

THE SPERM BANK OF CALIFORNIA

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DONOR PROFILE: 4749

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **4749** is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in **April 2013**.

PERSONAL INFORMATIONIdentity-Release® Program: **Yes**Month/year of birth: **12/1978**Education: **Bachelors in Rhetoric & Film, graduate degree Rhetoric & Film in progress**Current occupation: **Student****PHYSICAL CHARACTERISTICS**Height: **5'9"**Weight: **224**Hair color: **Medium Brown**Hair type: **Curly**Eye color: **Green/Hazel**Complexion: **Fair/Creamy**Body type: **Medium**Ethnic origin: **German, French, English, Irish, Mexican**Religion: **None/Atheist**Blood group/Rh: **O+**Baby photo available: **Yes**Other distinguishing features: **Cleft chin, left – handed. My facial hair is deep auburn–red.****FAMILY MEDICAL HISTORY KEY:****D** donor **Ch** child **F** father **M** mother **S** sister **B** brother**Co** cousin **A** aunt **U** uncle **MGF** maternal grandfather**MGM** maternal grandmother **PGF** paternal grandfather **PGM** paternal grandmother**FAMILY MEDICAL HISTORY**

Allergies: **D: Allergies to pollen at 8, over the counter meds, resolved at 15. M: Allergies to pollen at 16, over the counter meds, resolved.**

Gastro-intestinal: **M: Gallbladder disease at 48, surgery, resolved. F: Stomach ulcers at 50, none, resolved spontaneously. F: Hepatitis C at 45, prescription medication, ongoing and managed. PU#3: Hepatitis C at 25, attended AA, occasional relapse.**

Genital/Reproductive: **S: Ovarian Cysts at 13, prescription medication, resolved.**

Heart: **PGF: High cholesterol at 56, prescription medication, ongoing.**

Mental Health: **PCo: Attention deficit disorder at 13, medication, ongoing.**

Metabolic/Endocrine: **MGF: Diabetes, type 2 at 40, insulin, ongoing until death at 81**

Muscles/Bones/Joints: **F: Rheumatoid arthritis at 43, hydroxychloroquine, ongoing.**

Neurological: **D: Migraines at 20, aspirin, ongoing and managed. S: Migraines at 10, over the counter medication, managed.**

Respiratory (Lungs): **D: Asthma at 8, inhaler when needed, resolved by 15. PGF: Emphysema (lifelong smoker) onset unknown, no known treatment, death at 66. PGF: Lung cancer, onset unknown, no known treatment, death at 66.**

Sight/Sound/Smell: **D: R 20/20, L 20/25. MGM: Glaucoma at 60, no known treatment, ongoing. MGM: Cataracts at 47, surgery, resolved. S: Nearsightedness at 2, prescription glasses, ophthalmologist feels will correct to 20/20 by age 10.**

Skin: **M: Skin cancer on arm at 55, surgically removed, was benign and is resolved. S: Acne at 13, oral contraceptive pills, resolved. B: Birthmark on forehead at birth, removed, benign and resolved.**

Substance Abuse: **MA: Alcoholism at around 30, no treatment, ongoing. PU#3 Alcoholism at 25, attended AA, occasional relapses. PU#3 Drug abuse at 25, attended AA, occasional relapses.**

Cancer (see above): **PGF: Lung cancer, M: Skin Cancer on arm.**

DONOR LAB RESULTS

Chlamydia: Not Detected	Gonorrhea: Not Detected	Syphilis: Non-Reactive
HIV 1 & 2: Non-Reactive	CMV total antibody: Positive *	
Hepatitis B: Non-Reactive	Hepatitis C: Non-Reactive	HTLV 1 & 2: Non-Reactive
Urinalysis: Normal	Chem panel: Normal	CBC: Normal

**CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious*

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations)	No mutation detected
Spinal Muscular Atrophy (SMA):	Two copies of SMN1 detected
Hemoglobinopathies/Thalassemia:	No abnormal hemoglobin detected (including sickle hemoglobin); No evidence of thalassemia

DONOR NARRATIVE: Donor # 4749

(The content of this narrative has not been altered by TSBC staff and therefore reflects original written work of the Donor)

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I'm very extroverted. Every time I take the Myers-Briggs personality-type test (which happens surprisingly often), I get the same result: ENFP. The description says: "enthusiastic, idealistic, and creative. Able to do almost anything that interests them. Great people skills. Need to live life in accordance with their inner values. Excited by new ideas, but bored with details. Open-minded and flexible, with a broad range of interests and abilities." I'm all of those things. I don't believe in astrology, but I'm also a very typical Sagittarius: creative, ambitious, fearless, curious, and straightforward. I can be impatient at times, but it's often more related to ambition than restlessness. A friend once described me as an "idea artist", and I like the way that sounds.

