

INTERVIEW NOTES: 5418

Donor 5418 is a beautiful, gentle man with an endlessly calm nature. Very *folk rock* in his personal style and demeanor, he came to our interview wearing an open, red flannel button-down shirt over a clean black t-shirt, jeans, and lovingly worn tennis shoes. His long, wavy, dark brown hair is at shoulder-length and accents his heart-shaped face. He has olive-toned skin and a cute little mustache *ala* Kirk Hammett. He has wide, friendly, hazel eyes that make a pretty contrast with his darker features. Visually, donor 5418 is kind of an interestingly beautiful mix of Casey Affleck's eyes, Taylor Lautner's skin tone, face shape, and nose, and a toned down, leaner, cleaner version of David Crosby's style.

Donor 5418's parents would describe him as being a very quiet kid. He really enjoyed playing music, painting, and drawing, and was generally very comfortable keeping to himself. Even so, he always seemed to have a lot of friends around and along with his sister, they loved exploring the outdoors. When they were young, his mother would insist on taking them hiking on a regular basis. This is something he recalls hating at the time, whereas now it's one of his favorite pastimes.

Donor 5418 was lucky to have parents who actively encouraged him and his sisters to explore their creativity. His very first instrument was a toy keyboard that was quickly upgraded to his very first electric guitar at age 7. His mother set up a cassette recorder in his room for him to practice recording himself; an experience that comes in quite handy these days as he explores life as a musician.

Today, Donor 5418 is focused on studying Spanish literature. He hopes to one day complete works of his own that he is comfortable sharing with the world. He's super excited and motivated to get started following this path when he starts school soon. He and his siblings all speak Spanish as his parents raised them to do so. He has always been very close with his relatives in Mexico, so to follow his dream of further immersing himself in the language and culture he loves so much is a huge deal for donor 5418.

Throughout his life, donor 5418's primary instrument has been the guitar, while his sister played the bass as a child. His sister exposed him to many different musical styles and genres, and was extremely influential in encouraging him to explore all there is to offer in the field of music. Their first musical adventure together was into the world of punk rock, but donor 5418 quickly found that he actually preferred more of an acoustic sound. Eventually, he acquired an acoustic guitar to replace his electric one. The music he currently makes is more on the side of psychedelic, folky blues. He's currently listening to Ali Farka Touré, a musician he says is not necessarily influencing 5418's own personal sound, but Touré has been a huge inspiration for donor 5418's way of thinking about playing.

On a dream day he had free to follow his heart's desires, donor 5418 said he would go to the beach, play his guitar, drink a beer, and maybe make himself some picadillo, his favorite dish. Food is very important to 5418, and baking and grilling are two of his favorite things to do. Overall, donor 5418 is a super cool guy and it was a lot of fun getting to know him.

Interviewed by Maribel L. and Marisa S. on 6/13/17.



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

DONOR PROFILE: 5418

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **5418** is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in January 2018

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **March 1994**
- Education: **Associate's degree in progress**
- Current occupation: **Courier, musician**
- Ethnic origin: **Norwegian, Czech, Mexican**
- Religion born into: **Catholic**
- Religion practicing: **Spiritual, no specific religion**

PHYSICAL CHARACTERISTICS

- Height: **6'0"**
- Weight: **151 ½ lbs**
- Hair color: **Medium brown**
- Hair type: **Wavy**
- Eye color: **Hazel/gray**
- Complexion: **Olive**
- Body type: **Medium**
- Blood group/Rh: **O-**
- Baby photo available: **Yes**
- Other distinguishing features:

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal
grandmother **PGF** paternal grandfather **PGM** paternal grandmother

Allergies: **S:** Seasonal allergies in childhood, no treatment, ongoing. **M:** Seasonal allergies in childhood, treated with OTC medication, managed. **MGF:** Seasonal allergies in childhood, no treatment, ongoing until death. **MA:** Seasonal allergies in childhood, treated with OTC medication, managed. **MCo:** Seasonal allergies in childhood, treated with OTC medications and natural remedies, managed.

