

The Sperm Bank of California

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DONOR PROFILE: 4569

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **4569** is eligible and approved for semen donation at The Sperm Bank of California. This profile was prepared in **July, 2011**.

PERSONAL INFORMATION

Identity-Release[®] Program: **No**
Month/year of birth: **January, 1990**
Education: **Student, major undecided.**
Current occupation: **Driver**

PHYSICAL CHARACTERISTICS

Height: **5'9**
Weight: **146**
Hair color: **Dark Brown**
Hair type: **Curly**
Eye color: **Dark Brown**
Complexion: **Fair Creamy**
Body type: **Medium**
Ethnic origin: **English, Scottish, Irish, Armenian**
Religion: **Spiritual, not religious.**
Blood group/Rh: **B+**
Baby photo available: **Yes**

FAMILY MEDICAL HISTORY KEY:

D donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather
MGM maternal grandmother **PGF** paternal grandfather **PGM** paternal grandmother

FAMILY MEDICAL HISTORY

Gastro-intestinal: **F: Diverticulitis at 48, diet and surgery, resolved. PGF: Diverticulitis at 74, no treatment, cause of death at 78. PU: Diverticulitis at 38, surgery, resolved.**
Genital/Reproductive: **S#2: Ovarian Cysts at 21, surgery, resolved.**
Heart: **F: High blood pressure at 46, medication, ongoing. PGM: Heart failure at 84, no treatment, cause of death at 84. PGF: Heart attack at 76, no treatment, managed.**
Sight/Sound/Smell: **D: R: 20/20 L: 20/20**
Skin: **S#1: Eczema at infancy, hydrocortisone, ongoing. F: Skin Cancer (Basal Cell) at 57, surgery, resolved.**
Cancer (see above): **F: Skin Cancer (Basal Cell) at 57, surgery, resolved.**

DONOR LAB RESULTS

Chlamydia: Negative	Gonorrhea: Negative	Syphilis: Nonreactive
HIV 1 & 2: Negative	CMV total antibody: Nonreactive	
Hepatitis B: Negative	Hepatitis C: Negative	HTLV 1 & 2: Negative
Urinalysis: Normal	Chem panel: Normal	CBC: Normal
Cystic Fibrosis: Negative	Tay Sachs: N/A	Sickle Cell Anemia/Thalassemia: Normal

DONOR NARRATIVE: Donor # 4569

(The content of this narrative has not been altered by TSBC staff and therefore reflects original written work of the Donor)

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

Describing my personality is a difficult task because I do not consider my personal characteristics to fall into any broad category. I feel that I represent a median between an introvert and an extrovert. Shyness and selfishness are two aspects that I have never felt akin to. Even as a young child at a new school I found myself very confident meeting with other children and comfortable with showing my true self. I was never the type of child to conform to one thing or another to impress peers or attempt to fit in; instead I let the true nature of my being and personality flow throughout me. I have always been concerned health, and my over all wellbeing. I could not say that I am predominantly concerned with external or internal matters; rather, I have a unique balance between the two. Balance between mind, body, and spirit is an essential to my lifestyle. Regular meditation, exercise, and musical recitals keep my body and mind feeling cleansed and balanced. Humor is one feature of my personality that can fill the atmosphere of any environment I step into. My sense of humor is light-hearted, on the go, and often motivated by sarcasm. From a very young age, friends and family have always told me that I am a very outgoing and convincing person that has wonderful skills with speaking to others. Motivation is a key quality to my personality that has deemed me the type of person to never start something without finishing it. In general, I am a very caring, sensitive person that often puts others needs before my own, but never fails to accomplish the things necessary to keep my life in harmony

What are your interests and talents?

My biggest passion in life is music. When someone asks me what I do, my first response is usually that I am a musician. I began learning to play the guitar when I was twelve years old. Throughout high school I networked with many other musicians and put together multiple bands myself. Within the networking between other musicians I found time to pick up on a few other instruments. I currently compose and record music on the following instruments: drums, guitar, bass, piano, synthesizer, ukulele, and banjo. Although, I can play all of the instruments listed above, guitar is my main focus and is the single instrument I have received the most professional training on. I have learned guitar theory to the tee, and I am currently teaching guitar theory to various students. Along with composing and recording music I also love to perform, whether it is in front of a live audience or a video camera. I have played many shows with multiple bands, and been two tours, one throughout California, and another throughout the country. Coinciding with my love to perform music I also frequently speak publicly. Most of my public speaking stems from motivational speaking. I enjoy speaking to audiences that need to hear what I have to tell them, I love to inspire individuals and help people find the path towards positive change in their lives. Along side with performing, recording, teaching, and public speaking I do love many of the simple pleasures in life as well. Backpacking throughout the Sierra Nevada's is one of my favorite ways to spend my summer. I have always loved the outdoors and the serenity that I find when I am taking a hike or a dip in a tiny lake 9,000 ft. in the Sierras. Sports have also always been a part of my life. Soccer was always my most progressive sport because I have great endurance, I am very fast, and have great foot control with the ball. Soccer, baseball, cross-country, and football filled a lot of my time in middle and high school. For my current exercise I ride my bike, skateboard, and snowboard, take walks, hikes, and organize soccer games with my friends.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