What are your interests and talents?

I'm a writer, and a student. I love to read, but as a rhetoric major, physical activity tends to serve as a break from my heavy load of mental activity. I run or walk for an hour every day. Sometimes, if I'm feeling restless, or waiting for an idea to form, I'll run down University avenue to César Chavez Park, or out to the Albany Bulb and back. There's nothing like coming back to a paper with a racing heart and full lungs. I love everything about music, and can often be found gushing about this or that album. I once has a music column in a magazine, where I was paid (poorly) to do just that. My favorite album is *Niandra La Des & Usually Just a T-Shirt* by John Frusciante, because it's nothing like anything anyone has ever made before - for better or worse, and I love stepping into an album that takes me somewhere really different. While I'm working or studying though, I listen to postmodern composers (like Philip Glass and Brian Eno), or Victorian-era composers like Edward Elgar. I never believe anyone when they say that they "listen to everything" (and you shouldn't either), so I'll stop myself short of "everything", and say that I listen to a *lot* of music.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

My most immediate goal is to get through graduate school. I also plan on running the 2012 San Francisco Marathon. After that, I hope to teach rhetoric or film at a local college or university.

How would you describe your skills and interests in the following areas?

Math: I ‘got through’ math classes, but it required a lot of hard work and patience. I’m not someone who enjoys math. I don’t do my own taxes, and I use a calculator for embarrassingly simple equations.

Mechanical: I can fix most things that break – I’m very handy. Some of the more technical, engineering mechanics are not an area of strength for me, but on a basic level, I would say that I’m pretty handy.

Athletic: I am very athletic. I was captain of my football team in high school, and I have always loved sweating and getting my heart beating fast.

Musical, Artistic, Creative: I debated getting an education in art. I’m very artistically inclined. I listen to music constantly, and am very right-brained. I played in bands in high school, and am often referred to as ‘the creative-type’.

Language (what languages besides English do you speak?): I married a French woman, and speak fluent French. I also speak Spanish at a pretty basic level.

Writing: I’m a very comfortable writer. I had a book published in 2010, and plan to publish another after I graduate. Friends often ask me to proofread their papers for them. What I lack in math, I make up for in this category.

Literature: I’m a life-long reader, and I love reading tough, dense texts. As a student in the humanities, I find that a lot of my time is spent reading.

Science: Although I have an interest in science, I wouldn’t say that it’s an area of strength for me. I did well in science when I had to, but it’s more thanks to hard work than talent.

If you were stranded on a deserted island and could only have one book, one movie and one album, what would they be?

Movie: Akira Kurosawa’s *Roshomon* [runner up: Alfred Hitchcock’s *Vertigo*]

Book: Max Frisch’s *Homo Faber* [runner up: *Ask The Dust* by John Fante]

Album: John Frusciante’s *Niandra la Des* [runner up: The Beatles’ *White Album*]

What are some of your reasons for becoming a sperm donor?

In 2009, my wife and I had a son. Though sometimes it’s difficult, my son is magical in all senses of the word. The sun shines brighter, the grass is greener, and flowers smell better with him in my life. Before he was born, I had no idea why people wanted children. Now I get it, and I want to help if I can.

Did you choose to be an Identity-Release® Program donor? Yes No

Why did you make this choice?

If someone sought me out, either with a specific question in mind, or out of sheer curiosity, I would want to satisfy their curiosity. I don't expect to be contacted, but if I were to be contacted, I'd be happy to provide whatever answers were sought. I think we all know what it's like not to have important questions answered, and my anonymity is not as precious as being able to fulfill a wish or to solve a mystery. Above all, I have nothing to hide. I'm proud of who I am, and how I have lived my life.

Would you like more information on our Identity-Release® Program? Yes No

Is there anything else you would like to share with participating families and offspring?

Everyone in my family is happy, healthy, and above all, loving. I come from a long line of hard-working, deep thinkers. I have a three-year-old son, who serves to underscore the importance of education, the gift of thought, and the familial love that has surrounded me throughout my life.