums/Musicians/Performances: Drake, NWA, 50 Cent, Pop Smoke, Frank Ocean, Kid Cudi, The Weeknd, Justin Bieber, Linkin Park, Three Days Grace, Xxxtentacion, Juice Wrld, Brockhampton.

What are a few of your reasons for becoming a sperm donor?

Well, I'm not going to lie at first it was a little scary wondering if this is something I wanted to do. After meeting with TSBC I was informed not only what it takes to be a donor and the expectations, but that TSBC runs their organization differently. I learned TSBC history and the population they serve. Of course, the monetary compensation helps, it intrigued me enough to get me in the door, but ultimately the reason for people looking for donors and the TSBC organization as a whole convinced me that I could truly help. Again, fair warning I am attempting to be as humble as possible, but I do believe that I am a good candidate to be someone's donor. I take care of myself, I do things in unique ways, I always stay true to myself, and most importantly I am a good person. In the end I look forward to assisting those looking to create their own families to be able to bring into this world a healthy child full of possibilities.

You have joined the Identity-Release® Program. What appeals to you about this program?

What appeals to me about the Identity-Release is that it gives the child a way to get answers they were never able to get and some forms of choice. The child doesn't get to choose how they are brought into this world and who their family is but again none of us really do. This allows the child and opportunity to choose what to do once they are older and make the best decision for themselves. If that means to continue living their lives or finding out who was the donor.

Is there anything else you would like to share with participating families and offspring?

I feel like I'm never really good at these things not for the fact that I can't come up with anything to write, but for the fact that just a couple sentences won't allow to understand the person I truly am. Everything I've been through in my life from the struggles (my mistakes) to my achievements (the lessons learned). From my heart and my mind, I just want to say whatever decision you make no matter who you choose to be your donor is that I wish you and your future child the best. There are no instruction guides to this, but what I do know is if you work hard to be the best parent you can be and give this new life all the love you have, then that child will have the chance to become someone amazing. Show the child that no matter what life brings they can overcome any obstacle, if they put their mind to it, they will achieve their dreams/goals. The youth is the future of this world and every generation that comes will surpass the previous one.

THANK YOU!



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HEALTH PROBLEMS LIST DONOR 5924

DONOR

Problem/Diagnosis: Multiple Ear Infections

Age of Onset: Childhood

Treatment: Antibiotics

Outcome: Resolved

Problem/Diagnosis: Appendicitis

Age of Onset: 6

Treatment: Appendectomy

Outcome: Resolved

Problem/Diagnosis: Seasonal Allergies

Age of Onset: 20

Treatment: OTC Medications

Outcome: Resolved at age 24

MOTHER

Problem/Diagnosis: High blood pressure

Age of Onset: 46

Treatment: Medication/Diet change

Outcome: Managed by Medication/Diet change

FATHER

Problem/Diagnosis: Type 2 Diabetes

Age of Onset: 56

Treatment: N/A

Outcome: Condition unmanaged

Problem/Diagnosis: Alcohol Use Disorder

Age of Onset: 48

Treatment: N/A
Outcome: Condition unmanaged

MATERNAL GRANDMOTHER

Problem/Diagnosis: High Cholesterol

Age of Onset: 70
Treatment: Medication/Diet change
Outcome: Managed by Medication/Diet change

Problem/Diagnosis: Pulmonary Fibrosis

Age of Onset: 78
Treatment: Medication
Outcome: Managed until death at 81 from respiratory arrest

MATERNAL GRANDFATHER

Problem/Diagnosis: Type 2 Diabetes

Age of Onset: 62
Treatment: Medication/Diet change
Outcome: Managed by Medication/Diet change

Problem/Diagnosis: Colon Cancer

Age of Onset: 66
Treatment: Surgery/Medication
Outcome: Managed by Medication

Problem/Diagnosis: Pneumothorax

Age of Onset: 81
Treatment: Unknown
Outcome: Death

MATERNAL AUNT

Problem/Diagnosis: High Blood Pressure

Age of Onset: 58
Treatment: Medication/Diet change
Outcome: Managed by Medication/Diet change

