



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5769

Donor 5769 came into our interview wearing a grey and black half mesh baseball cap and a sky blue T-shirt. We think his facial features resemble those of Peyton Manning in the cheeks, nose, and mouth and the donor feels Daniel Craig reflects his facial structure and head shape. Donor 5769 has thick dark brown eyebrows, blue eyes with crow's feet at the corners when he smiles and dark brown hair.

Donor 5769 grew up with his mother as an only child. His mother kept him very active in different activities such as soccer, snowboarding, skiing, and water sports as they frequently went boating. He was also a boy scout which he says *gave him good structure growing up since he didn't have a father around*. Donor 5769's mother worked for the school district and was always very close by while he was going to school. When getting in trouble he recalls being sent to his mother instead of the principal's office.

In middle school, Donor 5769's favorite subject was math and he really enjoyed reading and writing. He also started developing a sense of self, what his interests and likes were. He discovered the types of music he enjoyed like classic rock, country, and electronic dance music (EDM). He also enjoyed skateboarding, biking, and began snowboarding around this time. In high school donor 5769 says he fell more in love with math and writing and had more of a social life from being a part of the soccer club. Donor 5769 says he had more friends at other schools than the one he attended.

Donor 5769 enjoyed his college experience. He attended school 3 ½ hours away from home and had a dorm room to himself. He enjoyed having complete control over his life. Donor 5769's ability to explore the *social spectrum and other interests without feeling pressure* helped him grow a lot more. At college, he was met with a diverse student population and embraced the differences. Donor 5769 has an open mind and learns from being wrong. Even if he doesn't agree with something, he is willing to embrace a different perspective and that keeps him learning. Donor 5769 also got to work as a personal trainer which he spoke enthusiastically about. He says he is passionate about helping people and enjoyed seeing his clients make progress through their fitness journey.

Donor 5769 is still very active and enjoys skydiving, scuba diving, rock climbing and paragliding. He also enjoys traveling; it's another *really big passion of his*. Donor 5769 has been snowboarding in Japan, paragliding in Chile, and has visited other places such as Iceland, Europe, Southeast Asia, and Australia and plans to visit more places. Donor 5769 says his friends may describe him as super outgoing and loyal. He describes himself as being a good judge of character. He does his best to make people feel special. He even gives his friends cards for coming to *his* birthday party to show them how much he cares and appreciates them.

Donor 5769's girlfriend inspired him to become a sperm donor since she has donated eggs. He is also donor conceived himself, only finding out two years ago. He says it was an *interesting find* but doesn't feel as if it defines who he is. *"I had this amazing woman who was a great role model"* and maintains a good relationship with his mother.

Donor 5769 says he feels good about helping people create families and is excited to be in the program. We are very excited to have him!

Interviewed by Carmen C. & Tara S. on 8/3/20



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DONOR PROFILE: 5769

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5769 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in August 2020

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **June 1989**
- Education: **B.S. Exercise Physiology**
- Current occupation: **Head of Sales, North America**
- Ethnic origin: **French, German, British, Irish**
- Religion born into: **None**
- Religion practicing: **Agnostic**

PHYSICAL CHARACTERISTICS

- Height: **5' 11.5"**
- Weight: **199**
- Hair color: **Medium brown**
- Hair type: **Straight**
- Eye color: **Blue**
- Complexion: **Fair/creamy**
- Body type: **Large**
- Blood group/Rh: **B+**
- Baby photo available: **Yes**
- Other distinguishing features:

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Heart: **F: High Cholesterol at 58, treated with psyllium husk tablets and exercise/diet adjustment, resolved.**
MGF: Heart attack at 71, treated with 5-way bypass, managed until death. **PGF: High blood pressure in 80's, treatment unknown, managed.**

Neurological: **M: Migraines at 40, treated with dietary changes, resolved.**

Sight/Sound/Smell: **D: Vision 20/20 both eyes.** **MGM: Macular degeneration at 81, treated with eye surgery, resolved.**

Skin: **PGM: Melanoma at 82, treated with removal, resolved.** **PA: Melanoma in 60's, treated with removal, resolved.**

DONOR LAB RESULTS

Chlamydia: **Not Detected**
HIV 1 & 2: **Non-Reactive**
Hepatitis B: **Non-Reactive**
Urinalysis: **Normal**

Gonorrhea: **Not Detected**
CMV total antibody: **Positive***
Hepatitis C: **Non-Reactive**
Chem panel: **Normal**

Syphilis: **Non-Reactive**
HTLV 1 & 2: **Non-Reactive**
CBC: **Normal**

**CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious*

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) **No mutation detected**
Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected (normal)**
Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);
No evidence of thalassemia**

DONOR NARRATIVE: 5769

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor.

