

The Sperm Bank of California

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DONOR PROFILE: 4319

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **4319** is eligible and approved for semen donation at The Sperm Bank of California. This profile was prepared in **February, 2010**.

PERSONAL INFORMATION

Identity-Release[®] Program: **Yes**

Month/year of birth: **November, 1978**

Education: **BA in English and German**

Current occupation: **Ship restoration and repair, previously an entrepreneur**

PHYSICAL CHARACTERISTICS

Height: **5' 10"**

Weight: **150 lbs**

Hair color: **Dark brown**

Hair type: **Curly**

Eye color: **Blue**

Complexion: **Fair/Creamy**

Body type: **Medium**

Ethnic origin: **French, Welsh, English and German**

Religion: **Agnostic**

Blood group/Rh: **A Positive**

Baby photo available: **Yes**

Other defining features: **Donor specifies that he has a small nose, sharp jaw line and full lips.**

FAMILY MEDICAL HISTORY KEY:

D donor **Ch** child **F** father **M** mother **S** sister **B** brother

Co cousin **A** aunt **U** uncle **MGF** maternal grandfather

MGM maternal grandmother **PGF** paternal grandfather **PGM** paternal grandmother

FAMILY MEDICAL HISTORY

Allergies: **M: Hayfever onset at 30, managed with change of climate.**

Gastro-intestinal: **MGF: Gall stones at 63, medication, managed. PU #4: Colon cancer onset at 60, chemotherapy, currently in remission. PC #3: Ulcerative colitis onset at 27, medication, managed.**

Genital/Reproductive: **M: Ovarian cysts at 35, surgery, resolved. MA: Ovarian cysts at 22, surgery, resolved.**

Heart: **F: High cholesterol onset at 62, improved with diet. MGM: High blood pressure onset at 81, medication, managed. MGF: High blood pressure onset at 70, medication, managed; hardening of the arteries onset at 85, medication, lead to death by heart attack at 89.**

Metabolic/Endocrine: **S #1: ADHD onset at 18, medication, managed.**

Muscles/Bones/Joints: **MGM: Osteoarthritis onset at 88, medication, managed. PA #1: Osteoporosis onset at 75, slightly improved with medication.**

Neurological: **MGM: Dementia onset at 90, mild, improved with medication. PA #4: Stroke at 65, partial recovery with physical and speech therapy.**

Respiratory: **PU #1: Lung cancer at 60 after lifetime smoking, treated with chemotherapy, cause of death at 60. MCo #1: Asthma onset at 12, managed with medication.**

Sight/Sound/Smell: **D: eyesight R:20/200, L:20/200, PGM: Glaucoma onset at 72, improved with surgery.**

Skin: **D: Eczema onset at 13, improved with medication. F: Eczema onset at 20, improved with medication, several of father's family members also have eczema, responsive to medication. M: Acne from 14 to 20, treated with medication, minimal scarring. PCo #1: Melanoma at 16, resolved with surgery.**

Substance Abuse: **PU #3: Alcoholism at 30, treated with therapy, ongoing issue, does not impede functioning.**

Urinary: **MA: Urinary tract disease, onset at 35, improved with medication and diet.**

Cancer (see above): **PU #4: Colon cancer. PCo #1: Melanoma. PU #1: Lung cancer.**

DONOR LAB RESULTS

Chlamydia: Negative	Gonorrhea: Negative	Syphilis: Nonreactive
HIV 1 & 2: Negative	CMV total antibody: Reactive*	
Hepatitis B: Negative	Hepatitis C: Negative	HTLV 1 & 2: Negative
Urinalysis: Normal	Chem panel: Normal	CBC: Normal
Cystic Fibrosis: Negative	Tay Sachs: N/A or Negative	Sickle cell anemia/thalassemia: Negative

*Other: **CMV urine culture is negative, donor is presumed non-infectious**

DONOR NARRATIVE: Donor # 4319

Describe your personality (introvert, extrovert, funny, serious, goal-oriented, curious, etc.).

