



Reproductive Technologies, Inc.

# THE SPERM BANK OF CALIFORNIA

## INTERVIEW NOTES: 5875

Donor 5875 arrived to our interview casually dressed in dark washed jeans, gray hoodie, a dark grey t-shirt, and white athletic shoes. He has thick, wavy black hair and a neatly trimmed full beard peeking out from behind his mask (Covid-19 precautions). He has beautiful brown eyes with long lashes under full straight eyebrows. His skin is a beautiful olive tone and he has a warm, engaging smile over his straight teeth.

Donor 5875 is an only child and grew up with his mother and stepfather, whom he considers to be his dad. After being born on the West Coast, his family moved to Texas where he lived until 3<sup>rd</sup> grade. They returned to the West Coast which he liked much better. He was a very active kid and spent his childhood running around, climbing roofs, riding his bike, playing video games, and reading. He also played t-ball, soccer and basketball. We are sure his parents were hoping to tire him out with all of the activities! He developed a love of reading at an early age and a favorite book of his was, *Where the Red Fern Grows*.

Donor 5875 enjoyed elementary school, and developed an early interest in science, especially biology and learning about space and the planets. He was fascinated by animals, marine biology, plants, and cells. He also enjoyed language arts but we think he loved learning about anything and everything!

In high school, he focused on biology and wanted to know about things at the cellular level. He also was a wrestler in high school. His love of biology followed him to college where he obtained degrees in molecular biology. He is currently pursuing a PhD in molecular biology and jokes that when he's done, "I never want to see the inside of a school again." Donor 5875 is close with his parents and feels they instilled in him the value of being a good person, and that he inherited his mom's hardworking and studious nature. As evidenced by attending over twenty years of school!

He enjoys travel and has been to Spain, Italy, France, the UK, Mexico, and Puerto Rico. He'd love to make it to Japan, Eastern Europe, South America, Antarctica, and India in the future.

He doesn't think of himself as much of a cook but he enjoys trying new restaurants and brewing his own beer. He is currently aging a mead that he started at the beginning of the pandemic with plans to enjoy it when the pandemic officially ends! Donor 5875 also enjoys hiking, video games, playing the saxophone, and watching movies in his spare time. He loves Sci-Fi: *Bladerunner*, *5<sup>th</sup> Element*, and *iRobot* are some of his favorite movies.

In the future, he hopes to work in the molecular biology industry or start a biotech company with some of his colleagues.

He considers himself to be an introvert and comes across as soft-spoken, humble, and thoughtful.

Donor 5875 has a warm presence and it was a pleasure to learn more about his life and plans for the future. We are very excited to have him in our program!

*Interviewed by Emily T. and Kenya C. on 4/28/2021*



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## DONOR PROFILE: 5875

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5875 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in June 2021

### PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **July 1988**
- Education: **PhD. Biology**
- Current occupation: **Graduate researcher**
- Ethnic origin: **Mexican**
- Religion born into: **Christianity**
- Religion practicing: **None**

### PHYSICAL CHARACTERISTICS

- Height: **5' 9"**
- Weight: **206.5 lbs**
- Hair color: **black**
- Hair type: **curly**
- Eye color: **medium brown**
- Complexion: **olive**
- Body type: **mesomorphic (muscular)**
- Blood group/Rh: **O+**
- Baby photo available: **yes**
- Other distinguishing features: **mole on face under eye**

### FAMILY MEDICAL HISTORY

**KEY:** **D** donor    **Ch** child    **F** father    **M** mother    **S** sister    **B** brother  
**Co** cousin    **A** aunt    **U** uncle    **MGF** maternal grandfather    **MGM** maternal grandmother  
**PGF** paternal grandfather    **PGM** paternal grandmother

Allergies: **D: Cat allergy at birth, treated with Benadryl, managed.**

Genital/Reproductive: **M: Benign ovarian cysts at 38, treated with surgery, resolved.**

Heart: **MGF: Hypertension at 64, treated with beta blockers and diet restrictions, managed. High cholesterol at 64, treated with dietary restrictions, managed. Heart attack at 68, treated with medical treatment, survived. PGM: Heart failure at 67, no treatment, cause of death at 67. PGF: Heart failure at 81, no treatment, cause of death at 81.**

Intellectual Disability: **PCo#1 :Intellectual disability at birth, treatment unknown, outcome unknown.**

Mental Health: **MCo#2: Attention deficit hyperactivity disorder (ADHD) at 13, treated with medication, managed.**

Metabolic/Endocrine: **MA#1: Type II diabetes at 20, treated with insulin and diet restrictions, managed.**

**MCo#1: Type I diabetes at 10, treated with insulin, dietary restrictions, managed.**

Neurological: **MGM: Brain tumor at 58, no treatment, cause of death at 65.**

Sight/Sound/Smell: **D: R:20/10, L:20/13**

Substance use disorders: **MU#1: Alcohol use disorder at 50, treated with therapy, anti-anxiety medication, in recovery. PU#1: Alcohol use disorder, treatment unknown, outcome unknown.**

Cancer (see above): **MGM: Brain cancer**

## DONOR LAB RESULTS

Chlamydia: **Not Detected**

HIV 1 & 2: **Non-Reactive**

Hepatitis B: **Non-Reactive**

Urinalysis: **Normal**

Gonorrhea: **Not Detected**

CMV total antibody: **Negative**

Hepatitis C: **Non-Reactive**

Chem panel: **Normal**

Syphilis: **Non-Reactive**

HTLV 1 & 2: **Non-Reactive**

CBC: **Normal**

## GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

*Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.*

Cystic Fibrosis: (> 500 mutations) **No mutation detected**

Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected**

Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);**

**No evidence of thalassemia**

## DONOR NARRATIVE: 5875

*The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor.*

**Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.**

I would consider myself an introvert, and I have a funny sense of humor and don't take things too seriously. I consider myself down-to-earth, with a curious mind, and I can be a bit pensive and quiet at times. I am motivated and tenacious. I also like to plan but like to have a day or two without a plan to mix things up a bit. I am generally a curious mind, especially when I was a child.