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

Extrovert, humorous, driven, caring, curious, high emotional intelligence.

What are your interests and talents?

Flight (paragliding, skydiving), Scuba diving, snowboarding, wakeboarding, surfing, rock climbing, fitness (former personal trainer), health science, consistent skill adoption and progression (i.e, learning new skills). If it's labeled as fun, I probably like it.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

Freedom to pursue my hobbies and support myself and my partner. Continue to have good health, bring happiness to others, and lead an interesting life. Currently on a strategic professional path (Current Role: Head of sales North America).

How would you describe your skills and interests in the following areas?

Math: Excel at and enjoy mathematical processes. Top ranking student in all math classes, (i.e, AP calculus in high school).

Mechanical: Enjoy creative building and tinkering. Great with my hands and strong eye for details.

Athletic: Extensive athletic history across multiple sports and disciplines. Competed in soccer and snowboarding for many years and also in physique (an aspect of body building).

Musical, Artistic, Creative: Creative in building things and writing. Have high appreciation for music and art, but not deeply interested in creating either.

Language (what languages besides English do you speak?): Speak a small amount of French and Spanish (due to travels and elementary language courses.)

Writing: Communication and writing skills are used extensively in my career. Had highly rated poetry and essays throughout school courses.

Literature: Enjoy science fiction and fantasy as well as nutritional research.

Science: Very knowledgeable pertaining to human anatomy, exercise physiology, and space. Always seeking more to learn, to further understand.

Please list a few of your favorite:

Movies: Animated movies, i.e, pixar. How to Train Your Dragon, Avatar.

Books/Authors: Brian Jacques, Franklin W. Dixon, Steinbeck, Bryce Courtenay

Albums/Musicians/Performances: Led Zeppelin, Foo Fighters, Kygo, Tycho

What are a few of your reasons for becoming a sperm donor?

I do not plan to have children of my own. I have healthy genetics and feel it would be nice for me to help others achieve their dreams of raising a child. I was a donor child myself and am grateful for the opportunity to exist.

You have joined the Identity-Release® Program . What appeals to you about this program?

Happy to be involved as little or as much as needed to be helpful.

Is there anything else you would like to share with participating families and offspring?

My mom used a donor so she could have me and be a parent and I will be forever grateful. I want to be able to provide the opportunity to others even though I do not plan to have children of my own. I believe that my genetics will provide a child with the opportunity to pursue what they want in life with little limitations.

THANK YOU!



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HEALTH PROBLEMS DONOR 5769

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/OUTCOME
Mother	Migraines	Diagnosis/age of onset: Migraines/40 Treatment: 2 occurrences of migraines in her 40s, resolved with diet Outcome: resolved on their own, no migraines
Father*	High Cholesterol	Diagnosis/age of onset: High cholesterol / 58 Treatment: Twice a day psyllium husk tablets and exercise/diet adjustment Outcome: Lowered cholesterol to healthy levels
Maternal Grandmother	Macular degeneration	Diagnosis/age of onset: 81 Treatment: eye surgery Outcome: surgery fixed the problem
Maternal Grandfather	Heart attack	Diagnosis/age of onset: 71 Treatment: 5-way bypass Outcome: managed, died of natural causes at age 87.
Paternal Grandmother	Melanoma	Diagnosis/age of onset: Melanoma / 82 Treatment: Removal from skin / required to reduce sun exposure Outcome: Confirmed successful removal / cure.
Paternal Grandfather	High Blood pressure	Diagnosis/age of onset: 80s Treatment: unknown Outcome: managed
Paternal Aunt	Melanoma	Diagnosis/age of onset: melanoma / 60's Treatment: removal Outcome: confirmed successful removal / cured

*Donor 5769 was conceived using a sperm donor. "Father" refers to 5769's sperm donor (aka biological father). 5769 has contact with his sperm donor and was able to obtain a detailed family health history on his paternal side.

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

As reported, there does not appear to be a personal or familial medical health history that would confer an increased risk beyond the general population risk.

Janine Mash, LCGC
Certified Genetic Counselor