I suppose a description of me would depend on the circumstances. My life has been extremely varied. I might be the model of industriousness while in school or running a business, but there have also been months in between projects when I am the model of relaxation, a book, a yoga mat, and a cup of tea always in hand. I am flippant about the world and its inhabitants, but mainly as a pretense, or as a form of therapy. Really, beneath the court jester routine there is caring, devoted person who develops close bonds of affections to his friends and family. Oops, I just slipped into third person, which is a sure sign that I'm taking myself too seriously in this questionnaire. It's been awhile since I felt like I needed to showcase my attributes like this. Suffice it to say that I am earnest but silly, hard working but fond of a good rest, always, insatiably curious about the world, and chock full of love and wonder.

What are your special interests and talents?

Travel has fascinated me since I was a child. When I was six and taking my first plane trip, my mother thought she heard me say I wanted to be a writer when I grew up. "Oh?" She replied with interest, "And what would you write about?" "No!" I clarified emphatically, "A rider! I want to just ride and ride. . . ." In a way both things came true. I studied English literature, then German literature in Southern Germany. Then I taught English in South East and East Asia while never neglecting to record my experiences there. I was lucky enough to get published in a couple travelogues, one of which would occasionally send me on a brief sabbatical to write an off the path destination. I think what they liked was that I did not travel to attend only lush beaches and opulent hotels but instead to find a curiously winding terrace, or a humorous sign in mangled English, or a five-star meal served up in an elderly couple's living room.

How would you describe your enjoyment of and skills in the following areas:

math: I did fine in math as long as it was required of me, up to and including introductory calculus. I just couldn't stand the thought of one small error invalidating hours of work. It would be like one misspelling rendering an entire essay incomprehensible.

mechanical: When it pertained to my childhood obsession of racing dirt bikes, I was a whiz. Now I consider myself mechanically disinclined.

athletic: This is still important to me. I've replaced the more high impact games of my youth (racing, football, wrestling, track) with biking and yoga. Ironically, I am much fitter at 30 than I was at 18, apart from the occasional creaking.

musical, artistic, creative: My heart lies here. I play piano and accordion (don't laugh!) and compose music on the computer. I write fiction, poetry, and travel journals obsessively. I like to dance and used to perform fire dancing in a circus troupe until last year.

language (what languages besides English do you speak?): German fluently, though it may need some brushing up. Enough Thai and Mandarin to get around.

What are your goals and ambitions in life?

To see more, to do more, to think more. I haven't been on a very linear path, so it's hard to say what I plan to do ten years from now. After academia, teaching, managing a business, and then owning a business, it's hard to imagine not doing one of these things again. In an ideal world, I'd like to get a doctorate in international studies without incurring a huge debt and then teach overseas again. That is a long term plan. In the short term, my friends and I are restoring an antique sailboat and plan to attempt a circumnavigation after three years of practice on the West Coast. Contrary to popular sentiment I feel like life is long, and I plan on trying as much as I can while it lasts.

Why do you want to be a sperm donor?

To bring a life into the world with forethought and conviction implies the kind of integrity and love a child needs. This is a good program, and I'm happy to be a part of it. And I don't know if there's anyway to say this modestly, but I feel like I am a good person with a good mind and a healthy body. I do feel proud to pass on whatever aspects of me fate decides. My parents are proud to see me in them, and I am proud to have come from them.

Did you choose to be an Identity-Release® Program donor? Yes No. Why did you make this choice?

At first I felt reluctant, but sentimentality and curiosity got the better of me. If the offspring would like to know me, I would like to know them too.

What message would you like us to pass on to the people who are getting your sperm?

I am excited for you. This is a big adventure you're about to embark on, a whirlwind of learning and love that will last a lifetime. No matter how many parents there have been, no matter how many anecdotes or books on parenting, your experiences will be completely unique. Take lots of pictures! Write lots of memoirs! It's a story worth recording.