

The Sperm Bank of California

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DONOR PROFILE: 4548

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **4548** is eligible and approved for semen donation at The Sperm Bank of California. This profile was prepared in **April, 2011**.

PERSONAL INFORMATION

Identity-Release[®] Program: **Yes**

Month/year of birth: **April, 1978**

Education: **BA Journalism/Political Science, pursuing masters in International Relations**

Current occupation: **Program Manager (NGO) and Data Analyst**

PHYSICAL CHARACTERISTICS

Height: **6'0**

Weight: **204**

Hair color: **Light Brown**

Hair type: **Curly**

Eye color: **Blue**

Complexion: **Fair/Rosy**

Body type: **Large**

Ethnic origin: **German, English, Irish, French**

Religion: **None**

Blood group/Rh: **A Positive**

Baby photo available: **No**

FAMILY MEDICAL HISTORY KEY:

D donor **Ch** child **F** father **M** mother **S** sister **B** brother

Co cousin **A** aunt **U** uncle **MGF** maternal grandfather

MGM maternal grandmother **PGF** paternal grandfather **PGM** paternal grandmother

FAMILY MEDICAL HISTORY

Blood: **MU#2: Acute Leukemia at 13, treated with chemotherapy, cause of death at 16.**

Gastro-intestinal: **PGM: Colon Cancer at 77, chemotherapy and surgery, in remission since 2001.**

Genital/Reproductive: **PGF: Prostate Cancer at 74, chemotherapy and radiation, cause of death at 77. MGF: Prostate Cancer at 68, chemotherapy and radiation, cause of death at 72.**

Heart: **M: High Blood Pressure, 46, medication, managed. MGM High Blood Pressure, 75, medication, managed. MGF: High Blood Pressure, 65, medication, managed. MU#3: High Blood Pressure at 45, medication, managed.**

Mental Health: **M: Depression at 46, treated with medication for 10 years, resolved. MA#1:**

Depression/Anxiety at 36, medication, managed. MU#1 depression at 36, medication, managed.

Metabolic/Endocrine: **PCo#1: Hyperactivity/ADHD (possible fetal alcohol syndrome) at 3, treated with medication through teens, managed. MCo#2: Hyperactivity at 4, exercise, ongoing.**

Neurological: **D: Migraines: at 5, treated with diet changes and medication when needed, managed. B: Migraines at 15, diet changes, managed. MA#1: Migraines at 15, medication, managed.**

Respiratory: **D: Hay fever at 10, treated with OTC antihistamines, rare occurrences. MCo#4: Hay fever during childhood, treated with antihistamines, ongoing.**

Sight/Sound/Smell: ie: **R:20/15, L:20/20**

Skin: **MCo#1: Acne 14-27, treatment unknown, hormonally related.**

Cancer: **MU#2: Leukemia. PGM: Colon Cancer. PGF: Prostate Cancer. MGF: Prostate Cancer**

Other: **MA#2 Reynaud's Syndrome (extremities go numb) at 20, no treatment, ongoing. Myxoma (tumor in heart) at 48, treated with surgery to remove tumor, recovered.**

DONOR LAB RESULTS

Chlamydia: **Negative**

Gonorrhea: **Negative**

Syphilis: **Nonreactive**

HIV 1 & 2: **Negative**

CMV total antibody: **Reactive***

Hepatitis B: **Negative**

Hepatitis C: **Negative**

HTLV 1 & 2: **Negative**

Urinalysis: **Normal**

Chem panel: **Normal**

CBC: **Normal**

Cystic Fibrosis: **Negative** Tay Sachs: **N/A** Sickle Cell Anemia/Thalassemia: **Normal**

***Other:** CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious.

DONOR NARRATIVE: Donor # 4548

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I'm a pretty modest guy so I hate talking about myself but I'll do my best to be honest and observant. Most people think I'm funny, smart and very helpful once they know me. I'm social but not an extrovert, I love to entertain when I'm comfortable with the crowd I'm in. Likewise I'm compassionate but I have to be careful who I open up to, otherwise I end up with new friends crying on my shoulder everyday! I love to smile but I enjoy making other people smile even more. Most friends tell me I'm their most stable and dependable friend.

What are your interests and talents?

I like to stay busy! I think anything worth doing is worth doing well, so if/once I'm interested I work until I'm comfortable with teaching this new found skill to someone else. That being said, I'm interested in everything from classical music to scuba diving, carpentry to Islamic history. I balance academic study with "practical" activities to keep physically active and to diversify my talents. I could teach a Middle East Politics class in the morning and lead a mountain climb course in the afternoon, then go home and cook my wife a 5-course dinner.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

Right now I feel I can make a positive impact on US foreign relations. I'll avoid making a political statement here but I will say I have a positive outlook on humankind, but I've seen enough evil men to know we need to protect ourselves. In 5 years I will be drafting policy on foreign relations. In 10 years.. It's open.

How would you describe your skills and interests in the following areas?

Math: I have a natural mathematic ability. If such a phenomenon exists. Math was so easy for me in grade school I got bored quickly. Carpentry was a practical way to use these skills but the challenges were limited.

Mechanical: Like math I have a natural mechanical ability. After recovering from academiphobia I started my undergraduate degree in a mechanical engineering. Though this again bored me and I switched to the "soft sciences".

Athletic: I have always maintained a healthy level of physical activity, however, working on a farm as a kid and working construction as an adult substituted for playing sports. I do enjoy pickup games of soccer and B-Ball.

Musical, Artistic, Creative: **I enjoyed creative writing, but the pragmatist in me objects to practicing music or art when I could be studying Arabic or reading history. If I have any artistic ability it is abstract to the point of chaos.**

Language (what languages besides English do you speak?): **Arabic, Spanish, French. I can get by on those but I prefer English.**

Writing: **My Journalism professor told me I was his best his best student in 10 years. Broke his heart when I told him I didn't plan on writing for a living.**

Literature: **I foresee writing the great American novel once I finish with all my ambitions plans. I read mostly non-fiction these days but I had an early love affair with Hemmingway, Steinbeck, Bukowski and Edward Abbey.**

Science: **My favorite part of taking walks with my son is explaining why the tree leaves are green, why the rocks he picks up are sparkling, or why some clouds are white and some are gray.**

If you were stranded on a deserted island and could only have one book, one movie and one album, what would they be?

Movie: **Monty Python's The Meaning of Life**

Book: **Something thick and dense that I haven't read yet.**

Album: **Beethoven's Seventh**

What are some of your reasons for becoming a sperm donor?

I always thought it was a good idea, why not share healthy genes to a deserving family? I was more recently inspired when a friend got pregnant using a donor. Her son is wonderful.

Did you choose to be an Identity-Release® Program donor? Yes No

Why did you make this choice?

I want to give the biological offspring the choice to contact me if necessary. I put myself in their shoes and would want the option if for no other reason than pure curiosity.

Is there anything else you would like to share with participating families and offspring?

I have a child now and I can't imagine life without him. I know how lucky my wife and I are to have such a happy, healthy boy, and I want to help others who for whatever reason can't have children on their own. I wish you and your children all the best!