**What are your interests and talents?**

I enjoy brewing beer, reading, writing, watching movies, hiking, trying new restaurants, and traveling. I like to read novels and my favorite genres are sci-fi and fantasy. I learned to play the saxophone when I was about 10

years old and have played for years since then, so I am musically inclined. I enjoy learning new languages. I am fluent in Spanish but know a little bit of French, Italian, and Japanese.

### What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

My goal is to achieve social mobility for my family. One of my ambitions is to establish a biotech company after I graduate from my PhD program. In 5-10 years, I see myself either working in the molecular biology industry or involved in a biotech startup with some colleagues.

### How would you describe your skills and interests in the following areas?

**Math:** I am proficient in math, my highest course in undergraduate was multivariable calculus.

**Mechanical:** I am good at dealing with mechanical things if I am familiar with them, and if I am not, then I try to learn how they work and try to find a solution.

**Athletic:** I was on the wrestling team in high school, but now I run 1-2 miles at least once a week and lift weights regularly.

**Musical, Artistic, Creative:** I am proficient in reading music and can play the saxophone. I would say I have a creative mind.

**Language (what languages besides English do you speak?):** Fluent in Spanish, know a little French, Italian, and Japanese.

**Writing:** I would consider myself a good writer and typically know how to use grammar well.

**Literature:** I enjoy reading literature and I am well versed in it.

**Science:** I am an expert in the biological sciences.

### Please list a few of your favorite:

**Movies:** Back to the Future, City of God, The Big Lebowski

**Books/Authors:** Shadow of the Wind, Confederacy of Dunces, Where the Red Fern Grows

**Albums/Musicians/Performances:** Led Zeppelin, Pink Floyd, Nirvana, Charlie Parker, Chopin, Andres Calamaro

### What are a few of your reasons for becoming a sperm donor?

I want to help couples start their future families. I also wanted to make some extra money for expenses.

### You have joined the Identity-Release® Program . What appeals to you about this program?

What appeals to me is the fact that I will have the opportunity to know the offspring of the participating family and have a chance to hear their story and how I have impacted their family and their happiness.

THANK YOU!



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## HEALTH PROBLEMS LIST DONOR 5875

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/OUTCOME
Donor	Cat Allergy	Diagnosis/age of onset: birth Treatment: benadryl Outcome: managed
Mother	Benign Ovarian Cysts	Diagnosis/age of onset: 38 Treatment: surgery Outcome: cured
Maternal Grandmother	Brain Tumor	Diagnosis/age of onset: 58 (exact age of onset prior to this but not detected until age 58) Treatment: none Outcome: death at age 65
Maternal Grandfather	Hypertension, High Cholesterol	Diagnosis/age of onset: 64 Treatment: beta-blockers, diet restrictions Outcome: managed, alive
	Heart Attack	Diagnosis/age of onset: 68 Treatment: emergency medical treatment Outcome: survived, lives on his own
Maternal Aunt #1	Type II Diabetes	Diagnosis/age of onset: 20 Treatment: insulin, diet restrictions Outcome: managed, alive
Maternal Uncle #1	Alcohol Use Disorder	Diagnosis/age of onset: 50 Treatment: therapy, anti-anxiety medicine Outcome: in recovery (abstains from alcohol)
Maternal Cousin #1	Type I Diabetes	Diagnosis/age of onset: 10 Treatment: insulin therapy, diet restrictions Outcome: managed, alive

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Maternal Cousin #2	ADHD	Diagnosis/age of onset: 13 Treatment: ritalin Outcome: managed
Paternal Grandmother	Heart Failure	Diagnosis/age of onset: 67 Treatment: none Outcome: death, age 67
Paternal Grandfather	Heart Failure	Diagnosis/age of onset: 81 Treatment: none Outcome: death, age 81
Paternal Uncle #1	Alcohol Use Disorder	Diagnosis/age of onset: Unknown Treatment: Unknown Outcome: Unknown
Paternal Cousin #1	Intellectual Disability	Diagnosis/age of onset: birth Treatment: unknown Outcome: unknown

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**CONCLUSION**

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor’s family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. (“Increased risk” is risk that is greater than the risk in the general population). The donor’s paternal cousin is affected with unexplained intellectual disability. The cause of her intellectual disability is not known. A genetic defect could explain her intellectual disability, however these defects typically arise sporadically. As there are no other affected family members, it is most likely the risk to offspring is near or at the general population risk.

As reported to me, there does not appear to be personal medical health history that would confer an increased risk beyond what is seen in the general population.

Janine Mash, LCGC  
Certified Genetic Counselor  
San Francisco Genetic Counseling