



INTERVIEW NOTES: 5119

Donor 5119 is a creative and quirky guy with a passion for art. He arrived for our interview wearing a black crew neck thermal shirt and dark green pants. His dark hair was casually pulled back into a low ponytail and revealed gorgeous turquoise plugs and a small silver hoop in his left ear. Thick-framed black glasses accentuate his beautiful hazel eyes and his full, wiry beard is topped off with a short mustache. When he speaks, 5119 has a deep, but gentle voice.

5119 grew up in the suburbs and has always been best of friends with his brother, whom he says he is *just like, even though we like totally different things*. The family's vacation cabin was located on a lake island in the Midwest and they spent summers and school holidays there. He and his brother created lots of adventures for themselves on the island and had fun meeting and hanging out with the tourists who visited. This is also where 5119 took up drawing; he spent many hours alone, immersed in his drawings.

5119 attended Catholic grade school and even then he would say he was an introvert and felt that he was different than other kids his age. Although he eventually made friends, the donor identifies himself as a bit of a loner and never felt the need to stick with one group of friends. He played basketball through middle school, but switched to wrestling in high school and preferred that over the large team dynamic of basketball. 5119's experience in parochial school did instill within him a sense of discipline that he feels benefits his art to this day.

Beginning at the age of 12, 5119 accompanied his dad – a contractor – to worksites and began learning the building trade. Over the years he gained a lot of knowledge about the field, and thought about pursuing a career in construction. However, as he talked to the older guys on site, he learned that most were not happy with the work in the long term. Many told him that it is demanding work that is hard on the body, so 5119 abandoned that plan. He did, however, carry over much of the spatial mapping skills he learned in building to his art, which has a very structured style. Someday he'd like to buy property in Northern California and use his building skills to create a sustainable living collective with friends.

In the 8th grade, a teacher encouraged 5119 to enter an art contest. His painting won first place and this recognition sparked his childhood interest into a lifelong pursuit. When it came time for college, 5119's traditional family could not understand why he wanted to attend art school. Despite their lack of support, he was steadfast in his decision and began attending an art school in his home state, supported by the many prestigious scholarships that he earned for his artistic merit. A few years later, he made a cross-country move to California to complete his Bachelor of Fine Arts and has been making a living as an artist ever since.

Upon completing his studies, he was offered an opportunity to work in the studio of one of his favorite artists. Through that connection, he met a collector who has become one of his main buyers. He continues to have many art shows and is building a national presence. When I asked 5119 to describe his art and his creative process, he said *my painting is very structured ... everything has a place, there is nothing conceptual or abstract ... it's kind of like a surreal landscape that is carved out, well-rendered. When I paint, I put some paint on the canvas and look at it, figure out what to paint ... I don't leave any empty space, everything has its place*. When he is working on a painting, 5119 tends to become so engaged in it that he loses sight of everything else. I can see how his strong internal focus complements this process.

Something that struck me about 5119 is the way he seems to be motivated by testing the limits of his abilities. He was vegan for about a year *-just to see if I could do it*. He loves running and plans to run an ultramarathon. Although he recently shattered his metatarsal running on concrete and has yet to run a marathon, he said he is pretty sure he could complete an ultra. Given his meditative nature and strong work ethic, I think 5119 will accomplish anything he undertakes.

Interviewer: Kristen M. Date: 3/17/15



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

DONOR PROFILE: 5119

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5119 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in August, 2015.

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **June, 1991**
- Education: **B.F.A. in painting**
- Current occupation: **Artist/Painter**
- Ethnic origin: **German, Irish, English**
- Religion: **Spiritual, Buddhism**

PHYSICAL CHARACTERISTICS

- Height: **5' 10"**
- Weight: **167 lbs**
- Hair color: **Dark Brown**
- Hair type: **Wavy**
- Eye color: **Green/Hazel**
- Complexion: **Fair/Creamy**
- Body type: **Medium**
- Blood group/Rh: **O-**
- Baby photo available: **Yes**
- Other distinguishing features:

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **D: Lactose/dairy allergy/sulfa drugs at 5, treated with avoidance, resolved at 12.**

Genital/Reproductive: **PGM: Ovarian cancer at 73, treated with oophorectomy and hysterectomy, resolved.**

Heart: **PGF: Stroke at 67, treated with hospitalization, cause of death at 67. MGF: Aortic valve disease at 80, treated with aortic valve replacement, recovered.**

Metabolic/Endocrine: **MU: Type 1 diabetes at 7, treated with insulin, ongoing, managed.**

Sight/Sound/Smell: **D: Right eye: 20/200, Left eye 20/200. MGF: Cataracts at 85, treated with surgery, resolved.**

Other: **MGF: Fibromyalgia at 75, treated with medication, ongoing, managed. D: Multiple ear infections at 2, treated with ear tubes, resolved.**

DONOR LAB RESULTS

Chlamydia: **Not Detected**
HIV 1 & 2: **Non-Reactive**
Hepatitis B: **Non-Reactive**
Urinalysis: **Normal**

Gonorrhea: **Not Detected**
CMV total antibody: **Negative**
Hepatitis C: **Non-Reactive**
Chem panel: **Normal**

Syphilis: **Non-Reactive**
HTLV 1 & 2: **Non-Reactive**
CBC: **Normal**

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) **No mutation detected**
Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected**
Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);
No evidence of thalassemia**

DONOR NARRATIVE: 5119

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I would define myself as an introvert but when I am around people I find it give me the energy I need to be alone. I recharge when I am around people that make me happy, including my family. Most of days are spent alone due to my profession. I get things done when I am alone and most of my productivity stems from this. I am very thoughtful when I am surrounded by silence.

