



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5743

Donor 5743 came into the interview wearing a long sleeved dark Henley shirt with a black vest, dark blue jeans and tan sneakers. Donor 5743's hair is short and shaved on the sides but slightly longer at the top with a widow's peak hairline. He has a square shaped face with a strong jawline and distinctive ears. His eyebrows are thick and slightly arched. He has deep set brown eyes with long eyelashes and his skin is a smooth almond brown color. Donor 5743 has a similar face shape, lips and eyebrows to actor Kal Penn.

Donor 5743 grew up living with both parents and his two older brothers up until his brothers went to college and his parents got divorced. When his parents divorced at age 12, he lived with his dad until he went off to college. While growing up Donor 5743 says he did normal kid stuff such as *horse playing* and *breaking stuff on accident*. He mentions taking a lot after brother #1 who got him into playing tennis, basketball, golf, and soccer. Brother #2 was involved in water polo and swimming.

Donor 5743 says that elementary school was fun and he enjoyed hanging out with his friends. His favorite subject was math. In middle school Donor 5743 became very involved in extracurricular activities such as flag football and playing saxophone in the band. Donor 5743 and his brothers were very musically inclined with Donor 5743 learning to play the trumpet, saxophone, piano, violin, guitar, and drums. Brother #1 played the piano and trumpet while Brother #2 played the flute. He also recalls hanging out with friends, going to the park or playing video games at home such as Mario Party, Super Smash Bros and Zelda. While in high school, Donor 5743 also played on the tennis team. He describes himself as an above average student and always pushing himself to do well.

Donor 5743 stayed local after moving out of his dad's house and going to college. He currently works as a manager but is interested in starting a new career path and mentioned he recently completed a data analytics course. In his free time, Donor 5743 watches Netflix, plays sports with brother #1, and enjoys spending time outdoors. He enjoys going snowboarding on the weekends, hiking, or doing some cooking at home. Donor 5743 enjoys cooking and wants to expand his knowledge, building on his experience grilling with his dad and helping his mother cook American and traditional Indian recipes growing up.

Donor 5743 says he likes to travel and *experience life*. He's traveled to Colorado and Mexico recently, as well as visiting friends scattered around the US, but also plans on traveling internationally to France, China, and Japan to name a few.

When asked what he would do if he received \$500 and a day off, Donor 5743 says he wouldn't spend all the money at once, just \$100-\$200 and save the rest. Donor 5743 says he would head to the store for ingredients like Wagyu beef to cook a good meal to share with his girlfriend and just enjoy the day.

Donor 5743 says his friends describe him as easygoing, stoic, and too serious too often but also empathetic. He describes himself as introverted, level-headed, intelligent and headstrong. He says that he tries to be altruistic and to avoid *knee-jerk reactions to external stimulus* while reflecting on life experiences and unique situations.

Donor 5743 is very determined, intelligent, and hard-working and we are happy to have him in our program.

Interviewed by Kenya C. & Carmen C. on 02/13/20



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DONOR PROFILE: 5743

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5743 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in September 2020.

PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **January 1996**
- Education: **BS in Mathematics and Statistics, Business Analytics Certification**
- Current occupation: **Manager**
- Ethnic origin: **African American, Indian American**
- Religion born into: **Christianity**
- Religion practicing: **Atheist**

PHYSICAL CHARACTERISTICS

- Height: **5'10"**
- Weight: **176.5 lbs.**
- Hair color: **Black**
- Hair type: **Curly**
- Eye color: **Dark brown**
- Complexion: **Medium brown**
- Body type: **Medium**
- Blood group/Rh: **O -**
- Baby photo available: **Yes**
- Other distinguishing features: **N/A**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **B: Shellfish allergy at 5, treated by avoidance, resolved/no longer allergic. A: Peanut allergy at 17, treated by avoidance, managed.**

Heart: **F: High blood pressure at 57, treated by dietary changes, continuous improvement. F: High cholesterol at 57, treated by dietary changes, managing condition. PGF: High blood pressure at 60, treated by dietary changes, managed. PGF: High Cholesterol at 60, treated by dietary changes, managed.**

Mental Health: **B: Suicide attempt at 22, treated with hospitalization and enhanced family support, managed.**

Metabolic/Endocrine: **A: Type 2 Diabetes at 46, treated by dietary changes, managed.**

Muscles/Bones/Joints: **PGM: Osteoporosis at 75, treated by dietary changes, managed.**