MATERNAL UNCLE

Problem/Diagnosis: High Blood Pressure

Age of Onset: 47

Treatment: Medication/Diet change

Outcome: Managed by Medication/Diet change

PATERNAL GRANDFATHER

Problem/Diagnosis: Mixed Dementia

Age of Onset: 82

Treatment: Self-care/Medication

Outcome: Unmanaged

Problem/Diagnosis: Cardiac Arrest

Age of Onset: 87

Treatment: Unknown

Outcome: Death

PATERNAL AUNT #1

Problem/Diagnosis: Type 2 Diabetes

Age of Onset: 60

Treatment: Medication/Diet change

Outcome: Managed by Medication/Diet change

PATERNAL AUNT #2

Problem/Diagnosis: Type 2 Diabetes

Age of Onset: 58

Treatment: Medication

Outcome: Managed by Medication

PATERNAL UNCLE #1

Death at 35 due to accidental fall.

PATERNAL UNCLE #2

Problem/Diagnosis: Type 2 Diabetes

Age of Onset: 50

Treatment: Medication/Diet change

Outcome: Managed by Medication/Diet change

PATERNAL UNCLE #3

Problem/Diagnosis: Type 2 Diabetes

Age of Onset: 48

Treatment: Medication/Diet change

Outcome: Managed by Medication/Diet change

PATERNAL UNCLE #4

Problem/Diagnosis: Type 2 Diabetes

Age of Onset: 55

Treatment: Medication/Diet change

Outcome: Managed by Medication/Diet change

PATERNAL UNCLE #5

Problem/Diagnosis: Type 2 Diabetes

Age of Onset: 43

Treatment: Medication

Outcome: Managed by Medication

PATERNAL UNCLE #6

Problem/Diagnosis: Type 2 Diabetes

Age of Onset: 62

Treatment: Medication/Diet change

Outcome: Managed by Medication/Diet change

PATERNAL UNCLE #7

Problem/Diagnosis: Type 2 Diabetes

Age of Onset: 45

Treatment: Medication

Outcome: Managed by Medication

CONCLUSION:

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

As reported, DIS 5924's family history is notable for type 2 diabetes mellitus (T2DM). There are multiple family members who are affected with T2DM: the donor's father, two of his paternal aunts, and six of his paternal uncles are all affected with T2DM. His maternal grandfather is also affected.

Based on this family history it is possible offspring of 5924 are at increased risk to develop T2DM in their lifetime. The magnitude of this risk is difficult to estimate. The general population risk is estimated to be around 1 in 8.

ADDENDUM 2/6/2024

Congenital unilateral multicystic dysplastic kidney: A child conceived from donor 5924's sperm was recently reported to TSBC as being affected with a congenital kidney defect, multicystic dysplastic kidney. Unilateral Multicystic Dysplastic Kidney is one of the most common anomalies detected by prenatal ultrasound. Unilateral (one side) multicystic dysplastic kidney (MCDK) occurs 1 in 1,000 to 4,300 babies born. The affected kidney does not function, and the unaffected kidney will do the work of both kidneys. Typically, no treatment is needed. A unilateral multicystic dysplastic kidney can be familial but most commonly occurs sporadically. The recurrence risk to full siblings is estimated to be 1-2%. The estimated risk to half-siblings (second-degree relatives) is lower. More broadly, research has suggested when someone is affected, there is a 4%-20% chance that another family member will also be affected with a kidney condition, but not necessarily a first-degree relative and not necessarily unilateral multicystic kidney dysplasia.

Please also see this donor's Expanded Carrier Screening documents for results of screening for 268 autosomal recessive conditions.

Sincerely,

Janine Mash

LCGC Certified Genetic Counselor

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