Being an introvert doesn't mean I am a shy person. I smile and laugh most of the time when I am with people. I am not too serious, positive, and live in the moment. However, I do have an deep sadness for what goes on in the world sometimes and that does come up once in a while.

I am always doing something that will better myself and the person I hope to grow into. I am very curious about different subjects and how they can be used to my advantage. I like to accomplish tasks to their fullest potential and reach all of the goals I set for myself. So far, most of my goals relate to painting.

All of this being said, I practice patience and strive to be in the present, but I do struggle with turning my mind off. My mind is a dangerous place to be when I think too much and I find clarity in the simple things.

What are your interests and talents?

I believe I am a very talented painter and I paint whenever I possibly can. I have received a good amount of recognition for this and that leads me to believe I am doing the right thing. I read any time I can and I have read a good amount of books ever since I was able too. Painting has taken up most of my time these days but I believe that in order to be great at something you have to focus on that one thing for the most part.

I am an obsessive runner because it clears my body and mind of anxiety. I hope to run some Ultramarathons soon and hopefully I will be able to finish. I would not say I am a good runner but I do try.

I am interested in philosophy and the arts. Most of my thinking is made up of my thoughts on these subjects. Recently, I have been studying the financial world and economics because of my Brother and Uncle's interest in this field.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

In the years to come I see myself completely debt free because I have an enormous amount of student loans that I naively took out. I do not want to be financially tied down like so many others I know. I hope to own property and build a house somewhere in a rural setting. It would be nice to be able to fully support myself with my art soon as well.

Sustainability interests a lot of people my age and I find that is key in whatever I end up doing. I want to have a garden that feeds me and be able to do that for a year without purchasing food. I love farming and have a keen urge to do this. I always want to learn how to build anything I need as opposed to buying something if I need it. I would also like to travel a good amount. Maybe, a few months out of every year.

How would you describe your skills and interests in the following areas?

Math: I am mediocre at math. However I am better at math when it considering the financial realm. If I could pay someone to do math for me I would.

Mechanical: I am a good mechanic. I can build engines though I still have a lot to learn. I can build various structures and my father taught me how to run heavy machinery and build houses.

Athletic: I consider myself very athletic. I wrestled in highschool and continue to run and lift weights. I plan to run an ultramarathon one day.

Musical, Artistic, Creative: I play the guitar and banjo. I am good at both. I am an excellent painter and am mostly honing that craft.

Language (what languages besides English do you speak?): I speak very little Spanish. I wish I learned more when I was younger. I intend to speak it fluently in the next few years.

Writing: I am a mediocre writer. My thoughts flow differently than most people can understand. I write poetry and journal a lot.

Literature: I have never written a book. I read a lot though. Philosophy, art, economics, herbalism. My use of language is a little above average.

Science: I am very interested in physics and how it relates to my paintings and their context.

Please list a few of your favorite:

Movies: Inherent Vice, 2001: A space Odyssey, The Lord of the Rings Trilogy, Casino, Goodfellas, any mobster movies

Books/Authors: On the Road by Jack Kerouac, The Story of Philosophy by Bertrand Russell, Art School: Propositions for a 21st Century

Albums/Musicians/Performances: Live Rust by Neil Young, Keep It Like A Secret by Built to Spill

What are a few of your reasons for becoming a sperm donor?

At first it was my financial situation that led me to become a donor because of my student loans. I researched it more and found out that I could actually help a lot of families by doing so. So I decided to go on and follow through with it. I feel good about it and I am more than happy to make other people happy.

Did you choose to be an Identity-Release® Program donor?

Yes No

Why did you make this choice?

I believe it is not my choice to say "No". They have a right to know know me if they wish. I am also open to meeting them if the situation permits. I would also be curious to know who they grow up to be. Even if I just get to see a picture of them, that would be awesome.

Is there anything else you would like to share with families?

I am a realist and a heavy thinker. I am dedicated to learning and experiencing new ideas and ideals. I grew up with a great family and they taught me a lot. My family is very open and we are all very close.



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HEALTH PROBLEMS DONOR 5119

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Donor	Multiple ear infections	Age of onset/diagnosis: 2 Treatment: Tubes placed in ears Outcome: Resolved
	Allergies <i>Dairy products/lactose/sulfa drugs</i>	Age at onset/diagnosis: 5 Treatment: Avoidance Outcome: Resolved by 12
Maternal Grandfather	Cataracts	Age at onset/diagnosis: 85 Treatment: Surgery Outcome: Resolved
Maternal Grandmother	Fibromyalgia	Age at onset/diagnosis: 75 Treatment: Medication Outcome: Ongoing, managed
	Aortic valve disease	Age at onset/diagnosis: 80 Treatment: Aortic valve replacement Outcome: Recovered well
Paternal Grandfather	Stroke <i>Fatal</i>	Age at onset/diagnosis: 67 Treatment: Hospitalized Outcome: Cause of death at 67
Paternal Grandmother	Ovarian cancer	Age at onset/diagnosis: 73 Treatment: Oophorectomy/hysterectomy Outcome: Resolved
Maternal Uncle	Type 1 Diabetes	Age at onset/diagnosis: 7 Treatment: Insulin Outcome: Ongoing, managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population. *Cynthia Kane, M.S., C.G.C. Genetic Counselor*