Sight/Sound/Smell: **R: 20/13 L: 20/13**

Skin: **B: Eczema at 11, treated with ointment, resolved.**

Substance use disorders: **B: Alcohol use disorder at 22, treated with inpatient rehabilitation, manages by limiting alcohol consumption.**

DONOR LAB RESULTS

Chlamydia: **Not Detected**
HIV 1 & 2: **Non-Reactive**
Hepatitis B: **Non-Reactive**
Urinalysis: **Normal**

Gonorrhea: **Not Detected**
CMV total antibody: **Negative**
Hepatitis C: **Non-Reactive**
Chem panel: **Normal**

Syphilis: **Non-Reactive**
HTLV 1 & 2: **Non-Reactive**
CBC: **Normal**

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) **No mutation detected**
Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected**
Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);
No evidence of thalassemia**

DONOR NARRATIVE: 5743

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I am an introvert who has a small yet strong core group of friends. I am very goal-oriented and accept nothing except the best. I have a funny side that balances my candor well.

What are your interests and talents?

I am very interested in learning math or science things. I also like learning about the body and why certain things happen. I enjoy playing tennis and going hiking in my free time. I also find reading interesting, as long as the book is captivating or relates to something I am going through.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

I am currently managing a team, but my goals in life are to become a data scientist. I went to school for math and have always loved it ever since I was a kid. Because of that, being analytical in my future career is something I am excited about.

How would you describe your skills and interests in the following areas?

Math: Got a BS in mathematics

Mechanical: I am handy in the garage

Athletic: I play and love any and all sports and have been doing it all my life

Musical, Artistic, Creative: I used to play 5 instruments when I was kid

Language (what languages besides English do you speak?): I took French in high school and now I am learning Mandarin

Writing: I am not in love with writing

Literature: I read sometimes, but only when the book truly captivates me

Science: I liked learning about science but am not super literate in bio

Please list a few of your favorite:

Movies: Hercules (animated), How the Grinch Stole Christmas (Jim Carrey), Man on Fire

Books/Authors: Outliers, The Subtle Art of Not Giving a F*ck

Albums/Musicians/Performances: Beatles, Biggy Smalls, Mumford and Sons

What are a few of your reasons for becoming a sperm donor?

I wanted to donate at the sperm bank because I realize that everybody doesn't get the same opportunities, so if I could help in some way, then why not. I also feel like I've been blessed with a healthy body and good genes. All I want to do is pass it along to someone who wants the same.

You have joined the Identity-Release® Program . What appeals to you about this program?

I like that it has options for everyone. It is a hard decision whether the child wants to see the donor sometime, but it is also hard for the donor to decide what to do because they might have fluid feelings. I think it also is beneficial for most people.

Is there anything else you would like to share with participating families and offspring?

As a kid, I was always trying to obtain perfection because in my household that was subtly pushed. So still to this day as an adult I still strive for perfection. I wouldn't say it is a bad mindset, though a challenging one, it just has its pros and cons. My drive and stick-to-itiveness is what makes me the man I am today.

THANK YOU!



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HEALTH PROBLEMS DONOR 5743

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/OUTCOME
Father		Diagnosis/age of onset: high blood pressure/57 Treatment: Diet change Outcome: Continuous improvement
		Diagnosis/age of onset: high cholesterol/57 Treatment: diet change Outcome: managing condition
Brother #1		Diagnosis/age of onset: shellfish allergy/5 Treatment: avoidance Outcome: resolved/no longer allergic
		Diagnosis/age of onset: eczema/11 Treatment: ointment Outcome: resolved
		Diagnosis/age of onset: Alcohol use disorder/22 Treatment: inpatient rehabilitation Outcome: manages/limits alcohol consumption
		Diagnosis/age of onset: Suicide attempt/22 Treatment: hospitalization, enhanced family support Outcome: Did not die by suicide. Now copes with stress effectively. No other mental health conditions or concerns since then.
Maternal Aunt		Diagnosis/age of onset: Peanut allergy/17 Treatment: avoidance Outcome: managed

Maternal Aunt (continued from previous page)	Diagnosis/age of onset: type 2 diabetes/46 Treatment: diet change Outcome: managed
Paternal Grandmother	Diagnosis/age of onset: osteoporosis/75 Treatment: diet change Outcome: managed
Paternal Grandfather	Diagnosis/age of onset: high blood pressure/60 Treatment: diet change Outcome: managed Diagnosis/age of onset: high cholesterol/60 Treatment: diet change Outcome: managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

As reported, there does not appear to be a personal or familial medical health history that would confer an increased risk beyond the general population risk.

Janine Mash, LCGC
Certified Genetic Counselor