

## **The Sperm Bank of California**

2115 Milvia Street  
2nd Floor  
Berkeley, CA 94704

phone 510-841-1858  
fax 510-841-0332  
e-mail: info@thespermbankofca.org  
website: www.thespermbankofca.org

# **Donor # 4255 Interview Notes**

What first struck me about donor 4255 was his kind, soft eyes. He walked into our interview dressed casually, but did not come across as sloppy, simply relaxed. He is an attractive man who holds himself in a way that makes it obvious that he has no idea how cute he is. At first glance it was clear to me that he is grounded and comfortable in his own skin. As I talked to him longer I found him easy-going and a pleasure to speak with. I got the feeling that he is genuine in every interaction he has. He was humble to the point of shyness when he became the direct focus of attention. He seemed more comfortable making me the topic of conversation, and frequently asked about my interests and thoughts.

It was clear to me that donor 4255 has a dedicated and mature relationship with his girlfriend. He described her as determinedly low-maintenance and I imagine him to be similarly easy to be in a relationship with. We spoke about his parents' divorce and he said he appreciated that they could interact positively and be responsible to their children (he and his younger sister). The way that he spoke about his loved ones suggested both a naturally down-to-earth nature and a maturity that I was impressed with. Donor 4255 clearly loves his sister very much. He bragged proudly about their close relationship and spoke about the times she has come to stay with him during breaks from school. She is seven years his junior and he said that he thinks the age difference allows him to give her good advice when she needs it. I would imagine that he is a great resource for her and I'm sure they are very close-- after only a few minutes I felt like I could say anything to him and it would be taken well.

He was diligent about researching his health history and laughed wryly that his family is generally stubborn and likes to eat. When faced with dietary restrictions or continued illness they often chose food. Becoming serious, he said that those were sad choices, and he clearly takes care of his health-- perhaps because of lessons learned living with his family. His physique shows off his years of weightlifting. The donor is from a small town and, although he loves the West Coast and living in a city, it is clear that he still loves rural areas and wilderness. He is quick to escape to the ocean or the woods and loves mountain biking because it allows him to be outside and explore new places.

He is a wonderful combination of dedication and fun-loving enthusiasm. He talked about engineering, Legos and oil painting with the same passion. Donor 4255 has been painting for years; he says he prefers oil because he can cover his mistakes, suggesting that he is a perfectionist. When I asked him what he would study if he could continue going to school forever he lit up. 'Everything,' he said. It is obvious that his enthusiasm is far-reaching and genuine. The thing I was perhaps most impressed by in donor 4255 is his tendency to face his fears head-on. He hikes mountains because he is afraid of heights. He wants to hike Mount Kilimanjaro in the next 5-years. I have no doubt he will accomplish this goal if he puts his mind to it.

In my opinion donor 4255 has the best versions of each of his particular traits-- he is mature without being boring or stuck in his ways, he is sure of himself without being over-confident, and content without seeming self-satisfied or complacent. He is a kind, intelligent and truly interesting man.