



Reproductive Technologies, Inc.

# THE SPERM BANK OF CALIFORNIA

## INTERVIEW NOTES: 5629

Donor 5629 has short black hair that slightly curls in the front, prominent full eyebrows, a round face with high cheek bones and a mole on his right cheek. 5629 has a similar mouth and face shape to Rami Malek, but less defined. His eyes are also similar to Rami's as both sets are dark and deep set, but Donor 5629's eyes are not as wide. Donor 5629 has a slim build and a bright smile.

Donor 5629 was born in India and lived with his parents and 3 older sisters. He recalls watching movies with his sisters when he was younger but because of the age gap between them he often hung out with other kids his age in the neighborhood. They played cricket, badminton, frisbee and rode bikes. Donor 5629's mother stayed home and took care of him and his siblings while his father worked. Donor 5629 describes his father as being *very loving and greatly focused on education*. He wasn't strict but *assertive* and had high expectations for his children in wanting them to do well. Donor 5629's mother would cook often and his favorite food was *Chole Puri*, or fried bread and chick peas.

Donor 5629's father owned a computer education center at a time when most people didn't have personal computers. The center taught people how to use programs like *Excel* and *Microsoft*, as well as offering courses on computer programming. Donor 5629 said his father's work in the computer business made him interested in computers and influenced him to study computer science.

He pursued his undergraduate degree in India and had the opportunity to work on his computer science skills by helping his school run their website. Socially, Donor 5629 told us he typically had 2-3 close friends at all times and many acquaintances. He spent time with his college friends working on website development and talking about their shared technological interests. With close friends from home, however, he enjoyed going to parties and playing table tennis or video games.

Donor 5629 moved to the United States about 10 years ago to get his Master's degree. He had been to the US previously for an internship in nanotechnology, and both of his sisters had already moved to the US for school. When asked if he had experienced any culture shock, he told us it he had already experienced a lot of cultural diversity in India and so it wasn't shocking for him to move to the United States. Donor 5629 also began traveling after getting his Master's degree. His favorite travel destinations so far are Japan and Hawaii, which he enjoys for the *natural beauty*.

In his spare time, Donor 5629 likes hiking, listening to podcasts and reading. He believes that hiking is *very beneficial for humans* and the time he spends in nature helps him clear his mind. Donor 5629's favorite podcasts to listen to are *Making Sense with Sam Harris*, *Joe Rogan Experience*, *Hidden Brain*, *NPR* and *Harvard Business Review*. He enjoys reading different genres of books especially self-help, science fiction, biology and physics. Donor 5629 also likes to take up new hobbies and started taking up photography about 3 years ago. In order to learn, Donor 5629 took a 4 week photography class, read a photography book, and watched YouTube videos. He hopes to have the opportunity to take pictures of the scenery in Iceland and Vienna.

Currently, Donor 5629 works in the software engineering industry as *Senior Tech Leader*. He began working in the industry right after school and he says he loves what he does! He enjoys leading teams and building new products and would be happy to do it for the rest of his life, but he hopes to keep growing, taking on more ambitious projects and leading bigger teams.

Donor 5629 says if he got \$500 to spend in one day he would split in half. Half would be donated to an animal shelter and the other half would be used to take his mother for a nice lunch, meet up with friends to go for a hike and buy some books.

Overall Donor 5629 is a calm and focused individual and we are happy to have him in our program!

*Interviewed by Eli N.T and Carmen C. on 7/9/19*



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## DONOR PROFILE: 5629

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5629 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in December 2019

### PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **February 1986**
- Education: **B. of S. in Computer Science, Master of Computer Science**
- Current occupation: **Senior Software Engineer**
- Ethnic origin: **Indian Punjabi**
- Religion born into: **Sikh**
- Religion practicing: **None**

### PHYSICAL CHARACTERISTICS

- Height: **5' 7"**
- Weight: **159 lbs**
- Hair color: **Black**
- Hair type: **Wavy**
- Eye color: **Dark Brown**
- Complexion: **light olive/creamy**
- Body type: **Medium**
- Blood group/Rh: **B+**
- Baby photo available: **Yes**
- Other distinguishing features: **Good eyebrow shape, mole on cheek**

### FAMILY MEDICAL HISTORY

**KEY:** **D** donor    **Ch** child    **F** father    **M** mother    **S** sister    **B** brother  
**Co** cousin    **A** aunt    **U** uncle    **MGF** maternal grandfather    **MGM** maternal grandmother  
**PGF** paternal grandfather    **PGM** paternal grandmother

Gastrointestinal:**MCo#1:Diagnosed with cirrhosis of the liver (caused by alcohol abuse) at 41, no known treatment, cause of death at 41.**

Genital/Reproductive: **MGF: Diagnosed with prostate cancer at 72, treated with radiation therapy, cause of death at 75. PGF: Diagnosed with prostate cancer at 70, no known treatment, cause of death at 70. MA#1: Diagnosed with ovarian cancer at 55, treated with chemotherapy and surgery, cause of death at 60.**

Heart: **M: Diagnosed with high blood pressure at 66, treated with medication, diet change, resolved. MGM: Diagnosed with heart failure at 85, no known treatment, cause of death at 85.**

Metabolic/Endocrine: **MGM: Diagnosed with type 2 diabetes at 80, treated with dietary changes, managed.**  
Respiratory (Lungs): **PGM: Diagnosed with tuberculosis at 80, no treatment, cause of death at 80**  
Sight/Sound/Smell: **R: 20/70 L: 20/25**  
Cancer (see above): **PGF: Prostate cancer, MGF: Prostate cancer, MA#1: Ovarian cancer,**  
Other:**D: Diagnosed with plugged tear duct and blurred vision, treated with unplugging and wearing an eye patch for 8 months, resolved.**

## DONOR LAB RESULTS

Chlamydia: <b>Not Detected</b>	Gonorrhea: <b>Not Detected</b>	Syphilis: <b>Non-Reactive</b>
HIV 1 & 2: <b>Non-Reactive</b>	CMV total antibody: <b>Negative</b>	
Hepatitis B: <b>Non-Reactive</b>	Hepatitis C: <b>Non-Reactive</b>	HTLV 1 & 2: <b>Non-Reactive</b>
Urinalysis: <b>Normal</b>	Chem panel: <b>Normal</b>	CBC: <b>Normal</b>

## GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

*Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.*

Cystic Fibrosis: (> 500 mutations)	<b>No mutation detected</b>
Spinal Muscular Atrophy (SMA):	<b>Two copies of SMN1 detected (normal)</b>
Hemoglobinopathies/Thalassemia:	<b>No abnormal hemoglobin detected (including sickle hemoglobin); No evidence of thalassemia</b>

## DONOR NARRATIVE: 5629

*The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor*

### Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I would describe myself as an extroverted-introvert. I'm INTJ on Myers-Brigg personality type. The one thing that stands out about me is that I'm very curious, a diverse range of hobbies and ideas interest me. I am good with people and keeping a group together. This has allowed me to form good relations at work with my colleagues and lead multiple teams. I prefer having a few close friends and enjoy the company of people who involve themselves in deep meaningful conversations and discussions about ideas and philosophy. I exercise regularly and enjoy sports.

### What are your interests and talents?

I have a diverse range of interests: outdoor activities like hiking, bicycling, playing sports such as tennis and soccer, photography, reading books especially non-fiction and sci-fi, listening to podcasts/audiobooks while driving, meditation, singing and karaoke, attending concerts and comedy shows.

**What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?**

In 5 years, I see myself settled with a family and having purchased a house. In my career I would be leading large technical projects related to Artificial intelligence and Machine Learning. I want to visit 5 National Parks of the country, one per year. I also want to go on a backpacking trip to Europe which I'm planning for early next year. I plan to read about 20 books a year and finish several online courses of my interest related to computer science, business and leadership skills.

**How would you describe your skills and interests in the following areas?**

**Math:** Always good at Math from childhood in top 1 percentile.

**Mechanical:** I've always been good at activities requiring hand-eye coordination.

**Athletic:** I've always enjoyed playing sports. As a child I played soccer, cricket, tennis and badminton regularly. These days I'm regular with tennis/gym and going on hikes.

**Musical, Artistic, Creative:** I sing quite well. It's in the family, my father and my sister used to perform at college. I play some guitar as well. I never got much into drawing, painting although I'm curious about it.

