

## The Sperm Bank of California

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### DONOR PROFILE: 4223

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **4223** is eligible and approved for semen donation at The Sperm Bank of California. This profile was prepared in **September, 2009**.

### PERSONAL INFORMATION

Identity-Release<sup>®</sup> Program: **No**

Month/year of birth: **05/1988**

Education: **Pursuing a college degree (major in Public Health, minor in Nutritional Science)**

Current occupation: **Student**

### PHYSICAL CHARACTERISTICS

Height: **6' 2 ½"**

Weight: **185**

Hair color: **Dark blonde**

Hair type: **Straight**

Eye color: **Green hazel**

Complexion: **Fair/ rosy**

Body type: **Medium**

Ethnic origin: **½ Scots Irish, ¼ British, ¼ Japanese**

Religion: **Born Protestant, currently Agnostic.**

Blood group/Rh: **A positive**

Baby photo available: **Yes**

### FAMILY MEDICAL HISTORY KEY:

**D** donor      **Ch** child      **F** father      **M** mother      **S** sister      **B** brother

**Co** cousin      **A** aunt      **U** uncle      **MGF** maternal grandfather

**MGM** maternal grandmother      **PGF** paternal grandfather      **PGM** paternal grandmother

### FAMILY MEDICAL HISTORY

Breast Cancer: **MA: onset at 44, chemotherapy, no recurrence.**

Metabolic/Endocrine: **B: ADHD, diagnosed at 17, medication, therapy, condition managed.**

Respiratory: **B: Asthma, onset at 11, inhaler, condition ongoing but seasonal.**

Sight/Sound/Smell: **Donor eyesight R:20/30 L:20/13**

Skin: **D: Acne, onset at 14, prescription cream, outgrew it. M: Acne, onset at 12, no treatment,**

**outgrew it. B: Acne, onset at 14, prescription medication, outgrew it. PGF: Skin Cancer/ Squamous cell carcinoma, onset at 73, surgery, cause of death at 75, 6 months after surgery.**

Cancer (see above): **MA: Breast Cancer. PGF: Skin Cancer.**

Other: **D: Mild Heart Murmur, level II/IV, pulmonic, non-radiating, donor was diagnosed during donor's physical exam at age 20.**

### DONOR LAB RESULTS

Chlamydia: **Negative**

HIV 1 & 2: **Negative**

Hepatitis B: **Negative**

Urinalysis: **Normal**

Cystic Fibrosis: **Negative**

Gonorrhea: **Negative**

CMV total antibody: **Nonreactive**

Hepatitis C: **Negative**

Chem panel: **Normal**

Tay Sachs: **Negative**

Syphilis: **Nonreactive**

HTLV 1 & 2: **Negative**

CBC: **Normal**

Sickle cell anemia/thalassemia: **Negative**

## **DONOR NARRATIVE: Donor # 4223**

Describe your personality (introvert, extrovert, funny, serious, goal-oriented, curious, etc.).

**I would say people would describe me as generally introverted with an unusual sense of humor. I have taken a few personality tests and they have all told me that I am a natural born “inspector.” I suppose that means that I enjoy investigating things more and tend to contemplate my actions rather than spontaneously jump into things. After one of the personality tests I took in a high school psychology class, the test suggested popular celebrities who share personalities like me, and it said my personality is most similar to President Harry Truman and Eeyore from Winnie the Pooh. (Yeah, the very pathetic and lethargic stuffed donkey.) When I told my mom the results of that personality test, she suggested that I keep that last bit of information one of my deepest, darkest secrets, but I figure it will help you get a feel for the type of person I am. I like to think that it suggested I was most like Eeyore because of his tendency not to pry into other people’s business, his individualism, and his kind heart. OK, well that is probably enough about donkeys.**

**In general I would describe myself as very self motivated and an independent worker; I prefer a few close friends to many acquaintances; I would say I am more comfortable listening rather than speaking; and I do not take myself very seriously. I feel most relaxed in casual social situations and typically tend to avoid very serious ones- even sometimes to the extent that I appear emotionally uncaring. But, to be clear, it is usually not the case that I do not care, it is mostly that serious emotional situations make me feel uncomfortable and awkward. Additionally, I would say I do not typically get emotionally wound up, but that is not to say that I am not passionate about things like my education and hobbies.**

What are your special interests and talents?

**One of my hobbies that I am very passionate about is road cycling. (Yes, the dorks who wear very tight, obnoxiously-colored spandex.) I have been cycling competitively since age sixteen, and am now a Category 1 amateur racer. For me, cycling helps to vent and relieve daily stress in a healthy and productive manner. I also enjoy being fit and the exhilarating and competitive atmosphere of races. I have raced all over the US and once participated in a multi-stage race in Ontario, Canada. And while I am very passionate about cycling, I am certainly not the type of person who constantly champions cycling and endlessly tries to convert others- I derive pleasure from just being on a bike, not trying to force others to ride their bikes with me.**

**Other than cycling, I would say I am also passionate about my education. I am a public health major and nutritional science minor. Public health interests me because it adheres to a philosophy that I feel strongly about. Basically, it emphasizes that a little prevention before something becomes a problem is both more effective and cheaper than dealing with major interventions down the line. Public health sets out to keep a community healthy by taking the right prevention steps before minor health issues deteriorate into serious ones. Nutritional science also interests me because eating healthy is a part of who I am, and I enjoy learning about how different foods interact with the human body.**

How would you describe your enjoyment of and skills in the following areas:

**math: In high school, I managed to get through Calculus and without too much difficulty. But since being in college, I have only taken one semester of math. I like the feeling of finding solutions to complicated math problems, but sometimes found it very frustrating to endlessly plug numbers into equations. So I would say my enjoyment of math is mixed. I can say though that I found word problems that had practical**

**applications to be more enjoyable than finding solutions to boring mathematical equations.**

**mechanical: I have never taken any sort of mechanical class, unless you count a woodshop class I took in the seventh grade. I probably have the same mechanical interests of most guys in that I enjoy tinkering around with objects just to see how they work. I also enjoy working on my bike to keep it clean and running smoothly, but that is about the extent of my mechanical interests.**

**athletic: Like I have mentioned before, I am very passionate about cycling and enjoy being healthy. Generally I would not say I am very athletically *skilled* which is why I gravitate more towards endurance sports rather than sports that are more sill-oriented.**

**musical, artistic, creative: Musically, I once took a class in middle school where I signed up to play the snare drum. Homework for that class consisted of me pounding the shit out of it every night at home; needless to say, my parents were not amused and my aspirations of being the next Tommy Lee of Motley Crue died quickly thereafter. But I do take pride in the fact that I can play “Mary Had a Little Lamb” on a guitar very proficiently. Artistically, I can draw basic stick figures and color inside the lines. Honestly though, I am more science-oriented than artistically or creatively.**

**language (what languages besides English do you speak?): (Donor did not list anything in this section.)**

What are your goals and ambitions in life?

**So far my main goal is to graduate from college and get a Master’s degree in public health. In looking at prospective jobs, I would ideally like to be a restaurant inspector for the public health department. I realize that seems like an unusual job, but I believe it would be a good fit for the type of person I am. Also, the fact that there probably will never be a lack of restaurants that need inspecting indicated to me that it has good job security.**

**As of now, I would not be averse to getting married, if I found the right person. I have not really considered whether I want children.**

Why do you want to be a sperm donor?

**I originally wanted to be a sperm donor because it seemed like an interesting job to have and I could tell my friends a good story. But after doing a little research on sperm donation I think it is a great thing to give women the opportunity to have children. I did not want to be a sperm donor because I felt I necessarily had great sperm to give, but rather that I want to give prospective buyers more selection to better help them make a choice that are truly happy with.**

Did you choose to be an identity-release donor? \_\_\_\_Yes **X**No. Why did you make this choice?

**After reading the information about the Identity-Release® program, I have decided not to release my information because being contacted by one of my potential children is something I would not feel comfortable with.**

What message would you like us to pass on to the people who are getting your sperm?

**I hope that in looking through the catalogue of the many donors, you choose the one you are the most happy with. If you decide to choose my sperm and successfully have a child, I wish him/her the best in life and I am quite sure (s)he will lead a productive one with the great parent(s) (s)he has. Finally, I would just like to say, I am sure having children is a very important, life-changing decision to make and I admire your decision to devote your time to raising what I hope will be a happy and healthy kid. Thanks for reading.**