

**The Sperm Bank of California**

2115 Milvia Street  
2nd Floor  
Berkeley, CA 94704

phone 510-841-1858  
fax 510-841-0332  
e-mail: info@thespermbankofca.org  
website: www.thespermbankofca.org

## Donor # 4176 Interview Notes

Donor 4176 is calm, mature and very easy to talk to. He describes himself as having been shy as a child, something he grew out of by the time he was in college. He seems genuinely content and comfortable in his own skin. He was dressed sharply yet causally in nice jeans, a plaid shirt, and black leather shoes that matched his stylish jacket. And yes, I would agree with his description that he in some ways resembles a bearded Mark Walberg.

Donor 4176 has four sisters and two brothers. He is closest with his youngest brother and the middle sister, and has positive relationships with all of his siblings and parents. He was born into Mormonism and is now an atheist. He was the first of his siblings to question his religion at the age of 12 or 13, at which point he began to question the faith from an evidence-based perspective.

Donor 4176 has been married for 2 years. He spoke lovingly of his wife and his investment in their relationship. They have been trying to have children since they were married, and his wife's fertility challenges are actually part of what inspired him to be a donor. They are currently considering a foster-to-adoption program. He and his wife are also very clear about his decision to be an Identity Release<sup>®</sup> donor. He wants any offspring to have the option to ask him any questions they may have as adults.

Donor 4176 identifies as a moderate individual, making thoughtful decisions and not having extreme views. He can be opinionated, but does not try to push his beliefs on others. He works as a Quality Assurance Engineer testing computer programs, and he has a solid understanding of computer programming. He was patient and easy to understand when he explained the difference between specific computer languages.

Donor 4176 enjoys hiking, biking and many sports, but is not a huge fan of watching them. He usually spends his vacations every other year on an extended backpacking trip with his wife and friends. He expressed that most of his joy in life comes from his relationships, especially with his wife. Donor 4176 seems like a great guy: intelligent, grounded, and amicable.

Interviewer: Michelle Borok

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