Gastrointestinal: **MGM:** Irritable bowel syndrome at 78, treated with OTC medication and change of diet, managed.

Heart: **MGF:** Coronary artery disease at 70, treated with medication and change of diet, ongoing until death. **MGF:** Heart attack at 72, no treatment, cause of death at 72. **PGF:** Heart attacks (multiple) beginning at 67, no treatment, cause of death at 70. **PU:** High cholesterol at 58, treated with OTC medication and change of diet

Mental Health: **MCo: Attention deficit disorder (ADD) at 11, treated with medication, managed.**
Muscles/Bones/Joints: **PGM: Osteoarthritis at 60, treated with OTC medication, ongoing.**
Neurological: **PGM: Alzheimer's disease at 78, treated with supportive care, ongoing.**
Respiratory (Lungs): **F: Lung cancer at 57, no treatment, cause of death at 57. PHS: Asthma (mild) at 5, no treatment, rare episodes.**
Sight/Sound/Smell: **D: Right eye: 20/30, Left eye: 20/30.MGM: Cataracts at 85, treated with surgery, managed.**
Substance Abuse: **PGF: Alcohol dependence in mid-30's, no treatment, ongoing until death.**
Cancer (see above): **F: Lung cancer.**

DONOR LAB RESULTS

Chlamydia: Not Detected	Gonorrhea: Not Detected	Syphilis: Non-Reactive
HIV 1 & 2: Non-Reactive	CMV total antibody: *Positive	
Hepatitis B: Non-Reactive	Hepatitis C: Non-Reactive	HTLV 1 & 2: Non-Reactive
Urinalysis: Normal	Chem panel: Normal	CBC: Normal

**CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious*

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations)	No mutation detected
Spinal Muscular Atrophy (SMA):	Two copies of SMN1 detected (normal result)
Hemoglobinopathies/Thalassemia:	No abnormal hemoglobin detected (including sickle hemoglobin); No evidence of thalassemia

DONOR NARRATIVE: 5418

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I definitely would consider myself introverted, I tend to be quieter in social situations, but I'm also very friendly despite being relatively shy. I think of myself as serious, but friends and family say I'm very funny. I prefer being alone or with a close friend, spending time in nature, instead of going to parties, social events, etc.

What are your interests and talents?

I'm a musician, mainly a guitar player and songwriter. I recently released my first solo album, an experimental guitar-based project with some blues and psychedelic influences. For the past few years I've also spent my time writing what I would like to consider poetry, and I hope to pursue this much more in the future.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

While I have a broad range of things I hope to do in my life, at this time I'm focusing on beginning my education (Central and South American poetry and literature) and continuing my musical pursuits. In 10 years I hope to see myself working towards a graduate degree, writing my own work, and still releasing music.

How would you describe your skills and interests in the following areas?

Math: I never did enjoy math at all, avoiding it as much as possible in school. I'm not sure if this was because I wasn't good at it, or simply because it never pertained to any of my interests or goals.

Mechanical: Though I'm not mechanically-minded, I do like tinkering with my guitars and the sound engineering side of recording my music.

Athletic: I don't play any sports in my adulthood, but in middle school and high school I boxed. I also always loved skateboarding, and still like to roll around sometimes.

Musical, Artistic, Creative: I've played guitar for most of my life, I pretty much love playing any stringed instrument I can get my hands on. I also spent a lot of time painting growing up, but recently I've been more interested in writing.

Language (what languages besides English do you speak?): My first language was Spanish, but growing up in the U.S., I'd forgotten most of the language by the time I was 8 or 9. I'm still working on becoming fluent again and hope studying it in college will help a lot.

Writing: I write all the time. I'm hoping I can eventually write something cohesive enough to share with people.

Literature: I love to read, literature is probably my favorite form of art to observe. I especially like stories that incorporate the surreal, things that defy the laws of what we think we know about the world and our place in it.

Science: Just like math, I was never very good at focusing on science in school. Nowadays, I definitely find it more interesting (unlike math!). I always loved reading about animals and dinosaurs as a kid though.