Being the type of person that never likes to leave anything unfinished, I have many goals and ambitions in life. To start, I am currently working on two albums with one of my bands. We are working to release these albums, get them pressed, and go on a tour. Since I am already on the subject of music, I also plan to obtain more music students and make teaching guitar theory one of my prominent sources of income, and pleasure. I am currently a college student working towards a major in environmental studies, with a minor in psychology. I am looking forward to graduating college and traveling with my skills. I see myself living in another country in the next five to ten years. Once I am graduated from college and have saved a bit of money I plan to travel and eventually settle in a foreign country for sometime. Teaching is a great passion of mine and I plan to teach music, environmental studies, and psychology. I am currently learning Italian, and Spanish.

How would you describe your skills and interests in the following areas?

Math:

My mathematical skills were never my strongest academic feature, however I did pass every math class I have taken. I consider myself to be better at geometry than algebra, however neither of the subjects were very difficult for me. I always enjoyed geometry more than most other aspects of math.

Mechanical:

My mechanical skills range between sound mechanics and construction. I worked in construction for six years, which involved many tasks of measuring and assembling various articles within houses. When it comes to sound mechanics I have learned how to record, equalize, and mix musical recordings. I have undergone training in the field of sound mechanics from a certified sound engineer for the past two years.

Athletic:

Athletics have always been a strong aspect of my life; I love to run and can be very competitive in sporting events. My favorite sport has always been soccer, and skateboarding.

Musical, Artistic, Creative:

My musical, artistic and creative abilities have always been my biggest passion and interest in life. As I stated earlier, I love to compose, record, teach, and perform music. My most prominent instrument is the guitar, however, I can perform on the drums, piano, bass, ukulele, banjo, and synthesizer as well. I have been a part of multiple bands, written dozens of songs, played dozens of concerts, and taught multiple students how to play the guitar. I also draw and paint on a regular basis. Creative expression is my single biggest passion in life, and I feel it will take me as far as the horizon. I play music for three to five hours every day.

Language (what languages besides English do you speak?):

I am currently learning to speak Italian, and with Italian, Spanish comes very easily, as they are both of the romantic languages. I plan to be fluent in Italian and Spanish in the next few years before I begin my traveling.

Writing:

Writing has always come naturally to me. When I pick up a pencil or my fingers touch the keyboard my articulation of language flows through me like musical notes flow through Miles Davis when he picks up the trumpet.

Literature:

Literature is a big part of my life; I do not know where anyone in this world would be without the miracle of literature. I could confidently say that I have learned more about life through literature and personal experiences than I have through any other means.

Science:

Science has always been a huge interest to me, as I young child I always found myself experimenting and hypothesizing to entertain myself. After studying science in high school and college I am deeply considering it as a major. I am interested in environmental science and preservation and plan to get a job in the field of preserving our planet and it's natural resources.

If you were stranded on a deserted island and could only have one book, one movie and one album, what would they be?

Movie/Book/Album:

I am not generally the type of person to have a "favorite" food, song, book or movie; instead, I appreciate different aspects of different creations. One of my favorite films is, Eternal Sunshine of the Spotless Mind. One of my favorite books is, The spontaneous fulfillment of Desire. One of my favorite albums is, Hail to the Thief, Radiohead.

What are some of your reasons for becoming a sperm donor?

The main reason I chose to become a sperm donor is the simple fact of helping others. I have always been the type of person who loves to help others and always makes sure that others are happy. Doing whatever I can to fill a void or missing link in someone's life is one of my main ambitions. I obtain remarkable satisfaction from knowing that I can be a positive influence on another individual's life. I have a healthy lifestyle and love to do anything I can to benefit the lives of others. Through sperm donation I can make the dreams of many families come true. I have chosen to remain anonymous through this program for privacy reasons. I do not plan to be living in the United States in the next five to ten years, and do wish to keep my identity anonymous.

Did you choose to be an Identity-Release® Program donor? Yes No

Why did you make this choice?

I prefer to remain anonymous.

Would you like more information on our Identity-Release® Program? Yes No