**Language (what languages besides English do you speak?):** Hindi, Punjabi

**Writing:** My job requires me to write technical project descriptions, and I enjoy writing short blogs outside of work. I enjoy learning new vocabulary words and taking a mental note when I come across a new one.

**Literature:** Have read a few classics.

**Science:** This is my passion. I've read several science books especially related to psychology and the universe. I follow several youtube science channels and enjoy watching documentaries.

**Please list a few of your favorite:**

**Movies:** Matrix series, Speed, Blood Diamond, The Departed, Inception, The Dark Knight, Coco, Frozen, Interstellar, Before Sunset, Dangal, Rang De Basanti, Swades, Zindagi Na Milegi Dobara, Gully Boy, Special 26, Hera Pheri

**Books/Authors:** The Martian, Freakonomics, Homo Deus, The Elegant Universe, To Kill a Mockingbird, The Alchemist, Immortal life of Henrietta Lacks

**Albums/Musicians/Performances:** Coldplay, U2, Imagine Dragons, Arijit Singh, Coke Studio performances

**What are a few of your reasons for becoming a sperm donor?**

I think having a baby and raising a child brings tremendous happiness to the parents. I hope to help someone achieve that dream. One of my sisters used a donor sperm to have a baby, so I have seen firsthand how it changed her life, and brought tremendous happiness and fulfillment in her and her family's life. This motivated me to consider sperm donation so I can also help bring happiness to someone's life.

**You have joined the Identity-Release® Program . What appeals to you about this program?**

I believe every human is born with a curiosity to learn about their origins and how they were born. I want to give this right to any child conceived from my sperm. It would make me happy to be able to answer any questions they have later in life.

**Is there anything else you would like to share with participating families and offspring?**

I wish you good luck and hope you achieve everything you dream of and raise a happy, smart, well-educated child.



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## HEALTH PROBLEMS LIST DONOR 5629

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/OUTCOME
Donor	Plugged Tear Duct	Diagnosis/age of onset: Birth Treatment: Unplugging procedure Outcome: Resolved
	Blurred Vision (Caused from plugged tear duct)	Diagnosis/age of onset: 8 Treatment: Eyepatching for 8 months Outcome: Resolved
Mother	High Blood Pressure	Diagnosis/age of onset: 66 Treatment: Medication, diet change Outcome: Resolved
Maternal Grandfather	Prostate Cancer	Diagnosis/age of onset: 72 Treatment: Radiation therapy Outcome: Cause of death at 75
Maternal Grandmother	Type 2 Diabetes	Diagnosis/age of onset: 80 Treatment: Diet change Outcome: Managed
	Heart Failure	Diagnosis/age of onset: 85 Treatment: N/A Outcome: Cause of death at 85
Paternal Grandfather	Prostate Cancer	Diagnosis/age of onset: 70 Treatment: None Outcome: Cause of death at 70
Paternal Grandmother	Tuberculosis	Diagnosis/age of onset: 80 Treatment: None Outcome: Cause of death at 80

Maternal Aunt #1	Ovarian Cancer	Diagnosis/age of onset: 55 Treatment: Chemotherapy and surgery Outcome: Cause of death at 60
Maternal Uncle #1	Accidental Death	Diagnosis/age of onset: Age unknown. Type of accident unknown. Treatment: unknown Outcome: Death
Maternal Uncle #2	Accidental Death	Diagnosis/age of onset: Age unknown. Type of accident unknown Treatment: unknown Outcome: Death
Maternal Cousin #1	Cirrhosis of the Liver (Alcohol-related)	Diagnosis/age of onset: 41 Treatment: N/A Outcome: Cause of death
Paternal Uncle #1	Unknown Cause of Death	Diagnosis/age of onset: 60's or 70's Cause of death: Unknown. Donor did not know this relative well and was unable to obtain more information.
Paternal Uncle #2	Unknown Cause of Death	Diagnosis/age of onset: 60's or 70's Cause of death: Unknown. Donor did not know this relative well and was unable to obtain more information.

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

As reported, there does not appear to be a personal or familial medical health history that would confer an increased risk beyond the general population risk. It is possible there may be an increased risk to offspring for blocked tear ducts or amblyopia, but these conditions are not considered serious. Based on the information and current medical knowledge, it is not possible to quantify this risk at this time.

Janine Mash, LCGC  
Certified Genetic Counselor