Please list a few of your favorite:

Movies: Spirited Away, Santa Sangre, Twin Peaks, Princess Mononoke, Paris Texas, El Topo

Books/Authors: Growing up I loved Harry Potter and The Hobbit. Nowadays, I love the writings of Juan Rulfo (Pedro Paramo, The Burning Plain), Denis Johnson (Train Dreams, Jesus' Son), Jim Harrison (Brown Dog).

Albums/Musicians/Performances: 13th Floor Elevators, Michael Hurley, Violeta Parra, Tinariwen, Dinosaur Jr., Jimi Hendrix, The Doors, Abner Jay, Karen Dalton.

What are a few of your reasons for becoming a sperm donor?

I feel that any human being/beings who desire to have a child, and can raise a child lovingly and responsibly in this world, deserve to have the opportunity to do so (regardless of their fertility or sexual situation). Becoming a sperm donor is a simple way for me to be able to help people who want children but may not be able to otherwise, and I think it's very important that people do this. I'm very grateful that I am physically capable of helping these families.

You have joined the Identity-Release[®] Program . What appeals to you about this program?

For one, I think it's a good idea that a person born from my donation could be given the option to find out more about who I am and what I am like. I think it's a really healthy thing for a donor-conceived child to have somewhat of a transparency (even if eventual) about who the donor was/is. Second, I'm open to the possibility of any offspring reaching out to me eventually, or any sort of dialogue opening up between me and the family, if that's what they want.

Is there anything else you would like to share with participating families and offspring?

I just want to reiterate how happy I am that I can somehow contribute to your family, and I hope that this narrative helps accurately convey an image of who I am for you. Wishing you very well.



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HEALTH PROBLEMS DONOR 5418

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Sister	Allergies <i>Seasonal</i>	Age at onset/diagnosis: Childhood Treatment: None Outcome: Ongoing
Paternal Half-Sister	Asthma <i>Mild</i>	Age at onset/diagnosis: 5 Treatment: None Outcome: Managed, rare occurrence
Mother	Allergies <i>Seasonal</i>	Age at onset/diagnosis: Childhood Treatment: OTC medication Outcome: Managed
Father	Lung cancer	Age at onset/diagnosis: 57 Treatment: None Outcome: Cause of death at age 57
Maternal Grandfather	Allergies <i>Seasonal</i>	Age at onset/diagnosis: Childhood Treatment: None Outcome: Ongoing until death at 72
	Coronary artery disease	Age at onset/diagnosis: 70 Treatment: Medication, change of diet Outcome: Ongoing until death at 72
	Heart attack	Age at onset/diagnosis: 72 Treatment: None Outcome: Cause of death at 72
Maternal Grandmother	Irritable bowel syndrome	Age at onset/diagnosis: 78 Treatment: OTC medication, change of diet Outcome: Managed
	Cataracts	Age at onset/diagnosis: 85 Treatment: Surgery Outcome: Ongoing, managed

Paternal Grandfather	Alcohol dependency	Age at onset/diagnosis: Mid 30's Treatment: None Outcome: Ongoing until death at 70
	Heart attack <i>Multiple</i>	Age at onset/diagnosis: 67 Treatment: None Outcome: Cause of death at 70
Paternal Grandmother	Osteoarthritis	Age at onset/diagnosis: 60 Treatment: OTC medication Outcome: Ongoing
	Alzheimer's disease	Age at onset/diagnosis: 78 Treatment: Homecare/live-in caretaker Outcome: Ongoing
Maternal Aunt #1	Allergies <i>Seasonal</i>	Age at onset/diagnosis: Childhood Treatment: OTC medication Outcome: Managed
Paternal Uncle #2	High cholesterol	Age at onset/diagnosis: 58 Treatment: OTC medication, change of diet Outcome: Managed
Maternal Cousin	Allergies <i>Seasonal</i>	Age at onset/diagnosis: Childhood Treatment: OTC medication, natural remedies Outcome: Managed
	Attention deficit disorder	Age at onset/diagnosis: 11 Treatment: Medication Outcome: Managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for seasonal allergies may be slightly higher than population risk. Otherwise, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor